

# Impact Report

**Organization:** Boys & Girls Clubs of North County (#14344723)

**Request:** Triple Play Program (#60276947)

**Impact Report Type:** Fallbrook Regional Health District Impact Report

**Disposition:** Completed

**Completed by:** Organization on 10/09/2020 by Lisa Ware

**Required?:** Yes

**Available Date:** 10/08/2020

**Due Date:** 10/14/2020

**Comments:**

**Revision Comments:** Can you please provide the actual numbers in section Measuring Success for Goal #1 that you served. This is the section where you will provide your measurable outcomes.

**GrantSeeker Editor:** Lisa Ware

**Project Title:** Triple Play Program

**Project Start Date:** 07/01/2020

**Project End Date:** 06/30/2021

**This is an ongoing program that began on:**

**Person Submitting the impact report?:** Lisa Ware

760-728-5871

lisaw@bgcnorthcounty.org

**Ages Served:** Children (infants to 12): 97%

Young adults (13-18): 3%

**Gender:** Female: 48%

Male: 52%

**Select the income limit category of your target population:** Low (80%) Income Limits- ceiling of \$85,600

**How many residents directly benefited (participant/client) from this program:** 196

**Approximately how many residents received an indirect benefit:** 600

**The following category was identified as the best descriptive of the program's primary goal and objectives:** Prevention/Education: Supplies/training of health practices or to prevent/control of disease/injury.

**You defined the measure of success of the program's interventions or services during the application process.:**

**Define goal #1 for this program :** To improve the overall health of the youth members of Boys & Girls Clubs of North County, specifically working to prevent type 2 diabetes, obesity, hypertension and improve behavioral health.

**Number of Objectives for this program:** 3

**Objective 1:** Hire and train staff members to provide daily Triple Play activities at each of the eight Boys & Girls Clubs on North County sites during the 2020-21 school year.

**Objective 2:** Provide 60 minutes of vigorous physical activity each day at each Boys & Girls Clubs of North County sites for at least 400 youth per day.

**Objective 3:** Provide three family nights each year at each of the eight Boys & Girls Clubs of North County sites for families of Boys & Girls Clubs of North County members.

**Objective 4:**

**Measuring Success for Goal #1:** Hiring and training logs will be kept to ensure that each site has staff trained to deliver program. Staff hired and trained 7/1/20-9/30/20- 7

Participation counts will be kept at each site each day to track the achievement of our goal to reach 400 youth daily. Due to COVID19 our numbers have been severely impacted. Under the CDC guidelines we are only able to serve a maximum of 50 kids per day and could only have our Ingold clubhouse open. July- 673 members served in person with an ADA of 31. The in person services included 60 minutes of vigorous physical activity, 3 FDA approved nutritious meals per day, and at least 1 hours of social emotional wellness activities and lessons. 400+ children served

each week through virtual programming and funpacks. 80+ families served each week by having groceries and lunches delivered to their houses. August we were able to open 6 more sites for in person programming and 1 site that continued virtual learning. August served 1925 with an ADA of 107 in person and 63 members in virtual programming for an ADA of 6. Sept we served 3747 members in person with an ADA of 178. Virtual programming served 75 members for an ADA of 4. The Virtual Programming focuses mainly on reading skills and social emotional wellness activities. The in person programs have 60 minutes of vigorous physical activities, nutrition classes, 3 healthy meals per day, and social emotional wellness activities.

Provide 3 family nights each year at each of the 8 BGCNC sites for families of members.

Due to the COVID19 restrictions we are unable to have families on the campus. We are hoping to begin the family nights in the new year.

**Define goal #2 for this program if applicable.:**

**Number of Objectives for Goal #2 of this program:**

**Objective 1 for Goal #2:**

**Objective 2 for Goal #2:**

**Objective 3 for Goal #2:**

**Objective 4 for Goal #2:**

**Measuring Success for Goal #2:**

**Participant Success Story:** Jorge success story.pdf

**Please list how the Fallbrook Regional Health District's investment in this program was acknowledged during this reporting time frame. :** Healthcare District triple play q1.pdf

**Actual Program Budget File:** Quarterly Budget Report Form.Q1.tripleplay.xlsx

**Participant Story  
La Paloma Site  
August 2020**

**The members of the Boys & Girls Clubs of North County attending the La Paloma site were excited to begin the nutrition curriculum "Healthy Habits". One of the most popular activities is "Eat your veggies". In this activity staff will prepare a variety of fresh veggies for the members to taste. Many times the members do a blindfold taste test to see if they can name the vegetable or the staff will prepare some out of the ordinary vegetables for the members to try.**

**In trying to be sustainable the Club uses the uneaten vegetables to do print making in art class. The picture is Jorge making a print using broccoli.**



**We acknowledged the Fallbrook Regional Health District on the Boys & Girls Clubs of North County's Facebook page and Instagram account.**

# August is Summer Sun Safety Month!



UV rays are strongest between 10AM and 4PM. It is best to avoid sun exposure during these times.



Use a water-resistant, broad spectrum sunscreen of at least 30 SPF. Reapply every 2 hours, at the least, to maintain protection.



If you are unsure of how strong the UV rays are, use the shadow test. If your shadow is shorter than you are, the UV rays are at their strongest.

**Fallbrook Regional**  
**HEALTH DISTRICT**

Boys & Girls Clubs of North County  
Published by Meredith Anderson TN  
August 22 · 4

This August has been warm! Please stay cool and safe especially when outside ☀️ Fallbrook Regional Health District

4

Like Comment Share

Comment as Boys & Girl...



**Boys & Girls Clubs of North County**

Published by Meredith Anderson [?] · September 4 · 🌐



## Heat Wave Safety Tips



- **Drink plenty of water.**
- **Wear loose, light colored clothing.**
- **Refrain from strenuous outdoor activity.**
- **Protect yourself from the sun and stay indoors as much as possible.**
- **Do not leave children, pets, or an elderly person unattended in a vehicle.**

**Fallbrook Regional**  
HEALTH  DISTRICT



Fallbrook Regional Health District  
September 4 · 🌐

For more tips on how to get through this heat wave, visit:  
<https://www.redcross.org/.../types-of-e.../heat-wave-safety.html> 💙

**87**

People Reached

**6**

Engagements

Boost Unavailable

 **4**

 Like

 Comment

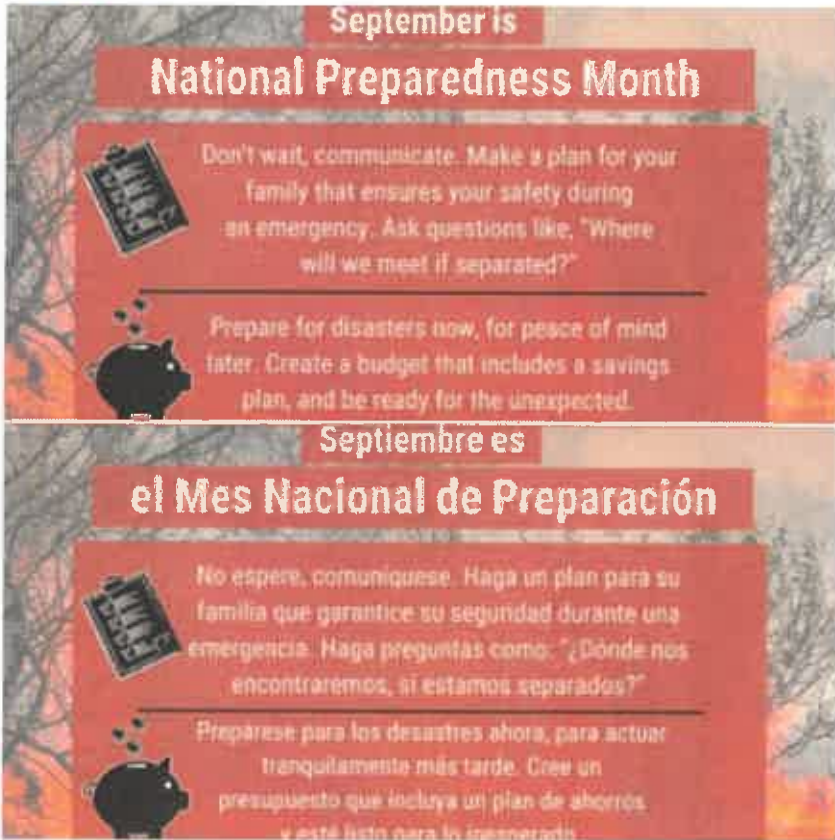
 Share





**Boys & Girls Clubs of North County** is at **Fallbrook Regional Health District**

September 10 at 9:02 AM · Fallbrook · 🌐



**89**  
People Reached

**7**  
Engagements

Boost Post

👤 2

👍 Like

💬 Comment

➦ Share







# SEPTEMBER COVID-19 TESTING



OFFICE OF  
FALLBROOK REGIONAL HEALTH DISTRICT  
AND THE FALLBROOK COUNTY LIBRARY  
IN COOPERATION WITH BOYS & GIRLS CLUBS OF NORTH COUNTY  
IS PROVIDING FREE COVID-19 TESTING TO THE FOLLOWING RESIDENTS: REAL TO BUSINESS

**THIS SATURDAY**  
**SEPTEMBER 26<sup>th</sup> | 9:00AM - 2:00PM**

 **124 S. Mission Rd.  
Fallbrook, CA**

**No appointment necessary.**  
**Drive-ups are welcome.**

 **(760) 731-9167 ext. 106**

For more information, visit [www.coronavirus-ca.com](http://www.coronavirus-ca.com)



Fallbrook Regional Health District  
September 24 · 📍

This Saturday, at the Fallbrook Branch Library, there will be free COVID-19 testing!  
See the flyer for more information. ❤️