

**Fallbrook Regional**  
HEALTH  DISTRICT

**2019-2020 COMMUNITY HEALTH CONTRACT**  
**345 Alleviating Hunger in the Greater Fallbrook Area**

*Quarter 3 (January-March) Reporting Form*

**Goal 3**

**Alleviate Hunger in the Greater Fallbrook Area**

**S.M.A.R.T. Objective 3a**

**We will provide a weekly menu of supplemental nutritious food to everyone who demonstrates they need assistance.**

**Projected Cost:**

**Contract Dollars Expended to Date:**

~~\$80,000~~ \$130,000

\$97,500.00

**Progress/Accomplishment of Goals & Objectives**

Please refer to attachments



April 2020

**2019-2020 Community Health Contract  
3<sup>rd</sup> Quarter Reporting**

**PROGRESS OF GOALS & OBJECTIVES:** This quarter was a challenging, but successful one! Within days of the Governor's shelter-in-place order, due to the coronavirus COVID-19 pandemic, we were operating under new guidelines and protocols. As once a market-style food distribution program, we are now conducting a "no touch" service to our community through service doors. No clients are allowed in the building—only scheduled volunteers and staff. We have required all volunteers who were 60+ to stay home for their own self health and safety. We have implemented all staff, volunteers and clients to acknowledge and perform social distancing (6+ feet from one another) and everyone must wear protective face masks and gloves. Our new normal has not come without a price. We have had a tremendous number of new registrants—most have lost their jobs and can't afford to put food on their family's tables now—and some are struggling just to make ends meet because of a pay cut, to keep their job. Without the support of our loving community and collaborative partners, we may not have been able to sustain the immense demand we have experienced these last 45 days.

While COVID has been a daily and new constant for the Pantry, we also were challenged with our very first financial audit this quarter, too. We hope to be wrapping this up by May 5<sup>th</sup>, but one of many valuable discoveries of this experience, was learning that for 29 years we have been exceptional stewards of our money and have made good-sound decisions with it. Our "books" were in good shape before and now they are stellar and fine-tuned. With this audit, we now reflect positive cash flow and working capital on our Profit & Loss sheet and we have been successful in showing our depreciation and amortization of inventory and debt related assets (ie. Mortgage and walk-in refrigeration lease), along with reflecting In-Kind donations; and because of these new acknowledgements, we are a much more financially attractive non-profit.

**CONTRACT DOLLARS EXPENDED TO DATE:** This quarters disbursement was expended 100%. Our awarded \$32,500 for the quarter was spent on purchasing food, distribution supplies and in-direct costs (utilities, phone, personnel, etc.). Without these funds we would not have been able to provide the level of support we do for our community and so because of our commitment to Greater Fallbrook and the Fallbrook Regional Health District, we aspire to be an organization, whose mission, vision and values align with those who find compassion and

*"When you are hungry, nothing else matters."*

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purpose in helping our neighbors manage tough issues and circumstances that they may not have the ability to manage, themselves. We aspire to be an organization whose commitment to our community is to support and embrace our friends and neighbors who need us the most. We aspire to be an organization whose focus is to feed those who are hungry...*"because, when you're hungry, nothing else matters!"*

**DISTRICT RECOGNITION:** This quarter we acknowledged the District through multiple social media posts on Facebook and Instagram, along with our constant--continuous acknowledgement on our mobile box truck that is seen as far as MiraMar city.

Sincerely,

*Shae T. Gawlak*

Shae T. Gawlak

Executive Director

[director@fallbrookfoodpantry.org](mailto:director@fallbrookfoodpantry.org)

EIN #: 33-0491216

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### MEET LILA



Meet Lila and her three children, Max, Jacob and Sarah. Lila has been a client of the Fallbrook Food Pantry for nearly five years and has been taking care of her ill husband, who has not been able to work since his diagnosis of cancer in 2016. Lila has spent the past four years caring for him, which became a fulltime commitment, while also taking care of her children, too. Once her husband's cancer became debilitating three years ago, Lila was forced to quit her job and be his fulltime caregiver. This forced them to rely solely on food from the Pantry. Lila was not able to qualify for many services through the county and because of this, had to turn to our Friendly Village for additional and unexpected support. Sadly, Lila's husband passed away earlier this year and she has struggled keeping her family focused on what's now important. The one thing Lila has appreciated most, is the love, compassion and support she has always received from the Pantry. She told me that without us, she would not have been able to feed her family healthy meals these last four years and she attributes her ability to provide for her children to our commitment to her.