



Organization Information

Legal Name

Boys Club of Fallbrook

DBA (if Applicable)

Boys & Girls Clubs of North County

Program Name/Title

Triple Play Program

Contact Information

Contact Name

Lisa Ware

Title

Director of Operations

Primary Contact Phone

760-728-5871

Email Address

lisaw@bgcnorthcounty.org

Organization Mailing Address

445 East Ivy Street
Fallbrook, CA, 92028

Organization Physical Address

445 East Ivy Street
Fallbrook, CA, 92028

Total number of residents that benefited (participant/client) from this program this quarter.

1339

Target Population - Age

	Percent of program participants	Total Number of Participants
Children (infants to 12)	88	1173
Young Adults (13-17)	12	162
Adults (18-60)	0	2
Seniors (60+)	0	0
We do not collect this data (indicate with 100%)*		

Target Population not collected - Age

n/a

Target Population - Gender

	Percent of program participants	Total Number of Participants
Female	45	608
Male	55	728
Non-binary	0	1
Unknown*	0	0

*Target Population - Gender

n/a

Target Population - Income Level

	Percent of program participants	Total Number of Participants
Extremely Low-Income Limits, ceiling of \$32,100	35	466
Very Low (50%) Income Limits, ceiling of \$53,500	36	475
Low (80%) Income Limits, ceiling of \$85,600	15	206
Higher Than Listed Limits	14	192
We do not collect this data (indicate with 100%)*		

*Target Population - Income Level

n/a

Program/Services Description - Social Determinants of Health

Economic Stability (Employment, Food Insecurity, Housing Instability, Poverty)

Education Access & Quality (Early Childhood Education and Development, Enrollment in Higher Education, High School Graduation, Language and Literacy)

Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

Neighborhood & Built Environment (Access to Foods that Support Healthy Eating Patterns, Crime and Violence, Environmental Conditions, Quality of Housing)

Program/Services Description - FRHD Community Needs Assessment

Health (Cholesterol, High Blood Pressure, Hypertension, Obesity)

Mental Health (Social Support - Youth or Families)

Mental Health (Screenings, Prevention)

Health (Mobility)

Health (Healthy Food/Nutrition)

Social (Economic Security, Health Literacy, Family/Child Support, Legal/Advocacy)

Program Objectives

Hire and train staff to deliver Triple Play activities at each of the 8 sites.

Provide 60 minutes of vigorous physical activity each day for 400 members

Provide 3 family nights each year at the 8 sites during the school year

Program Outcomes/Measurables

Staff was hired and trained in Triple Play activities. In addition the sites also had additional PE activities run by ELEVO through our partnership with the FUESD. During this quarter we had an ADA of over 600 members each day participating in 60 minutes of vigorous physical activity. We completed our 3 family nights during the last quarter but in addition we also had 3 family nights this quarter during Boys & Girls Clubs Week. Our annual Open House and Art Show, the STEM Fair and our Talent Showcase.

FRHD Grant Support Acknowledgment

Social Media Postings

Website Display

FRHD Grant Support Acknowledgment

We acknowledge FRHD on our Facebook page, Instagram, TikTok and website.

Please provide an example of how the District's grant funding was acknowledged.



FRHD pics.pdf

Program Budget



Triple Play Program Budget R... .pdf

Impact Story



Micheals Kite Kids 02.2023.docx

Opportunities & Challenges

We are so happy to be making our way back up to pre-Covid numbers. Sports leagues are back in full swing and we are finally able to have our traditional Boys & Girls Clubs Week. We are looking forward to summer and opening the pool.

FRHD CHC GRANT BUDGET REPORTING FORM

Agency Name: Boys & Girls Clubs of North County	PROGRAM NAME: Triple Play
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Not all line items will correspond with your program budget. If the item does not fully align either leave it blank or group it in the best category possible. However, be sure your program budget is fully itemized.

1)	A	INDIRECT EXPENSES:	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
	A1	Administrative Support	\$ 14,729.00	\$ -				
	A2	General Insurance (not program specific)	\$ 3,500.00	\$ -				
	A3	Accounting & audit expenses	\$ 1,360.00	\$ -				
	A4	Consultant/Contractor Fees	\$ 800.00	\$ -				
	A5	Physical Assets (Rent, Facility Costs)	\$ 1,500.00	\$ -				
	A6	Utilities	\$ 5,250.00	\$ -				
	A7	IT & Internet	\$ 350.00	\$ -				
	A8	Marketing & Communications	\$ 400.00	\$ -				
	A9	Office Supplies	\$ 1,700.00	\$ -				
	A10	Training & Education	\$ 950.00	\$ -				
	A11	Other: specify	\$ -	\$ -				
	TOTAL INDIRECT EXPENSE		\$30,539.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
	B	PERSONNEL EXPENSES - PROGRAM SPECIFIC	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
	B1	Athletic Director .15 FTE	\$ 5,304.00	\$ 5,304.00	\$ 1,317.09	\$ 1,371.58	\$ 1,563.94	
	B2	Director of Program Services .15 FTE	\$ 5,928.00	\$ 5,928.00	\$ 1,507.66	\$ 1,576.05	\$ 1,778.57	
	B3	Site Staff 1@ each of 8 sites	\$ 120,000.00	\$ 15,000.00	\$ 6,412.51	\$ 7,020.02	\$ 7,367.01	
	B4	Data Manager .15 FTE	\$ 5,304.00	\$ 5,304.00	\$ 1,202.65	\$ 1,121.05	\$ 1,141.43	
	B5	Payroll Expenses (WC, taxes) @9%	\$ 12,288.00	\$ 2,838.00	\$ 939.59	\$ 997.98	\$ 1,066.59	
	B6	Benefits	\$ -	\$ -				
	B7	Other: specify	\$ -	\$ -				
	TOTAL PERSONNEL EXPENSE		\$148,824.00	\$34,374.00	\$11,379.50	\$12,086.68	\$12,917.54	\$0.00
	C	DIRECT PROGRAM EXPENSES	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
	C1	Equipment	\$ -	\$ -				
	C2	Program/Project Supplies	\$ 25,000.00	\$ 6,250.00		\$ 311.67	\$ 334.82	
	C3	Printing/Duplicating	\$ -	\$ -				
	C4	Travel/Mileage	\$ -	\$ -				
	C5	Program Specific Insurance	\$ -	\$ -				
	C6	0	\$ -	\$ -				
	C7	0	\$ -	\$ -				
	C8	0	\$ -	\$ -				
	C9	0	\$ -	\$ -				
	C10	0	\$ -	\$ -				
	C11	0	\$ -	\$ -				
	C12	0	\$ -	\$ -				
	C13	0	\$ -	\$ -				
	C14	0	\$ -	\$ -				
	C15	0	\$ -	\$ -				
	TOTAL OTHER EXPENSES		\$25,000.00	\$6,250.00	\$0.00	\$311.67	\$334.82	\$0.00
			W	Z				
D	TOTALS		PROGRAM COST	FRHD Funds Expended				
			\$204,363.00	\$37,030.21				



Boys & Girls Clubs of North County

Published by Meredith Anderson · February 16 at 3:36 PM · 🌐



🍷🍷 A delicious and nutritious pairing! 🍷 Thanks to our partnership with [Fallbrook Food Pantry](#) & [Fallbrook Regional Health District](#) we have been serving up a good time here at the Ingold Club learning about healthy habits. 🍷 #tripleplay 🍷🍷🍷





Boys & Girls Clubs of North County

Published by Meredith Anderson • January 24 at 4:43 PM • 🌐



Triple Play, BGCA's comprehensive health and wellness initiative, strives to improve the overall health of members, ages 6-18, by increasing their daily physical activity, teaching them good nutrition and helping them develop healthy relationships. A giant thank you to [Fallbrook Regional Health District](#) for your support with the Triple Play program here at the Club. 🏊🍎🌟





Boys & Girls Clubs of North County

Published by Meredith Anderson · March 13 at 9:45 AM · 🌐

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	<p>Simposio de Preparación para Incendios Forestales</p> <p>Sábado, 25 de Marzo 2023</p> <p>Aprenda qué hacer antes, durante y después un incendio forestal</p> <p>9:00- 12:00h</p> <p>Fallbrook Union High School 2400 S Stagecoach Ln Fallbrook CA 92028</p> <p>No deje que la próxima catástrofe sea su tragedia. Prepárese.</p>		<p>Wildfire Preparedness Symposium</p> <p>Saturday, March 25, 2023</p> <p>Learn what to do before, during and after a wildfire</p> <p>9:00 am- 12:00 pm</p> <p>Fallbrook Union High School 2400 S Stagecoach Ln Fallbrook CA 92028</p> <p>Don't let the next disaster be your tragedy. Be Prepared.</p>
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Fallbrook Regional Health District is at Fallbrook Union High School.

March 2 at 3:39 PM · Fallbrook · 🌐

On March 25th we will be hosting a Wildfire Preparedness Symposium from 9:00 am- 12:00 pm. Learn what to do before, during, and after a wildfire. We will have r... See more

See Translation



Boys & Girls Clubs of North County

Published by Meredith Anderson • January 3 at 12:27 PM •



Mental Health First Aid +

FREE 8-hour Certified Public Education Program

Hope, Health, & Healing

- Recognize risk factors, warning signs, and symptoms of mental illness
- Learn facts of anxiety, depression, substance abuse, bipolar disorder, and schizophrenia
- Understand the impact of mental illness
- Learn a 5-step plan to support someone in emotional crisis



FRI, JAN 27 AT 8 AM

Mental Health First Aid- 8 hour in-person training

1636 East Mission Road, Fallbrook, 92028, US

Free tickets available • Wellness

Michael's Kites

Mr. Michael has started a kite club at Potter ASES where he teaches kids how to fly kites. Flying kites allows them to reconnect with fond memories of earlier childhood, or make brand new memories if they had never flown a kite before. The members find kite-flying to be relaxing and meditative, even though they are learning about physics and running far lengths during kite club!

Kite kids can learn about the STEM theories behind how to make a kite take flight, and the different ways to control it using the wind and string tension. The next part of their club will be to buy kites of different size and shape, to compare flight tactics. Their culminating event will be to build their own kite and try to make it take flight!

Mr. Michael always goes above and beyond to make sure that our members have opportunities to pursue hobbies and experiments, no matter how niche. He works hard to provide them with materials and spaces where they feel supported and comfortable trying new things, and he always encourages them to explore their interests. This is especially important for jr. high school students, because they can be shy and insecure when exploring their identity and hobbies at this age. Michael's gentle and non-judgmental disposition and outstanding reliability are invaluable to our program and we are so appreciative that he chooses to work with us.



The first day of Kite Kids- Dhilan getting his kite started!



Dhilan and Michael enjoying the gorgeous January weather with their kites.



Dhilan's favorite kite- the green machine!



You have to look very closely to see Francisco's kite- it is so far up!