

Patty Sargent Executive Director

Fallbrook Healthcare Foundation dba Foundation for Senior Care (#14...

Submission Date: Oct 14, 2021 4:29 PM

Organization Name: Fallbrook Healthcare Foundation dba Foundation for Senior Care (#14223795)

Program Title: 398 Adult Day Care

Person submitting the report: Patty Sargent Executive Director

Ages: List the percentage and total number served of your program participants' ages who received services during this reporting time frame:

	Percentage served	Total Number Served
Children (infants to 12)		
Young Adults (13-18)		
Adults (18-60)	7	1
Seniors (60+)	93	14
Unknown		

Gender: List the percentage and total number served of your program participants' gender identification who received services during this reporting time frame:

	Percentage served	Total Number Served
Female	47	7
Male	53	8
Non-binary		
Unknown		

Income: List the percentage and total number served of your program participants' income limit category of those who received services during this reporting timeframe:

	Percentage Served	Total Number Served
Extremely Low-Income (ceiling of \$32,100)		
Very Low (50%0 Income (ceiling of \$53,500)	18	3
Low (80%) Income (ceiling of \$85,600)	82	12
Higher than listed limits		
Unknown		

How many District residents directly benefited (participant/client) from this program in this reporting quarter? 30

Please provide the Goal 1 statement from your application. Discuss the actions within each objective and provide your outcome data accordingly.

Goal: To create socialization and enrichment opportunities for clients through participation in day care programs, events, and a range of activities that address the specific physical and mental needs of our clients. Additionally, provide scholarship opportunities for low-income district residents who could not otherwise afford the program.

Objectives: 1a. Provide 2,200 total days of day care for seniors and disabled persons who live alone and are feeling isolated, who have a diagnosis of AD/DRD, or are otherwise cognitively impaired during the FRHD grant period. 1b. Provide at least 360 days of day care scholarships for low-income district residents during the FRHD grant period.

During Q1, from July through September, we served 15 clients in our Adult Day Program, providing a total of 451 days of service. Of these 451 client days, 2 low-income seniors and/or disabled adults received 67 scholarship/respite days, provided through the FRHD grant. During this first quarter, two of our long-time scholarship clients were kept home or placed at alternate care facilities due to health issues. As clients ebb and flow for various reasons, we seek to be able to offer scholarships to other new clients in the coming weeks. These first quarter numbers represent approximately 20% of our annual goals.

During this first quarter of the grant year, we did not conduct a survey. We did, however, utilize a Master of Social Work (MSW) intern to research and develop a new Adult Day Program and Caregiver survey. We are just about to issue the survey in November, evaluate results, and develop a program for caregiver support (in addition to listening to improvement suggestions collected) during the end of Q2. We are also discussing the possibility of a caregiver support group to start in the first part of the year.

During this past quarter, six of our Adult Day Program clients' family members were assisted by our Senior Care Advocates to address various needs. Help was provided in finding senior/memory care facilities or caregiving resources, as well as intervention in the health and welfare of a client.

Participant Success Story:

One of the common and heartbreaking symptoms of dementia is loss of the ability to communicate. Approximately 40% of our clients are non-verbal. Our programs and interactions with these clients strive to find different ways to relate to each individual client and stimulate them in ways that are personally meaningful to each one.

Two very special client stories happened in this past month.

Ralph has been in our Adult Day Program for several years. When he first came to us, he used to sing along with songs, and it was a thrill for our staff and his family to hear. However, for the past two years as his dementia progressed, Ralph became completely non-verbal. He smiles and sometimes engages in activities, but we haven't heard his voice for over a year...until two weeks ago. As part of our activities program, we engaged the North Coast Church Singers to come and entertain our Day Program clients with songs of old. As Ralph heard songs that he knew and loved from years past, he started singing along with the others. After not hearing him speak or sing for a year or more, our staff were so delighted to hear his lovely voice once again, and his family was so thankful for a wonderful report that Ralph had happily engaged and sang out on that special day.

Another of our clients, Cheri, has also been with us for more than two years. She has been completely non-verbal since coming to our program. We have never heard her speak. One of our new staff Caregivers asked if Cheri spoke any other languages. Our records from the family indicated only that she spoke English. One day in September, our new Caregiver tried speaking to her in several different languages. Everyone looked up in excitement when Cheri suddenly began having a conversation with our Caregiver in what must have been her native tongue!! They carried on a conversation for quite a while, nearly bringing our team to tears. Imagine the surprise of her family when we told them this news!

These special moments when dementia clients suddenly sing again, or speak in a native tongue, are not new discoveries. Research has shown that music and conversations in mother tongues have often reached dementia patients in meaningful ways. Through our program, our clients had the opportunity to experience these moments, recalling long-ago memories, and engaging once again.

Because of the support of the Fallbrook Regional Health District, our Adult Day Care Program was able to operate, and to continue to offer scholarships to low-income seniors and disabled adults. We touch lives of very special seniors, and help their family caregivers find respite. Thank you FRHD, for supporting our seniors!

Please describe how the Fallbrook Regional Health District's Community Health Contract - Grant investment toward this program was

We acknowledged the District in the following ways throughout the quarter:

- The FRHD logo was affixed to the sides of our Care Vans.
- We included the FRHD logo and official sponsor designation in all emails from every staff member.
- Our organization and specific Care Van program brochure featured the FRHD logo

acknowledged during this reporting timeframe.

and official sponsor language.

- The FRHD logo and sponsorship support status appears on our website.
- We promoted District events on a monthly basis via Social Media
- We thanked and acknowledged FRHD for their support in social media

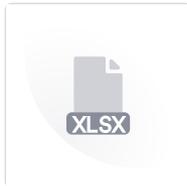
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[FRHD Acknowledgements from the Foundation for Senior Care Q1 2021-2022.docx](#)

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Please upload a copy of the program budget you submitted with the application. Fill in the Q1 column demonstrating the current utilization of grant funds.



[Adult Day Care Program Actuals 2021-2022 Q1.xlsx](#)

Please explain any significant differences in budget or services during this quarter. What if any changes were made to address programming challenges.

Due to a leave of absence of one of our Adult Day Program Caregivers at the end of August, The Foundation had to engage the services of outside agency staff during the months of August & September (mostly to be billed in Q2) while we searched for replacement staff (which was a huge challenge to find). We were not able to hire our 2nd Caregiver (part-time) until October 2021, so Q1 payroll expenses were less than expected.

Please sign your form:

A handwritten signature in black ink, appearing to read 'S. Sargent'.
