

Lori Moore Fundraising Specialist

Fallbrook Senior Citizens Service Club

Submission Date: Oct 13, 2021 3:33 PM

Organization Name: Fallbrook Senior Citizens Service Club

Program Title: Home-Delivered Meal Program

Person submitting the report: Lori Moore Fundraising Specialist

Ages: List the percentage and total number served of your program participants' ages who received services during this reporting time frame:

	Percentage served	Total Number Served
Children (infants to 12)	0	0
Young Adults (13-18)	0	0
Adults (18-60)	0	0
Seniors (60+)	100	67
Unknown		

Gender: List the percentage and total number served of your program participants' gender identification who received services during this reporting time frame:

	Percentage served	Total Number Served
Female	69	
Male	31	
Non-binary		
Unknown		

Income: List the percentage and total number served of your program participants' income limit category of those who received services during this reporting timeframe:

	Percentage Served	Total Number Served
Extremely Low-Income (ceiling of \$32,100)		
Very Low (50%) Income (ceiling of \$53,500)		
Low (80%) Income (ceiling of \$85,600)		
Higher than listed limits		
Unknown	100	

How many District residents directly benefited (participant/client) from this program in this reporting quarter?
67

Please provide the Goal 1 statement from your application. Discuss the actions within each

Goal 1 Statement: The primary goal of the Home-Delivered Meal Program is to alleviate food insecurity by providing hot, freshly prepared nutritious meals

objective and provide your outcome data accordingly.

daily to homebound seniors in the greater Fallbrook area, who otherwise would not have regular access to such meals.

To meet the stated Goal, The Fallbrook Senior Center has provided approximately 60-65 meals each day, five days a week, at no cost to seniors (60+), including delivery direct to client homes in the Fallbrook regional area. Meals provided were substantial, hot and nutritious, meeting the strict dietary guidelines established by the San Diego County AIS and based on the specific nutritional needs of seniors. Menu plans, food preparation, and meal delivery successfully passed all San Diego County inspections conducted during the first quarter, thus ensuring that all clients served received one-third of their daily nutritional needs. We have consistently maintained our objective of providing 60-65 meals each day. Specifically, during the first quarter, a total of 3,401 meals were delivered to home-bound seniors and 67 residents of the Health District directly benefited from the Home Delivered Meal Program.

Please provide the Goal 2 statement from your application. Discuss the actions within each objective and provide your outcome data accordingly.

N/A

Participant Success Story:

“Thank you for all the meals you provided us. My 90-year-old wife was incapacitated, and your meals meant so very much to us. She passed away on 28 September. We would have celebrated our 70th wedding anniversary this month.” – Herbert Rideout

“Thank you for your nice meals when I needed them.” – Maureen Overton

Please describe how the Fallbrook Regional Health District’s Community Health Contract - Grant investment toward this program was acknowledged during this reporting timeframe.

The Fallbrook Regional Health District logo is listed under our Supporters and Partnerships category in our monthly newsletter The Senior Center Chronicle. The FRHD logo is also on our monthly menu page. The Senior Center Chronicle is distributed to 394 members every month. An average of 20 Chronicles are handed out at the Senior Center as well. Total monthly outreach = 414. Total outreach for Q1 = 1,242.

The FRHD logo is also prominently displayed on our website under About Us - Supporters.

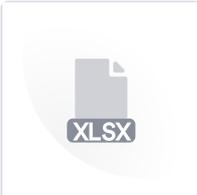
A “Thank You” to the FRHD social media post was posted on our Facebook and Instagram pages on August 6, 2021.

Please upload one example of how the District’s support for this program was publicly acknowledged.



[FRHD logo in October Chronicle 2021.jpg](#)

Please upload a copy of the program budget you submitted with the application. Fill in the Q1 column demonstrating the current utilization of grant funds.



[FSC Home Delivered Meals Program Q1 Utilization.xlsx](#)

Please explain any significant differences in budget or services

There were no significant differences in the budget or the services that we provided during this quarter.

during this quarter. What if any changes were made to address programming challenges.

Please sign your form:

A handwritten signature in black ink, appearing to be "Lisa M".