

Organization Information

Legal Name

Boys Club of Fallbrook

DBA (if Applicable)

Boys & Girls Clubs of North County

Program Name/Title

Triple Play

Describe the impact of the program to date. Briefly explain how the service/intervention has worked - include cumulative metrics from the Q1 and Q2 Impact reports.

The 3 components of Triple Play- Mind, Body and Soul are incorporated into the daily Club schedules and have a positive impact on the members physical and mental health. Some of the components teach nutrition, physical education and social emotional well being. This approach supports all aspects of health literacy in our youth which is shown to lead to a healthier community. This program reaches over 600 children each week day for a total of over 3000 units of service each week or 108,000 units of service each school year.

Target Population - Age

	Percent of program participants	Estimated number of participants
Children (infants to 12)	88	1493
Young Adults (13-17)	12	207
Adults (18-60)	0	0
Seniors (60+)	0	0
We do not collect this data (indicate with 100%)*		

Target Population not collected - Age

n/a

Target Population - Gender

	Percent of program participants
Female	46
Male	54
Non-binary	0
Unknown*	0

*Target Population - Gender

NA

Target Population - Income Level

	Percent of program participants
Extremely Low-Income Limits, ceiling of \$32,100	21
Very Low (50%) Income Limits, ceiling of \$53,500	42
Low (80%) Income Limits, ceiling of \$85,600	19
Higher Than Listed Limits	18
We do not collect this data (indicate with 100%)*	0

*Target Population - Income Level

na

Projected number of residents that will directly benefit (participant/client) from this program.

5433

Social Determinants of Health (SDOH)

Program/Services Description - Social Determinants of Health

Economic Stability (Employment, Food Insecurity, Housing Instability, Poverty)

Education Access & Quality (Early Childhood Education and Development, Enrollment in Higher Education, High School Graduation, Language and Literacy)

Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

Neighborhood & Built Environment (Access to Foods that Support Healthy Eating Patterns, Crime and Violence, Environmental Conditions, Quality of Housing)

Program Goal

Our goal is to improve the overall health and resilience of the young people in our program. To reach this goal we provide healthy meals and snacks, nutrition and exercise curriculum, and social emotional learning programs at each of our 8 sites. Our outcomes are measured using attendance data. Our program is ongoing and sustainable-it is incorporated into our daily schedule year round and is inseparable from our Club. Our partnerships with FRHD, Fallbrook Food Pantry, CHW and Palomar Family Counseling aid the families and make our approach even more holistic and far-reaching.

Anticipated Acknowledgment

Anticipated Acknowledgment

Social Media Postings

Print Materials to Service Recipients

Website Display

Eligibility Check

You are ineligible to apply per the District's Grant Policy & Procedures, please contact District staff to if you have questions.

Organization Information

Contact Information

Contact Name

Lisa Ware

Title

Vice Pres. of Operations

Primary Contact Phone

17607285871

Email Address

lisaw@bgcnorthcounty.org

Organization Physical Address

445 East Ivy Street
Fallbrook, CA, 92028

Writing Instructions:

Program Information

What language(s) can this program accommodate:

English

Spanish

ASL

What demographic group does this program predominately serve:

Youth - school based

Youth - other setting

Program Objectives & Measurable Outcomes

1. Hire and train staff at 8 sites to deliver program in Q1 with additional staff trained in Q3. Hiring and training logs for each staff are kept at administrative office. 2. Provide 60 minutes of vigorous physical activity for 600 members each day during the school year. The participant counts for Jan.-685, Feb.-664 and March-678 on the average each day. Counts are kept at the site and then recorded

centrally each month. 3. We will provide 3 family nights per year. We had 3 family nights in Q2 and then an additional 3 family nights in Q3. The family events in Q3 were our Annual Art Gallery and Steam Fair, Recycled Fashion Show, and Talent Showcase.

Financial Reporting & Budget

Program Budget

 Q3 Budget Report Form.pdf

 **Boys & Girls Clubs of North County**
January 17 · 🌐

🎉 **2025 BGC Basketball season has begun!**
📍 **Fallbrook Regional Health District...** See more



📷 **Boost post**

...

 **Boys & Girls Clubs of North County**
February 17 · 🌐

Thanks to our partners at **Fallbrook Regional Health District**, Boys & Girls Clubs of North County engages Club members in the Triple Play Program. Triple Play is a dyma... See more



📷 **Boost post**

...

Boys & Girls Clubs of North County
February 19 - 🌟

Great friends make for a Great game!
#GreatFuturesStartHere Fallbrook Regional Health District



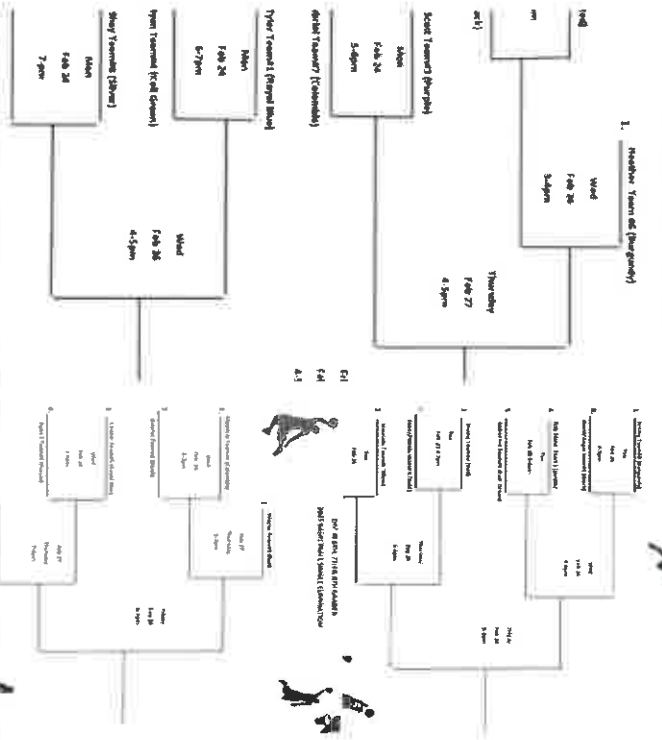
📌 post to get more reach for Boys & Girls Clubs of North County.

Boost post

Boys & Girls Clubs of North County
February 22 - 🌟

Basketball Playoffs at the Club start Monday- Let's go BGCI!
Fallbrook Regional Health District

2015 BASKETBALL SINGLE ELIMINATION



Boys & Girls Clubs of North County
March 6 · 🌟

Our 2025 basketball season was a slam dunk! Thank you to all who participated this year. MVPs this year [Fallbrook Regional Health District](#) & [Fallbrook Union Elementary](#)... See more

...

Boys & Girls Clubs of North County
February 24 · 🌟

Playoff basketball concentration! 🏀 @fallbrookregionalthelthdistrict

...



📌 [View my post](#) to get more reach for Boys & Girls Clubs of North County.

Boost post



Boys & Girls Clubs of North County
March 14 at 10:27 AM · 🌟

Thanks to our partners at [Fallbrook Regional Health District](#), Boys & Girls Clubs of North County engages Club members in the Triple Play Program. Triple Play is a dyma... [See more](#)



[View this post](#) to get more reach for Boys & Girls Clubs of North County.

[View post](#)

...

Boys & Girls Clubs of North County
March 6 · 🌟

We are so glad [Mary Fay Pendleton](#) participated in our recreational basketball league, which was sponsored by [Fallbrook Regional Health District](#), providing scholarships ... [See more](#)



...



Boys & Girls Clubs of North County

December 27, 2024

Throwback to this past summer's swim safety program
Thank you [Fallbrook Regional Health District](#) for being on our team in & out of the pool!



Boost this post to get more reach for Boys & Girls Clubs of North County.

Boost post



Boys & Girls Clubs of North County

January 16

Thanks to our partners at [Fallbrook Regional Health District](#), Boys & Girls Clubs of North County engages Club members in the Triple Play Program. Triple Play is a dyma... See more



Boost this post to get more reach for Boys & Girls Clubs of North County.

Boost post

FRHD CHC GRANT BUDGET REPORTING FORM

Agency Name:

Boys & Girls Clubs of North County

PROGRAM NAME:

Triple Play

The main categories align with the budget submitted with your application. Aggregate totals are all that should be reported under each heading.

1)	A	INDIRECT EXPENSES:	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL INDIRECT EXPENSE	\$49,322.00	\$0.00				
	B	PERSONNEL EXPENSES - PROGRAM SPECIFIC	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL PERSONNEL EXPENSE	\$153,478.54	\$36,739.54	\$6,588.00	\$9,984.17	\$9,145.02	
	C	DIRECT PROGRAM EXPENSES	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL OTHER EXPENSES	\$30,000.00	\$3,750.00	\$1,506.91	\$1,236.78	\$1,690.75	
	D	TOTALS	PROGRAM COST	FRHD Funds Awarded	Total Amount Q1	Total Amount Q2	Total Amount Q3	Total Amount Q4
			\$232,800.54	\$0.17	\$8,094.91	\$11,220.95	\$10,835.77	\$0.00

 Total funds expended to date: **\$30,151.63**