

Organization

Official Name: FALLBROOK SMILES PROJECT
***Legal Name:** Fallbrook Smiles Project
***Year Company was Founded:** 1993
***Address:** PO BOX 833
Address (2):
***City:** FALLBROOK
State: California
Zip/Postal Code: 92088-0833
***Main Telephone:** 6192610871
Main Fax:
Website Address:
***Main Email Address:** fallbrooksmiles@gmail.com
***Mission Statement and History:** The mission of Fallbrook Smiles Project is to improve the communities of Fallbrook, Rainbow and Bonsall by helping its residents achieve optimal physical health through dental and medical health screenings and education and increasing access to care by addressing barriers and conducting health promotion activities with an overall goal of reversing the negative trends of immediate healthcare issues.
***Board of Directors :** Denny Lindeman, President, Certified Financial Planner
Dr. Randy Carlson, Secretary, Dentist
Jack Wood, Treasurer, Retired
Dr. Ashley Stein-Araiza, Director, Dentist
Dr. John Fitzpatrick, Director, Optometrist
Dr. Brandon Miller, Director, Physician
Most Recent 990: form 990 2018.pdf
***Most recent audited financial statement with management letter:** profit loss 2019.pdf, bal sheet 12.2019.pdf

Proposal

***Request Owner:** Rachel Mason
Request Source: External (Submitted 04/09/2020)
Proposal Type: Ongoing Program

Agency Capability

Briefly describe your organization's history and accomplishments. : FSP began in 1993 as a means to increase dental care by providing treatment to those at the local health clinic, which at that time did not offer dental services. Care was then assumed by the local health clinic but FSP continued to provide restorative dental care beyond what was available via community dental providers for free. FSP assumed fiscal agency status for Operation Clear Vision, a project that enables military dependents to acquire eyewear at not cost, in 2004, and in 2007 for Fallbrook CATCH (Community Access to Child Health) and it's activities to increase access to healthcare for children.
Activities ranging from screening to direct service delivery are provided in our programs, overseen by a professional in that field.

What are the current activities and/or programs offered by your organization?: Dental: school based and community dental screenings, fluoride varnish application and oral care education. A restorative treatment program is provided to those who qualify utilizing local dental providers.

Medical: school based and community health screenings such as blood pressure, body mass index and blood glucose. Additional screenings per availability. Health education including nutrition, diabetes self management, classes, consultative services. Facilitates monthly health and wellness community collaborative.

Vision: provision of eyeglass frames and lenses for military dependents.

List and describe current collaborations with other organizations that enhance your ability to provide services through this program.:

California State University San Marcos (CSUSM) School of Nursing - education provided to the students regarding diabetes, nutrition, school screenings and Fallbrook resources by FSP. Students assist FSP in providing health and dental screenings and education events. FSP and CSUSM collaborates on community programs.

Fallbrook Union Elementary School District, Bonsall School District and Vallecitos School District - organize and direct state mandated BMI screenings with the addition of blood glucose testing, provide dental screening and education. Assist with training of staff in care of students with diabetes.

County of San Diego Public Health Nursing - refer patients to each other's programs. Assistance from Public Health nurses at community screenings.

Fallbrook Food Pantry - provision of monthly health and dental screenings and education as well as collaboration on programs in the community.

Fallbrook Senior Center - monthly health and dental screenings and education.

Fallbrook Regional Health District - collaborate on a monthly Community Collaborative for Health and Wellness (CCHW) and an ad hoc North County Community Collaborative Health Initiative (NCCCHI).

Fallbrook Family Health Center - collaborate at community health screenings and educational events, refer patients to care at the facility.

Foundation for Senior Care - refer patients each other's program, they provide transportation to patients to our events.

Dental providers - dental screenings in the schools and community and restorative care treatment.

Program Information

Is this application being submitted in collaboration with another agency?: No

Project Title: Celebrate Health

Requested Cash Amount: \$96,060.00

This is an ongoing program that began on: 01/01/1993

Name of the person submitting the grant: Janine Loescher
619 261 0871
fallbrooksmiles@gmail.com

Name of Program Coordinator: Janine Loescher
619 261 0871
fallbrooksmiles@gmail.com

Is the Program Coordinator responsible for submitting quarterly reports?: Yes

Ages Served: Children (infants to 12): 85%
 Young adults (13-18): 5%
 Adults (18-60): 5%
 Seniors (60+): 5%

Gender: Female: 60%
 Male: 40%

Select the income limit category of your target population: We do not collect this data

Projected number of residents (participant/client) that will directly benefit from this program: 2400

Projected number of residents that will indirectly benefit from this program: 10000

How will the program be staffed?: Paid: 50%
 Volunteer: 50%

Statement of Problem/Needs Assessment

Discuss the need for the proposed program or service within the District.:

According to Healthy People 2020, access to comprehensive, quality health care services is important for promoting and maintaining health, preventing and managing disease, reducing unnecessary disability and premature death, and achieving health equity for all Americans. In addition, Healthy People 2020 provides a comprehensive set of 10-year, national goals and objectives for improving the health of all Americans. There are 42 topic areas with more than 1,200 objectives. A smaller set of Healthy People 2020 objectives, called Leading Health Indicators (LHIs), have been selected to communicate high-priority health issues and actions that can be taken to address them. Several of these LHIs are addressed by Fallbrook Smiles Project programs including clinical preventative services, access to health services, maternal/infant/child health, nutrition/physical activity/obesity and oral health.

Centra Force 2017 data for the Bonsall, De Luz, Fallbrook and Rainbow areas indicate that rates of high cholesterol, hypertension/high blood pressure, type 2 diabetes, osteopenia, osteoporosis and cardiovascular/heart disease are higher than in a comparison population in San Diego. All of these health issues will be addressed in the programs that FSP will provide.

Tooth decay is the number one chronic disease in American children with five times as many sufferers as asthma. More than 50% of California children have experienced dental decay by the time they enter kindergarten; by 3rd grade, that number increases to >70%. Of those, 28% have untreated decay and 19% have extensive decay. The statistics in San Diego County parallel what is happening statewide; tooth decay is the most common well-child exam diagnosis in the San Diego County Child Health and Disability Prevention Program. Children in San Diego County ages 0-5 that participated in a recent Oral Health Initiative were found to have a 55.8% rate of dental decay. Furthermore, more than a third of these children had never had a dental exam and 25.4% had obvious decay or urgent dental needs.

The most recent data from 2016 indicate that 37.3% of seniors have some source of dental benefits coverage. Approximately 26.3% have private dental coverage, and 11.0% have public dental coverage (for example, Medicaid, Veterans Affairs, or Tricare). The remaining 62.7% of seniors do not have any form of dental benefits coverage.

Among those 30 years and older, periodontal disease affects approximately 36 million Americans and is often the gateway to more serious conditions such as loss of permanent teeth (edentulism) in later years. Edentulism is more common among individuals age 60 and older, and markedly so; almost 25% lost all their permanent teeth. Left untreated, the health status of those with dental disease worsens.

One hundred and eight million Americans, both adult and children, do not have dental insurance, a strong predictor of access to dental care. The number is more than twice as many as those who lack medical insurance. Children from families who lack dental insurance are three times as likely to have oral healthcare issues than children with public or private insurance. These children are also two and a half times less likely to receive dental care than insured children.

Reference your supporting data below.: American Association of Diabetes Educators White Paper, December 1, 2014, Recommendations for Community-Based Screening for Prediabetes and Diabetes.

American Heart Association, www.heart.org.

California Department of Public Health, January 2018 California Oral Health Plan 2018-2028, retrieved from <https://www.cdph.ca.gov/Programs/CCDC/DCDC/DCDC/CDPH%20Document%20Library/Oral%20Health%20Program/FINAL%20REDESIGNED%20COHP-Oral-Health-Plan-ADA.pdf>

California Department of Education, CalEd Facts, Physical Fitness Testing - CalEdFacts, retrieved from <https://www.cde.ca.gov/ta/tg/pf/cefpt.asp>

National Maternal and Child Oral Health Resource Center, 2010, Fluoride Varnish An Effective Tool for Preventing Dental Caries

Healthy People 2020 <https://www.healthypeople.gov/>

Centra Force 2017, <https://www.fallbrookhealth.org/files/4663447c0/2017+Fallbrook+Community+Overview.pdf>

Journal of the American Dental Association, "Oral Health Trends for Older Americans", August 2019 Volume 150, Issue 8, Pages 714--716

[https://jada.ada.org/article/S0002-8177\(19\)30408-8/fulltext?_ga=2.167312062.1051004639.1586195017-1919661378.1550177479](https://jada.ada.org/article/S0002-8177(19)30408-8/fulltext?_ga=2.167312062.1051004639.1586195017-1919661378.1550177479).

American Diabetes Association, Standards of Medical Care in Diabetes 2020, https://care.diabetesjournals.org/content/43/Supplement_1

What other organizations within the community offer similar programs/ services that address this need?:

Dental - no other programs exist in our community that provide the dental screening/ education services in the schools or the free dental restorative care program. The community clinic will occasionally provide community based dental screenings.

Medical - no other programs exist in our community that provide the bmi/blood glucose screening services in the schools or diabetes consultative services to the schools. The community clinic will occasionally offer community blood pressure/blood sugar screenings.

Vision - no other services exist in the community that provide eye glasses to military dependents for free.

Program/Services Description

The Fallbrook Regional Health District has identified several health disparities that effect the long term health and well being of our community. The following questions address how your program addresses these concerns. :

Which one of the following categories best describes the primary goal and objectives of your program?: Prevention/Education: Supplies/training of health practices or to prevent/control of disease/injury.

Which of the following health disparities does the program address:

- Cardiovascular health (e.g., High Cholesterol, Hypertension)
- Dental
- Nutrition & Access to Food (e.g., Meal programs, Food Bank, Healthy Eating, Obesity, Type 2 Diabetes)
- Senior Services (e.g., Aging in place, Dementia, Transportation)
- Vision
- Youth Services (school based)

Describe how the program provides the service.:

Dental:

-school based screening/education/fluoride varnish application. All children in the school are eligible - there is no eligibility per income or residency. Depending on the school site, we will provide education, screening, fluoride application and dental goody bags to different grade levels. Permission slips are sent home as needed. We utilize CSUSM Nursing Students, community dentists, Registered Dental Hygienists (RDH), dental and RDH students and general volunteers for help. Letters are sent home to parents with results of screening and if fluoride varnish applied. School site nurse and district nurse are notified of all results and in particular of urgent needs. Parents are provided with dental care and services resources.

-community dental screening and fluoride varnish, permission requested, parent or guardian must be present for children less than 18 years of age. Written results provided as well as dental care and services resources. Education and dental goody bags provided. Same volunteers as above.

-dental restorative care program. Eligibility determined per residency and income. Patient visits dentist for initial assessment of need and what services we are able to provide. Patient returns for treatment and care.

Medical:

-school based bmi and blood glucose screening. All students in 5th and 7th grade receive bmi screening, per State mandate. Blood glucose screening done per permission slip signed by parent. Results are provided to school nurse, district nurse and parent. Education and care resources given. CSUSM Nursing students utilized for volunteers.

-community based health screenings. Permission given, children under 18 need parent or guardian permission. Type of screening provided per event. Written results provided to participant along with education and care resources. If a result is urgent, we will make a medical appointment for patient or call 911.

Community Collaborative for Health and Wellness: Periodic email communication with those on our elist. Marketing of meeting. Monthly(except December) meetings.

Community Health Coordinator (CHC):

a new position for the community that was developed through the North County Community Collaborative for Health Initiative (NCCCHI) that is under the FSP grant. This person will provide part time services to residents not covered by the Foundation for Senior Care for referrals/resources/assistance in obtaining services. The CHC will go to community events and partnering non-profit agencies to speak with local residents about their needs. The CHC may also be called upon by agencies who have local residents needing assistance.

What is/are the program goal(s) and what are the objectives for each goal.:

Define goal #1 for this program : Conduct activities that improve child and adult health in the community.

Number of Objectives for this program: 4

Objective 1: Co-facilitate, with the FRHD, monthly Community Collaborative for Health and Wellness (CCHW) meetings, except for December.

Objective 2: Offer:

- school based dental screenings, fluoride varnish application and education to 2nd graders in the Fallbrook Elementary School District and Bonsall School District.
- school based dental screenings to kinders and 1st graders in the Fallbrook Elementary School District and Bonsall School District who need their oral health assessment form completed
- conduct school based dental screenings and education to all students at Vivian Banks and Vallecitos Schools.

Objective 3: Offer BMI and blood glucose screening to 5th and 7th grade children in the Fallbrook Elementary School District.

Objective 4: Conduct community based health screenings.

Measuring Success for Goal #1: Goal 1, Objective 1:

- Quarter 1, 3 CCHW meetings held
- Quarter 2, 2 CCHW meetings held
- Quarter 3, 3 CCHW meetings held
- Quarter 4, 3 CCHW meetings held

Goal 1, Objective 2:

- Quarter 1, 75% of Bonsall and Vallecitos School District dental screenings/education scheduled. Review and revise as needed the permission slips and parent report forms for all 3 school districts.
- Quarter 2, 100% of Bonsall and Vallecitos School District dental screenings/education completed and 75% of Fallbrook School District screenings scheduled (we usually try to do all school based dental screenings in the Fall, however, the Fallbrook School District has requested it be done later in the school year).
- Quarter 3, 75% of the Fallbrook School District school screenings/education are completed and the remaining 25% are scheduled.
- Quarter 4, 100% of the school based dental screenings/education completed.

Goal #1, Objective 3:

- Quarter 1, review and revise as needed the permission slip and parent report forms for school based BMI/blood glucose screenings.
- Quarter 2, schedule 75% of the school based BMI/blood glucose screenings.
- Quarter 3, complete at least 75% of the school based BMI/blood glucose screenings and schedule the other 25%.
- Quarter 4, complete 100% of the school based BMI/blood glucose screenings.

Goal 1, Objective 4:

- Quarter 1, complete at least 2 health screenings.
- Quarter 2, complete at least 2 health screenings
- Quarter 3, complete at least 2 health screenings
- Quarter 4, complete at least 2 health screenings

Define goal #2 for this program if applicable.: n/a

Number of Objectives for Goal #2 of this program: 1

Objective 1 for Goal #2: n/a

Measuring Success for Goal #2: n/a

Anticipated Acknowledgment

Acknowledgment: FSP will use the official sponsor line and FRHD logo "This program was made possible by/in part by the Fallbrook Regional Health District" on materials such as:

- articles submitted to publications such as to the Village News
- Forms such as educational papers, parent permission slips and reports being sent to parents of children of the Fallbrook Elementary, Bonsall and Vallecitos School Districts for school based programs.
- Forms and educational materials used in community health screenings and classes.

Financial Reporting & Budget

Has your organization requested funding from FRHD for this program before?: Yes, requested and funded

Have grant funds awarded to your organization ever been withdrawn, reduced or discontinued?: No

Please list other grant funders that have been approached by your organization in the past 3 years, including FRHD. Include Name, Date, Amount Requested, Declined or Pending.:

Fallbrook Angel Society, 2020, \$1500
 Escondido East Rotary Club, 2017, \$1000
 County of San Diego, Neighborhood Revitalization Grant, 2016, \$4700

Please list the fund raising events conducted by yourself or other organization(s) where proceeds have been designated to your organization as beneficiary of funds raised. Include Name, Date, Amount:

Gunnar Streich did his senior project at Bonsall High School for the benefit of Fallbrook Smiles Project in 2019 and raised \$618.

Describe your plan for maintenance/ continuation of the proposed program beyond the 2020-2021 fiscal year.:

FSP will continue with our many positive collaborative partners as well as seek new opportunities. We will have a schedule for planning and implementing our events. We will follow our goals as outlined in this grant.

Describe what other funding sources will be used to support this program; include fees for services contracts or other revenue sources?:

FSP will continue to pursue other grants for funding of our programs. We will also continue to develop relationships with professional health partners such as dentists, dental hygienists, physicians, nurses, dietitians, diabetes educators and health care provider schools who will help to provide volunteer professional services to our programs.

Program Budget File: 2020_2021_FRHD_CHC_Program_Budget_Form_v01 (1).xlsx

Attestation: • I certify that all information presented in or attached to this Application is complete and accurate

Payment

Scan

No matches were found

Approval

Requested Amount: \$96,060.00

***Recommended Amount:**

Prior Approved Grants:

Request Status: External

Contact

Salutation: Ms.
***First Name:** Janine
Middle Name:
***Last Name:** Loescher
Title: Coordinator
Address: PO BOX 833
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Creation Date: 03/04/2020
Last Saved By: 1000000010573217
Last Saved Date: 04-MAR-20 04.58.12.685729 PM
Notes:
***Internal Use Only?:** N
Suffix: