

2021-2022 COMMUNITY HEALTH CONTRACT (CHC) Q2 GRANT IMPACT REPORT

Organization Name	Palomar Family Counseling Service
Program Name	Grandparents Raising Grandchildren
Person submitting the impact report	David Drazenovich Director of Development and Communications

Ages: List the percentages of your program participants' ages who received services during this reporting time frame.

	Percentage served	Total Number Served
Children (infants to 12)	0	0
Young Adults (13-18)	0	0
Adults (18-60)	53	17
Seniors (60+)	47	15
Unknown	0	0

Gender: List the percentages of your program participants' gender identification who received services during this reporting time frame.

	Percentage served	Total Number Served
Female	84	27
Male	16	5
Non-binary	0	0
Unknown	0	0

Income: List the percentages of your program participants' income limit category of those who received services during this reporting timeframe (2019 HUD – AMI Incomelimits:4person family).

	Percentage Served	Total Number Served
Extremely Low-Income (ceiling of \$32,100)	6	2
Very Low (50%0 Income (ceiling of \$53,500)	13	4

	Percentage Served	Total Number Served
Low (80%) Income (ceiling of \$85,600)	0	0
Higher than listed limits	3	1
Unknown	78	25

How many District residents directly benefited (participant/client) from this program: 32

GOALS & OBJECTIVES

Goal 1 & Objectives: From your application, please provide your measurable outcomes for each of your stated objectives.

Improve the health and wellbeing of grandparents raising their grandchildren in Fallbrook and its neighboring communities of Bonsall, Rainbow, and De Luz by providing a comprehensive service that promotes a strong and stable family.

Objective 1.1: Improve family functioning and decrease family stress by providing customized case management services and parent coaching.

Measure 1.1: By 6/30/22, 22 grandparents will be connected to the services and supports they or their grandchildren need including parent coaching and report decreased stress and improved family functioning on self-report surveys administered quarterly.

Quarter 2 Update: 18 grandfamilies have received case management services this quarter and were connected 85 times to needed services and supports. In addition to regular check-ins for personalized support, the program's Case Manager made referrals to 18 different types of services. The most frequent referrals were made for special needs supports followed by recreational activities in the community for grandfamilies and grandchildren.

Participants identify the connection to resources as highly beneficial to improve family functioning but note that it is the personalized calls / check-ins that make a tremendous amount of difference for reducing stress.

Objective 1.2: Decrease social isolation and increase connection to a community of mutual support by providing monthly support groups.

Measure 1.2: 12 grandparents will participate in at least one support group a month for 6 months by 6/30/22 and report decreased feelings of loneliness and improved mood on a self-report survey administered quarterly.

Quarter 2 Update: Due to scheduling conflicts and lifestyle demands, only one support group was held this quarter with 3 grandparents participating. The participants highlight the benefit of peer social support. In addition there was one social event hosted by a previous service recipient offered to all grandparents and grandchildren. 10 grandparents and 10 grandchildren participated.

Goal 2 & Objectives: From your application, please provide your measurable outcomes for each of your stated objectives.

n/a

PARTICIPANT SUCCESS STORY

Participant Success Story:

Following the success of the support grandfamilies received over the summer through the scholarship fund for tuition at the Boys & Girls Club's summer program initiated by Sheryl & Kent Johnson and supported by other PFCS donors, Sheryl and Case Manager Graciela Moreno arranged a special evening event for grandparents and grandchildren to enjoy a recreational and social evening together. This event was designed to promote spending quality time together, having fun, allowing grandkids to get to know each other and at the same time grandparents to connect.

Sheryl hosted an event attended by 10 grandparents and 10 grandchildren. She brought out her 3 huge telescopes for all to enjoy watching the moon, Jupiter, Saturn and other stars that were going to be closest to the earth on that specific.

Sheryl set up beach chairs outside to watch the beautiful view of the sunset looking out toward the ocean while we all took turns to see the planets. The event lasted from 6-8pm. We all had a blast! Grandparents and grandchildren were sharing pictures of the moon afterwards. Every family got to take a puzzle home donated by Sheryl and Kent.

ACKNOWLEDGEMENT

Please describe how the Fallbrook Regional Health District's investment in this program was acknowledged during this reporting timeframe.

The FRHD was recognized in promotional materials, social media, and during presentations and community collaborations.

Facebook and Instagram Posts: November 30th & December 9th (the video post form November 9th was forward to FRHD staff).

The support of FRHD was acknowledged at the Kinship Meeting in October.

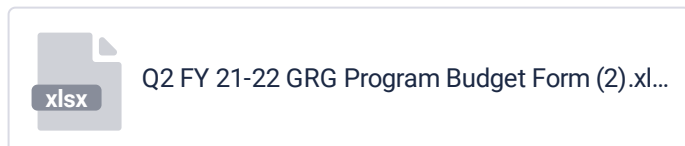
Promotional flyers were distributed at local schools and at the Hallowe'en Festival Community Event.

Acknowledgment example: please upload an example of one method in which the District was acknowledged.



BUDGET

Please upload a copy of the program budget you submitted with the application, with an additional column demonstrating the current utilization of grant funds.



Please explain any significant differences in budget or services during this quarter. What if any changes were made to address programming challenges.

n/a

Please sign your form:

A handwritten signature in black ink, appearing to be 'L. J. ...', written in a cursive style.