

Organization Information

Legal Name

FALLBROOK FOOD PANTRY

DBA (if Applicable)

FALLBROOK FOOD PANTRY

Program Name/Title

ALLEVIATING HUNGER IN GREATER FALLBROOK

Brief Program Description

- We provide food to our local community experiencing food insecurities.
- We believe that a nutritious diet is essential to the well being of the individuals in our community and that every individual should have access to a healthy and nutritious diet.

Funding Amount Awarded

75000

Target Population - Age

	Percent of program participants	Estimated number of participants
Children (infants to 12)	30	2276
Young Adults (13-17)	10	759
Adults (18-60)	38	2883
Seniors (60+)	22	1669
We do not collect this data (indicate with 100%)*		

Target Population not collected - Age

n/a

Target Population - Gender

	Percent of program participants
Female	80
Male	20
Non-binary	
Unknown*	

*Target Population - Gender

n/a

Target Population - Income Level

	Percent of program participants
Extremely Low-Income Limits, ceiling of \$32,100	100
Very Low (50%) Income Limits, ceiling of \$53,500	
Low (80%) Income Limits, ceiling of \$85,600	
Higher Than Listed Limits	
We do not collect this data (indicate with 100%)*	

*Target Population - Income Level

n/a

Actual number of residents that directly benefited (participant/client) from this program during this quarter.

7586

Program/Services Description - Social Determinants of Health

Economic Stability (Employment, Food Insecurity, Housing Instability, Poverty)

Program Goal & Objectives

Addressing hunger is an unfortunate reality in our community and the Fallbrook Food Pantry's goal is to help alleviate this issue, to the best of our abilities.

We will provide each individual in need with a minimum of 8-10 pounds of food, per person, every week.

- We provided 7,586 individuals with a total of 15 pounds per person, every week, this quarter, distributing more than 113,790 total pounds of food.

Program Outcomes & Measurables

113,790 total pounds of food was distributed to 7,586 people. We track every individual's food allocation, weekly, and during the 3rd quarter of 2023, our data collection indicates that this trend will continue to rise along with the inflation. We anticipate at least an additional hundred new families will need our services in the first quarter of 2024.

Anticipated Acknowledgment

Social Media Postings

Signage at Service Sites

Print Materials to Service Recipients

Website Display

Other

Terms and Conditions

Accepted

Authorized Signature

A handwritten signature in black ink, appearing to read "Mrs. Gaurak". The signature is written in a cursive style with a large initial 'M' and 'G'.

Contact Information

Contact Name

SHAE GAWLAK

Title

CEO

Primary Contact Phone

949-235-3539

Email Address

director@fallbrookfoodpantry.org

Writing Instructions:

What language(s) does this program accommodate:

English

Spanish

Tagalog

Acknowledgment of District Support



WEBSITE ACKNOWLEDGEM... .pdf

Impact Story

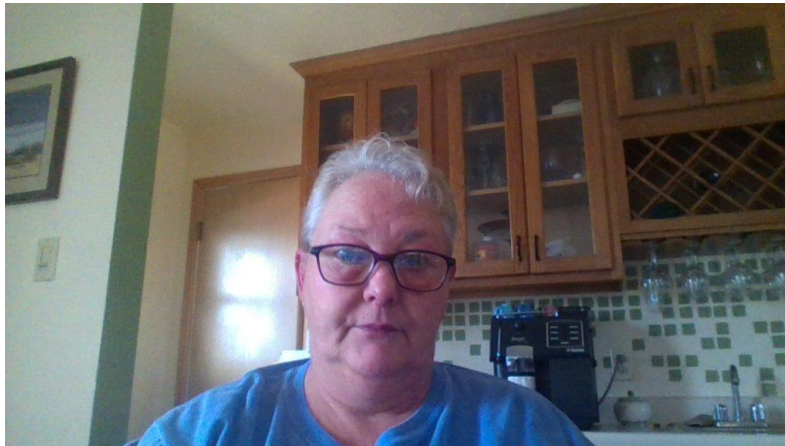


Meet Jan.pdf

Program Budget



ALLEVIATING HUNGER BUD... .xlsx



Meet Jan

Jan has been a pantry client for over 10-years, and she is very active in our community. She helped the Pantry lobby for our new bus stop at the corner of N. Brandon Road and Alvarado last year. Jan is always looking out for the underdog and wants everyone in her community to thrive.

Below is a quick email she sent our CEO, just last week.

“Really liking what the food pantry is doing... Wow. I'm eating very healthily... Today I'm cooking pork roast and making a cucumber tomato onion salad from yesterday's groceries.

It's very exciting to see the growth of your efforts. Thank you for all you do. I love the classes. Been paying attention. I don't think this community says thank you enough. So, I'm saying thank you. I do try and tell Rachel Mason that too. She's one smart cookie also. “

-Jan Scott

Without the support of FRHD we could not provide enough adequate and nutritious food to our food insecure neighbors. This grant opportunity continues to “feed” our organization and its clients with healthy food choices.



WEBSITE ACKNOWLEDGEMENT

Our Major Donors



Agency Name: **FALLBROOK FOOD PANTRY** PROGRAM NAME: **ALLEVIATING HUNGER**

The main categories align with the budget submitted with your application. Aggregate totals are all that should be reported under each heading.

1)	A	INDIRECT EXPENSES:	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL INDIRECT EXPENSE	\$224,500.00	\$0.00				
	B	PERSONNEL EXPENSES - PROGRAM SPECIFIC	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL PERSONNEL EXPENSE	\$249,500.00	\$35,000.00	\$8,750.00	\$8,750.00	\$8,750.00	
	C	DIRECT PROGRAM EXPENSES	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL OTHER EXPENSES	\$123,000.00	\$40,000.00	\$10,000.00	\$10,000.00	\$10,000.00	
	D	TOTALS	PROGRAM COST	FRHD Funds Awarded	Total Amount Q1	Total Amount Q2	Total Amount Q3	Total Amount Q4
			\$597,000.00	\$0.13	\$18,750.00	\$18,750.00	\$18,750.00	\$0.00

Total funds expended to date: **\$56,250.00**