

**Wellness Center Agenda**  
**September 5, 2018, 10am-6pm**  
**Agenda del Centro de Bienestar**  
**5 de septiembre del 2018, 10am-6pm**

<b>Time</b> <i>Horario</i>	<b>Activity</b> <i>Actividades</i>	<b>Person/Organization</b> <i>Persona/Organización</i>	<b>Location</b> <i>Ubicación</i>
<b>10:00am-11:00am</b>	Health Screenings: blood pressure, glucose, BMI <i>Examen de salud: (presión arterial, glucosa, peso, altura)</i>	CSUSM & Fallbrook Smiles Project	6. Health Screenings Room
	Dental Screenings <i>Examen Dental</i>	Fallbrook Family Health Center, Vista Community Clinic	Booth #2, Booth #5
<b>11:00am-12:00pm</b>	Health Screenings	CSUSM & Fallbrook Smiles Project	6. Health Screenings Room
	Dental Screenings	Fallbrook Family Health Center, Vista Community Clinic	Booth #2, Booth #5
<b>11:00am-11:30am</b>	Yoga	Be Well	7. Yoga Room
<b>11:30am-12:00pm</b>	Yoga	Be Well	7. Yoga Room
<b>12:00pm-1:00pm</b> <b>12:00pm-12:30pm</b> <b>12:30pm-1:00pm</b>	Yoga	Be Well	7. Yoga Room
	Yoga	Be Well	7. Yoga Room
<b>12:30pm</b>	Health Screenings	CSUSM & Fallbrook Smiles Project	6. Health Screenings Room
	Dental Screenings	Fallbrook Family Health Center, Vista Community Clinic	Booth #2, Booth #5
<b>12:30pm</b>	Children's Vision Screenings <i>Examen de vision para niños</i>	UCSD EyeMobile	Booth #1
<b>1:00pm-2:00pm</b>	Health Screenings	CSUSM & Fallbrook Smiles Project	6. Health Screenings Room
	Dental Screenings	Fallbrook Family Health Center, Vista Community Clinic	Booth #2, Booth #5
	Children's Vision Screenings	UCSD EyeMobile	Booth #1
<b>2:00pm-3:00pm</b>	Petting Zoo <i>Animales de granja</i>	Garden of Eden	F. Community Garden
	Health Screenings	CSUSM & Fallbrook Smiles Project	6. Health Screenings Room

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<b>2:00pm-3:00pm</b>	Dental Screenings  Children's Vision Screenings	Fallbrook Family Health Center, Vista Community Clinic UCSD EyeMobile	Booth #2, Booth #5  Booth #1
<b>2:00pm-2:20pm</b> <b>2:20pm-2:40pm</b> <b>2:40pm-3:00pm</b>	Chair Yoga Class #1 Chair Yoga Class #2 Chair Yoga Class #3	Fitness Moves Fitness Moves Fitness Moves	7. Yoga Room 7. Yoga Room 7. Yoga Room
<b>3:00pm-4:00pm</b>	Petting Zoo Health Screenings  Dental Screenings  Children's Vision Screenings	Garden of Eden CSUSM & Fallbrook Smiles Project Fallbrook Family Health Center, Vista Community Clinic UCSD EyeMobile	F. Community Garden 6. Health Screenings Room  Booth #2, Booth #5  Booth #1
<b>3:00pm-3:20pm</b> <b>3:20pm-3:40pm</b> <b>3:40pm-4:00pm</b>	Chair Yoga Class #4 Chair Yoga Class #5 Chair Yoga Class #6	Fitness Moves Fitness Moves Fitness Moves	7. Yoga Room 7. Yoga Room 7. Yoga Room
<b>3:45pm-4:00pm</b>	Acknowledging ACHD Representative	ACHD Representative, CEO, Staff	Front of Learning Center
<b>4:00pm-5:00pm</b>	Ceremonial Events <i>Eventos Ceremoniales</i> Petting Zoo	Garden of Eden	F. Community Garden
<b>4:00pm-4:15pm</b>	Lime tree planting	Board Members, CEO, Staff	Front of Learning Center
<b>4:15pm-4:30pm</b>	Avocado tree planting	Board Members, CEO, Staff	Front of Learning Center
<b>4:30pm-4:45pm</b>	Orange tree planting-citrus basket exchange	Board Members, CEO, Staff	Front of Health Under One Roof
<b>4:45pm-4:55pm</b>	Ribbon Cutting for Truck	Fallbrook Food Pantry Board Members, CEO, Staff, Fallbrook Chamber of Commerce	Next to booth #13
<b>4:58pm-5:00pm</b>	Announcing Certificates of Recognition from Senator Anderson's Office	Galvanized Strategies Representative	Front of Townhall- certificates are inside Community Room
<b>5:00pm</b>	Picture of FRHD BOD, CEO	All FRHD BOD, CEO	Front of Townhall
<b>5:00pm-6:00pm</b>	Finance Committee of the Whole	FRHD Board Members, CEO, CPA, Bookkeeper, Public	Community Room

# WELLNESS CENTER

SEPTEMBER 5, 2018

10AM-6PM

1636 S. MISSION RD., FALLBROOK, CA 92028



- |   |   |                          |
|---|---|--------------------------|
| 1- UCSD EyeMobile                                     | 12- Southern Caregiver Resource Center            | A- Townhall              |
| 2- Fallbrook Family Health Center: Dental Screenings  | 13- Fallbrook Food Pantry                         | B- Community Room        |
| 3- Fallbrook Regional Health District                 | 14- Fallbrook Senior Center                       | C- Health Under One Roof |
| 4- Fallbrook Smiles Project & CSUSM Health Education  | 15- Foundation for Senior Care                    | D- Children's Garden     |
| 5- Vista Community Clinic Dental Mobile               | 16- Fallbrook Union High School District          | E- Learning Center       |
| 6- Fallbrook Smiles Project & CSUSM Health Screenings | 17- Fallbrook Land Conservancy                    | F- Community Garden      |
| 7- Yoga Room : Be Well/ Sandra Buckingham             | 18- Be Well Therapy                               |                          |
| 8- REINS  | 19- Fallbrook Citizens Crime Prevention Committee |                          |
| 9- Michelle's Place                                   | 20- Boys & Girls Club                             |                          |
| 10- Palomar Family Counseling                         |   |                          |
| 11- Neighborhood Healthcare                           |   |                          |

▲ ADA RESTROOM  
▲ RESTROOM  
 150 FOOT FENCE  
CEREMONIAL EVENTS