



HEALTH SERVICES

Estimated Total Clients Served: 75,694



YOUTH SERVICES

Eye Glasses: 17
Mentoring: 35
Counseling: 187
Asperger's Support: 23
Swim Safety: 3,360
Stress-Free Coping: 67,599
Vision Screenings: 159
Dental Screenings: 654

HEALTHY FOOD

Families: 500/ week
Households: 6,393
Pounds: 227,793

ADULT SCREENINGS

Blood Pressure: 133
Prostate Screenings: 75
Blood Glucose: 53

ADULT TREATMENTS

Vaccinations: 160
Counseling: 121
Medical & Dental: 1,185
Behavioral: 320

SENIOR SERVICES

Transportation Clients: 1,024
Total Rides: 6,222
Meals Delivered: 13,061
Fallbrook Community Center
Meals: 8,844

HEALTH CLASSES

Cooking: 40
Nutrition/ Gardening: 48
Healthy Living: 4
Family Night: 30 Attendees
REINS: 200 Lessons/ Week

Source: Fallbrook Regional Health District, Community Health Contracts 2016-2017