

## Organization Information

### Legal Name

Fallbrook Healthcare Foundation Inc

### DBA (if Applicable)

Foundation for Senior Care

## Program Name/Title

Senior and Disabled Transportation Program

## Brief Program Description

Our Senior and Disabled Transportation Program provides over 5,000 rides annually to adults who cannot drive due to age or disability. Our donation-based rides program offers wheelchair-accessible transportation all around town, grocery deliveries, and out-of-town rides for healthcare-related appointments.

## Funding Amount Awarded

50000

## Target Population - Age

	Percent of program participants	Estimated number of participants
Children (infants to 12)		
Young Adults (13-17)		
Adults (18-60)	9	10
Seniors (60+)	91	103
We do not collect this data (indicate with 100%)*		

## Target Population not collected - Age

NA

## Target Population - Gender

	Percent of program participants
Female	61
Male	39
Non-binary	
Unknown*	

## \*Target Population - Gender

NA

## Target Population - Income Level

	Percent of program participants
Extremely Low-Income Limits, ceiling of \$32,100	57
Very Low (50%) Income Limits, ceiling of \$53,500	32
Low (80%) Income Limits, ceiling of \$85,600	4
Higher Than Listed Limits	7
We do not collect this data (indicate with 100%)*	

## \*Target Population - Income Level

NA

## Actual number of residents that directly benefited (participant/client) from this program during this quarter.

113

## Program/Services Description - Social Determinants of Health

Economic Stability (Employment, Food Insecurity, Housing Instability, Poverty)

Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

Neighborhood & Built Environment (Access to Foods that Support Healthy Eating Patterns, Crime and Violence, Environmental Conditions, Quality of Housing)

## Program Goal & Objectives

The goal of our Transportation Services is to provide affordable, easily attainable, and wheelchair-accessible transportation services to seniors and disabled adults throughout the greater Fallbrook area and beyond for access to basic services, medical care, social opportunities, and connections to the outside world without the barriers of expense and dependence on others.

Obj1: Continue providing free or by-donation transportation to seniors and disabled adults. This includes door-to-door services to help them access basic health and wellness services. We plan to offer at least 4,800 local rides or grocery deliveries during the FRHD fiscal year. Additionally, we want to expand the service to include Sunday rides.

Obj2: Continue to provide transportation services to medical and ancillary care in the greater San Diego and South Riverside County regions (within 55 miles of our office) for seniors and disabled residents in the Fallbrook area. These services would otherwise be cost-prohibitive or impossible with existing public and private transportation options. We plan to utilize volunteer drivers and provide at least 300 round-trip rides out of town (600 ride segments) to health-related appointments during this FRHD fiscal year.

Obj3: Provide at least 250 wheelchair rides to FRHD residents over the fiscal year.

Obj4: Enroll at least 30 more seniors with extremely low income in the Traveler's Aid free rides program. We understand that the \$10 request is only a suggested donation, but it helps these seniors feel more comfortable with the program and hold onto their limited resources.

### **Program Outcomes & Measurables**

During this reporting quarter, the Care Van provided a total of 1,128 rides to seniors and adults with disabilities, which accounts for 24% of the overall goal for the fiscal year. Out of these, we identified that 65 rides were for healthcare-related appointments that were out-of-town, equivalent to 22% of the FRHD fiscal year goal. Additionally, 42 of the rides were wheelchair accessible. In addition, we were able to enroll five low-income seniors in the Travelers Aid program, bringing us to 9 out of 30 of our projected goal of having 30 seniors enrolled this grant year.

### **Anticipated Acknowledgment**

Social Media Postings

Website Display

Other

### **Terms and Conditions**

Accepted

### **Authorized Signature**



## Contact Information

### Contact Name

Perla Hurtado

### Title

Executive Director

### Primary Contact Phone

7607237570

### Email Address

phurtado@foundationforseniorcare.org

## Writing Instructions:

**What language(s) does this program accommodate:**

English

Spanish

## Acknowledgment of District Support



FRHD Acknowledgements\_... .docx

## Impact Story



Transportation Impact Stor... .docx

## Program Budget



23\_24 FRHD CHC Grant - FF... .xlsx

## **Transportation Impact Story**

Joseph is an older adult living in the De Luz area. Joseph recently had a bad fall and broke his arm, so he needs to go to physical therapy twice a week in downtown Fallbrook for the next several months. Because of his arm, though, Joseph cannot drive himself, and he has no family or friends nearby to give him a ride. Joseph called us, asking for help to get to his PT appointments.

We have just the service that Joseph needs. Teri, one of the Care Van drivers, drives to De Luz and picks Joseph up each Tuesday and Friday for his scheduled appointments. She takes him to Rancho Physical Therapy, and when his appointment is over, she picks him back up and returns him home. Sometimes, Teri takes Joseph to the grocery store before heading back out to De Luz.

Thanks to the financial support from the Fallbrook Regional Health District, we are able to provide vital transportation services to seniors like Joseph, who may be temporarily unable to drive or may never drive again. Transportation services play a crucial role in physically and mentally supporting older adults. Physically, we ensure they reach their medical appointments and necessary destinations. Mentally, we alleviate the additional stress and anxiety associated with transportation challenges, allowing them to focus on their well-being without the worry of logistics.

## Acknowledgements:

### Email Signatures



**Elisha Wright** • Referral and Support Advocate

Office: 760-723-7570 • Fax: 760-723-0358

Email: ewright@foundationforseniorcare.org

**FOUNDATION FOR SENIOR CARE** • *Committed to the wellbeing of older adults*  
135 S. Mission Rd., Fallbrook, CA 92028 • www.foundationforseniorcare.org

Programming supported by **Fallbrook Regional**  
HEALTH DISTRICT

### Communications

#### Grantors, Foundations and Endowments

We are so very grateful for the unwavering support we continue to receive from our grantors and endowment organizations. The ongoing commitment is deeply appreciated and plays a pivotal role in the success of the Foundation for Senior Care and our efforts on behalf of older adults.



**C. MITCHELL**  
ENDOWMENT



**DAVID T. AND**  
**DORRIS E. STAPLES**  
FOUNDATION

**ELIZABETH WILSON**  
ENDOWMENT

**Fallbrook Regional**  
HEALTH DISTRICT

**GHJ&**  
FOUNDATION

### Care Van Medallions



Agency Name: **Foundation for Senior Care** PROGRAM NAME: **Senior and Disabled Transportatation**

The main categories align with the budget submitted with your application. Aggregate totals are all that should be reported under each heading.

1) <b>A</b>	<b>INDIRECT EXPENSES:</b>	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
	TOTAL INDIRECT EXPENSE	<b>\$64,049.79</b>	<b>\$0.00</b>	<b>\$4,830.00</b>	<b>\$0.00</b>		
<b>B</b>	<b>PERSONNEL EXPENSES - PROGRAM SPECIFIC</b>	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
	TOTAL PERSONNEL EXPENSE	<b>\$149,514.52</b>	<b>\$41,000.00</b>	<b>\$18,785.00</b>	<b>\$10,250.00</b>		
<b>C</b>	<b>DIRECT PROGRAM EXPENSES</b>	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
	TOTAL OTHER EXPENSES	<b>\$47,686.00</b>	<b>\$9,000.00</b>	<b>\$5,845.00</b>	<b>\$2,250.00</b>		
<b>D</b>	<b>TOTALS</b>	PROGRAM COST	FRHD Funds Awarded	Total Amount Q1	Total Amount Q2	Total Amount Q3	Total Amount Q4
		<b>\$261,250.31</b>	<b>\$0.19</b>	<b>\$29,460.00</b>	<b>\$12,500.00</b>	<b>\$0.00</b>	<b>\$0.00</b>

Total funds expended to date: **\$41,960.00**