



2020-2021 COMMUNITY HEALTH CONTRACT (CHC) GRANT IMPACT REPORT

Organization Name Fallbrook Food Pantry

Program Name The Learning Center

Person submitting the impact report Shae Gawlak

Ages: List the percentages of your program participants' ages who received services during this reporting time frame.

	Percentage served
Children (infants to 12)	22
Young Adults (13-18)	18
Adults (18-60)	37
Seniors (60+)	23
Unknown	

Gender: List the percentages of your program participants' gender identification who received services during this reporting time frame.

	Percentage served
Female	80
Male	20
Non-binary	
Unknown	

Income: List the percentages of your program participants' income limit category of those who received services during this reporting timeframe (2019 HUD – AMI Income limits: 4 person family).

	Percentage served
Extremely Low-Income (ceiling of \$32,100)	70
Very Low (50% Income (ceiling of \$53,500)	30
Low (80%) Income (ceiling of \$85,600)	
Higher than listed limits	

	Percentage served
Unknown	

How many District residents directly benefited (participant/client) from this program: 1300

Approximately how many residents received an indirectly benefit (# of those benefiting from the participant receiving the service) from this program: 3500

GOALS & OBJECTIVES

Goal 1 & Objectives: From your application, please provide your measurable outcomes for each of your stated objectives.

G: Demonstrate the ability to improve the overall health conditions of our community and encourage them to change their current pattern of a sedentary lifestyle and unhealthy diet and replace it with healthy physical and mental coping skills.

O: Raise the awareness of our community's ability to recognize how obesity and other health conditions can cause severe-chronic health and mental risks.

M: HEALTH SCREENING - collect PRE & POST evidence based data (Body Mass Index (BMI), Height, Weight, Resting Heart Rate (RHR), Waist Circumference) for classes that are 6-weeks or more, otherwise a survey and/or observation assessments will be conducted for classes/seminars for tracking measurements of success.

DISCLOSURE: Due to COVID, FFP was forced to practice the CDC Guidelines for social distancing, masks, gloves and no in person gatherings. This prevented us from conducting ANY educational classes for our community, as identified in our grant application. We ended up redirecting our efforts from live-in person classes to enhancing our social media campaigns that have now provided our community and followers educational information about our organization from food insecurities experienced in our own backyard; how to help alleviate hunger in our community; calls to action for donors and volunteers; and healthy tips. These funds have afforded us the ability to reach more people and help us increase our donor and volunteer base--which ultimately will allow us to return to our proposed educational in person classes with the support of more donors and volunteers to help us host these classes, once COVID has subsided.

PARTICIPANT SUCCESS STORY

Participant Success Story:

Waived per Rachel...

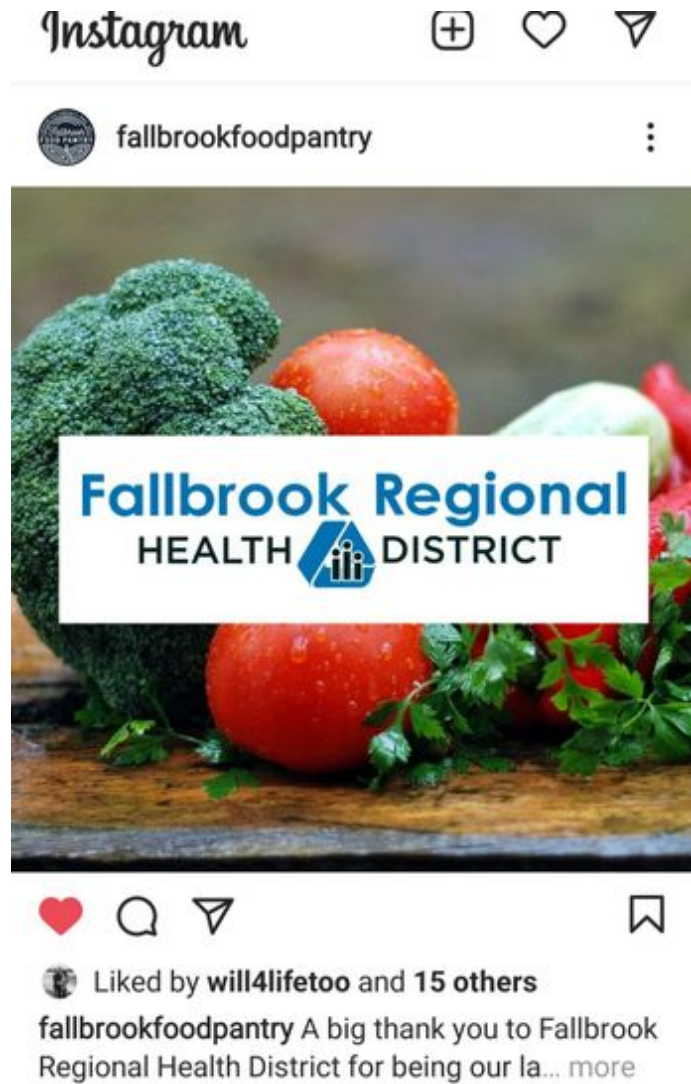
ACKNOWLEDGEMENT

Please describe how the Fallbrook Regional Health District's investment in this program was acknowledged during this reporting timeframe.

Acknowledgment of the Fallbrook Regional Health District will be in our Fall newsletter, frequent social media posts (FB, Instagram & LinkedIn) throughout the year, on our web site, in the Village News following the contract awards, posted on the display board in the Pantry, and on the box truck which

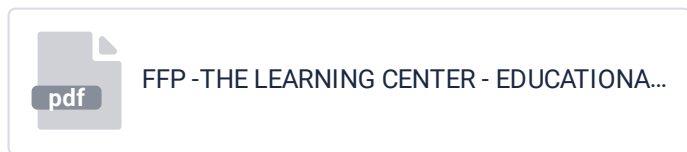
was purchased in 2018 as a result of an awarded FRHD contract.

Acknowledgment example: please upload an example of one method in which the District was acknowledged.



BUDGET

Please upload a copy of the program budget you submitted with the application, with an additional column demonstrating the current utilization of grant funds.



Please explain any significant differences in budget or services during this quarter. What if any changes were made to address programming challenges.

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Please sign your form:

Shah A. Gurdak