

Impact Report

Organization: D'Vine Path, Inc (#14352707)
Request: Life I Can Program (#60347161)

Impact Report Type: Fallbrook

Disposition: Completed

Completed by: Organization on 10/12/2020 by Lenila Batali

Required?: Yes

Available Date: 10/01/2020

Due Date: 10/14/2020

Comments:

Revision Comments:

GrantSeeker Editor: Lenila Batali

Project Title: D'Vine Path Life I Can

Project Start Date:

Project End Date:

This is an ongoing program that began on:

Person Submitting the impact report?: Lenila Batali

949-233-6515

Ages Served: Adults (18-60): 100%

Gender: Female: 50%

Male: 50%

Select the income limit category of your target population: Low (80%) Income Limits- ceiling of \$85,600

How many residents directly benefited (participant/client) from this program: 18

Approximately how many residents received an indirect benefit: 200

The following category was identified as the best descriptive of the program's primary goal and objectives: Ancillary: Services that support our mission to promote health for the people of the District.

You defined the measure of success of the program's interventions or services during the application process.:

Define goal #1 for this program : Decrease the degree of social isolation and depression in young adults with Autism, Aspergers, intellectual disabilities and other similar mental disabilities in the Fallbrook, Bonsall and surrounding areas.

Number of Objectives for this program: 3

Objective 1: By the end of the 2020, D'Vine Path will provide 75 adults with disabilities in the Fallbrook, Bonsall and surrounding areas a 3 hour public dance event 3 times a year that will promote and enhance social interaction. Dances are ongoing every year.

Objective 2: By the end of 2020, D'Vine Path will provide 10 adults with disabilities in the Fallbrook, Bonsall and surrounding areas one hour of mentorship sessions which will help develop and maintain deeper and more meaningful personal relationships. Mentorship is ongoing.

Objective 3: By November 2020,80% of the recipients of D'Vine Path will relinquish their greatest social barrier, their cell phone devices, creating easier opportunities to interact socially and be more personally engaged.

Objective 4:

Measuring Success for Goal #1: Objective 1: We were not able to hold the dances due to the Covid Pandemic so we were not able to measure our success in this objective.

Objective 2: We measure the success of our program's mentorship sessions with voluntary attendance to the weekly socials.

We have provided 5 students with with one hour of mentorship every week. 4 out of the 5 students attend the socials regularly. They are showing better self- esteem and more desires to form friendships. Measurable Outcome: They invite each other to events and text each other without their mentor's prompting, showing their self-confidence and the desire for more steady meaningful relationships.

Objective 3: D'Vine Path facilitators record the number of students relinquishing their devices into the box every morning of program. 100% of the students are relinquishing their devices creating more opportunities to personally engage. Students are engaging with each other more often and looking at their peers while conversing.

Define goal #2 for this program if applicable.:

Teach adults with Autism, Aspergers, intellectual disabilities and other similar mental disabilities in the Fallbrook, Bonsall and surrounding areas how to live a healthy lifestyle.

Number of Objectives for Goal #2 of this program:

2

Objective 1 for Goal #2:

By the end of the year, D'Vine Path will provide adults with disabilities in the Fallbrook, Bonsall and surrounding areas with a one hour nutrition workshop once a month by a licensed nutritionist to learn new healthy recipes.

Objective 2 for Goal #2:

By the end of the, provide adults with disabilities in the Fallbrook, Bonsall and surrounding areas with a one hour fitness workshop once a month with a certified trainer to learn new exercises to maintain physical health and wellness.

Objective 3 for Goal #2:

Objective 4 for Goal #2:

Measuring Success for Goal #2:

Objective 1: By November 2020, recipients will keep a food diary and 60% of the recipients will be eating healthier foods from the Nutritionist's recommended healthy foods list.

Due to covid, some of the students have been shuttered in their homes. 70% that have been attending the program have continued their food diary and eating better foods. For example; one student was arriving to program in July with 3 large gatorades. He now brings only 1 large gatorade and 2 water bottles.

Objective 2: By September 2020, 75% of the recipients will be able to do 50% of the exercises and expand on the number of repetitions as indicated by their fitness diary.

Due to covid we have not been able to get our licensed fitness coach out to the ranch, so one of our facilitators who is a lifeguard has been implementing their fitness routine. 75% of our students have been able to do 75% of the exercises. Students are able to name which exercise is good for the heart. For example; Exercising around the vineyard grounds twice elevates their heart rates.

Participant Success Story:

Screen Shot 2020-10-12 at 12.21.01 PM.png

Please list how the Fallbrook Regional Health District's investment in this program was acknowledged during this reporting time frame. :

Screen Shot 2020-10-12 at 12.24.59 PM.png, Screen Shot 2020-10-09 at 11.17.27 AM.png, Screen Shot 2020-10-12 at 12.25.11 PM.png

Actual Program Budget File:

2020_2021_FRHD_CHC_Program_Q1.xlsx