

138 S. Brandon St. • Fallbrook CA 92028 • 760-731-9187

# BOARD OF DIRECTORS REGULAR BOARD MEETING

WEDNESDAY APRIL 13, 2016

6:00 PM

**AT** 

FPUD
FALLBROOK PUBLIC UTILITY DISTRICT
990 EAST MISSION ROAD
FALLBROOK, CA 92028



# AGENDA FALLBROOK HEALTHCARE DISTRICT REGULAR BOARD MEETING

Wednesday, April 13, 2016, 6:00 p.m. Fallbrook Public Utilities District, 990 E. Mission Rd., Fallbrook

#### A. CALL MEETING TO ORDER - PLEDGE OF ALLEGIANCE

#### B. ADDITIONS TO AGENDA

Pursuant to the Brown Act, additions to the Agenda as posted are exceptional, and expressly limited to three specific situations, as set forth in Government Code 54954.2(b): (1) an "emergency" as determined by majority vote of the board; (2) a 2/3 vote of the board finding that an item requires immediate action – and the need for this action arose in time after the agenda was posted or (3) the item was continued from an earlier meeting (no more than 5 days earlier), at which time the item was validly posted on the agenda of the earlier meeting.

#### C. BOARD MEMBER AND PUBLIC COMMENTS

Opportunity for board members and citizens to speak on items of interest within subject matter jurisdiction of the District. For the record, please state your name. "Request to speak" cards should be filled out in advance and presented to the Board President or the recording secretary. The Board has a policy limiting any speaker to not more than five minutes

#### D. PRESENTATION

- D1. Audrey Lopez RN, PHN Manager, Health and Human Services Agency Public Health
- D2. Danny Avella, Administrator, Fallbrook Family Health Center

#### E. CONSENT ITEMS

- E1. Minutes of March 9, 2016 Regular Board Meeting
- E2. Minutes of March 24, 2016 Special Board Meeting
- E3. Approval of February 2016 Financial Statements

#### F. DISCUSSION/ACTION ITEMS

F1. Recommendation to extend a 3-month subsidy to A-Plus Urgent Care at a cost \$19,500.00 per month

#### G. REPORTS

- F1. Finance Committee Director Salmon
  - Long Range Planning Committee Directors Winton and Salmon
- F2. Community Healthcare Programs Bobbi Palmer
- F3. Gov't and Community Relations Directors Abbott -Tinker
- F4. Facilities Director Tinker
- E5. Executive Director Barbara Mroz
- E6. General Counsel Blaise Jackson/Jeffrey Scott

#### H. ITEMS FOR SUBSEQUENT MEETINGS

- H1. Other Director/Staff discussion items
  - H1a. Item(s) for future board agendas
  - H1b. Announcements of upcoming events:
    - North County Communities Colaborative Health Initiative (NCCCHI) meetings Every Wednesday, 2-3pm, FHD Board Room
    - CCC/CATCH meeting 3<sup>rd</sup> Monday, April 18, 2016, 9am FPUD
    - Woman of Wellness -Thursday, May 5, 2016, 6pm Fallbrook Library
    - Health & Fitness Fair Saturday, May 14, 2016, 9am-1pm, La Paloma School
  - H2. Announcements of upcoming conferences
    - ACHD Annual Meeting May 3-5, 2016, Monterey
    - CSDA Special Districts Legislative Days, May 17-18, 2016, Sacramento
  - H3. Next Regular Board meeting Wednesday, May 11, 2016

#### i. ADJOURNMENT

NOTE: This agenda posted at the Fallbrook Healthcare District Administration Office on Friday, April 8, 2016. The American with Disabilities Act provides that no qualified individual with a disability shall be excluded from participation in, or denied the benefits of District business. If you need assistance to participate in this meeting, please contact the District office 24 hours prior to the meeting at 760-731-9187.

#### **CONSENT ITEMS**



# MINUTES FALLBROOK HEALTHCARE DISTRICT REGULAR BOARD MEETING

Wednesday, March 9, 2016, 6:00 p.m. Fallbrook Public Utilities District, 990 E. Mission Rd., Fallbrook

#### A. CALL TO ORDER

The meeting was called to order by President Tinker at 6:01 p.m.

Board members present: Barbara Mroz, Gordon Tinker, Stephen Abbott, Howard Salmon and

Frank Winton

Board members absent: None

Others present: General Counsel Jeffery Scott and Executive Director Bobbi Palmer

President Tinker led in the Pledge of Allegiance.

#### B. ADDITIONS TO AGENDA

Director Abbott moved to amend Item G1: Approval of Resolution No. 414 Ratifying the execution and delivery of a purchase and sale agreement, approving the first amendment thereto with respect to the sale of the District's real property, and authorizing signatories. New information came to light after the posting of agenda as it pertains to the lease hold on the property. President Tinker asked if there was any discussion then called for a vote. Hearing no discussion, President Tinker asked for a vote. There was a unanimous yes. President Tinker responded with so moved and added to the agenda under Item G1.

#### C. BOARD MEMBER AND PUBLIC COMMENTS

None.

#### D. PRESENTATION

- D1. Rachel Mason, Executive Director of the Foundation for Senior Care reported on newest program implemented since dissolution of Fallbrook Hospital Auxiliary and other services in the District served by FHD grants.
- D2. A Plus Urgent Care's Dr. Kimes and Dr. Skeoch were unable to make the presentation. May need to be rescheduled.

#### E. CONSENT ITEMS

- E1. Minutes of February 10, 2016 Regular Board Meeting
- E2. Agenda of February 27, 2016 Board Workshop
- E3. Minutes of February 29, 2016 Special Board Meeting
- E4. Approval of January 2016 Financial Statements
- E5. Grant Criteria Recommended by Finance Committee
  Board President Tinker entertained a motion to approve. Director Salmon moved to
  approve Consent Calendar, Director Winton seconded the motion. The motion was
  approved unanimously.

#### F. REPORTS

- F1. Finance/Audit Grant Investment Committee Director Salmon reported.
- F2. Community Programs Director Mroz reported on the Community Collaborative Committee meeting of 2/23/16. Next CCC meeting will be March 22.
- F3. Gov't and Public Relations/Community Relations No report.
- F4. Facilities Directors Tinker reported that the District is happy with the three service contractors. There have been no incidents.

- F5. Long Range Planning No report.
- F6. Executive Director Bobbi Palmer. Please refer to ED report included in the packet.
- F7. General Counsel- Jeffrey Scott reported on the MCO tax used to obtain federal funds for Medicare.

#### G. DISCUSSION/ACTION ITEMS

G1. Consideration of Approval of "Amendment to Purchase and Sale Agreement and Joint Escrow Instructions"

Approval of Resolution No. 414 Ratifying the execution and delivery of a purchase and sale agreement, approving the first amendment thereto with respect to the sale of the District's real property, and authorizing signatories.

Director Abbott moved to approve, Director Salmon seconded, unanimously approved.

#### H. ITEMS FOR SUBSEQUENT MEETINGS

- H1. Other Director/Staff discussion items
- H1a. Item(s) for future board agendas
- H1b. Announcements of upcoming events:
  - · Community Collaborative Committee meeting, Tuesday, March 22, 2016, 9 a.m., FPUD
  - Community Collaborative Breakfast, Sat., March 12, 2016, 8:00 a.m., Fallbrook Library
  - ACHD Legislative Days, April 4-5, 2016, Sacramento CA
  - · Woman of Well ness (WOW) April 7, 2016, 6 p.m., Fallbrook Library
  - ACHD 64th Annual Meeting, May 3-5,2016, Monterey CA
  - Health & Wellness Fair, Saturday, May 14, 2016, La Paloma Elementary School
- H2. Next Regular Board meeting, Wednesday, April 12, 2016, 6:00 p.m.

#### I. ADJOURNMENT

The meeting was adjourned by President Tinker at 6:34 p.m.

ATTESTATION:		
Cordon Tinker Presi	dont	
Gordon Tinker, President	uent	
Stephen Abbott, Seci	etary	-



# MINUTES FALLBROOK HEALTHCARE DISTRICT SPECIAL BOARD MEETING

Thursday, March 24, 2016, 10:00 a.m. Fallbrook Healthcare District, Board Room, 138 S. Brandon Rd., Fallbrook

Board members present: S Ab

S Abbott, B Mroz, H Salmon, G Tinker and Frank Winton

Board members absent:

None

Others present:

General Counsel Blaise Jackson, Executive Director Bobbi Palmer

#### A. CALL MEETING TO ORDER

The meeting was called to order by President Gordon Tinker at 10:00 A.M.

#### B. CLOSED SESSION 10:05 A.M.

**B1.** CONFERENCE WITH REAL ESTATE NEGOTIATOR REGARDING SALE OF REAL PROPERTY PRICE AND TERMS (APN NUMBERS 105-811-01-00, 103-246-521-00

#### C. CLOSED SESSION

C1. CONFERENCE WITH LEGAL COUNSEL CONCERNING POTENTIAL LITIGATION PER GOVT CODE 54956.9(d)(2) – one case

#### D. RECONVENE INTO OPEN SESSION 10:45 A.M.

- D1. The board unanimously directed its negotiator to take appropriate action with respect to the entities expressing interest in the real estate,
- D2. The board unanimously directed legal counsel to take appropriate action regarding the item of potential litigation.

#### E. ADJOURNMENT

ATTESTATION:

The meeting was adjourned by President Tinker at 10:55 A.M.

ATTESTATION.		
Gordon Tinker, President		
Charles Abbett County		
Stephen Abbott, Secretary		

#### FALLBROOK HEALTHCARE DISTRICT

#### Income Statement

#### For the Month Ended February 29, 2015 and Year to Date

	Feb 16	Jul '15 - Feb
Ordinary Income/Expense		
Income 400. · District		
402 · Property tax revenue 403 · Interest / Dividends 406 · Unearned Inc(Loss) - Cal Trust	29,783 3,256	990,595 27,596 4,171
Total 400. · District	33,039	1,022,361
450. · Properties 460 · Lease Income 460.01 · A+ Urgent Care 460.02 · Utilities Credit 460 · Lease Income - Other	4,800	38,400 14,247 1,000
Total 460 · Lease Income	4,800	53,647
Total 450. · Properties	4,800	53,647
Total Income	37,839	1,076,007
Gross Profit	37,839	1,076,007
Expense  500 · Administrative Expenses  500.36 · Accrued Vacation & Sick Leave  500.10 · Salaries  500.12 · Payroll Taxes  500.14 · W/C Insurance  500.15 · Employee Health & Welfare  500.16 · Board Stipends  500.17 · Education & Conferences  500.18 · Dues & Subscriptions  500.19 · Insurance - General  500.20 · Accounting  500.21 · Annual Independent Audit  500.23 · General Counsel  500.25 · Office Expense  01 · Communications  02 · I.T. and Website services  03 · Refreshments  04 · Office supplies  05 · Admin fees	16,533 1,403 95 366 1,800 542 3,632 3,794 7,718 (64) 1,008 98 3,149 69	10,406 118,353 13,079 734 10,153 13,600 2,104 12,858 25,425 12,037 7,500 101,304 4,253 10,724 1,091 12,423 274
Total 500.25 · Office Expense	4,261	28,766
500.27 · Depreciation 500.29 · Dist Promotions & Publications 500.30 · Pension 500.32 · Consultant Fees 500.33 · Copier Lease 500.40 · Rent 500.45 · Relocation Expenses 500.85 · Calif Mandated Reimbursement	138 85 468	1,107 378 900 35,427 3,584 3,626 5,247 (13,445)
Total 500 · Administrative Expenses	40,835	393,142

# FALLBROOK HEALTHCARE DISTRICT Income Statement For the Month Ended February 29, 2015 and Year to Date

	Feb 16	Jul '15 - Feb
590 · Management & Maintenance 590.01 · Building Engineer	T 0.40	48,568
590.02 · Gas & Electric	5,240	67,020
590.03 · Water	1,891	18,430
590.04 · Waste Management	248	1,084
590.05 · Security	1,100	9,036
590.06 · Landscape - Grounds Environm	2,500	23,978
590.08 · Elevator	165	1,155
590.09 · Vehicle Expenses		1,330
590.10 · Maintenance Services & Repairs	2,953	15,976
590.11 · Medical Records Store & Service	1,484	2,816
590.12 · Fire Alarm System	1,573	2,330
590.13 · CHS Reimbursement for FHD E		(59,137)
Total 590 · Management & Maintenance	17,154	132,586
600 · Community Healthcare Programs		
600.54 · Healthy Adventures Foundation		9,000
600.53 · Jeremiah's Ranch		9,400
600.01 · Courier Service		(1,923)
600.2 · Fallbrook Sports Park		4,000
600.04 · Boys & Girls Club		32,000
600.07 · Senior Citizens Center		50,000
600.08 · Smiles Project		70,000
600.11 · Palomar Family Coun.Serv.		63,500
600.14 · Flbk Family Health Center		140,000
600.17 · Foundation for Senior Care		104,000
600.18 · Flbk Comm Project - FOOD PA		56,000
600.23 · Community Health Fair		8,000
600.24 · Community Collaboratives		12,000
600.33 · REINS Therapy		•
		22,500
600.37 · Trauma Intervention Programs		8,000
600.46 · North Inland Comm Prev Progr		8,500
600.47 · FUHS - Asperger's Support Ctr		6,500
600.48 · Save Our Children's Sight		6,600
600.57 · North County Fire Protect Distr	25,000	35,000
Total 600 · Community Healthcare Programs	25,000	643,077
800 · District Direct Care Services 800.02 · A+ Urgent Care	14,500	216,000
Total 800 · District Direct Care Services	14,500	216,000
Total Expense	97,490	1,384,806
Net Ordinary Income	(59,651)	(308,798)
Other Income/Expense Other Expense 950 · CHS Termination Activities		
950.04 · Expenses Pd on Behalf of CHS	806	806
Total 950 · CHS Termination Activities	806	806
Total Other Expense	806	806
Net Other Income	(806)	(806)
Net Income	(60,457)	(309,604)

## FALLBROOK HEALTHCARE DISTRICT YTD Profit & Loss Actual vs Budget

July 2015 through February 2016

	Jul '15 - Feb 16	Budget	\$ Over Budget
Ordinary Income/Expense			
Income 400. · District			
402 · Property tax revenue	990,595	961,854	28,740
403 · Interest / Dividends	27.596	0	27,596
406 · Unearned Inc(Loss) - Cal Trust	4,171	0	4,171
Total 400. · District	1,022,361	961,854	60,507
450. · Properties			
450.01 · Disposition of Surplus Property	0	0	0
460 · Lease Income			
460.01 · A+ Urgent Care	38,400	38,400	0
460.02 · Utilities Credit	14,247		
460 · Lease Income - Other	1,000		
Total 460 · Lease Income	53,647	38,400	15,247
Total 450. · Properties	53,647	38,400	15,247
Total Income	1,076,007	1,000,254	75,753
Gross Profit	1,076,007	1,000,254	75,753
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Expense 500 · Administrative Expenses			
500.36 · Accrued Vacation & Sick Leave	10,406		
500.10 · Salaries	118,353	134,336	(15,983)
500.12 · Payroll Taxes	13,079	16,816	(3,737)
500.14 · W/C Insurance	734	763	(29)
500.15 · Employee Health & Welfare	10,153	12,240	(2,087)
500.16 · Board Stipends	13,600	17,600	(4,000)
500.17 · Education & Conferences	2,104	1,915	189
500.18 · Dues & Subscriptions	12,858	12,311	547
500.19 · Insurance - General	25,425	29,056	(3,631)
500.20 · Accounting	12,111	6,800	5,311
500.21 · Annual Independent Audit	7,500	7,600	(100)
500.23 · General Counsel	101,304	111,972	(10,668)
500.25 · Office Expense	,	,	(.0,000)
01 · Communications	4,253		
02 · I.T. and Website services	10,724		
03 · Refreshments	1,091		
04 · Office supplies	12,423		
05 · Admin fees	274		
500.25 · Office Expense - Other	0	35,824	(35,824)
Total 500.25 · Office Expense	28,766	35,824	(7,058)
500.27 · Depreciation	1,107	1,107	0
500.29 · Dist Promotions & Publications	378	4,000	(3,622)
500.30 · Pension	900	1,200	(300)
500.32 · Consultant Fees	35,427	43,785	(8,358)
500.33 · Copier Lease	3,584	3,740	(156)
500.40 · Rent	3,626	3,626	0
500.45 · Relocation Expenses	5,247		
500.85 · Calif Mandated Reimbursement 580.01 · General Election	(13,445) 0	(10,000) 0	(3,445) 0
Total 500 · Administrative Expenses	393,216	434,691	(41,475)
590 · Management & Maintenance			
590.01 · Building Engineer	48,568	56,564	(7,996)

## FALLBROOK HEALTHCARE DISTRICT YTD Profit & Loss Actual vs Budget

July 2015 through February 2016

	Jul '15 - Feb 16	Budget	\$ Over Budget
590.02 · Gas & Electric	67,020	62,800	4,220
590.03 · Water	18,430	15,360	3,070
590.04 · Waste Management	1,084	800	284
590.05 · Security	9,036	8,800	236
590.06 · Landscape - Grounds Environm	23,978	21,664	2,314
590.07 · Custodial Services	0	1,664	(1,664)
590.08 · Elevator	1,155	1,336	(1,004)
590.09 · Vehicle Expenses	1,330	1,200	130
590.10 · Maintenance Services & Repairs			1,896
	15,976	14,080	
590.11 · Medical Records Store & Service	2,816	28,000	(25,184)
590.12 · Fire Alarm System	2,330		
590.13 · CHS Reimbursement for FHD E	(59,137)		
Total 590 · Management & Maintenance	132,586	212,268	(79,682)
600 · Community Healthcare Programs			
600.54 · Healthy Adventures Foundation	9,000	9,000	0
600.53 · Jeremiah's Ranch	9,400	9,400	0
600.01 · Courier Service	(1,923)	0	(1,923)
600.2 · Fallbrook Sports Park	4,000	4,000	0
600.04 · Boys & Girls Club	32,000	32,000	0
600.07 · Senior Citizens Center	50,000	50,000	0
600.08 · Smiles Project	70,000	70,000	0
600.11 · Palomar Family Coun.Serv.	63,500	63,500	Ō
600.14 · Flbk Family Health Center	140,000	140,000	0
600.17 · Foundation for Senior Care	104,000	104,000	0
600.18 · Flbk Comm Project - FOOD PA	56,000	56,000	0
600.23 · Community Health Fair	8,000	8,000	0
600.24 · Community Collaboratives	12,000		0
600.33 · REINS Therapy		12,000	
	22,500	22,500	0
600.37 · Trauma Intervention Programs	8,000	8,000	0
600.40 · Think First Program	0	0	0
600.46 · North Inland Comm Prev Progr	8,500	8,500	0
600.47 · FUHS - Asperger's Support Ctr	6,500	6,500	0
600.48 · Save Our Children's Sight	6,600	6,600	0
600.57 · North County Fire Protect Distr	35,000	10,000	25,000
Total 600 · Community Healthcare Programs	643,077	620,000	23,077
800 · District Direct Care Services			
800.01 · SERA	0	0	0
800.02 · A+ Urgent Care	216,000	216,000	0
Total 800 · District Direct Care Services	216,000	216,000	0
Total Expense	1,384,880	1,482,959	(98,079)
Net Ordinary Income	(308,872)	(482,705)	173,833
Other Income/Expense			
Other Income			
701 · Calif Mandated Reimbursement	0	0	0
701 Cam Mandated Remibursement	0	0	0
Total Other Income	0	0	0
Other Expense			
700 · Asset Management - District			
900.01 · CPU Consultant	0	0	0
900.02 · CPU Related Expense	0	0	0
900.03 · Architectural Services	0	0	0
900.04 · Engineering	0	0	0
900.05 · Facilities Analysis	0	0	0
	•	•	· ·

### FALLBROOK HEALTHCARE DISTRICT YTD Profit & Loss Actual vs Budget

July 2015 through February 2016

	Jul '15 - Feb 16	Budget	\$ Over Budget
900.06 · Equipment Analysis	0	0	0
Total 700 · Asset Management - District	0	0	0
950 · CHS Termination Activities 950.01 · Continuation Agreement 950.03 · Lease Termination Settlement 950.04 · Expenses Pd on Behalf of CHS 950.05 · DPNF - HFS Consultant services	0 0 806 0	0 0 0 0	0 0 806 0
Total 950 · CHS Termination Activities	806	0	806
Total Other Expense	806	0	806
Net Other Income	(806)	0	(806)
Net Income	(309,678)	(482,705)	173,027

### FALLBROOK HEALTHCARE DISTRICT COMBINED BALANCE SHEET COMPARISON - ALL FUNDS

Comparison of February 29, 2016 to January 31 20165

	Feb 29, 16	Jan 31, 16	\$ Change
ASSETS			
Current Assets			
Checking/Savings 102.9 · Cal Trust - Contingency Fund	4,199,279	A 40E 0E4	2 220
100 · CASH CLEARING	4, 199,279	4,195,951 281	3,329 0
102.1 · Cash in Bank-Operating Cash	357	357	0
102.2 · Cash in Bank - New Operating	64,601	301,549	(236,948)
102.6 · Cash in Bank -LAIF	1,856,538	1,856,538	0
Total Checking/Savings	6,121,057	6,354,676	(233,619)
Other Current Assets			
104 · Prepaid Insurance	18,542	22,270	(3,728)
114 · Interest Receivable	3,256	3,329	(73)
Total Other Current Assets	21,798	25,598	(3,800)
Total Current Assets	6,142,855	6,380,275	(237,420)
Fixed Assets			
120.01 · ALVARADO BLDG	291,240	291,240	0
121 · Equipment 121.2 · Equipment Depreciation	19,522 (18,608)	19,528 (18,469)	(7) (138)
122.0 · ASSETS HELD FOR RESALE	(10,000)	(10,400)	(100)
122.01 · FALLBROOK HOSPITAL	4,417,521	4,417,521	0
122.02 · WELLNESS CENTER	291,240	291,240	0
Total 122.0 · ASSETS HELD FOR RESALE	4,708,761	4,708,761	0
Total Fixed Assets	5,000,915	5,001,060	(145)
TOTAL ASSETS	11143770	11381335	(237,565)
LIABILITIES & EQUITY			
Liabilities			
Current Liabilities			
Accounts Payable 140 · Accounts Payable	37,461	39,460	(1,999)
Total Accounts Payable	37,461	39,460	(1,999)
Credit Cards	0.,.0.	00, 100	(1,000)
150.1 · American Express 41007	(1,336)	0	(1,336)
Total Credit Cards	(1,336)	0	(1,336)
Other Current Liabilities			
204 · Accrued Vacation & Sick Leave	4,457	4,457	0
211 · P/R Taxes Payable	5,616	22,763	(17,146)

	Feb 29, 16	Jan 31, 16	\$ Change
215 · Comm Healthcare Programs Pble			
215.23 · Health Fair	11,680	11,680	0
215.24 · Community Collaborative	19,787	19,812	(26)
215.39 · PSA Screening	(907)	(907)	0
215.46 · FHD Promotional Float	186	186	0
215.47 · Healthcare Heroes	(43)	(43)	0
215.70 · Woman of Wellness ( WOW)	3,031	3,031	0
215 · Comm Healthcare Programs Pble - Other	135,050	291,650	(156,600)
Total 215 · Comm Healthcare Programs Pble	168,783	325,409	(156,626)
Total Other Current Liabilities	178,856	352,628	(173,772)
Total Current Liabilities	214,980	392,088	(177,108)
Total Liabilities	214,980	392,088	(177,108)
Equity			
300 · Unrestricted fund balance	1,400,538	1,400,538	0
302.2 · Lse Termination Contingency Fd	9,837,856	9,837,856	0
Net Income	(309,604)	(249,147)	(60,457)
Total Equity	10928789	10989246	(60,457)
TOTAL LIABILITIES & EQUITY	11143770	11381335	(237,565)

Local Agency Investment Fund P.O. Box 942809 Sacramento, CA 94209-0001 (916) 653-3001

www.treasurer.ca.gov/pmialaif/laif.asp March 16, 2016

#### FALLBROOK HEALTHCARE DISTRICT

ADMINISTRATOR P.O. BOX 2587 FALLBROOK, CA 92088 **PMIA Average Monthly Yields** 

Account Number:

Tran Type Definitions

February 2016 Statement

**Account Summary** 

Total Deposit:

0.00 Beginning Balance:

1,856,538.09

Total Withdrawal:

0.00 Ending Balance:

1,856,538.09



#### **FALLBROOK HEALTHCARE DISTRICT** STATEMENT FOR PERIOD

February 01, 2016 - February 29, 2016

#### 'Trust Medium Term Fund - FALLBROOK HEALTHCARE DIST

			-101				
Date	Transaction	Shares	Price Per Share	Amount	Average Cost NAV	Average Cost Amount	Realized Gain/Loss*
01/31/2016	BALANCE FORWARD	416,678.303	10.07	4,195,950.51	10.05169211	4,188,322.01	
02/01/2016	INCOME DISTRIBUTION - JANUARY	330.575	10.07	3,328.89	10.05170662	3,328.89	0.00
02/29/2016	UNREALIZED GAIN (LOSS)	0.000		0.00		0.00	
02/29/2016	ENDING BALANCE	417,008.878	10.07	4,199,279.40		4,191,650.90	
	INCOME DISTRIBUTION PAID - JANUARY			0.00			
	INCOME ACCRUAL - FEBRUARY			3,255.96			
	CUMULATIVE UNREALIZED GAIN (LOSS)			7,628.50			

<sup>\*</sup> Please note that this information should not be construed as tax advice and it is recommended that you consult with a tax professional regarding your account.

For Inquiries About Your Account, Contact:

.tingham Investment Administration 116 South Franklin Street Rocky Mount, NC 27804 **Attention: CalTRUST Shareholder Services** 

Phone: 800.773.3863 Fax: 252-972-1908

Email: caltrustsupport@ncfunds.com

#### 03/16/16

#### FALLBROOK HEALTHCARE DISTRICT Account QuickReport January 1, 2015 to February 29, 2016

Туре	Date	Name	Memo	Amount
3900 · Retaine Closing E	_			604,453.13
Total 3900 · Re	tained Earnin	gs		604,453.13
400. · District 402 · Propel Deposit Deposit Deposit Deposit Deposit Deposit Deposit Deposit	rty tax revent 08/12/15 09/10/15 10/08/15 11/05/15 12/11/15 01/13/16	County of San Diego	PROP TAX APPORTIONMENT 2 2015-16 Apportionment 3 apportionment 3 Sept Property Tax Apportionment 4 5 Property Tax Apportionment Apportionment 4 Apportionment 4	28,898.35 10,387.11 21,167.68 46,406.26 587,633.55 266,318.93 29,782.81
·	roperty tax re		Apportionment 4	990,594.69
Total 400. · Dist	rict			990,594.69
TOTAL				1,595,047.82

#### **REPORTS**

To: Board of Directors

Fallbrook Healthcare District

From: Bobbi Arleen Palmer, MBA, MSW

**Executive Director** 

Date: March 2016

#### **COMMUNITY ENGAGEMENT**

Created a new collaborative: community and population health North county communities collaborative health initiative Goal: NCCCHI

Decrease incidence of diabetes, hypertension, and heart disease in the area we are serving by educating, screening, referring, advocacy, and community outreach as well as integrating community and educational classes, exercise/physical activity so others may thrive.

This collaborative which consists of approximately 8 organizations will support a RFP grant proposal "California Accountable Communities for Health initiative" which is a partnership of Blue Cross of California Foundation, Kaiser, the California endowment, the California Health and Human Services and Community Partners. As part of the design "An Accountable Community for Health will align mutually reinforcing interventions over 5 key domains:

- 1. Clinical
- 2. Community
- 3. Clinical-community links
- 4. Policy and systems
- 5. Environment

This effort will improve both personal and population health with a focus on 1) health 2) wellness, equity and prevention-not just care. Another essential component is on an entire community. In addition there is a research component regarding the development of an appropriate Return on Investment method or other means of assessing the financial impact of potential savings/cost avoidance of the ACH model both within the health sector and across other key sectors.

- 1. Fallbrook Healthcare District just entered into a MOU with Cal State San Marcos Nursing program which begins the end of May. Fallbrook Healthcare District will have 10 RN students each semester. These initial efforts will position FHD as a "teaching center for health service delivery in supporting Community Health.
- 2. FHD has already established a formal relationship with Palamor College through their health track and we are aggressively seeking Dental Assistant Interns that will support prevention strategies.
- 3. FHD just opened up the doors for Request for proposals March 28 with a 30 day turnaround. Approximately \$650,000.00 has been budgeted to deliver wellness and prevention services to the District area. Based on a community assessment we have redesigned the program with an emphasis on the following health disparities prevalent in our area.

#### Diabetes, Hypertension, Cancer and Heart Disease.

1. FHD just launched a "wellness campaign" 3 weeks ago at our annual State of the District breakfast entitled A Call to Activity...Wellness...One Step at a Time. Once a week we will select both an individual and a business who have

- demonstrated efforts to increase physical activity. They will be interviewed in the local Village News paper. We created marketing materials, T Shirts, bottle labels, flyers etc.
- 2. May 14 our annual Health and Wellness Fair where we generally have between 500-600 participants. Core health services related to screenings will be conducted.
- 3. Women of Wellness is a monthly health and wellness educational event held at Fallbrook Public Library. Various local businesses sponsor the event and provide significant prizes and giveaways. Last month's speaker provided valuable information regarding fall prevention and "how to stay out of the hospital".
- 4. Fallbrook Healthcare District has recently branded its domain name and <u>email addresses for staff and trustees of fallbrookhealth.org</u> with the strategic message being "We are in the health business".

#### **Operations and Management**

- 1. Response for proposal for independent audit services
- 2. Response for proposal for outreach community communications to support any messaging regarding prospective sake of the hospital as well as town hall meetings.
- 3. Response for proposal for 2016-2017 Grant cycle to support revised criteria based on community assessment which identified diabetes, hypertension and cancer as prevalent in the Fallbrook Healthcare District area.
- 4. Redesigned and updated grant application forms and tools consistent with current process.

5. Conducted a question and answer forum to address new criteria and provided support to organizations who have not previously applying for grants.

#### **Financial Management**

- 1. Reviewed and provided feedback to support District's closed session meetings.
- 2. Prepared for and provided financial reports for Finance Committee Meetings held in the month of March.
- 3. Reviewed and now current with outstanding invoices and accounts receivables.
- 4. Developed internal system controls for invoices and accounts receivables.

#### **Legislative Efforts**

- 1. Attended legislative Committee meeting in Sacramento for CSDA
- 2. Attended Legislative Days in Sacramento for ACHD
- 3. Hand delivered support letters to both Anderson and Waldron to support the Community Health Grant Initiative

#### Fallbrook Health District

#### Long Range Planning Committee

March 24, 2016

#### 9:00AM

#### Agenda

Members: Frank Winton, Director; Howard Salmon, Director; Bobbi Palmer, Executive Director

- 1. Call to order
- 2. Long Range Planning Committee Charge
- 3. Review Fallbrook Health Vision
  - a. "The best way to predict the future is to invent it" Alan Kay, scientist, inventor
  - b. Vision describes what the organization needs to accomplish, what services it will provide(or intends to), and what significant contribution it intends to make
  - c. A mental picture of what the organization <u>should</u> look like and how it will feel and interact with its stakeholders
  - d. Defining visioning
    - i. An image of how we see our purpose unfolding
    - ii. A picture of the preferred future we seek to create
    - iii. An answer to the question "What do we really want?"
  - e. Qualities of a Good Vision
    - i. It motivates, inspires
    - ii. It is a stretch, moves towards greatness
    - iii. It is clear, concrete
    - iv. It is achievable, not a fantasy
    - v. It fits with the highest values
    - vi. It is easy to communicate, clear and simple
  - f. Current FHD Vision

Collaboratively identifying and supporting a broad range of healthcare needs within the District in pursuit of positive measurable outcomes in community health.

- 4. Discuss Goals for 2016
  - a. Hospital Facility
  - b. Grants
  - c. Health
- 5. Public Relations firm
- 6. Planning Session(s)- 3 5 year vision for the District.
- 7. Other
- 8. Adjourn

#### **Community Collaborative Committee Report**

#### March 22, 2016 Meeting

#### At Fallbrook Public Utility District

Executive Director Bobbi Palmer welcomed all in attendance.

Danny Avella, Administrator of the Fallbrook Family Health Center, provided two handouts regarding Patient Centered Medical Home (PCMH). He said patient-centered medical homes are transforming primary care practices into what patient want: a focus on patients themselves and their health care needs. Medical homes are the foundation of a health care system that gives more value by achieving the "Triple Aim" of better quality, experience and cost. As a Level 3 Patient Centered Medical Home provider, clinics will achieve the highest standards in patient care. Fallbrook Family Health Center is in the process of working toward achieving this designation.

Bobbi Palmer introduced a new initiative "Call to Activity-Wellness-One Step at a Time" and it was explained that a new collaborative has been established by FHD with the support of Fallbrook Smiles Project, California State University San Marcos, Community Health Systems, Inc. and the Fallbrook Food Pantry. The goal of the North County Communities Collaborative Health Initiative (NCCCHI) is to decrease incidence of diabetes, hypertension and heart disease in the area we are serving by education, screening, referring, advocacy and community outreach as well as integrating community classes, exercise/physical activity so others may thrive.

Bobbi Palmer said the District's Grant Program for 2016-17 has been revised to include criteria developed by the Board of Directors. The application period began March 22<sup>nd</sup> and applications will be due by Friday, April 22<sup>nd</sup> no later than 4:00 p.m. She said the new criteria and applications are available on the website, and a Grant Question & Answer Forum are scheduled for March 30<sup>th</sup> from 3:00 p.m. to 4:00 p.m. at the District office.

Pam Knox announced the next Woman of Wellness (WOW) event takes place on April 7<sup>th</sup> at 6:00 p.m. at the Fallbrook Library. Theresa Stigen, M.D., OB/GYN, will present "No More Hormones: A New Treatment for Vaginal Health."

The Community Collaborative Committee and CATCH are joining forces and the meeting date and time is changing to the 3<sup>rd</sup> Monday of each month from 9:00 a.m. to 10:30 a.m. at Fallbrook Public Utility District. Next meeting: Monday April 18<sup>th</sup>.

There was discussion regarding this year's Health & Wellness Fair taking place on Saturday, May  $14^{th}$  at La Paloma School and the Community Center from 9:00 a.m. -1:00 p.m. A health fair meeting is scheduled for Wednesday, March 23, at FHD at 12:30 p.m. All were invited to attend.

Roundtable discussion occurred and the Foundation for Senior Care offered to provide next month's presentation.

Notes by Pam Knox

#### NORTH COUNTY COMMUNITIES COLLABORATIVE HEALTH INITIATIVE



#### North County Communities Collaborative Health Initiative

#### Our Goal

Decrease incidence in diabetes, hypertension, and heart disease in the area we are serving by educating, screening, referring, advocacy, and community outreach as well as integrating community classes, exercise/physical activity so others may thrive.

#### GRANT YEAR 2016-2017 QUESTION & ANSWER FORUM 3/30/2016



#### **ITEMS FOR SUBSEQUENT MEETINGS**



# CCC (Community Collaborative Committee) CATCH (Community Access To Child Health) Committee Meeting Agenda

TUESDAY, APRIL 18<sup>TH</sup> 2016, 9:00 a.m. – 10:30 a.m.

at

Fallbrook Public Utility District (FPUD) • 990 East Mission Road, Fallbrook

WELCOME: Director Barbara Mroz and Bobbi Palmer, FHD Executive Director

9:00

PRESENTATION: Foundation For Senior Care - Rachel Mason, M.S. M.A., Executive Director

9:05-9:20

#### **FHD PROGRAMS AND EVENTS:**

9:20-9:40

- ❖ WOMAN OF WELLNESS (WOW) Thursday, May 5<sup>th</sup> 6:00 p.m. Fallbrook Public Library
- ❖ Grant Program 2016-2017 Applications: Available 3/22/16/, Due 4/22/16 Bobbi Palmer
- ❖ CATCH and CCC Merge, NEW MEETING TIME: 3<sup>rd</sup> Monday of the month, May 16<sup>th</sup> 2016, 9:00 a.m. 10:30 a.m at Fallbrook Public Utility District Board Room Bobbi Palmer
- ❖ Health & Wellness Fair Planning Update May 14<sup>th</sup> 2016, 9:00 a.m. to 1:00 p.m. @ La Paloma Elementary School

**	Next Month's Presentation:	
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NEXT FHD BOARD MEETING: Wednesday, May 11<sup>th</sup> 2016, 6:00 p.m. @ FPUD 9:40-9:45

ROUND TABLE: Agency announcements, activities and upcoming events 9:45-10:25

**NEXT CCC MEETING**: NEW MEETING TIME: 3<sup>rd</sup> Monday of the month Monday, May 16<sup>th</sup> 2016, 9:00 a.m. – 10:30 a.m. @ FPUD

ADJOURNMENT 10:30



#### Thursday, April 7th, 2016 Fallbrook Library 124 S. Mission Rd.

6:00 p.m. - Social/ Refreshments

6:30 p.m.—7:30 p.m. Presentation/Door Prizes

#### Featured Presentation:

"No More Hormones: A New Treatment for Vaginal Health"

Come learn about a new non-hormonal treatment for vaginal conditions such as atrophy, dryness, itchiness and painful intercourse. It is safe and effective for all women, including postmenopausal, postpartum and breast cancer survivors.

#### Presented by:

Theresa Stigen, M.D., OB/GYN

Mystical Rose Obstetrics and Gynecology

Free Event including Light Refreshments • Door Prizes

Please Note: No need for Reservations at this time Please plan to attend and bring a friend!

Questions? Contact Pam Knox at pknox@fallbrookhealth.org
Or call 760-731-9187

Please bring non-perishable food items for Fallbrook Food Pantry



FALLBROOK HEALTHCARE DISTRICT **HEALTH & WELLNESS FAIR** 

Sat. May 14 2016 9:00AM to 1:00PM

Elementary School 300 Heald Lane La Paloma

For more info call 760.731.9187

# Rall brook 100146

# Wellhess



One Step at a Time Call to Activity Wellness

Fallbrook Healthcare District County of San Diego Parks & Recreation Sponsored by

# Activities & Information For All Ages!

Health Screenings

Fitness Activities

**Notrition** 

Vaccinations

Flu Shots for 6 months &

Tdap for 18 years & up

**Live Entertainment** 





Fallbrook

District

FALLBROOK HEALTHCARE DISTRICT FERIA DE SALUD Y BIENESTAR

Sábado 14 De Mayo 2016 9:00AM a 1:00PM La Paloma Elementary School 300 Heald Lane

# **EVENTO GRATIS!**

Para más información llame al **760.731.9187** 

Ferra de Salud y Sinester

Llamado a la Actividad Bienestar Un Paso a la Vez

Actividades e Información Para Todas Las Edades

Exámenes de Salud

Actividades físicas

Nutrición

# VACUNAS

Vacunas contra la Gripe para niños de 6 meses o más Tdap para personas mayores de 18 años

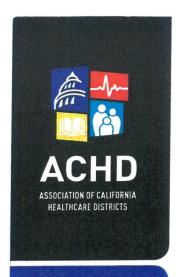
**Entretenimiento** 

Juegos



Fallbrook Healthcare District County of San Diego Parks & Recreation





#### QUESTIONS

Sheila Johnston Member Services Specialist Sheila Johnston@achd.org 916.266.5208

#### REGISTER

To register, visit: achd.org

#### ACHD

PO Box 619084 Roseville, CA 95661

#### LEADERSHIP ACADEMY

WHEN: January 21–22, 2016

WHERE Hyatt Regency, Sacramento, 1209 L Street, Sacramento, CA 95815

EVENT: The Leadership Academy is designed to provide new and veteran Trustees with the knowledge and skills necessary to effectively govern a Healthcare District. Healthcare District Administrators, Clerks and Secretaries to the Board are encouraged to take advantage of this educational opportunity.

#### **LEGISLATIVE DAY**

WHEN: April 4-5, 2016

WHERE: Hyatt Regency, Sacramento, 1209 L Street, Sacramento, CA 95815

The Legislative Day program is tailored to connect Healthcare District
Trustees and Administrators with Legislative Representatives in California's
Capitol. The program will provide detailed information regarding the most
pressing legislative issues, while creating opportunities for Trustees and
Administrators to foster existing relationships with state lawmakers.

#### **64TH ANNUAL MEETING**

WHEN: May 3-5, 2016

WHERE: Monterey Plaza Hotel and Spa, 400 Cannery Row, Monterey, CA 93940

**EVENT:** ACHD's Annual Meeting discusses a wide variety of topics, ranging from effective governance to advancing the health in your communities, while providing many opportunities to share your experiences and views with your Healthcare District colleagues.



California Special Districts Association 1112 | Street, Suite 200 Sacramento, CA 95814

A proud California Special Districts Alliance partner.

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#### Agenda At A Glance

Agenda subject to change

TUESDAY, MAY 7	3.6.4.6.2.2.6.4.4.4.4.5.6.6.5.6.6.4.	LIOTEL
9:00 — 10:00 a.m.	REGISTRATION	Hyatt Regency Sacramento 1209 L Street Sacramento, CA 95814
10:00 — 10:15 a.m.	WELCOME	
10:15 – 11:00 a.m.	LEGISLATORS PANEL	
11:00 a.m. — 12:00 p.m.	GRASSROOTS ADVOCACY AND PUBLIC OUTREACH PRESENTATION	
12:00 -2:00 p.m.	LUNCH: LEGISLATIVE BRIEFING	
2:00 –5:00 p.m.	LEGISLATIVE VISITS	
5:00 — 6:30 p.m.	LEGISLATIVE RECEPTION	
WEDNESDAY, MAY 18		\$189 CSDA room
7:45 — 8:30 a.m.	DISTRICT NETWORKS CAFÉ	rate. Call to reserve at 1-888-421-1442. Room reservation cut-off April 25, 2016.
8:30 – 8:40 a.m.	WELCOME	
8:40 — 9:00 a.m.	LEGISLATOR OF THE YEAR	
9:00 — 9:45 a.m.	KEYNOTE SPEAKER	
9:45 - 10:30 a.m.	ROUNDTABLES	
10:30 - 11.15 a.m.	HOT TOPIC ISSUES	
11:15 a.m. — 12:00 p.m.	AWARDS AND LEGISLATIVE PRIORITIES OUTLOOK	



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## SPECIAL DISTRICTS LEGISLATIVE DAYS

**Join movers and shakers from all over California.** This event provides the opportunity to meet with and educate your legislators on the significant contributions special districts make throughout the state.

Hear about the latest legislative proposals directly affecting the delivery of essential local services. Explore how decisions are really made in the Capitol and learn how, together, we can make a difference.

**EARLY BIRD DISCOUNT! Register at legislativedays.csda.net** 

