

# Fallbrook Regional HEALTH DISTRICT

Serving Bonsall, De Luz, Fallbrook and Rainbow

## Fallbrook Regional Health District Hosting Groundbreaking Ceremony

Public Invited to Health Fair, Backpack Giveaway at Future Fallbrook Wellness Center

FALLBROOK, Calif. (August 17, 2018) ---- Fallbrook Regional Health District invites the public to join in a groundbreaking ceremony to mark the future home of the Fallbrook Wellness Center, 1636 E. Mission Road. The ceremony commences at 4 p.m. on Wednesday, September 5.

The groundbreaking will include members of the District Board of Directors, state and local dignitaries, and District community leaders who will assist in turning the first shovels of dirt, kicking off the remodeling of the facility. Officials will also plant an avocado tree to mark the occasion.

“We’re eager to get our hands dirty and start transforming this facility into the jewel of wellness for people of all ages,” said CEO Bobbi Palmer of the Fallbrook Regional Health District.

Learn more about the groundbreaking at [www.fallbrookhealth.org](http://www.fallbrookhealth.org).

Earlier at the site, the public will be treated to a Wellness Fair beginning at 10 a.m., including free health screenings, locally-grown fruits and vegetables, petting zoo, yoga and a backpack give away to the first 50 children in attendance.

The District Board of Directors approved the purchase of the facility earlier in 2018 for \$1.8 million, an investment to serve the community as an indoor-outdoor health educational center. The center will house several organizations, including the Fallbrook Food Pantry and the Foundation for Senior Care, which will be hosting a ribbon cutting and a citrus basket exchange with the District following the groundbreaking ceremony.

“This is a day to celebrate all the great relationships coming together for the betterment of our District,” Palmer said. “We’re so blessed to have such gifted and dedicated professionals and volunteers alike.”

Fallbrook Regional Health District is a special district covering affordable community health needs for residents of Bonsall, De Luz, Fallbrook and Rainbow. The roughly \$1.6 million collected in voter-approved taxes supports more than \$1 million annually in full spectrum community health services addressing top health disparities, including behavioral health, cancer, diabetes, heart disease and stroke, as well as extended hour urgent care.

The September 5 activities schedule includes:

- 10 a.m. to 4 p.m.: Wellness Fair
- 4 p.m.: Groundbreaking Ceremony
- 4:30 p.m.: Ribbon cutting with the Fallbrook Food Pantry
- 5 p.m.: Citrus basket exchange with the Foundation for Senior Care

For more information, contact the Fallbrook Regional Health District at (760) 731-9187 or [pknox@fallbrookhealth.org](mailto:pknox@fallbrookhealth.org).

###

## ABOUT FALLBROOK REGIONAL HEALTH DISTRICT

Fallbrook Regional Health District is a special district covering affordable community health needs for residents of Bonsall, De Luz, Fallbrook and Rainbow. The roughly \$1.6 million collected in voter-approved taxes supports more than \$1 million annually in full spectrum community health services addressing top health disparities, including behavioral health, cancer, diabetes, heart disease and stroke, as well as extended hour urgent care. Learn more about community health services provided by the district at [www.fallbrookhealth.org](http://www.fallbrookhealth.org).