

Organization Information

Legal Name

Fallbrook Healthcare Foundation Inc

DBA (if Applicable)

Foundation for Senior Care

Program Name/Title

Senior and Disabled Transportation Program

Brief Program Description

Our Senior and Disabled Transportation Program provides over 5,000 rides annually to adults who cannot drive due to age or disability. Our donation-based rides program offers wheelchair-accessible transportation all around town, grocery deliveries, and out-of-town rides for healthcare-related appointments.

Funding Amount Awarded

50000

Target Population - Age

	Percent of program participants for the full grant cycle	Total number of participants
Children (infants to 12)		
Young Adults (13-17)		
Adults (18-60)	11	12
Seniors (60+)	89	99
We do not collect this data (indicate with 100%)*		

Target Population not collected - Age

NA

Target Population - Gender

	Final percent of program participants
Female	68
Male	32
Non-binary	
Unknown*	

*Target Population - Gender

NA

Target Population - Income Level

	Percent of program participants
Extremely Low-Income Limits, ceiling of \$32,100	55
Very Low (50%) Income Limits, ceiling of \$53,500	34
Low (80%) Income Limits, ceiling of \$85,600	4
Higher Than Listed Limits	7
We do not collect this data (indicate with 100%)*	

*Target Population - Income Level

NA

Program/Services Description - Social Determinants of Health

Economic Stability (Employment, Food Insecurity, Housing Instability, Poverty)

Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

Neighborhood & Built Environment (Access to Foods that Support Healthy Eating Patterns, Crime and Violence, Environmental Conditions, Quality of Housing)

Program Goal & Objectives

The goal of our Transportation Services is to provide affordable, easily attainable, and wheelchair-accessible transportation services to seniors and disabled adults throughout the greater Fallbrook area and beyond for access to basic services, medical care, social opportunities, and connections to the outside world without the barriers of expense and dependence on others.

Obj1: Continue providing free or by-donation transportation to seniors and disabled adults. This includes door-to-door services to help them access basic health and wellness services. We plan to offer at least 4,800 local rides or grocery deliveries during the FRHD fiscal year. Additionally, we want to expand the service to include Sunday rides.

Obj2: Continue to provide transportation services to medical and ancillary care in the greater San Diego and South Riverside County regions (within 55 miles of our office) for seniors and disabled residents in the Fallbrook area. These services would otherwise be cost-prohibitive or impossible with existing public and private transportation options. We plan to utilize volunteer drivers and provide at least 300 round-trip rides out of town (600 ride segments) to health-related appointments during this FRHD fiscal year.

Obj3: Provide at least 250 wheelchair rides to FRHD residents over the fiscal year.

Obj4: Enroll at least 30 more seniors with extremely low income in the Traveler's Aid free rides program. We understand that the \$10 request is only a suggested donation, but it helps these seniors feel more comfortable with the program and hold onto their limited resources.

Program Outcomes & Measurables

Impactful Outcome and Progress Report: Transportation Services

Objective 1: Local Transportation Services

Outcome: The Care Van provided 1,419 local rides for seniors and adults with disabilities.

Progress: Achieved 103% of our annual goal of 4,800 rides.

Objective 2: Regional Transportation Services

Outcome: Facilitated 27 rides to out-of-town healthcare appointments, ensuring vital access for our community.

Progress: Achieved 68% of our annual goal of 300 rides.

Objective 3: Wheelchair Rides

Outcome: Provided 25 wheelchair-accessible rides during this reporting period, enhancing mobility and independence.

Progress: Achieved 55% of our annual goal of 250 rides.

Objective 4: Traveler's Aid Program

Outcome: Successfully enrolled 12 low-income seniors in the Traveler's Aid program this quarter.

Progress: Achieved 107% of our annual goal of 30 enrollments.

Our transportation services are making a significant impact, ensuring essential connections for seniors and disabled adults in the Fallbrook area. The Care Van's reliable local rides, the critical out-of-town healthcare access, and the specialized wheelchair services are all crucial to enhancing mobility and independence. Additionally, the Traveler's Aid program supports low-income seniors in maintaining their independence.

With continued dedication, we aim to expand our reach and fully meet our objectives to enhance accessibility and affordability for all those we serve. Thank you for supporting our mission and making these achievements possible.

Anticipated Acknowledgment

Social Media Postings

Print Materials to Service Recipients

Website Display

Other

Terms and Conditions

Accepted

Authorized Signature

A handwritten signature in black ink, appearing to be the initials 'JA' followed by a flourish.

Contact Information

Contact Name

Perla Hurtado

Title

Executive Director

Primary Contact Phone

760-723-7570

Email Address

phurtado@foundationforseniorcare.org

Writing Instructions:

What language(s) did this program accommodate:

English

Spanish

Acknowledgment of District Support



FRHD 23-24 Q4_Acknowledge... .pdf

Impact Story



FRHD 23-24 Q4 Grant Report... .pdf

Impact Story



FRHD 23-24 Q4 Grant Report... .pdf

Program Budget



23_24 FRHD CHC Grant - FF... .xlsx

Actual number of residents that directly benefited (participant/client) from this program during the entire grant cycle.

111

FRHD 23-24 Q4 Grant Report- Transportation

Acknowledgement

Website

Grantors and Foundations



Email Signature



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FOUNDATION FOR SENIOR CARE • *Committed to the wellbeing of older adults*

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Programming supported by **Fallbrook Regional**
HEALTH DISTRICT

FRHD 23-24 Q4 Grant Report

Impact Story

John is a 75-year-old resident of Fallbrook who relies on our transportation services to maintain his independence. John, who uses a wheelchair, struggled to attend medical appointments and social activities due to limited mobility and lack of accessible transportation options.

Thanks to our Care Van service, made possible by district funding, John now has reliable access to local transportation. Over the past quarter, John received 12 local rides, allowing him to attend crucial medical appointments, visit friends, and participate in community events. Additionally, when John needed to visit a specialist out of town, our expanded rides service ensured he made it to his appointment.

John's quality of life has significantly improved with the availability of our wheelchair-accessible rides. Furthermore, John was enrolled in our Traveler's Aid program, which supports low-income seniors with transportation needs. He was one of the 12 seniors enrolled this quarter, helping us surpass our annual enrollment goal by 107%.

John's story illustrates the vital role our transportation services play in enhancing the lives of seniors and disabled adults in our community. By providing accessible, reliable transportation, we help individuals like John stay connected, independent, and healthy. This success is a testament to our commitment to making a meaningful impact and ensuring mobility for all, thanks to the generous support from district funding.

Agency Name: **Foundation for Senior Care** PROGRAM NAME: **Senior and Disabled Transportatation**

The main categories align with the budget submitted with your application. Aggregate totals are all that should be reported under each heading.

1)	A	INDIRECT EXPENSES:	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL INDIRECT EXPENSE	\$64,049.79	\$0.00	\$4,830.00	\$0.00	\$0.00	\$0.00
	B	PERSONNEL EXPENSES - PROGRAM SPECIFIC	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL PERSONNEL EXPENSE	\$149,514.52	\$41,000.00	\$18,785.00	\$10,250.00	\$10,250.00	\$1,715.00
	C	DIRECT PROGRAM EXPENSES	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL OTHER EXPENSES	\$47,686.00	\$9,000.00	\$5,845.00	\$2,250.00	\$2,250.00	\$0.00
	D	TOTALS	PROGRAM COST	FRHD Funds Awarded	Total Amount Q1	Total Amount Q2	Total Amount Q3	Total Amount Q4
			\$261,250.31	\$0.19	\$29,460.00	\$12,500.00	\$12,500.00	\$1,715.00

Total funds expended to date: **\$56,175.00**