

Organization Information

Legal Name

Vista Community Clinic

DBA (if Applicable)

NA

Program Name/Title

Poder Popular de Fallbrook

Describe the impact of the program to date. Briefly explain how the service/intervention has worked - include cumulative metrics from the Q1 and Q2 Impact reports.

This grant has been very impactful in the community of Fallbrook, since its start in July 2024, we have reinstalled a Poder Popular chapter in Fallbrook by recruiting and engaging a group of approximately 10 volunteers who have now been trained on community leadership. This last quarter, we had the opportunity to collaborate with Fallbrook Health and Wellness center, where we hosted a combination of trainings about leadership and presentation strategies to leaders. We also identify the needs in the community that helped us identify priorities to better address health discrepancies in the community. • Based on leaders feedback the needs assessment has four categories which are: • Health and Wellbeing • Referrals to services • Education and information • Comments ,questions and suggestions • During the leadership, training leaders learned types of leadership and did an activity to find their learning type. • Leaders expressed Fallbrook community needs are know you rights as immigrant and alcohol and Tabaco prevention for teenagers.

Target Population - Age

	Percent of program participants	Estimated number of participants
Children (infants to 12)	8	6
Young Adults (13-17)	1	1
Adults (18-60)	80	50
Seniors (60+)	11	10
We do not collect this data (indicate with 100%)*		

Target Population not collected - Age

NA

Target Population - Gender

	Percent of program participants
Female	75
Male	25
Non-binary	
Unknown*	

*Target Population - Gender

NA

Target Population - Income Level

	Percent of program participants
Extremely Low-Income Limits, ceiling of \$32,100	
Very Low (50%) Income Limits, ceiling of \$53,500	
Low (80%) Income Limits, ceiling of \$85,600	
Higher Than Listed Limits	
We do not collect this data (indicate with 100%)*	100

*Target Population - Income Level

We do not collect this information given that through our grant efforts we do not charge anyone to participate on our trainings, events, workshops. During patient registration, VCC collects income level data from its patients in order to help determine Medi-Cal eligibility. Records show that 95% of enrolled patients are low-income (200% of federal poverty level); however, enrollment at VCC is not required to participate in community events and activities led by Community Health Department staff. Their work aims to improve health at the population level, thereby benefitting our patients and non-patients alike. Thus, VCC does not collect income data from community participants; in fact, staff indicates that this would likely be a barrier to civic engagement.

Projected number of residents that will directly benefit (participant/client) from this program.

69

Social Determinants of Health (SDOH)

Program/Services Description - Social Determinants of Health

Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

Program Goal

As of today, we have been able to successfully complete the following goals:

(1) We have revitalize and support Poder Popular de Fallbrook, a volunteer group with 8-10 active Líderes, and have been holding regular meetings at different Fallbrook locations: Fallbrook library, Community Health & Wellness Center and Fallbrook Community Garden.

(2) We have conducted 2 focus groups and review local health and wellness data to identify 2-3 high priority community needs: 1) Drug prevention in youth, mental health, and chronic disease prevention.

We are currently working on finalizing the last goal:

(3) By June 30, 2025, engage 100-160 Fallbrook residents in 3 community education campaigns: 2 Pláticas (educational workshops) and 1 health fair.

Anticipated Acknowledgment

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Print Materials to Service Recipients

Eligibility Check

You are ineligible to apply per the District's Grant Policy & Procedures, please contact District staff to if you have questions.

Organization Information

Contact Information

Contact Name

Deysi Merino

Title

Program Manager

Primary Contact Phone

7606315000

Email Address

deysi.merino@vcc.org

Organization Physical Address

1000 Vale Terrace Drive
Vista, California, 92084

Writing Instructions:

Program Information

What language(s) can this program accommodate:

English

Spanish

What demographic group does this program predominately serve:

Community - Health & Fitness

Program Objectives & Measurable Outcomes

Objective 1: Revitalize the Poder Popular de Fallbrook volunteer group of 8-10 regular members and begin hosting monthly meetings and trainings.

Activities:

Currently Poder Popular volunteer Líderes from Fallbrook some are members of the community

garden, others are engaged in school/parents activities, all of them working families who are investing time and commitment for the betterment of their families and community at large.

Volunteers have participated in trainings. They have learned how to conduct outreach and recruitment in the community to promote community health and wellness. These trainings included safety outreach protocol as well as tools and strategies to facilitate recruitment of participants. The meetings and trainings were facilitated by VCC staff who charted attendance, took notes, and support and guide members in their volunteer activities.

Objective 2: conduct focus groups and review of local data to identify 2-3 community priority needs.

Activities:

Fallbrook volunteer Líderes generated an initial list of likely projects or campaigns,

On March 11, focus groups were conducted to identify were asked on the following categories:

1. Health and wellness
2. Referrals
3. Education and Information

The majority of the participants were females and the Participants expressed the need for the following support:

- Help with Cal Fresh y/o Medical
- Food distribution
- Transportation and appointments
- Connections to medical services

For the references category:

- Know your rights workshop
- Know your rights as a worker
- Know your rights as tenant
- Technology classes for adults

For education and information:

- Prevention of chronic diseases
- Nutrition
- Family planning
- Mental Health
- Alcohol and drug prevention for the youth

On March 15, we had a virtual meeting where we announced the following workshops: Mental Health workshop for Youth

- Drug and fentanyl workshop

We recognized these workshops would be very beneficial.

We agree on the following dates:

- April 8 Drug and fentanyl prevention workshop
- April 29 Mental Health workshop

All líderes expressed they are excited to have these workshops for their own family.

Financial Reporting & Budget

Program Budget

 24_25 FRHD CHC_VCC_Q3.xlsx

PODER POPULAR DE FALLBROOK PRESENTA:



TALLER



EMPODERANDO A LA JUVENTUD: PREVENCIÓN DEL FENTANILO Y OTRAS DROGAS



FECHA: 8 DE ABRIL DE
2025.



UBICACIÓN: 1636 E
MISSION RD,
FALLBROOK, CA 92028.



HORARIO: 5:00 PM -
6:30 PM

APRENDE SOBRE

- LOS EFECTOS DEL TABACO Y LAS DROGAS EN LA SALUD
- ESTRATEGIAS PARA DECIR NO
- IMPACTO EN LA COMUNIDAD Y LA FAMILIA
- RECURSOS Y APOYO



poder popular



para la salud del pueblo

¿MÁS INFORMACIÓN?

TELÉFONO
(760)518-9197

CORREO ELECTRÓNICO
ANGEL.B.CRUZ.HERNANDEZ
@VCC.ORG

PODER POPULAR DE FALLBROOK PRESENTA:



TALLER



Desarrolla tu bienestar emocional, herramientas para una mente sana.



FECHA: 29 DE ABRIL 2025



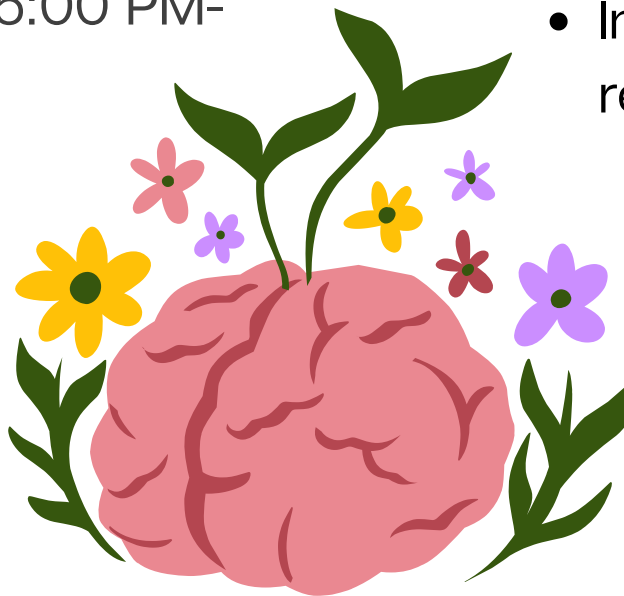
UBICACIÓN:
1636 E MISSION
RD, FALLBROOK,
CA 92028.



Horario: 5:00 PM-
6:30 PM

APRENDE SOBRE

- Habilidades de afrontamiento
- Reconozca las señales de advertencia.
- Formas de encontrar recursos.
- Información sobre recursos disponible.



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ANGEL.B.CRUZ.HERNANDEZ
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FRHD CHC GRANT BUDGET FORM

Agency Name:

Vista Community Clinic

PROGRAM NAME:

Poder Popular de Fallbrook: Engaging Fallbrook Residents in Community Health

Not all line items will correspond with your program budget. If the item does not fully align either leave it blank or group it in the best category possible. However, be sure your program budget is fully itemized.

1)	A	INDIRECT EXPENSES:	PROGRAM COST	APPLYING ORGANIZATION	OTHER FUNDERS	REQUESTED FROM FRHD
	A1	Administrative Support	-	-	-	-
	A2	General Insurance (not program specific)	-	-	-	-
	A3	Accounting & audit expenses	-	-	-	-
	A4	Consultant/Contractor Fees	-	-	-	-
	A5	Physical Assets (Rent, Facility Costs)	-	-	-	-
	A6	Utilities	-	-	-	-
	A7	IT & Internet	-	-	-	-
	A8	Marketing & Communications	-	-	-	-
	A9	Office Supplies	-	-	-	-
	A10	Training & Education	-	-	-	-
	A11	Other: Indirect rate @ 17.6% of Total Personnel	-	-	-	-
		TOTAL INDIRECT EXPENSE	-	-		
	B	PERSONNEL EXPENSES - PROGRAM SPECIFIC	PROGRAM COST	APPLYING ORGANIZATION		
	B1	Program Supervisor	2,637.18	-		
	B2	Program Coordinator	4,575.87	-		
	B3	Salary (list position)	-	-		
	B4	Salary (list position)	-	-		
	B5	Payroll Expenses (WC, taxes)	-	-		
	B6	Benefits	1,327.02	-		
	B7	Other: specify	-	-		
		TOTAL PERSONNEL EXPENSE	8,540.07	-		
	C	DIRECT PROGRAM EXPENSES	PROGRAM COST	APPLYING ORGANIZATION		
	C1	Outreach Supplies	\$ 5,999.82			
	C2	Program Materials				
	C3	Printing/Copies	\$ 519.38			
	C4	Travel/Mileage	\$ 309.58			
	C5	Meeting Supplies	\$ 796.19			
	C6	Stipends	\$ 5,450.00			
	C7	Cell Phone				
	C8	Office Supplies				
	C9	Computer Supplies				
	C10	Internet				
	C11					
	C12					
	C13					
	C14					
	C15					
		TOTAL OTHER EXPENSES	13,074.97	-	-	-

W X Y Z

D	TOTAL ALL EXPENSES	PROGRAM COST	% REQUESTED FROM FRHD
		\$ 21,615.04	

2) FUNDING SOURCES

E	FUNDS FOR PROGRAM		
E1	APPLYING ORGANIZATION	X	-
E2	OTHER FUNDERS	Y	-
E3	REQUESTED FROM FRHD	Z	-
	TOTAL FUNDING SOURCES		40,000.00

NOTE: THIS AMOUNT SHOULD BE EQUAL TO YOUR PROJECT COST.

3) % OF AGENCY BUDGET

F	CALCULATE % of Total Agency budget that this Program represents.	AGENCY BUDGET**	PROGRAM COST	% of AGENCY BUDGET
			\$ 21,615.04	

** Agency budget is your agency's entire budget for the year. Fill in the amount.