

## Organization Information

### Legal Name

Fallbrook Healthcare Foundation Inc

### DBA (if Applicable)

Foundation for Senior Care

## Program Name/Title

Door through Door Program

## Brief Program Description

The Door-through-Door program provides critical support to hospitalized seniors, helping to ensure appropriate care and resources are available post discharge, enabling the greatest opportunity for a full, safe recovery.

## Funding Amount Awarded

11000

## Target Population - Age

	Percent of program participants	Estimated number of participants
Children (infants to 12)		
Young Adults (13-17)		
Adults (18-60)		
Seniors (60+)	100	23
We do not collect this data (indicate with 100%)*		

## Target Population not collected - Age

NA

## Target Population - Gender

	Percent of program participants
Female	52
Male	48
Non-binary	
Unknown*	

## \*Target Population - Gender

NA

## Target Population - Income Level

	Percent of program participants
Extremely Low-Income Limits, ceiling of \$32,100	74
Very Low (50%) Income Limits, ceiling of \$53,500	14
Low (80%) Income Limits, ceiling of \$85,600	8
Higher Than Listed Limits	4
We do not collect this data (indicate with 100%)*	

### \*Target Population - Income Level

NA

### Actual number of residents that directly benefited (participant/client) from this program during this quarter.

23

### Program/Services Description - Social Determinants of Health

Economic Stability (Employment, Food Insecurity, Housing Instability, Poverty)

Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

Neighborhood & Built Environment (Access to Foods that Support Healthy Eating Patterns, Crime and Violence, Environmental Conditions, Quality of Housing)

### Program Goal & Objectives

The goal of the Door through Door program is to provide timely and appropriate interventions for referred clients to improve their safety and access to quality care, and to reduce the likelihood of hospital readmission.

The objectives are the following:

- 1) Connect with at least 115 older adults who are or have been recently hospitalized to provide resources and support to improve their safety and well-being.
- 2) Actively provide interventions, referrals, and/or education services for at least 70% of referred clients. (Note that some referred clients refuse help or do not survive the hospital stay.)
- 3) Through our interventions, 90% of clients we actively engage with will not be readmitted within 30 days due to preventable conditions.
- 4) Successfully prevent wrongful or unsafe discharge from a healthcare facility in at least 40% of such identified cases.

### Program Outcomes & Measurables

As we advance in this quarter, our Door-to-Door program is making significant strides in achieving our objectives and impacting our community:

### Objective 1: Connecting with Hospitalized Older Adults

- Outcome: During this quarter, our advocates engaged with 23 clients who were recently hospitalized.
- Progress: We have reached 63% of our annual goal of connecting with 115 hospitalized older adults.

### Objective 2: Providing Interventions and Referrals

- Outcome: Interventions, referrals, and education services were provided to 85% of the referred clients.
- Progress: Meeting our target of actively supporting referred clients, contributing to improved safety and well-being.

### Objective 3: Preventing Hospital Readmissions

- Outcome: Through our interventions, 92% of engaged clients did not experience hospital readmission within 30 days.
- Progress: Surpassed our annual goal, ensuring successful outcomes for individuals and reducing healthcare burden.

### Objective 4: Preventing Wrongful Discharges

- Outcome: Successfully prevented wrongful discharge from healthcare facilities for 80% of identified cases.
- Progress: Surpassed our annual goal by 54%. Achieving positive outcomes in ensuring safe transitions for vulnerable individuals.

### **Anticipated Acknowledgment**

Social Media Postings

Print Materials to Service Recipients

Website Display

**Terms and Conditions**

Accepted

**Authorized Signature**

A handwritten signature in black ink, consisting of a large, stylized initial 'R' followed by a horizontal line.

## Contact Information

### Contact Name

Perla Hurtado

### Title

Executive Director

### Primary Contact Phone

760-723-7570

### Email Address

phurtado@foundationforseniorcare.org

## Writing Instructions:

**What language(s) does this program accommodate:**

English

Spanish

### Acknowledgment of District Support



2c.FRHD Grant 23-24 Q3\_ A... .docx

### Acknowledgment of District Support



2c.FRHD Grant 23-24 Q3\_ A... .docx

## Impact Story



FRHD 23-24 Q3\_DTD\_Impa... .docx

## Impact Story



FRHD 23-24 Q3\_DTD\_Impa... .docx

## Program Budget



23\_24 FRHD CHC Grant - FF... .xlsx

## FRHD 23-24 Q3\_DTD

### Impact Story

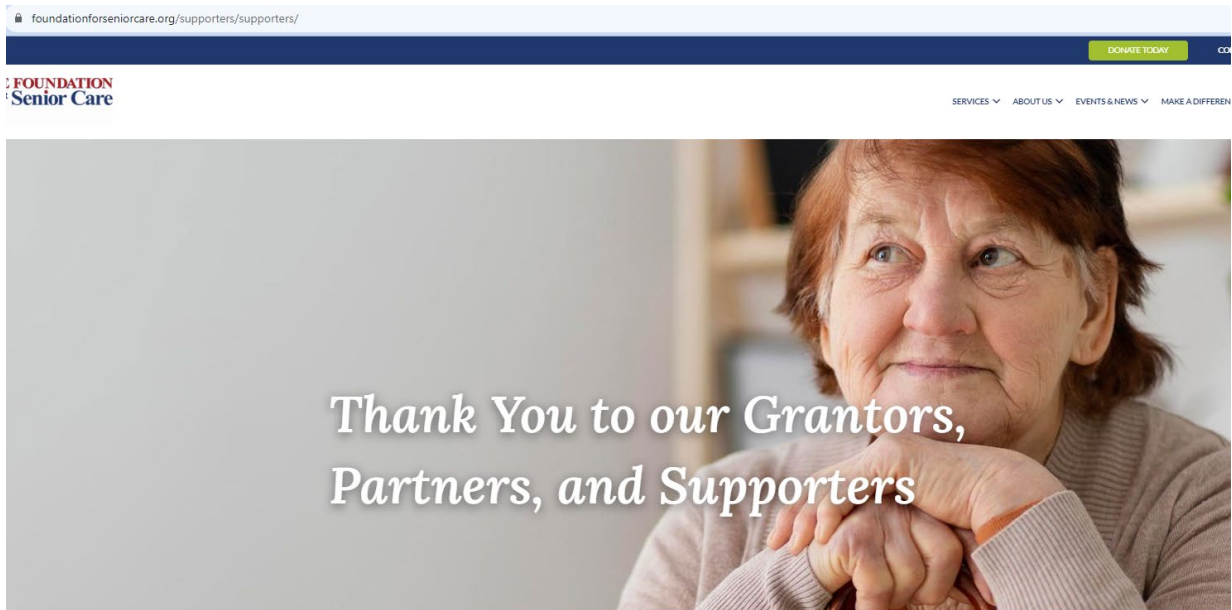
Sarah, a vibrant 78-year-old resident of Fallbrook, recently underwent major surgery and faced challenges adjusting to life after leaving the hospital. Following her discharge from the hospital, Sarah felt overwhelmed and uncertain about managing her recovery at home. This is when our dedicated advocates stepped in. Through the Door-to-Door program, one of our caring advocates visited Sarah, assessed her needs, and provided crucial support.

Our advocate worked closely with Sarah to ensure she had access to essential resources, including follow-up medical appointments, home care services, and rehabilitation programs. The regular visits not only provided practical assistance but also offered emotional support during a challenging time. Thanks to the support from the Door-to-Door program, Sarah successfully navigated her recovery journey. She regained her confidence and independence, knowing she had a compassionate advocate by her side every step of the way.

The Door-to-Door program is made possible through generous funding from the Fallbrook Regional Health District, which enables us to reach more individuals like Sarah and provide vital assistance during critical transitions. Sarah's journey is just one of many inspiring stories demonstrating the positive outcomes made possible through the collaboration between our program and the Fallbrook Regional Health District. Together, we are building a healthier, more supportive community for all.

# FRHD Acknowledgements

## Website:



## Grantors and Foundations



### iPhone and iPad (4 Sessions)

**Course description:** This workshop consists of 4 loosely-structured workshops covering the basic functions of the iPad and iPhone. The workshop will provide hands-on training and support for students with differing experience levels.

- Workshop I: How to communicate with family and friends through the phone, email, Contacts, and messaging
- Workshop II: Using the Safari web browser, Maps, Calendar and managing applications
- Workshop III: Taking, editing, and sharing photos and videos
- Workshop IV: Using the basic functions of iCloud, Control Center, Notifications, Find My Friends, Find My iPhone, Emergency SOS, and Siri. We will also explore other applications based on student interest.

This workshop will be a 4-part series over 4 weeks.

**Note:** This class is NOT for Samsung, Huawei, Google, Nokia, or any Android phone.

**What to bring to class:** The device you will be using, your iPhone or iPad charger, and your APPLE ID and APPLE PASSWORD.

**Instructors:** Bob Cebulak, Len Twibough and Dan Wiley

This 4-part workshop will be taking place over 4 weeks on Wednesdays – July 25, August 2, August 9, and August 16 from 9:00 AM to 11:00 AM.

Special thanks to the Fallbrook Regional Health District Community Health & Wellness Center for the use of their facility and their ongoing support.



Here is a map to help you enter the event location.







**Email Signature**



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**FOUNDATION FOR SENIOR CARE** • *Committed to the wellbeing of older adults*  
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Programming supported by **Fallbrook Regional**  
HEALTH DISTRICT

## Social Media





Agency Name: **Foundation for Senior Care** PROGRAM NAME: **Door Through Door**

The main categories align with the budget submitted with your application. Aggregate totals are all that should be reported under each heading.

1)	<b>A</b>	<b>INDIRECT EXPENSES:</b>	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL INDIRECT EXPENSE	\$7,723.31	\$0.00	\$105.00	\$1,931.00	\$1,931.00	
	<b>B</b>	<b>PERSONNEL EXPENSES - PROGRAM SPECIFIC</b>	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL PERSONNEL EXPENSE	\$26,132.93	\$10,400.00	\$437.00	\$2,600.00	\$2,600.00	
	<b>C</b>	<b>DIRECT PROGRAM EXPENSES</b>	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL OTHER EXPENSES	\$3,106.00	\$600.00	\$603.00	\$150.00	\$150.00	
	<b>D</b>	<b>TOTALS</b>	PROGRAM COST	FRHD Funds Awarded	Total Amount Q1	Total Amount Q2	Total Amount Q3	Total Amount Q4
			\$36,962.24	\$0.30	\$1,145.00	\$4,681.00	\$4,681.00	\$0.00

Total funds expended to date: **\$10,507.00**