

Organization Information

Legal Name

D'Vine Path

DBA (if Applicable)

Dvine Path

Program Name/Title

LIFE I CAN HEALTHY LIFESTYLES

Brief Program Description

The Life I Can Program provides vocational training and independent living skills for neurodivergent adults. Participants gain hands-on experience in agriculture, culinary arts, floristry, viticulture, and the arts, helping them develop employment readiness, social skills, and confidence to lead independent lives.

Service Area

Bonsall

De Luz

Fallbrook

Rainbow

Number of residents that directly benefit (participant/client) from this program.

45

What language(s) does this program accommodate:

English

Target Population - Age

	Percent of program participants	Number of participants
Children (infants to 12)		
Young Adults (13-17)		
Adults (18-60)	100	45
Seniors (60+)		

	Percent of program participants	Number of participants
We do not collect this data (indicate with 100%)*		

Target Population not collected - Age

NA

Target Population - Gender

	Percent of program participants
Female	
Male	
Non-binary/other	
Unknown*	100

***Target Population - Gender**

D’Vine Path does not collect gender-specific data because our program focuses on serving neurodivergent adults regardless of

gender identity. Our primary objective is to provide vocational training, social skills development, and independent living support based on individual needs and abilities, rather than demographic characteristics such as gender.

Target Population - Income Level

	Percent of program participants
Extremely Low-Income Limits, ceiling of \$32,100	100
Very Low (50%) Income Limits, ceiling of \$53,500	
Low (80%) Income Limits, ceiling of \$85,600	
Higher Than Listed Limits	
We do not collect this data (indicate with 100%)*	

***Target Population - Income Level**

NA

What demographic group does this program predominately serve:

Special Populations

Program/Services Description - Social Determinants of Health

Economic Stability (Employment, Food Insecurity, Housing Instability, Poverty)

Education Access & Quality (Early Childhood Education and Development, Enrollment in Higher Education, High School Graduation, Language and Literacy)

Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

Neighborhood & Built Environment (Access to Foods that Support Healthy Eating Patterns, Crime and Violence, Environmental Conditions, Quality of Housing)

Program Objectives & Measurable Outcomes

Overview

During the first quarter of the grant term, D’Vine Path continued advancing the Life I Can Healthy Lifestyles Program through vocational training, health education, and community inclusion. Participants engaged across five programs—Culinary Journey, Flower Stand, Trellis Viticulture, Cordon, and LEAFF Functional Skills—each designed to empower neurodivergent adults through experiential learning, wellness, and independence.

Objective 1: Improve Vocational Skills & Employment Readiness

This objective supports the goal of empowering neurodivergent adults with meaningful, hands-on training leading to employment and confidence.

Measured Outcomes:

- 45 participants received job training across five programs.
- 100% of Culinary students earned Food Handler and ABC certifications.
- 71% participated in work-based learning or paid employment.
- Two new partnerships developed (Mount Palomar Winery and Pink Poppy Florals).
- One student gained paid employment at Pink Poppy Florals.

Successes:

Students achieved vocational milestones across all disciplines. The Culinary team hosted monthly four-course dinners, mastering kitchen operations, service, and event planning. Trellis students completed harvest and pressing with grapes donated by Mount Palomar Winery, learning enology and production teamwork. Flower Stand participants designed arrangements for weddings and community events, including the SunUpper collaboration with the Foundation for Senior Care and Fallbrook Chamber. These projects provided

real-world training in floral design, hospitality, and sales.

Challenges:

Extreme heat in July limited outdoor training. Staff adjusted schedules with indoor workshops on customer service, interview readiness, and culinary plating.

Objective 2: Enhance Social & Community Engagement

This objective fosters inclusion, social skills, and confidence through collaborative learning and community interaction.

Measured Outcomes:

- 87% of participants demonstrated improved communication and teamwork.
- 90% participated in community events or collaborations.
- Four major outreach events held: SunUpper Event, Foundation for Senior Care Benefit, Fallbrook Chamber collaboration, and Farmer's Market sales.
- 15% increase in self-reported confidence.

Successes:

Students engaged in inclusive community events that promoted social and emotional growth. The Art Studios program completed a mural at Pink Poppy Florals, strengthening creative partnerships. Students collaborated on floral and culinary contributions for local fundraisers, showcasing their abilities to community audiences. The "Student of the Month" program celebrated personal growth—Grace was recognized for independent living progress and celebrated with a team outing to Oceanside Harbor.

Challenges:

New participants initially struggled with public interaction; individualized coaching and small-group social rehearsals built confidence and positive engagement.

Objective 3: Increase Health & Wellness Knowledge

Health and wellness are core to D'Vine Path's holistic approach, integrating nutrition, mindfulness, and physical activity into all programs.

Measured Outcomes:

- 30% increase in nutrition knowledge (pre-/post-tests).

- 65% reported improved eating habits.
- 18% reduction in anxiety and depression levels.
- 100% participated in safety or wellness workshops.

Successes:

The Culinary Journey Program’s farm-to-table focus connected garden harvests with healthy meal preparation. Participants engaged in gardening, yoga, and nature projects like planting milkweed and caring for caterpillars—combining environmental education with emotional wellness. Wrangler Bruce’s annual snake safety workshop provided confidence-building lessons on outdoor safety and mindfulness.

Challenges:

Weather disruptions affected outdoor activities; however, indoor mindfulness and journaling sessions maintained program continuity.

Objective 4: Strengthen Independent Living Skills

This objective promotes autonomy, responsibility, and life management through functional learning.

Measured Outcomes:

- 78% improved in budgeting, scheduling, or personal management.
- 100% participated in independent living skill workshops.
- Student of the Month recognition boosted self-esteem and motivation.

Successes:

The LEAFF program led functional skills training in money management, horticulture, physical fitness, and teamwork. Students practiced budgeting and customer interaction through retail experiences at The Flower Stand. Personalized recognitions like Grace’s independent living achievement reinforced confidence and accountability. Field trips, hands-on tasks, and daily living activities built self-sufficiency and decision-making.

Challenges:

Newer students required adaptive materials for cognitive support; visual learning tools and repetition-based instruction improved comprehension.

Objective 5: Expand Community Partnerships &

Employer Engagement

Community partnerships create bridges between vocational learning and employment.

Measured Outcomes:

- Five key collaborations active this quarter (Foundation for Senior Care, Fallbrook Chamber, Pink Poppy Florals, Mount Palomar Winery, and Grocery Outlet).
- 200 volunteer and engagement hours logged.
- One new paid employment placement achieved.

Successes:

D'Vine Path partnered with local organizations to host community events, create employment opportunities, and promote inclusive visibility. The collaboration with Pink Poppy Florals produced a mural project and an ongoing job placement for a D'Vine Path artist. The partnership with Mount Palomar Winery enriched the viticulture curriculum, connecting participants to the full winemaking process. D'Vine Path also recognized FRHD publicly across social media platforms, reaching more than 1,200 viewers and highlighting FRHD's impact in expanding health and wellness resources in Fallbrook.

Challenges:

Overlapping event schedules required additional staff coordination, addressed through cross-program teamwork and planning.

Summary of Quarter 1 Impact

Quarter 1 reflects strong progress toward all five objectives outlined in the Life I Can Healthy Lifestyles 2025 grant. Forty-five participants benefited from structured vocational training, life skills education, and community engagement. Participants demonstrated measurable improvement in communication, self-confidence, nutrition literacy, and independence.

Through partnerships with local businesses and nonprofits, D'Vine Path expanded its employment pathways and social inclusion opportunities while maintaining a consistent focus on wellness and empowerment. Minor weather challenges were mitigated through flexible programming and adaptive instruction.

D'Vine Path continues to embody FRHD's mission of promoting health and wellness by fostering independence, inclusion, and meaningful work for neurodivergent adults. Each accomplishment—whether hosting a community dinner, creating floral

art, or earning a certification—represents growth, dignity, and connection within the Fallbrook community.

Please upload an Impact Story (Word doc or pdf preferred).

Grace Kirsch.pdf

FRHD Acknowledgment

Social Media Postings

Print Materials to Service Recipients

Website Display

FRHD Acknowledgment

FRHD ACKNOWLEDGEMENT Q1 FY 2... .pdf

Program Budget

25_26 FRHD CHC Program Budget R... .xlsx

Please type the name of the person submitting this report.

Michele Cox

“Grace’s Journey Toward Independence”

Grace came to D’Vine Path seeking greater independence and connection. At first, she was shy, reserved, and hesitant to participate in group activities. Through the *Life I Can Healthy Lifestyles Program*, Grace began exploring her interests across several areas, from the LEAFF Functional Skills program to the Culinary Journey workshops, each experience designed to build confidence and practical life skills.

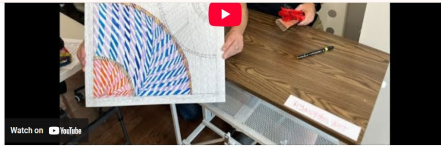
Over the past few months, Grace has shown remarkable growth in self-sufficiency and emotional resilience. She now manages her own daily schedule, prepares meals independently, and has developed meaningful friendships with her peers. Her greatest milestone came when she was honored as **D’Vine Path’s Student of the Month**, recognized for her perseverance and leadership within her group.

As part of her celebration, Grace chose to spend the day at Oceanside Harbor, enjoying fish and chips with her curriculum team before taking a peaceful beach walk. It was a simple but powerful reminder of how far she had come, from depending on others for direction to confidently making her own choices and embracing new experiences.

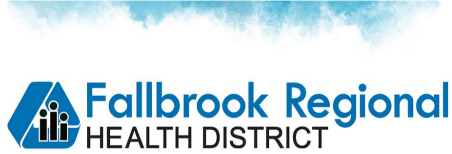
Grace’s story is just one example of how D’Vine Path’s *Life I Can Healthy Lifestyles 2025* program empowers neurodivergent adults through vocational training, wellness education, and social engagement. By blending skill development with compassion and inclusion, the program continues to help participants build the confidence and independence they need to thrive both at D’Vine Path and within the wider Fallbrook community.

“Every moment here is a chance to learn, grow, and connect.” – D’Vine Path participant





D'VINE PATH IS
proudly sponsored by



FRHD CHC GRANT BUDGET REPORTING FORM

 Agency Name: **D'Vine Path** PROGRAM NAME: **Life I Can Healthy Lifestyles**

The main categories align with the budget submitted with your application. Aggregate totals are all that should be reported under each heading.

1)	A	INDIRECT EXPENSES:	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL INDIRECT EXPENSE	\$695,452.99	\$20,000.00	\$3,000.00			
B	PERSONNEL EXPENSES - PROGRAM SPECIFIC	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4	
	TOTAL PERSONNEL EXPENSE	\$813,465.25	\$15,000.00	\$3,000.00				
C	DIRECT PROGRAM EXPENSES	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4	
	TOTAL OTHER EXPENSES	\$171,500.00	\$30,000.00	\$8,625.00				
D	TOTALS	PROGRAM COST	FRHD Funds Awarded	Total Amount Q1	Total Amount Q2	Total Amount Q3	Total Amount Q4	
		\$1,680,418.24	\$58,500.00	\$14,625.00	\$0.00	\$0.00	\$0.00	

 Total funds expended to date: **\$14,625.00**