## Organization Information

**Legal Name**
D'Vine Path,, Inc

**DBA (if Applicable)**
D'Vine Path,, Inc

**Program Name/Title**
Life I Can Healthy Lifestyle

## Target Population - Age

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Percent of program participants</th>
<th>Total Number of Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>Children (infants to 12)</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Young Adults (13-17)</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Adults (18-60)</td>
<td>100</td>
<td>28</td>
</tr>
<tr>
<td>Seniors (60+)</td>
<td>We do not collect this data (indicate with 100%)*</td>
<td></td>
</tr>
</tbody>
</table>

*Target Population not collected - Age*

NA

## Target Population - Gender

<table>
<thead>
<tr>
<th>Gender</th>
<th>Percent of program participants</th>
<th>Total Number of Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
<td>45</td>
<td>13</td>
</tr>
<tr>
<td>Male</td>
<td>55</td>
<td>15</td>
</tr>
<tr>
<td>Non-binary</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Unknown*</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*Target Population - Gender*

NA
**Target Population - Income Level**

<table>
<thead>
<tr>
<th></th>
<th>Percent of program participants</th>
<th>Total Number of Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>Extremely Low-Income Limits, ceiling of $32,100</td>
<td>100</td>
<td>28</td>
</tr>
<tr>
<td>Very Low (50%) Income Limits, ceiling of $53,500</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Low (80%) Income Limits, ceiling of $85,600</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Higher Than Listed Limits</td>
<td><em>We do not collect this data (indicate with 100%)</em></td>
<td></td>
</tr>
</tbody>
</table>

Total number of residents that benefited (participant/client) from this program this quarter.

28

**Program/Services Description - Social Determinants of Health**

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

**Program/Services Description - FRHD Community Needs Assessment**

- Mental Health (Social Support - Youth or Families)
- Health (Healthy Food/Nutrition)
- Social (Economic Security, Health Literacy, Family/Child Support, Legal/Advocacy)

**Program Objectives**

1: DVP will provide weekly workshops that teach social skills through behavioral role modeling, role playing and twice yearly 2 - 3 hours dance socials to 50 adults with disabilities. This curriculum serves its goals by helping participants reduce social isolation, anxieties and depression.

2: DVP will provide a 12 month educational hands on culinary workshops facilitated by chefs and a nutritionist to educate participants on nutritional benefits of cooking and eating healthy foods. 50% will also be able to demonstrate the ability to cook 5 simple healthy meals and explain its nutritional benefits to their facilitators and peers.

**Program Outcomes/Measurables**

Measurable outcomes:

1.

By the end of 2022, 50% of the participants will exhibit an increase in socialization skills by actively participating in events, socials, and community activities DVP sponsors. Through sign up sheets for various events, 90% of our students are participating in DVP socials, DVP events and community activities

2.

By the end of 2022, 50% of the participants will be able to understand, recite the nutritional benefits of cooking and eating healthy foods. 50% will also be able to demonstrate the ability to cook 5 simple healthy meals and explain its nutritional benefits to their facilitators and peers.
Simple Healthy Cooking Data Sheet 10/1/22

1. Stef L.; Green Salad; lettuce, tomatoes, basil, from the garden. Described how fresh greens are healthy anti-oxidants for the body.
2. Grace K.; Fruit Salad; strawberries, lettuce, tomatoes, sliced peaches, feta cheese. Described how colorful fruits and vegetables are healthy for skin.
3. Becka B.; Green Salad; lettuce, feta cheese, green bell peppers, mushrooms. Described how salad is a fibrous diet.
4. Jennifer D.; Strawberry Shake; strawberries, almond milk, chia seeds.
5. Collin Rotzinger; Green Salad.
6. Andrew L.; Cucumber Shake
7. JJ L.; Strawberry Shake
8. Kaylee R.; Green Salad
9. Darv Lee; Green Salad
10. Mike B.; Strawberry Shake
11. Denae P.; Strawberry Shake
12. Gabby L.; Green Salad
13. Ryan D.; Green Salad
14. Kelly P.; Strawberry Shake
15. Jamie H.; Green Salad
16. Joseph K.; Green Salad
17. Evan W.; Banana Shake
18. Shawn L.; Banana Shake
19. Austin S.; Green Salad
20. Monica S.; Green Salad
21. Travis P.; Strawberry Shake
22. Neriah H.; Strawberry Shake

**FRHD Grant Support Acknowledgment**

Social Media Postings

**FRHD Grant Support Acknowledgment**
D’Vine Path acknowledges the FRHD with regular social media postings.
Contact Information
Contact Name
Lenila Batali
Title
Executive Director
Primary Contact Phone
9492336515
Email Address
lenila@dvinepath.org

Organization Mailing Address
1374 S. Mission Road, Suite 415
Fallbrook, California, 92028

Impact Story
PDF FHD grant22-23 Q1 iM... .pdf