



# 2020-2021 COMMUNITY HEALTH CONTRACT (CHC) Q3 GRANT IMPACT REPORT

**Organization Name:** Fallbrook Healthcare Foundation dba Foundation for Senior Care

**Program Title:** 400 Senior Care Advocacy

**Person submitting the report:** Patty Sargent Executive Director

**Ages: List the percentage and total number served of your program participants' ages who received services during this reporting time frame:**

|                          | Percentage served | Total Number Served |
|--------------------------|-------------------|---------------------|
| Children (infants to 12) |                   |                     |
| Young Adults (13-17)     |                   |                     |
| Adults (18-60)           | 3                 | 10                  |
| Seniors (60+)            | 94                | 269                 |
| Unknown                  | 3                 | 9                   |

**Gender: List the percentage and total number served of your program participants' gender identification who received services during this reporting time frame:**

|            | Percentage served | Total Number Served |
|------------|-------------------|---------------------|
| Female     | 59                | 171                 |
| Male       | 36                | 103                 |
| Non-binary | 5                 | 14                  |
| Unknown    |                   |                     |

**Income: List the percentage and total number served of your program participants' income limit category of those who received services during this reporting timeframe:**

|  | Percentage Served | Total Number Served |
|--|-------------------|---------------------|
| Extremely Low-Income (ceiling of \$32,100) | 15                | 43                  |
| Very Low (50% Income (ceiling of \$53,500) | 30                | 86                  |
| Low (80%) Income (ceiling of \$85,600)     | 30                | 87                  |
|  |                   |                     |

|                           | Percentage Served | Total Number Served |
|---------------------------|-------------------|---------------------|
| Higher than listed limits | 5                 | 14                  |
| Unknown                   | 20                | 58                  |

**How many District residents directly benefited (participant/client) from this program in this reporting quarter?** 288

## GOALS & OBJECTIVES

**Please provide the Goal 1 statement from your application. Discuss the actions within each objective and provide your outcome data accordingly.**

Goal #1: To ensure that seniors in need of housing, care giving, resource provision, or other related age-in-place services are supported throughout the greater Fallbrook area.

We served a total of 288 clients during Q3 through our Care Advocacy Program, making 2,056 contacts with the client, their family, health practitioners, and healthcare, finance, and legal, and protective services (and more) during the quarter. Of the clients served this first quarter, 95 of them were new clients to the Senior Care Advocacy Program. We provided 59 home and/or healthcare facility visits. The state of our community’s seniors can be assessed by reviewing the Q3 medical or social services consultations and/or referrals we made:

- Dementia – 24
- Falls – 44
- Food – 11
- Housing Assistance – 7
- Medical Equipment – 29
- Hospital – 1
- Caregiving Services – 33
- Doctors – 10
- Mental Health, PERT - 5
- Skilled Nursing – 1
- Hospice Care – 4
- Health Services - 26
- IHSS – 2
- Adult Protective Services – 9
- NCFPD Fire – 1
- Sheriff/YANA – 2
- Veteran Services - 18
- Medi-Cal – 17
- Financial – 10
- Legal – 16
- Social Security – 3
- Transportation – 17
- Home Repair - 16

## PARTICIPANT SUCCESS STORY

### Participant Success Story:

Our Advocates sometimes have a long history with our clients, helping them with a variety of needs over time. Such is the case with this story. While this story would also qualify as a Door Through Door impact story, it is included here to show the breadth and depth of Advocacy services we provide over an extended period of time.

Our client is a veteran and struggles with short term memory problems. He was recently hospitalized due to a fall, and we were able to prevent an unsafe discharge by ensuring home health was in place, and in addition, due to a dangerous set of stairs that he had to navigate daily, which led to a fall and the hospitalization, we helped him secure a first level apartment/housing in the senior complex next door. This involved changes to his Section 8 and share of cost, so we worked to connect a Section 8 social worker with client's nephew to work out changes. We were able to advocate for a rent reduction to ensure his share of rent remains as low as possible. We continue to help this client adjust to his new apartment, by arranging volunteer assistance to help him get organized, and to help him secure doctor appointments that he missed during his hospitalization. He will need transportation soon, as his eyesight is failing, and his license expires in 4/22. He will not pass a new exam. We are also helping set up hot, home delivered meals through the senior center. Moving is a very stressful thing for seniors with memory issues. We continue to be an outlet and emotional support for this client during this transition.

## ACKNOWLEDGEMENT

**Please describe how the Fallbrook Regional Health District's Community Health Contract - Grant investment toward this program was acknowledged during this reporting timeframe.**

The FRHD logo was affixed to the sides of our Care Vans. We included the FRHD logo and official sponsor designation in all emails from every staff member. The FRHD logo and sponsorship support status appears on our website. We have banners at the front and side of our building that thank FRHD for their support

**Please upload one example of how the District's support for this program was publicly acknowledged.**



## BUDGET

**Please upload a copy of the program budget you submitted with the application. Fill in the Q3 column demonstrating the current utilization of grant funds.**



**Please explain any significant differences in budget or services during this quarter. What if any changes were made to address programming challenges.**

Advocate payroll expenses were again less than expected because we were down to one Advocate for the month of January. (We're normally staffed at 3 FTEs.) We did hire 2 new part-time Advocates (1 FTE) in February, and our 3rd full-time Advocate returned to work in mid-March. Because of the staffing shortages, and then a training curve for new Advocates, we were not able to serve quite as many clients as we typically would during a quarter. Our cost for job postings were also higher than anticipated due to our position advertising. Our expenses were significantly less because of the reduced staffing and client volume.

**Please sign your form:**

*P. Dwyer*