

Organization Information

Legal Name

Fallbrook Healthcare Foundation Inc

DBA (if Applicable)

Foundation for Senior Care

Program Name/Title

Senior and Disabled Transportation Program

Brief Program Description

Our Senior and Disabled Transportation Program provides over 5,000 rides annually to adults who cannot drive themselves due to age or disability. Our donation-based rides program offers wheelchair accessible transportation all around town, grocery deliveries, and out-of-town rides for healthcare related appointments.

Funding Amount Awarded

50000

Target Population - Age

	Percent of program participants	Estimated number of participants
Children (infants to 12)		
Young Adults (13-17)		
Adults (18-60)	6	7
Seniors (60+)	85	100
We do not collect this data (indicate with 100%)*	9	11

Target Population not collected - Age

In some cases, the client's caregiver call to coordinate transportation for the client. Therefore we are unable to collect this information, or the client declined to answer.

Target Population - Gender

	Percent of program participants
Female	75
Male	39
Non-binary	
Unknown*	4

*Target Population - Gender

The client may have declined to answer.

Target Population - Income Level

	Percent of program participants
Extremely Low-Income Limits, ceiling of \$32,100	60
Very Low (50%) Income Limits, ceiling of \$53,500	35
Low (80%) Income Limits, ceiling of \$85,600	5
Higher Than Listed Limits	
We do not collect this data (indicate with 100%)*	

*Target Population - Income Level

NA

Actual number of residents that directly benefited (participant/client) from this program during this quarter.

118

Program/Services Description - Social Determinants of Health

Economic Stability (Employment, Food Insecurity, Housing Instability, Poverty)

Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

Neighborhood & Built Environment (Access to Foods that Support Healthy Eating Patterns, Crime and Violence, Environmental Conditions, Quality of Housing)

Program Goal & Objectives

The goal of our Transportation Services is to provide affordable, easily attainable, and wheelchairaccessible transportation services to seniors and disabled adults throughout the greater Fallbrook area, and beyond, for access to basic services, medical care, social opportunities, and connection to the outside world without the barriers of expense and dependence on others. Objective 1: Continue providing free or by-donation transportation to seniors and disabled adults. This includes door-to-door service to help them access basic health and wellness services. We plan to offer at least 4,800 local rides or grocery deliveries during the FRHD fiscal year. Additionally, we want to expand the service to include Sunday rides. Objective 2: Continue to provide transportation services to medical and ancillary care in the greater San Diego and South Riverside County regions (within 55 miles of our offices) for senior and disabled residents in Fallbrook area. These services would otherwise be cost-prohibitive or impossible with existing private and public transportation options. We plan to utilize volunteer drivers and provide at least 300 round-trip out-of-town rides (600 ride segments) to health-related appointments during the FRHD fiscal year. Objective 3: Provide at least 250 wheelchair rides to FRHD residents over the fiscal year. Objective 4: Enroll at least 30 more seniors with extremely low income in the Traveler's Aid free rides program (assuming funding is extended for another year). We understand that the \$10 request is only a suggested donation, but it helps these seniors feel more comfortable with the program and hold onto their limited resources.

Program Outcomes & Measurables

During this reporting quarter, Care Van provided a total of 1,113 door-to-door rides to seniors and adults with disabilities. Out of these rides, 1,082 were local, which accounts for 23% of the fiscal year goal. The remaining 51 rides were out-of-town rides to medical appointments, which is 17% of the total projected goal. We identified that 35 of these rides were wheelchair rides, which is 14% towards achieving the goal of 350 wheelchair rides for the FRHD grant year. Furthermore, we were able to enroll 4 low-income seniors out of a projected 30 for the grant year.

Anticipated Acknowledgment

Social Media Postings

Signage at Service Sites

Print Materials to Service Recipients

Website Display

Other

Terms and Conditions

Accepted

Authorized Signature



Contact Information

Contact Name

Perla Hurtado

Title

Interim Executive Director

Primary Contact Phone

760-723-7570

Email Address

phurtado@foundationforseniorcare.org

Writing Instructions:

What language(s) does this program accommodate:

English

Spanish

Acknowledgment of District Support



FRHD Acknowledgementsdocx

Impact Story



Senior and Disabled Transp... .docx

Program Budget



23_24 FRHD CHC Grant - FF... .xlsx

Senior and Disabled Transportation Program

Our team recently received a call from a kind-hearted neighbor, worried about his elderly neighbor, Larry. Larry is an 89-year-old man who lives on the outskirts of Fallbrook with his wife, Nancy. Nancy requires dialysis treatments every week, and Larry is her only means of transportation. Due to his age and limited mobility, Larry was finding it increasingly challenging to drive Nancy to her appointments, which are located out of town.

Thanks to his neighbor's concern, we were able to enroll Larry and Nancy into the Expanded Rides program. This program provides them with access to a network of volunteer drivers who can transport them to their out-of-town medical specialists, ensuring that they receive the care they need.

We are pleased to have been able to assist Larry and Nancy in this manner. Our team is dedicated to helping seniors and individuals with disabilities obtain the care they require. Thanks to the funding support of FRHD, we can continue to offer this essential resource to the community.

Android Smartphone and Tablet

Class

A Foundation for Senior Care Technology Class

Class description: These are 4 progressive Android Smartphone and tablet classes that cover the basic features of your phone. You will learn about email, texting, photos, videos, and Zoom. The course will also covers apps, browsing the internet, and backing up data.

Instructors: Ivy Rudderow and Elaine Pedigo

What to bring to class: Your Android smartphone and/or tablet for hands-on instruction. Also bring your charging cord and plug.

Note: This class is NOT for iPhones or iPads.

Special thanks to the Fallbrook Regional Health District Community Health & Wellness Center for the use of their facility and their ongoing support.



Here is a map to safely enter the event location.



iPhone and iPad (4 Sessions)

Course description: This workshop consists of 4 loosely-structured workshops covering the basic functions of the iPad and iPhone. The workshop will provide hands-on training and support for students with differing experience levels.

- Workshop I: How to communicate with family and friends through the phone, email, Contacts, and messaging
- Workshop II: Using the Safari web browser, Maps, Calendar and managing applications
- Workshop III: Taking, editing, and sharing photos and videos
- Workshop IV: Using the built-in functionality of iCloud, Control Center, Notifications, Find my Friends, Find my iPhone, Emergency SOS. Part IV will also explore other applications based on student interest

This workshop will be a 4-part series over 4 weeks.

Note: This class is NOT for Samsung, Huawei, Google, Nokia, or any Android phone.

What to bring to class: The device you will be using, your iPhone or iPad charger, and your APPLE ID and APPLE PASSWORD.

Instructors: Bob Cabuak, Len Tevebaugh and Dan Wite

This 4-part workshop will be taking place over 4 weeks on Wednesdays – July 26, August 2, August 9, and August 16 from 9:00 AM to 11:00 AM

Special thanks to the Fallbrook Regional Health District Community Health & Wellness Center for the use of their facility and their ongoing support.



Here is a map to safely enter the event location.



Internet Banking and Online Bill Payment

Classic

A Foundation for Senior Care Technology Class

Class Description: This 2-hour workshop will introduce online banking and online bill paying. Due to the variety of bank user interfaces, this session will be generic in nature and will not address specific banking user accounts. It will talk about general processes and capabilities and acquaint the student with the common capabilities that all banks provide.

What to Bring to Class: Your desire to learn about internet banking and online bill paying.

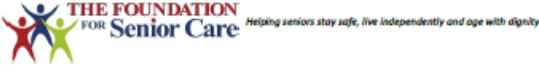
Instructor: Len Tevebaugh

Class date(s): Tuesday, July 25, 2023 from 9:30am - 11:30am.

Classes are held at:




1636 E. Mission Road, Fallbrook, CA 92028



TECHNOLOGY CLASSES FOR SENIORS

Stay in touch with friends and family! Manage everyday technical tasks like online banking and paying bills! Senior volunteers teach you how to easily and quickly operate your computer, smartphone or tablet.

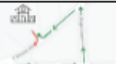
CLASS SCHEDULE FOR MAY THROUGH AUGUST 2023				
WEEKDAY	DATE	TIME	CLASS	COST
Monday	Jul 24, 31, Aug 7, 14	9:30am – 11:30am	Android Smartphones and Tablets (4-week class)	\$40
Tuesday	Jul 25	9:30am – 11:30am	Online Banking and Bill Payment	\$10
Wednesday	Jul 26, Aug 2, 9, 16	9:30am – 11:30am	iPhone and iPads (4-week class)	\$40
Thursday	NO CLASSES			
Friday	Every Friday	1:00pm – 3:00pm	Fix-It Friday	FREE




IS YOUR COMPUTER GIVING YOU A HEADACHE? DOES YOUR PHONE REFUSE TO DO WHAT YOU ASK?

We can help! . . . Every Friday from 1:00 pm to 3:00 pm we offer free help with your desktop, laptop, phone or tablet. We have one-on-one volunteers available to help you solve all those pesky technical problems . . . visit **COMPUTER CLASSES** on our website at www.foundationforseniorcare.org to learn more. **PRE-REGISTRATION IS ENCOURAGED**

For complete class descriptions, costs and registration information, visit our **SENIOR EDUCATION** page at www.foundationforseniorcare.org or call 760-723-7570




All classes are held at the
Fallbrook Regional Health District
Community Health & Wellness Center
1636 E. Mission Road, Fallbrook, CA 92028



Fallbrook Regional
HEALTH DISTRICT
Community Health & Wellness Center






Caregiver Wellness Community

A support system for family caregivers

HOSTED BY CARE EXCELLENCE TEAM



Care Excellence Team
Senior Living Operations

We focus on the three S's
SUPPORT • SELF-CARE • SAFETY



We provide education, resources, home-care tips and planning tactics for the future, as well as coping and preventative strategies for respite and self-care.

Everyone is welcome!

Come join us to get ideas, ask questions, and learn from each other.

WHEN AND WHERE
The first Thursday of every month
9:30 am to 11:30 am

Fallbrook Regional Health District
Community Health & Wellness Center
1636 E. Mission Rd., Fallbrook, CA 92028 • Room 4 in the Education Building

Contact the Foundation for Senior Care to reserve a spot at
760-723-7570 or dbadgley@foundationforseniorcare.org

The Foundation for Senior Care is a 501(c)(3) nonprofit organization that provides vital services to older adults in the Fallbrook, Brawley, Rancho and Del Mar areas. Services include transportation, referral and support advocacy, hospital-to-home recovery support, senior education, and adult day care counseling.

1636 E. Mission Road, Fallbrook, CA 92028 • 619-760-723-7570 • www.foundationforseniorcare.org

SOCIAL MEDIA



Agency Name: **Foundation for Senior Care** PROGRAM NAME: **Senior and Disabled Transportatation**

The main categories align with the budget submitted with your application. Aggregate totals are all that should be reported under each heading.

1)	A	INDIRECT EXPENSES:	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL INDIRECT EXPENSE	\$64,049.79	\$0.00	\$4,830.00			
	B	PERSONNEL EXPENSES - PROGRAM SPECIFIC	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL PERSONNEL EXPENSE	\$149,514.52	\$41,000.00	\$18,785.00			
	C	DIRECT PROGRAM EXPENSES	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL OTHER EXPENSES	\$47,686.00	\$9,000.00	\$5,845.00			
	D	TOTALS	PROGRAM COST	FRHD Funds Awarded	Total Amount Q1	Total Amount Q2	Total Amount Q3	Total Amount Q4
			\$261,250.31	\$0.19	\$29,460.00	\$0.00	\$0.00	\$0.00

Total funds expended to date: **\$29,460.00**