

## Organization Information

### Legal Name

FALLBROOK FOOD PANTRY

### DBA (if Applicable)

FALLBROOK FOOD PANTRY

## Program Name/Title

ALLEVIATING HUNGER IN GREATER FALLBROOK

**Describe the impact of the program to date. Briefly explain how the service/intervention has worked - include cumulative metrics from the Q1 and Q2 Impact reports.**

As the only full-service food source in Greater Fallbrook (Fallbrook, Bonsall, Pala, De Luz, and Rainbow) in the County for food-insecure families, we support 10% of the population with food distribution programs, fueled by food drives and food rescues, which account for over 65% of fresh produce and dairy needs.

### We served healthy food to more than 3,764 individuals each week during our 3rd quarter of 2024, October 1st - December 31st. This translates to 65,870 pounds of food was provided each month, equaling 197,610 total pounds donated to hungry families in Greater Fallbrook, this quarter. Each person received an average of 15-20 pounds of food from the pantry, weekly.

## Target Population - Age

	Percent of program participants	Estimated number of participants
Children (infants to 12)	30	1130
Young Adults (13-17)	10	377
Adults (18-60)	38	1430
Seniors (60+)	22	828
We do not collect this data (indicate with 100%)*		

## Target Population not collected - Age

n/a

## Target Population - Gender

	Percent of program participants
Female	80
Male	20
Non-binary	
Unknown*	

### \*Target Population - Gender

n/a

### Target Population - Income Level

	Percent of program participants
Extremely Low-Income Limits, ceiling of \$32,100	75
Very Low (50%) Income Limits, ceiling of \$53,500	25
Low (80%) Income Limits, ceiling of \$85,600	
Higher Than Listed Limits	
We do not collect this data (indicate with 100%)*	

### \*Target Population - Income Level

n/a

**Projected number of residents that will directly benefit (participant/client) from this program.**

3764

## Social Determinants of Health (SDOH)

### Program/Services Description - Social Determinants of Health

Economic Stability (Employment, Food Insecurity, Housing Instability, Poverty)

### Program Goal

Addressing hunger is an unfortunate reality in our community and the Fallbrook Food Pantry's goal is to help alleviate this issue, to the best of our abilities.

We will provide each individual in need with a minimum of 10-12 pounds of food, per person, every week.

- SPECIFIC = All 3,764 individuals received healthy food this quarter
- MEASURABLE = an average of 17.5 pounds of food was donated to these individuals
- ACHIEVABLE = we provided 210 pounds of food to each person
- RELEVANT = we serve only 10% of the 20% still needing our services in Greater Fallbrook
- TIME = from October 1-December 31, 2024 we provided a total of 197,610 pounds of food to our community in need

## Anticipated Acknowledgment

### Anticipated Acknowledgment

Social Media Postings

Signage at Service Sites

Print Materials to Service Recipients

Website Display

Other

# Eligibility Check

**You are ineligible to apply per the District's Grant Policy & Procedures, please contact District staff to if you have questions.**

## Organization Information

### Contact Information

#### Contact Name

SHAE GAWLAK

#### Title

CEO

#### Primary Contact Phone

19492353539

#### Email Address

director@fallbrookfoodpantry.org

### Organization Physical Address

140 N. Brandon Road  
Fallbrook, CA, 92028

## Writing Instructions:

## Program Information

**What language(s) can this program accommodate:**

English

Spanish

Tagalog

**What demographic group does this program predominately serve:**

Community - Health & Fitness

### Program Objectives & Measurable Outcomes

To evaluate that we reach the intended outcome of providing 6.500 people in our community, we will track the number of visits and the amount and type of food distributed across all our programs.  
Each FFP client receives a card to monitor each

time they visit the pantry. This allows us to track how much and what type of food is distributed as well as program participants.

Every week we create a different menu, which is designed to provide each person in the household with adequate nutrition (protein, grains, fruit, vegetables, dairy). We track everyone's weekly visits through our CRM software OASIS. Here we are able to extract reports that focus on specific demographics like age, gender, ethnicity, family size, income, number of visits, etc.

## Financial Reporting & Budget

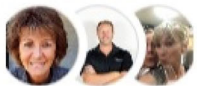
### Program Budget



24-25 FRHD CHC Program Budget Fo...xlsx



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**FRHD CHC GRANT BUDGET REPORTING FORM**

 Agency Name: **FALLBROOK FOOD PANTRY** PROGRAM NAME: **ALLEVIATING HUNGER IN GREATER FALLBROOK**

The main categories align with the budget submitted with your application. Aggregate totals are all that should be reported under each heading.

1)	<b>A</b>	<b>INDIRECT EXPENSES:</b>	<b>PROGRAM COST</b>	<b>REQUESTED FROM FRHD</b>	<b>AMOUNT USED Q1</b>	<b>AMOUNT USED Q2</b>	<b>AMOUNT USED Q3</b>	<b>AMOUNT USED Q4</b>
		TOTAL INDIRECT EXPENSE	\$315,500.00	\$10,000.00	\$2,500.00	\$2,500.00		
	<b>B</b>	<b>PERSONNEL EXPENSES - PROGRAM SPECIFIC</b>	<b>PROGRAM COST</b>	<b>REQUESTED FROM FRHD</b>	<b>AMOUNT USED Q1</b>	<b>AMOUNT USED Q2</b>	<b>AMOUNT USED Q3</b>	<b>AMOUNT USED Q4</b>
		TOTAL PERSONNEL EXPENSE	\$174,150.00	\$10,000.00	\$2,500.00	\$2,500.00		
	<b>C</b>	<b>DIRECT PROGRAM EXPENSES</b>	<b>PROGRAM COST</b>	<b>REQUESTED FROM FRHD</b>	<b>AMOUNT USED Q1</b>	<b>AMOUNT USED Q2</b>	<b>AMOUNT USED Q3</b>	<b>AMOUNT USED Q4</b>
		TOTAL OTHER EXPENSES	\$172,500.00	\$65,000.00	\$16,250.00	\$16,250.00		
	<b>D</b>	<b>TOTALS</b>	<b>PROGRAM COST</b>	<b>FRHD Funds Awarded</b>	<b>Total Amount Q1</b>	<b>Total Amount Q2</b>	<b>Total Amount Q3</b>	<b>Total Amount Q4</b>
		13%	\$662,150.00	\$85,000.00	\$21,250.00	\$21,250.00	\$0.00	\$0.00

 Total funds expended to date: **\$42,500.00**