

Patty Sargent Executive Director

Fallbrook Healthcare Foundation and Fallbrook Food Pantry

Submission Date: Oct 15, 2021 6:21 PM

Organization Name: Fallbrook Healthcare Foundation and Fallbrook Food Pantry

Program Title: 402 SENIORS & DISABLED ADULTS NUTRITION PROGRAM

Person submitting the report: Patty Sargent Executive Director

Ages: List the percentage and total number served of your program participants' ages who received services during this reporting time frame:

	Percentage served	Total Number Served
Children (infants to 12)		
Young Adults (13-18)		
Adults (18-60)	20	41
Seniors (60+)	80	163
Unknown		

Gender: List the percentage and total number served of your program participants' gender identification who received services during this reporting time frame:

	Percentage served	Total Number Served
Female	80	163
Male	20	41
Non-binary		
Unknown		

Income: List the percentage and total number served of your program participants' income limit category of those who received services during this reporting timeframe:

	Percentage Served	Total Number Served
Extremely Low-Income (ceiling of \$32,100)	100	204
Very Low (50%0 Income (ceiling of \$53,500)		
Low (80%) Income (ceiling of \$85,600)		
Higher than listed limits		
Unknown		

How many District residents directly benefited (participant/client) from this program in this reporting quarter?

204

Please provide the Goal 1 statement from your application. Discuss the actions within each objective and provide your outcome data accordingly.

Goals:

1. FFP will provide a no-cost weekly menu of supplemental nutritious food to each low-income resident who qualifies for food assistance, and will coordinate with FSC to deliver that food for those who are mentally or mobility impaired, disabled, or otherwise constrained to the home
2. FSC will create a nutritional needs assessment for prospective clients and will refer eligible clients to the Food Pantry to ensure that Fallbrook area residents are receiving the appropriate nutritional support they require to live independently and thrive in their homes. A home delivery service will be provided by FSC for those eligible homebound seniors and/or disabled

Objectives:

1. FFP will provide 15-20 lbs of food weekly for each eligible low-income household and will coordinate a weekly delivery schedule for those who are homebound or otherwise disabled
2. FSC will conduct a nutritional needs evaluation for an average of 15 clients per month and share relevant information of those Food Pantry eligible recipients with the FFP, including those who qualify for delivery

Results:

During this quarter, the Fallbrook Food Pantry prepared and delivered 204 boxes of food, weighing an average of 40-50 pounds each! That's a lot of nutritional support provided to low-

income residents in our community who are mentally or mobility impaired, disabled, or otherwise constrained to the home!! This volume of food is more than twice what we anticipated could be provided.

During this quarter, the Senior Care Advocates at The Foundation for Senior Care conducted nutritional needs assessments with 54 seniors (120% of quarterly goal). Of those assessments, only 1 senior who needed nutritional support qualified for the Fallbrook Food Pantry low-income home delivery program for the disabled or mobility impaired. However, we referred 14 others with nutritional needs to other food programs, including Meals on Wheels, Cal Fresh, the Fallbrook Senior Center, and Lasagna Love.

Participant Success Story:

See attachment

Participant Success Story:



[FFP-FSC - Meet Tony & Sonya.docx](#)

Please describe how the Fallbrook Regional Health District's Community Health Contract - Grant investment toward this program was acknowledged during this reporting timeframe.

The Foundation for Senior Care acknowledged the District in the following ways throughout the quarter:

- The FRHD logo was affixed to the sides of our Care Vans.
- We included the FRHD logo and official sponsor designation in all emails from every staff member.
- Our organization and specific Care Van program brochure featured the FRHD logo and official sponsor language.
- The FRHD logo and sponsorship support status appears on our website.
- We promoted District events on a monthly basis via social media.
- We thanked and acknowledged FRHD for their support on social media.

The Fallbrook Food Pantry acknowledged the District in the following ways throughout the quarter:

- The FRHD logo and sponsorship support status appears on our website
- Our annual report recognizes FRHD funding
- Facebook and other social media posts
- Our newsletters acknowledge support

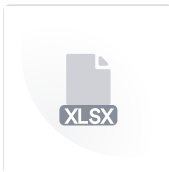
P
l
e
a
s
e
u
p
l
o
a
d
o
n
e
e
x
a
m
p
l
e
o
f
h
o
w
t
h
e
D
i
s
t
r
i



[FRHD Acknowledgements from the Foundation for Senior Care Q1 with FFP 2021-2022.docx](#)

c
t
,
s
s
u
p
p
o
r
t
f
o
r
t
h
i
s
p
r
o
g
r
a
m
w
a
s
p
u
b
l
i
c
l
y
a
c
k
n
o
w
l
e
d
g
e
d
.

Please upload a copy of the program budget you submitted with the application. Fill in the Q1 column demonstrating the current utilization of grant funds.



[Seniors and Disabled Adults Nutrition Program Actuals 2021-2022 Q1.xlsx](#)

Please sign your form:

P. Sargent