## **Organization Information**

Legal Name

Fallbrook Healthcare Foundation Inc

#### DBA (if Applicable)

Foundation for Senior Care

#### **Program Name/Title**

Adult Day Care Program

#### **Brief Program Description**

Our Adult Day Care Program provides support, caregiving, and socialization for clients living with moderate to profound cognitive and medical impairments, as well as support for those who care for them.

#### **Funding Amount Awarded**

32000

#### **Target Population - Age**

	Percent of program participants	Estimated number of participants
Children (infants to 12)		
Young Adults (13-17)		
Adults (18-60)	6	2
Seniors (60+)	94	34
We do not collect this data (indicate with 100%)*		

#### Target Population not collected - Age

NA

#### **Target Population - Gender**

	Percent of program participants
Female	18
Male	18
Non-binary	
Unknown*	

#### **\*Target Population - Gender**

NA

#### **Target Population - Income Level**

	Percent of program participants
Extremely Low-Income Limits, ceiling of \$32,100	10
Very Low (50%) Income Limits, ceiling of \$53,500	15
Low (80%) Income Limits, ceiling of \$85,600	55
Higher Than Listed Limits	20
We do not collect this data (indicate with 100%)*	

#### \*Target Population - Income Level

NA

# Actual number of residents that directly benefited (participant/client) from this program during this quarter.

36

#### **Program/Services Description - Social Determinants of Health**

Economic Stability (Employment, Food Insecurity, Housing Instability, Poverty)

Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

#### **Program Goal & Objectives**

The program goal is to address specific physical and mental needs of cognitively or physically impaired seniors and adults through socialization, physical and mental enrichment activities, and movement exercises. To support and provide respite to our client's informal caregivers.

#### **Program Outcomes & Measurables**

Between July and September (Q1), our Adult Day Care served a total of 18 clients, providing a total of 391 days of service. By participating in our program, 18 families were able to take a break while their loved ones received care. Two low-income seniors were also awarded scholarships for two days of service, thanks to the FRHD grant. These numbers represent 78% of the quarterly goal of days attended. In addition, three support sessions were provided through our Caregiver Support Group during this cycle.

#### **Anticipated Acknowledgment**



#### **Terms and Conditions**

Accepted

### Authorized Signature



#### Contact Information Contact Name

Perla Hurtado

Title Interim Executive Director

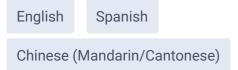
Primary Contact Phone

7607237570

Email Address phurtado@foundationforseniorcare.org

# Writing Instructions:

# What language(s) does this program accommodate:



### Acknowledgment of District Support



FRHD Acknowledgements ... .docx

#### **Impact Story**



Adult Day Care Impact Story.docx

#### **Program Budget**



23\_24 FRHD CHC Grant - FF... .xlsx