

## Organization Information

### Legal Name

Palomar Family Counseling Service, Inc.

### DBA (if Applicable)

n/a

## Program Name/Title

Grandparents Raising Grandchildren

## Brief Program Description

When parents are unable to raise their children, it is often grandparents who step in. Grandfamilies thrive when they get the support they need. Grandparents Raising Grandchildren is a comprehensive service that fosters healthy grandparents and a strong and stable family.

## Funding Amount Awarded

15000

## Target Population - Age

	Percent of program participants	Estimated number of participants
Children (infants to 12)	0	
Young Adults (13-17)		
Adults (18-60)	50	14
Seniors (60+)	50	14
We do not collect this data (indicate with 100%)*	0	

## Target Population not collected - Age

NA

## Target Population - Gender

	Percent of program participants
Female	82
Male	18
Non-binary	
Unknown*	

## \*Target Population - Gender

NA

## Target Population - Income Level

	Percent of program participants
Extremely Low-Income Limits, ceiling of \$32,100	20
Very Low (50%) Income Limits, ceiling of \$53,500	36
Low (80%) Income Limits, ceiling of \$85,600	44
Higher Than Listed Limits	
We do not collect this data (indicate with 100%)*	

## \*Target Population - Income Level

NA

## Actual number of residents that directly benefited (participant/client) from this program during this quarter.

28

## Program/Services Description - Social Determinants of Health

Economic Stability (Employment, Food Insecurity, Housing Instability, Poverty)

Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

## Program Goal & Objectives

The goal of GRG is to ensure the health and wellbeing of grandparents raising their grandchildren in Fallbrook and its neighboring communities of Bonsall, Rainbow, and De Luz by providing a comprehensive service that promotes a strong and stable family Objective 1: Improve family functioning and decrease family stress by providing customized case management services and parent coaching. Objective 2: Decrease social isolation and increase connection to a community of supports by providing at minimum, quarterly educational, self-care and social workshops and gatherings. Objective 3: Provide effective case management and support services that meet the needs of grandfamilies and their grandchildren, in order to create an environment where the full potential for health and well-being can be met.

## Program Outcomes & Measurables

OUTCOME MEASURE 1: By 6/30/24, 30 grand families will be connected to the services and supports they or their grandchildren need including parent coaching and report decreased stress and improved family functioning on self-report surveys administered semi-annually. Eighteen grand families were connected to over 39 services and supports over the 1st quarter. Access to food donations and parenting support were the most requested services. Self-report surveys are sent in Q2 and Q4.

OUTCOME MEASURE 2: By 6/30/24, 25 grandparents will participate in at least one educational, self-care or social workshop every 6 months and report decreased feelings of loneliness, improved mood, and overall increased resilience on a self-report survey administered semi-annually. A family day to support grand families connecting socially was hosted by PFCS in association with our Full Service Partnership program. 6 grand families attended. Self-report surveys are administered in Q2 and Q4.

OUTCOME MEASURE 3: 80% of grandparents who receive case management or support services between July 1, 2023 and June 30, 2024, will: a) rate their satisfaction with services as 9 or 10 (top highest ratings) on a 10 point scale administered 2 times per year via an anonymous electronic survey; and b) would recommend this service to a friend or family member. Satisfaction Data is collected in Q2

& Q4.

### **Anticipated Acknowledgment**

Social Media Postings

Print Materials to Service Recipients

Website Display

### **Terms and Conditions**

Accepted

### **Authorized Signature**

A handwritten signature in black ink, appearing to be 'E. J. M.', written in a cursive style.

## Contact Information

### Contact Name

David Drazenovich

### Title

Director of Development & Communications

### Primary Contact Phone

760-466-8887

### Email Address

ddrazenovich@pfcs.agency

## Writing Instructions:

What language(s) does this program accommodate:

English

Spanish

## Acknowledgment of District Support



Blog Post on our Website.pdf

## Impact Story



GRG Q1 Impact Story.pdf

## Program Budget



FY 23-24 GRG Program Bud... .xlsx



pfcs

Palomar Family Counseling Service, Inc.

## Grandparents Raising Grandchildren

Success Story: Quarter 1 - September 2023

### A SNAPSHOT OF SERVICE DELIVERY FOR ONE GRAND FAMILY

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For over 1 ½ years I been supporting a wonderful grand family. The grandparents have been raising two of their grandchildren since infancy - they are now teenagers. The grandparents have faced many challenges with their grandchildren such as health issues, education, transportation, nutrition, mental health, law enforcement, and social services.

We have built a strong connection and I understand their culture. They have formed a strong relationship with the entire PFCS family and will stop by with a home cooked meal for everyone at the office. They feel comfortable coming to the office when they have questions or concerns.

Services I have provided include:

- Education and resources on e-cigarettes / vaping
- The effects of verbal abuse
- The risks of not taking medication when indicated
- Calling the police when you feel in danger or concerns for your safety.
- Coordinating services with the school counselors.
- Coordinating services with APS and Child Welfare Services.
- Connecting with other grandparents.
- Education on self-care
- Assisting with making appointments for health reasons including mental health.
- Going with Grandma to the Sherriff's station in Fallbrook for moral support when she has questions
- Resources for public transportation
- Speaking to the biological father to provide information in regards to medical and other matters.

I will soon be assisting with a legal matter. The biological mother has returned and is asking. for her parental rights to be restored and for the grandparent's legal guardianship to be terminated.

These two grandparents always show up to community resource fairs and other events to support the program and other grandparents. They provide donations that will assist other families.

This program, your support, is making a difference. I wanted you to know.

Respectfully,

Graciela Morena, Program Coordinator

120 W. Hawthorne, Fallbrook, CA  
760-741-2660

pfcs@pfcs.agency  
www.palomarfamilycounseling.com

## Blog Post on our Website:

### Extraordinary People

*"There is no power for change greater than a community discovering what it cares about."* Margaret J. Wheatley

submitted by Elizabeth Nua, LMFT



Thank you to all who donated and worked together to make this Grandparents Raising Grandchildren event, held on June 28<sup>th</sup> a success!! It takes a village not only to raise a child, but also to see a need and answer the call of your fellow neighbors through support, volunteered time, and donations!!

On behalf of Palomar Family Counseling Service, Graciela Moreno and I are proud to work collaboratively with Brooke and Gabby with the County of San Diego and their amazing team, The Fallbrook Regional Health District, Fallbrook Family Health Center, Cal Fresh, CaregiverCenter.org, Fallbrook Library, The Migrant Education Program, The Fallbrook Food Pantry, and Palomar Family Counseling's amazing Full Service Partnership staff members who volunteered to help work the event!!! THANK YOU FOR BEING THE VILLAGE!!



This passion project started due to a great idea by Graciela Moreno with Palomar Family Counseling, to help the growing number of grandparents raising grandchildren, in the community she loves and where she grew up. [Fallbrook Regional Health District](#) answered the call and provided a grant to fund this amazing program to provide case management and support to grandparents raising their grandchildren in Fallbrook, Bonsall, Rainbow, and De Luz. In addition, the [Legacy Endowment – the Community Foundation](#) believes in and continues to support and fund our amazing workshops that help provide resources, information, and social connections.

We are so grateful for our partners and amazing community members who graciously helped out. A special thanks to [Cocina Del Charro](#), Kathleen May, Nichole Marsh, Deanna Williamson, and Jodi Erickson for the last-minute requests to help fulfill the need. We were able to provide 267 backpacks and school supplies.

The families had a blast... there was live music by an amazingly brave tween violinist, bubble party, dancing music, face painting, snacks, prizes, popsicles, backpacks and school supplies. Grandparents received information, resources, and raffle prizes.

Today was a good day and we thank you!!

**FRHD CHC GRANT BUDGET REPORTING FORM**

Agency Name: **Palomar Family Counseling Service, Inc.** PROGRAM NAME: **Grandparents Raising Grandchildren**

The main categories align with the budget submitted with your application. Aggregate totals are all that should be reported under each heading.

1) <b>A</b>	<b>INDIRECT EXPENSES:</b>	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
	TOTAL INDIRECT EXPENSE	<b>\$8,900.00</b>	<b>\$100.00</b>	<b>\$0.00</b>			
<b>B</b>	<b>PERSONNEL EXPENSES - PROGRAM SPECIFIC</b>	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
	TOTAL PERSONNEL EXPENSE	<b>\$38,213.00</b>	<b>\$13,947.00</b>	<b>\$4,141.09</b>			
<b>C</b>	<b>DIRECT PROGRAM EXPENSES</b>	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
	TOTAL OTHER EXPENSES	<b>\$4,250.00</b>	<b>\$953.00</b>				
<b>D</b>	<b>TOTALS</b>	PROGRAM COST	FRHD Funds Awarded	Total Amount Q1	Total Amount Q2	Total Amount Q3	Total Amount Q4
		<b>\$51,363.00</b>	<b>\$0.29</b>	<b>\$4,141.09</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>

Total funds expended to date: **\$4,141.09**