

# Carolyn Koole

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Tax Exempt Status **YES**

Service Area **Bonsall De Luz Fallbrook Rainbow**

Will no less than 80% of the program recipients live within the communities of Fallbrook, Rainbow, Bonsall or De Luz? **YES**


Collaborative/Joint Application **NO**

Organization Information  
Legal Name DBA (if Applicable)  
Hope Clinic for Women NA


Contact Information  
Contact Name Title  
Carolyn Koole Executive Director  
Primary Contact Phone Email Address  
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Organization Physical Address **125 E Hawthorne St  
Fallbrook, CA, 92028**

Board of Directors


 **2024 HCW Board Members.xlsx**  
13.21 KB

Financial Documents - Audit


 **HCW 2022 December Balance Sheet.pdf**  
496.55 KB

 **HCW 2022 P & L.pdf**  
1.47 MB

 **17\_HCW 2023 December Balance Sheet\_1... .pdf**  
497.95 KB


 **17\_HCW 2023 P & L\_1043.pdf**  
1.71 MB

Financial Documents - P&L and Balance Sheet

 **HCW 2023 December Balance Sheet.pdf**  
497.95 KB

 **HCW 2023 P & L.pdf**  
1.71 MB

Financial Documents - 990

 **HCW 2022 990.pdf**  
12.73 MB

Organization's Mission Statement

Hope Clinic for Women provides safe, confidential, supportive medical care that promotes sexual health and well-being.

Organization's Vision Statement

Hope Clinic for Women comes along side women and men to offer them no cost medical care, education, and resources regardless of race, ethnicity, age, gender, religion, disability and economic status.

Organization History & Accomplishments

In 1999 our founder, Amy Putnam, took action to support her friend facing the uncertainty of an unplanned pregnancy. Dr. Michael Forrester, a local physician, offered an office in his practice.

In 2006 HCW was registered a 501c3 charitable organization in

California.

Over the years HCW rented various locations as the organization grew. 2014 the HCW Board of Directors determined that HCW required ownership of a building to proceed with the process of medical conversion with enough space and resources to offer medical center services and pregnancy support.

In October 2018 we purchased and renovated the historical Police Station at 125 E Hawthorne into what we call “Our Home on Hawthorne,” which provides ample room for our current programs and room to grow future programs. Adjacent to our center, we own a small building that serves as our Learning Center, where we offer a free GED program and a space for our new fatherhood program. In 2020 we received our license to be a free primary care medical clinic from the State of California Department of Public Health.

Since 2018, there have been 180 babies born to moms in our programs, At 4.881 client visits moms and dads received over 19,261 support services, 434 women received pregnancy tests, and 376 received free ultrasounds. Our Demographic: 90% have an annual income of less than \$15,000, 53% are single, and 54% of our clients are under 24 years old.

Program Name/Title

Free and Easy STI Testing and Treatment

Brief Program Description

***<span style="font-size:12.0pt;line-height:107%; font-family:&quot;Times New Roman&quot;,serif;mso-fareast-font-family:&quot;Times New Roman&quot;; letter-spacing:.3pt;mso-font-kering:0pt;mso-ligatures:none;mso-ansi-language: EN-US;mso-fareast-language:EN-US;mso-bidi-language:AR-SA">With current high-risk STI rates for HCWs demographic of pregnant moms, teens and young men and women 17 – 24 years old, we believe there is a need and a direct public benefit for HCW to add no-cost STI/STD testing and treatment services at times currently not available to them. </span>***

Is this a new initiative/service or established program within your organization?

New Initiative/Service

Funding Amount Being Requested

21329

Program Information - Type

Ongoing

Projected number of residents that will directly benefit (participant/client) from this program.

300

Target Population - Age

	Percent of program participants	Estimated number of participants
Children (infants to 12)	0	0
Young Adults (13-17)	10	30
Adults (18-60)	90	270
Seniors (60+)	0	0
We do not collect this data (indicate with 100%)*		

Target Population not collected - Age

NA

Target Population - Gender

	Percent of program participants
Female	70
Male	25
Non-binary	
Unknown*	5

\*Target Population - Gender

NA

Target Population - Income Level

	Percent of program participants
Extremely Low-Income Limits, ceiling of \$32,100	92
Very Low (50%) Income Limits, ceiling of \$53,500	8
Low (80%) Income Limits, ceiling of \$85,600	0
Higher Than Listed Limits	0
We do not collect this data (indicate with 100%)*	

\*Target Population - Income Level

NA

What language(s) can this program accommodate:

English

Spanish

What demographic group does this program predominately serve:

Community - Health & Fitness

Program/Services Description -  
Social Determinants of Health

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

Social Determinants of Health -  
Healthcare Access and Quality

As a local Free Primary Care Medical Clinic licensed by the State of California serving a high risk population of 17-24 year olds in Bonsall, De Luz, Fallbrook and Rainbow, HCW seeks to include no cost STI Testing and Treatment to the quality no-cost healthcare services we already provide with access for it in the evening and on the weekend, times not currently available in our community.

Statement of Need/Problem

The San Diego Union Tribune states that STDs have been on the rise in San Diego. So much so that in 2018 San Diego was described as America's Finest City with the No. 1 chlamydia rate among cities in the American West. COVID19 reduced the availability and utilization of sexual health services. Local government and the private sector must invest in San Diego County's sexual health services. Education and testing services are a vital investment both because they enhance individual well-being and they have far-reaching benefits for societies and for future generations. In the last decade, San Diego and the state have seen significant cuts in STD prevention efforts, all while infections continue to rise at distressing rates. It's not difficult to see how this divestment is preventing us from winning the fight against STDs and HIV.

Adolescents, young adults, and those pregnant are top priority populations for STI prevention. The CDC recommends that all sexually active women younger than 25 should be tested for gonorrhea and chlamydia yearly. Everyone pregnant should be tested for syphilis, HIV, hepatitis B, and hepatitis C starting early in pregnancy. Those at risk for infection should also be tested for chlamydia and gonorrhea starting early in pregnancy. According to HHS.GOV, the current rise of STIs is a serious public health concern that requires immediate attention. If left untreated, STIs can lead to severe health complications, including pelvic inflammatory disease (PID), increased risk of getting HIV, certain cancers, and even infertility. Mother-to-child transmission of STIs can result in stillbirth, neonatal death, low-birth weight and prematurity, sepsis, neonatal conjunctivitis, and congenital deformities according to the Pan American Health Organization.

BMC Public Health shares that sexually transmitted infections (STI) rates continue to rise in the U.S. with disproportionately high rates among those ages 15-24. **With current high-risk STI rates for those in Hope Clinic for Women's (HCW) focus demographic of pregnant moms, teens and young men and women 17 – 24 years old, we believe there is a need and a direct public benefit for HCW to add no-cost evening and weekend STI/STD testing and treatment, times best for the patients.** Our STI testing

and treatment program would be free, quick, easy, confidential, and available in the evening and on weekends when teens and young adults in Fallbrook, Bonsall, DeLuz, Rainbow, Valley Center and Camp Pendleton would most likely seek these services. These services are not available at these times with any other local STI testing providers. In addition some STI testing locations do not include treatment. Most patients come to HCW because they had no access to healthcare, their healthcare would not cover the testing, or they could not afford the testing even with the help of their insurance. For those who might have insurance through parents, the stigma of going to a family doctor or local public clinic where there is a lack of privacy and greater exposure keeps them from getting tested and treated.

How are other organizations addressing this need in the community?

In our community other than private medical practitioners, Quest Diagnostics and Labcorp provide testing at a cost but no treatment. *Community Health Systems* offers both testing and treatment but does not offer the clinic at no cost. HCW currently partners with the Community Health System when referring clients for care that is outside of our capabilities, and through opening this clinic we can be a partner with them acting as a safety net ensuring fewer residents go untested and untreated, and we can help prevent the spread of STIs in our community.

Program/Services Description - Program Entry & Follow Up

The STI Testing and Treatment Clinic will be new to HCW. We are currently surveying local high school students and our pregnancy care clients to determine where they feel most comfortable in receiving STI testing and treatment and why? We have developed a marketing strategy to educate the community about the STI clinic. HCW already has a good partnership with Fallbrook High School, the Fallbrook Chamber of Commerce, and would appreciate the support of the Fallbrook Regional Health District who already assists in providing space for some of our programming for moms and dads in our programs. To access the clinic, patients must set up an appointment on the phone with one of our staff members, there will also be some availability for walk-ins. From that point, the medical staff member or volunteer will call the patient to confirm their appointment and give them an introduction explaining what they should expect once they arrive at the clinic. At the office, the patient will be required to fill out some preliminary questions to help our medical staff get a better feel for their situation. Their information is kept completely confidential. Once completed they will be brought back to the exam room for STI testing. Before being tested the medical staff will educate them on the different STIs and their impacts and treatment options. Some results will be available to them directly after the visit, but some might require a waiting period determined by what is being tested for. For positive results, there could be a required follow-up depending on the treatment.

Program/Services Description - Program Activities

HCW STI testing and treatment will benefit residents of Fallbrook, Bonsall, De Luz, and Rainbow. The clinic will have the capability of offering testing results and treatment for the

following STIs: Chlamydia, Gonorrhea, Bacterial Vaginosis, and Trichomoniasis. Testing and treatment prevent the spread of STIs in the community and prevent further harm to the patient if left untreated. Untreated STIs have the potential to lead to pelvic inflammatory disease (PID), increased risk of getting HIV, certain cancers, and even infertility. According to the World Health Organization, “Information, education, and counseling can improve people’s ability to recognize the symptoms of STIs and increase the likelihood that they will seek care and encourage a sexual partner to do so.” To address health literacy, we will continue offering education through materials provided at our facility as well as the survey that is sent out to high school students about their knowledge of STIs. Educating the at-risk population is essential to a healthy community.

#### Program Goal

The goal of the STI testing and treatment program at HCW is to provide free access to 300 teens and young adults in Fallbrook, Bonsall, De Luz and Rainbow, for evening and weekend STI testing/treatments and to destigmatize the fear surrounding it with education and support to prevent future infections.

#### Program Objectives & Measurable Outcomes

Our three main program objectives are: 1 – To provide 2 medical staff and 1 admin staff for evening and weekend no-cost STI testing and treatment clinic at HCW making it accessible when other clinics in our area are closed and when our demographic is most likely to seek it. 2 – To prevent new STIs through providing no-cost, on-site testing, treatment, and providing health literacy for 300 teens and young adults, 3 – To increase the visibility of sexual health, STIs, and evidence-based screening guidelines at Fallbrook Union High School and at public and private events, surveying for their awareness of the STI issue. HCW will measure the success of the clinic’s interventions and services in various ways. 1- Quantitative data will primarily be found in the number of people who receive testing and the required treatment. STI prevention will be measured by gathering data about the number of clients served. 2 - Qualitative data will be gained through a survey sent out to high-school-aged students in our community asking about the benefits of location, availability, and accessibility, and by offering optional surveys to those who receive testing and/or treatment at our clinic as part of our regular services to them.

#### Organization Collaborations

We have an ongoing non financial partnership with Fallbrook High School that provides ten hours of community service for students who complete a 5 week survey of educational materials that cover high risk concerns sexual health, STIs, unintended pregnancy, abortion, emotional health, etc. Parents of students under 18 must have parental permission to participate. We have established connection with the students making it more likely that they would come to us for STI testing before going elsewhere.

Anticipated Acknowledgment

Social Media Postings

Signage at Service Sites

Print Materials to Service Recipients

Website Display

Anticipated Acknowledgment

Social Media Postings - Facebook, Twitter, Instagram, Signage at Service Sites. Print Materials to Service Recipients and Website Display. Hope Clinic for Women will be sure to use the FRHD logo in accordance to the guidelines provided, on marketing materials specific to this program that will be distributed via social media(Facebook, Instagram, and Twitter), brochures/informational materials in the office given to service recipients, and signage at the office. We will also link your website on the *STI/STD* page that are going to be developed.

Funding History

NO

Program Budget



24\_25 FRHD CHC Program Budget Form f... .xlsx  
62 KB

Terms and Conditions

Accepted

Authorized Signature