



# 2020-2021 COMMUNITY HEALTH CONTRACT (CHC) GRANT IMPACT REPORT

**Organization Name** D'Vine Path, Inc

**Person submitting the impact report** Lenila Batali

**Ages: List the percentages of your program participants' ages who received services during this reporting time frame.**

|                          | Percentage served |
|--------------------------|-------------------|
| Children (infants to 12) |                   |
| Young Adults (13-18)     | 2                 |
| Adults (18-60)           | 98                |
| Seniors (60+)            |                   |
| Unknown                  |                   |

**Gender: List the percentages of your program participants' gender identification who received services during this reporting time frame.**

|            | Percentage served |
|------------|-------------------|
| Female     | 50                |
| Male       | 50                |
| Non-binary |                   |
| Unknown    |                   |

**Income: List the percentages of your program participants' income limit category of those who received services during this reporting timeframe (2019 HUD – AMI Income limits: 4 person family).**

|  | Percentage served |
|--|-------------------|
| Extremely Low-Income (ceiling of \$32,100) | 1                 |
| Very Low (50% Income (ceiling of \$53,500) | 50                |
| Low (80%) Income (ceiling of \$85,600)     | 47                |
| Higher than listed limits                  | 2                 |
| Unknown                                    |                   |

**How many District residents directly benefited (participant/client) from this program:** 16

**Approximately how many residents received an indirectly benefit (# of those benefiting from the participant receiving the service) from this program:** 400

## **GOALS & OBJECTIVES**

### **Goal 1 & Objectives: From your application, please provide your measurable outcomes for each of your stated objectives.**

Decrease the degree of social isolation and depression in young adults with Autism, Aspergers, Intellectual disabilities and other similar mental disabilities in the Fallbrook, Bonsall and surrounding areas.

Objective #1: By the end of 2020, D'Vine Path will provide 75 adults with disabilities in the Fallbrook, Bonsall and surround areas a 3 hour public dance event 3 times a year that will promote and enhance social interaction. Dances are ongoing every year.

Measurable Goal: Guest participation will be measured at every dance. 75% of guests will attend 2 out of 3 of the dance per year.

DUE TO COVID, WE WERE NOT ABLE TO HOST PUBLIC DANCES.

Objective #2: By the end of the 2020, D'Vine Path will provide 10 adults with disabilities in the Fallbrook, Bonsall and surrounding areas on hour of mentorship sessions which will help develop and maintain deeper and more meaningful personal relationships. Mentorship ongoing.

Measurable Goal: After one year of one-on-one mentorship, 80% of the Mentor-Mentee partnerships will reunite on a monthly basis.

Objective #3: By November 2020 80% of the recipients of D'Vine Path will relinquish their greatest social barrier, their cell phone devices, creating easier opportunities to interact socially and be more personally engaged.

Measurable Goal: By the end of the year, record number of the recipients who voluntarily put their devices away during program day and demonstrate 2 social interactions a day.

### **Goal 2 & Objectives: From your application, please provide your measurable outcomes for each of your stated objectives.**

Teach adults with Autism, Aspergers, Intellectual disabilities and other similar mental disabilities in the Fallbrook, Bonsall and surrounding areas how to live a health lifestyle.

Objective #1: By the end of the year, D'Vine Path will provide adults with disabilities in the Fallbrook, Bonsall and surrounding areas with a one hour nutrition workshop once a month by a licensed nutritionist to learn new healthy recipes.

Measurable goal: By November 2020, recipients will keep a food diary and 60% of the recipients will be eating healthier foods from the Nutritionist's recommended healthy foods list.

Objective #2: By the end of the year, provide adults with disabilities in the Fallbrook, Bonsall and surrounding areas with a one hour fitness workshop once a month with a certified trainer to learn new exercises to maintain physical health and wellness.

Measurable Goal: By September 2020, 75% of the recipients will be able to do 50% of the exercises and expand on the number of repetitions as indicated by their fitness diary. Recipients will be able to identify 3 exercises and time and intensity that strengthen cardiovascular health.

# PARTICIPANT SUCCESS STORY

## Participant Success Story:

We have a student who has been struggling to eat a healthy diet. He consistently arrived at the program tired and sluggish from his morning consumption of sugary drinks and snacks. He was bringing 3 large Gatorades, 2 coke sodas and 2 bags of Gummy Worms at 8 am, which would make him hyper-active and then when his body consumed all the sugar he would lose all energy and crash at 11 am. He was not able to participate the rest of the day due to his body's exhaustion.

After listening to our monthly Healthy Lifestyle Workshops on nutrition with a licensed nutritionist Michelle Verdugo of Organic Suites (on-site and zoom) in 2020, he decided to make it a goal to drink less sugar and drink more water. (I am sure images of rotten teeth and diabetic feet made an impact in his decision to consume healthier foods and drinks too!).

Today he brings in only 1 bottle of Gatorade and 3 bottles of water. He replaced his purchase of candy with healthier alternatives.

Thank you Fallbrook Health District for the funds that have helped so many in our program realize what a healthy lifestyle means. These funds also helped with program supplies to make their workshops more entertaining. We are grateful for all your support!

## Participant Success Story:



# ACKNOWLEDGEMENT

Please describe how the Fallbrook Regional Health District's investment in this program was acknowledged during this reporting timeframe.

We acknowledged Fallbrook Regional Health District through all our social media platforms and newsletters.

**Acknowledgment example: please upload an example of one method in which the District was acknowledged.**



D'Vine Path Program

Public

What's new at D'Vine Path? Powered by the Fallbrook Health Disitric Grant, Nutritionist Michelle Verdugo was able to host workshops about healthy eating and holiday smoothie recipes! Our students learned how to work the free blenders they received from Target a few months ago, and they were able to practice making healthy holiday smoothies. Thank you FHD and Michelle! 😊



# BUDGET

Please upload a copy of the program budget you submitted with the application, with an additional column demonstrating the current utilization of grant funds.

| BUDGET FORM  |  |                |            |              | Program Year | Life Span       |  |           |          |          |
|--|--|----------------|------------|--------------|--------------|-----------------|--|-----------|----------|----------|
| <small>Not all line items will correspond with your program budget. If the item does not fully align either leave it blank or place 0 in the best category possible. However, be sure your program budget is fully itemized.</small> |  |                |            |              |              |                 |  |           |          |          |
| <small>Agency Expenses</small>   |  |                |            |              |              |                 |  |           |          |          |
| A1   | Administrative Support                   | PROGRAM        | APPLICABLE | OTHER        | RECALCULATED |                 |  |           |          |          |
| A2   | General Insurance (not program specific) | 1,500.00       | 1,500.00   |              |              |                 |  |           |          |          |
| A3   | Accounting & Audit Expenses              | 1,500.00       | 1,500.00   | 1,500.00     |              |                 |  |           |          |          |
| A4   | Contract/Consultancy Fees                | 2,400.00       | 2,400.00   | 2,400.00     |              |                 |  |           |          |          |
| A5   | Financial Assets (Plan, Penalty, Costs)  | 30,500.00      | 30,500.00  | 30,500.00    |              |                 |  |           |          |          |
| A6   | Utilities                                | 1,200.00       | 1,200.00   |              |              |                 |  |           |          |          |
| A7   | IT & Internet                            | 800.00         |            | 800.00       |              |                 |  |           |          |          |
| A8   | Printing & Communications                | 1,200.00       | 1,200.00   | 800.00       |              |                 |  |           |          |          |
| A9   | Office Supplies                          | 600.00         |            | 600.00       |              |                 |  |           |          |          |
| A10  | Training & Education                     | 300.00         |            | 300.00       |              |                 |  |           |          |          |
| A11  | Other (specify)                          | 2,400.00       |            | 2,400.00     |              |                 |  |           |          |          |
| TOTAL AGENCY EXPENSES  |  | 103,544.00     | 103,544.00 | 73,840.00    | 6,200.00     |                 |  | 1,000.00  | 200.00   | 200.00   |
| <small>PERSONNEL EXPENSES</small>  |  |                |            |              |              |                 |  |           |          |          |
| <small>PROGRAM SPECIFIC</small>  |  |                |            |              |              |                 |  |           |          |          |
| B1   | Salary (for position)                    | 6,400.00       | 6,400.00   | 1,500.00     |              |                 |  |           |          |          |
| B2   | Salary (for position)                    | 4,200.00       | 4,200.00   | 4,200.00     |              |                 |  | 2,500.00  | 500.00   | 500.00   |
| B3   | Salary (for position)                    | 4,300.00       |            | 4,300.00     |              |                 |  | 2,500.00  | 500.00   | 500.00   |
| B4   | Payroll Expenses (MC leave)              | 1,300.00       | 1,300.00   | 2,300.00     |              |                 |  |           |          |          |
| B5   | Benefits                                 | 1,300.00       | 1,300.00   |              |              |                 |  |           |          |          |
| B6   | Other (specify)                          |                |            |              |              |                 |  |           |          |          |
| TOTAL PERSONNEL EXPENSES   |  | 20,800.00      | 20,800.00  | 4,800.00     | 6,400.00     |                 |  | 4,300.00  | 1,500.00 | 1,500.00 |
| <small>AGENCY PROGRAM EXPENSES</small>   |  |                |            |              |              |                 |  |           |          |          |
| <small>AGENCY</small>  |  |                |            |              |              |                 |  |           |          |          |
| C1   | Equipment                                | 3,400.00       |            | 3,400.00     | 2,400.00     |                 |  | 2,400.00  | 600.00   | 600.00   |
| C2   | Program/Project Supplies                 | 2,400.00       |            | 2,400.00     | 2,400.00     |                 |  | 2,400.00  | 600.00   | 600.00   |
| C3   | Photography/Printing                     | 1,500.00       |            | 1,500.00     | 2,400.00     |                 |  |           |          |          |
| C4   | Travel/Transport                         | 4,800.00       | 1,800.00   | 800.00       | 2,400.00     |                 |  | 2,400.00  | 600.00   | 600.00   |
| C5   | Program Specific Insurance               | 1,800.00       |            | 1,800.00     |              |                 |  |           |          |          |
| C6   |  |                |            |              |              |                 |  |           |          |          |
| C7   |  |                |            |              |              |                 |  |           |          |          |
| C8   |  |                |            |              |              |                 |  |           |          |          |
| C9   |  |                |            |              |              |                 |  |           |          |          |
| C10  |  |                |            |              |              |                 |  |           |          |          |
| C11  |  |                |            |              |              |                 |  |           |          |          |
| C12  |  |                |            |              |              |                 |  |           |          |          |
| C13  |  |                |            |              |              |                 |  |           |          |          |
| C14  |  |                |            |              |              |                 |  |           |          |          |
| C15  |  |                |            |              |              |                 |  |           |          |          |
| TOTAL OTHER EXPENSES   |  | 12,800.00      | 1,800.00   | 4,800.00     | 7,200.00     |                 |  | 7,200.00  | 1,800.00 | 1,800.00 |
| TOTAL ALL EXPENSES   |  | 116,344.00     | 105,344.00 | 11,640.00    | 13,400.00    |                 |  | 11,500.00 | 4,300.00 | 4,300.00 |
| <small>FUNDING SOURCES</small>   |  |                |            |              |              |                 |  |           |          |          |
| <small>AGENCY FUND PROGRAM</small>   |  |                |            |              |              |                 |  |           |          |          |
| D1   | APPLYING ORGANIZATION                    | 128,444.00     |            |              |              |                 |  |           |          |          |
| D2   | OTHER RESOURCES                          | 13,000.00      |            |              |              |                 |  |           |          |          |
| D3   | RESOURCES FROM OTHER                     | 21,000.00      |            |              |              |                 |  |           |          |          |
| TOTAL ALL FUNDING SOURCES  |  | 162,444.00     |            |              |              |                 |  |           |          |          |
| <small>% OF AGENCY BUDGET</small>  |  |                |            |              |              |                 |  |           |          |          |
| E CALCULATE % of Total Agency Budget that this Program Represents  |  | PROGRAM BUDGET | 116,344.00 | PROGRAM COST | 116,344.00   | % AGENCY BUDGET |  |           |          |          |
| <small>* Agency Budget is your agency's entire budget for the year. 100% is the amount.</small>  |  |                |            |              |              |                 |  |           |          |          |

Please explain any significant differences in budget or services during this quarter. What if any changes were made to address programming challenges.

The main difference in our budget services is not being able to host public dances for our clients and their families. To promote wellness and happiness amongst our students starting to suffer from depression, we did host a very small private dance for our 10 client/students in their class "bubble" on our private site. The cost of hosting this event was not as great as hosting a large public event, but the intended outcome was significant. Our depressed students found some excitement and joy for 2 hours during this seemingly endless pandemic.

Please sign your form: