

2019-2020 COMMUNITY HEALTH CONTRACT
352 NICP Fallbrook Youth Advocacy Coalition

Quarter 1 (July-September) Reporting Form

Goal 1	
Increase FRHD youth’s capacity to prevent illegal and underage access to alcohol, marijuana, and other drugs in Fallbrook and surrounding areas.	
S.M.A.R.T. Objective 1a	
Members will meet at least once per month to work on FYAC projects, appoint FYAC Chair and Secretary and other roles to carry out and record FYAC activities.	
Projected Cost:	Contract Dollars Expended to Date:
\$844.75	
S.M.A.R.T. Objective 1b	
Train members monthly to recognize substance use, health, or safety problems, develop solutions to improve their communities, and advocate for solution/ strategy implementation.	
Projected Cost:	Contract Dollars Expended to Date:
\$844.75	
S.M.A.R.T. Objective 1c	
Assess alcohol outlets and/or other community areas of Sherri’s concern for substance use emerging trends and document results to be used in prevention efforts through June 30, 2020.	
Projected Cost:	Contract Dollars Expended to Date:
\$844.75	
Progress/Accomplishment of Goals & Objectives	

FRHD CHC 352 FY 2019-2020 Q1 Narrative

Please attach a story (in Word Document format) of how the investment of the CHC award toward this program has made an impact on the life of a District resident. We would like to know how the funds directly helped bring about health, wellness or provided support. Where possible please provide a picture of the recipient (JPEG File or embed into the document)– please note, it will be the organization’s responsibility to obtain the participant’s photographic release. Our goal is to help you tell the story of your agency and how your programs serve to enrich the community. We are sensitive to the confidential work many organizations conduct; thus, client names and identifying details may be altered.

July 2019



The first F-YAC meeting of new fiscal year, new board co-chairs were nominated and elected, and developed Prevention Plan for the 2019-2010 school year.

Impact Narrative

F-YAC members are generally eager and excited about opportunities to use the skills and tools that they learn.

One particular F-YAC member, Yareli Albino, 15, joined the Fallbrook Youth Advocacy Coalition in 2018, when she was a Fallbrook High School freshman. Describing herself recently as rather shy when she joined the youth program, the teen credited it with bringing her out of her shell and making her more aware of alcohol- and other drug-related problems in her community.

“It really helped me grow as a person and helped me get out there just a little bit more by being able to talk to students like myself,” Albino said. “And I’m definitely more aware of what’s going on with our school. Because it’s not just our social circles that we’re in -- we all go to the same school and we all live in the same environment.”

Albino is a regular participant in YAC-sponsored activities. She said the program’s leadership classes helped her realize the importance of being a positive peer model and discover personal strengths she didn’t know she had.

“I feel really great because it’s just a new experience for me that gets me to grow individually. It gets me to know new people and just get to know more about all of the events that are going on in Fallbrook. I’m getting to know different organizations and agencies that I didn’t know existed before. I’ve just been growing tremendously.”

Media and spokesperson training Albino received through the program helped build her confidence and taught her to think on her feet, she added.

The value of these skills was clear, Albino said, when the Youth Advocacy Coalition was invited to give multiple presentations about one of its successful YAC projects, at a San Diego County Office of Education camp for 200-plus teens from around the county. The project, “Red Ribbon Football Games,” is an ongoing project each October that promotes anti-underage drinking messages during local high schools’ football games.

Albino was tapped to lead the presentations while she rode a bus to the camp, after illness kept the YAC’s president from attending.

“I was a little stressed over the fact that I didn’t have that much time to prepare,” said Albino, who immediately began studying a prewritten script. “Our first presentation, I remember, was not really great because everything on that script was so detailed, and the whole script was really long.

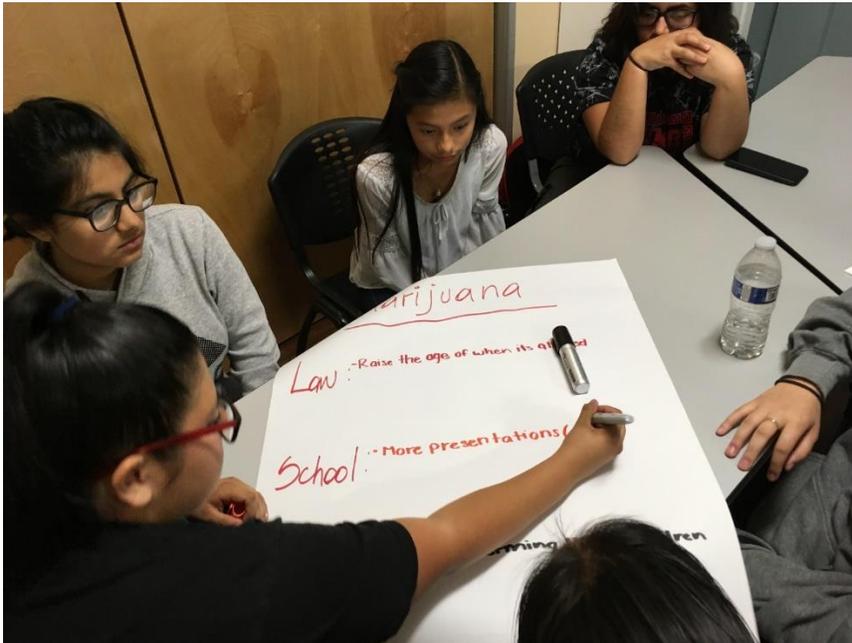
“But the second time, that’s when I realized, ‘Hey, I’ve got this,’ because I could go out and just present everything without looking at the script. That was very relieving for me because I was able to put it in my own words and basically present everything that was in the whole presentation.”

The experience taught Albino to relax, believe in herself and tailor her speeches to specific time constraints.



FYAC members participated on Fallbrook Family Health Center Clinic Workshop

August 2019



F-YAC youth led a workshop presentation about "Brain Under Construction" at the Fallbrook Family Health Center

September 2019



Youth led a Workshop presentation about why Vaping Marijuana is still risky and dangerous.
Minor decoy operation



The Fallbrook Youth Advocacy Coalition led a Substance Use (drug and alcohol) risk assessment at the Jackie Heneman Park using environmental risk assessment strategies as the first phase of other FRHD arear parks assessments.

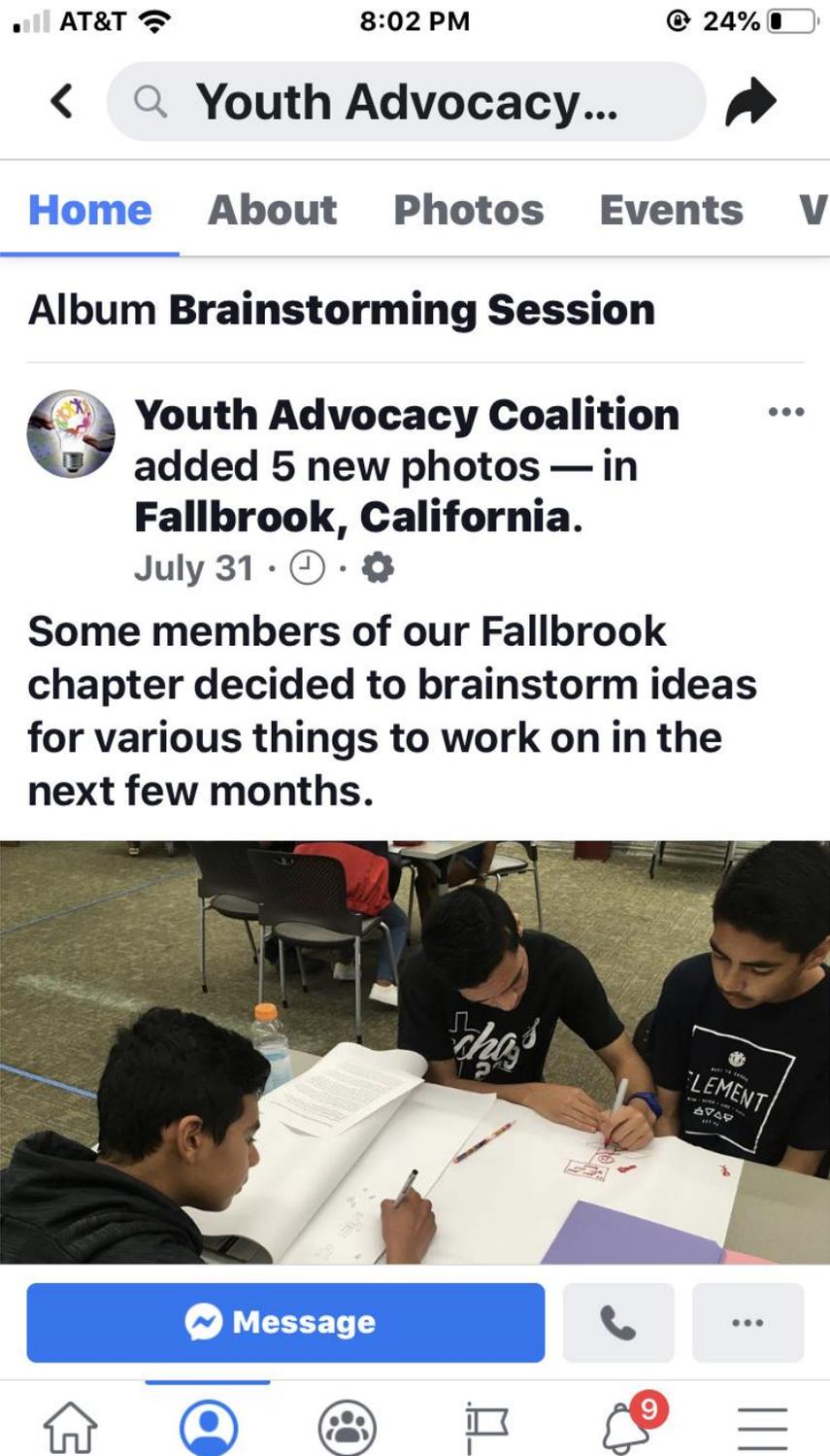
“I’m a lot more confident now,” she said. “And I’m able to summarize everything that I need to present because it gets me in that mindset – I think, ‘OK, this is everything I have to present and I need to be able to get it done in this amount of time.’”

Overall, Albino seems to enjoy making a difference and being a leader in her school and community to make it safer and healthier for her friends and neighbors.



Fallbrook Youth Advocacy Coalition member Yareli Albino, 15, fields questions during one in a series of presentations she made on behalf of the program during a San Diego Office of Education camp for high school students around the county. Albino used skills she developed while participating in YAC activities to successfully lead the presentations.

Social Media Examples:





Youth Advocacy Coalition ...

added 4 new photos from August 23 — in **San Marcos, California.**

August 23 · ⌚ · ⚙️

Training for a minor decoy operation that will check whether local stores illegally sell vape & tobacco products to people under 21.



Message

