



2020-2021 COMMUNITY HEALTH CONTRACT (CHC) GRANT IMPACT REPORT

Organization Name Foundation for Senior Care & Fallbrook Food Pantry

Program Name Seniors and Disabled Adults Nutrition Program

Person submitting the impact report Patty Sargent

Ages: List the percentages of your program participants' ages who received services during this reporting time frame.

	Percentage served
Children (infants to 12)	
Young Adults (13-18)	
Adults (18-60)	10
Seniors (60+)	90
Unknown	

Gender: List the percentages of your program participants' gender identification who received services during this reporting time frame.

	Percentage served
Female	80
Male	20
Non-binary	
Unknown	

Income: List the percentages of your program participants' income limit category of those who received services during this reporting timeframe (2019 HUD – AMI Incomelimits:4person family).

	Percentage served
Extremely Low-Income (ceiling of \$32,100)	100
Very Low (50%0 Income (ceiling of \$53,500)	
Low (80%) Income (ceiling of \$85,600)	
Higher than listed limits	

	Percentage served
Unknown	

How many District residents directly benefited (participant/client) from this program: 79

Approximately how many residents received an indirectly benefit (# of those benefiting from the participant receiving the service) from this program: 237

GOALS & OBJECTIVES

Goal 1 & Objectives: From your application, please provide your measurable outcomes for each of your stated objectives.

In Q3 of this reporting year, we have 67 clients enrolled to receive nutritious food each week, through our home delivery program, exceeding our goal by 96%. Since many of the clients on the food delivery program have more than 1 person in their household, our 67 enrolled client deliveries actually provided food for up to 79 people. Food insecurity does not only impact the one person or family, but it also impacts outside family members, friends, and neighbors – they are affected either with the anxiety of knowing this person or family is without sufficient food, or through being asked for food or money to buy food. We therefore make a conservative estimate that 3 people are indirectly impacted for every person directly impacted.

Each qualified client received a weekly nutritious food box with an average weight of 35 pounds! This was over twice the volume of food than we originally targeted! We also included Ensure each week and provided a monthly hygiene kit with shampoo, conditioner, toothbrush, toothpaste, body lotion and a bar of soap.

Goal 2 & Objectives: From your application, please provide your measurable outcomes for each of your stated objectives.

The Foundation for Senior Care Advocates screened 111 clients for food insecurity in Q3 to determine if they needed nutritional assistance and if they qualified for the Food Pantry nutrition program. Of those clients, 50 were pre-qualified and referred to the Food Pantry program. For each eligible client (mobility impaired or otherwise restricted to home), a Home Delivery application was completed by the FSC Care Advocate and sent to the Food Pantry with pertinent information, including an indicator for the reason for home delivery.

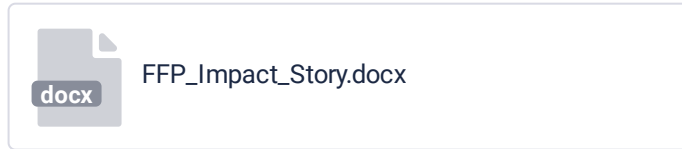
PARTICIPANT SUCCESS STORY

Participant Success Story:

Lidia has been receiving home deliveries from the Fallbrook Food Pantry for over 10 years. Elly is her driver and now friend. Elly is always making sure that Lidia has what she needs and is always bringing special treats to her, when she can. Elly visits with Lidia and has taken the time to get to know Lidia... she is invested in Lidia's health and wellbeing. Lidia said that Elly always knows my likes and dislikes, which helps to keep me positive and well fed. Lidia came to Fallbrook in 1974 and one particular year I was down on my luck and that is when I found the Fallbrook Food Pantry. Her and her son, now 35-years-old, had come to the pantry when her son was just a child, because they heard that the Pantry were giving out Christmas toys to the kids. Lidia let them know what her son was asking for, a Power Ranger, and to her amazement, the Pantry was able to make their nearly depressing holiday, a Christmas that they will never forget. The Fallbrook food pantry help prevent Lidia from times when she might have gone hungry and the friendship with Elly has avoided her from falling into depression.

Elly has been my lifeline thru the Pandemic, and I am forever grateful to her and everyone there.

Participant Success Story:



ACKNOWLEDGEMENT

Please describe how the Fallbrook Regional Health District’s investment in this program was acknowledged during this reporting timeframe.

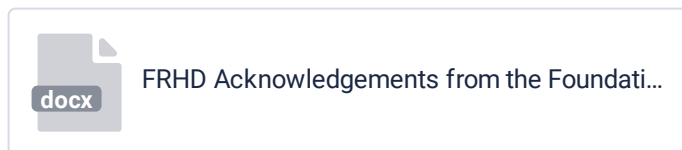
Foundation for Senior Care:

- The FRHD logo is affixed to the sides of our Care Vans.
- We continue to include the FRHD logo and official sponsor designation in all emails from every staff member.
- Our organization and specific Care Van program brochure features the FRHD logo and official sponsor language.
- FRHD logo and status appears on our website.
- We promote District events on a monthly basis (or whenever received from the District) via Social Media.
- FRHD logo and status appears on our website.

Fallbrook Food Pantry

- FRHD logo and status appears on our website.
- FRHD is acknowledged and thanked through social media.

Acknowledgment example: please upload an example of one method in which the District was acknowledged.



BUDGET

Please upload a copy of the program budget you submitted with the application, with an additional column demonstrating the current utilization of grant funds.



Please explain any significant differences in budget or services during this quarter. What if any changes were made to address programming challenges.

This program did not have the anticipated volume that was originally anticipated. The Foundation for Senior Care utilizes only a percentage of our Senior Care Advocates time for the valuable food assessment and coordination with the Fallbrook Food Pantry. Rather than hiring a Foundation for Senior Care part-time driver, we have utilized volunteers to help deliver the food, only using our drivers when we do not have volunteers to assist.

The Fallbrook Food Pantry has also utilized volunteers extensively in their operations, keeping costs low. They do have a staff driver helping to deliver food to needy families, as well as the costly food expense. But other expenses have been kept to a minimum.

Please sign your form:

Patty Sargent