

welcome.

FALLBROOK HEALING CENTER



*MENTAL HEALTH
REHABILITATION CENTER*



Tonight's Discussion



- ❖ Introductions
- ❖ About the proposed Healing Center
- ❖ Background and context
- ❖ Crestwood Behavioral Health:
 - Who we are
- ❖ How the facility will serve clients

vision

Our vision at Crestwood Behavioral Health Inc. is to create a continuum of services that empower clients to live and succeed in their community.



mission

Our mission at Crestwood is to create a partnership with clients, employees, families, counties and communities in caring for individuals of all ages affected by mental health issues.

Together we invest our energy to enhance the quality of life, social integration, community support and empowerment of mental health clients.

Crestwood promotes wellness and recovery by providing quality and cost-effective programs in a socially responsible manner and works with families and communities to reduce the stigma associated with mental illness.



Crestwood Values

Crestwood values - family, compassion, commitment, enthusiasm, flexibility, collaboration and character - drive our work everyday.

Our staff members embody these values and they serve as the foundation of the programs and services we provide.



Background: Mental Health in our Community



- ❖ Mental health issues such as depression and suicide affect **1** out of every **4** families in our country.
- ❖ Fallbrook Healing Center will provide much-needed help for many in this and surrounding communities, while spurring economic activity in Fallbrook.

Crestwood Behavioral Health Inc.

Independent and Locally-Owned



- ❖ Crestwood Behavioral Health is a fully-accredited, Sacramento-based healthcare provider, founded in 1968.
- ❖ We are an independent, California-owned and operated company, and are the leading provider of mental health services in California, operating 31 programs across the state.
- ❖ Crestwood provides recovery-oriented mental health services designed to meet the needs of adults, older adults and transition-age youth with mental health issues with more than 1,800 licensed beds, in more than 16 California facilities ranging in size from 12 to 194 beds.
- ❖ Crestwood employs 2,500 employees in California.

Benefits to the Community



- ❖ Crestwood plans to invest more than \$2 million to transform the abandoned Fallbrook Hospital building into a much-needed treatment center.
- ❖ Construction-related activities will provide an immediate economic boost to the community.
- ❖ The Fallbrook Healing Center will create more than **108** permanent jobs for residents of Fallbrook and surrounding communities, as well as benefits to local vendors and suppliers.

Fallbrook Healing Center



- ❖ This program will enable clients to cope with their symptoms in the daily challenges of life.
- ❖ The focus is to help clients build strengths, self-reliance, and independence with training and support.
- ❖ The program utilizes healing arts, life skills, and pre-vocational training as guides and opportunities for greater self-confidence and meaningful accomplishments.

What Makes Fallbrook Healing Center Different?



We offer a unique service model – an alternative to traditional mental health!

- **Recovery Pillars**- Hope, Empowerment, Meaningful Roles, Spirituality.
- **Client Culture** – Peer Providers and recruiting people with lived experience.
- **Learning Culture** – intensive training for all our initiatives.
- **Sustainability** – more than 49 years of providing services.

Fallbrook Healing Center's Initiatives

- Wellness-Mind, Body and Spirit
- Wellness Recovery Action Plan (WRAP)
- Compassionate Care
- Dialectical Behavior Therapy (DBT)
- Trauma-Informed Approaches
- Meaningful Roles
- Spirituality
- Homelike Environment
- Peer Leaders
- Technology



Fallbrook Healing Center



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- ❖ Licensed by the California Department of Health Care Services.
 - ❖ Accredited by Commission on Accreditation of Rehabilitation Facilities (CARF).
 - ❖ The Fallbrook Healing Center will provide a recovery-based psychosocial rehabilitation program.



Our Fallbrook Healing Center Environment

- ❖ At Fallbrook Healing Center we will create homelike therapeutic environments with serenity rooms, libraries, living rooms, comfort rooms and dining rooms.
- ❖ **We received recognition from SAMHSA on the effectiveness of our environments in fostering mental health recovery.**

Our Crestwood Environment



Our Crestwood Environment



Our Crestwood Environment



Our Crestwood Environment



Our Crestwood Environment



Our Crestwood Environment



Staff at other Crestwood Healing Centers



Crestwood Healing Centers employ:

- ❖ 95% people from host County including the city or town
- ❖ 5% people from surrounding counties
- ❖ Employing people from entry-level to advanced degrees

Crestwood is Active in the Community



Crestwood Sponsors:

- ❖ Youth Baseball Associations
- ❖ Adult Baseball Teams
- ❖ The Kingsburg All-Star Tournament
- ❖ Golf Tournaments
- ❖ NAMI Walks
- ❖ **Fundraisers throughout California**

“On behalf of the Kingsburg Youth Baseball Association, we would like to thank Crestwood Kingsburg for their donation to our league. Your generosity helps support our program through the baseball season. Our baseball program just doesn’t teach the fundamentals of baseball, we also want the teach youth boys respect for others and that good sportsmanship is the key to any sport and life in general.”

-Jason Garcia, Vice President of Baseball Operations

Family Testimonials from Kingsburg Healing Center



**KHC is making a difference in lives of
families.**

“I am so grateful my daughter is in your program. I know she is in wonderful hands and will get the help that she needs to get better.”

-Mother of a Client

“I am happy my brother was accepted to Crestwood Kingsburg. I know the programs you offer are amazing and your Staff really cares for my brother and his success within the program. I am proud of the progress my brother is already showing.”

-Brother of a Client

“I want you to know that I think the Kingsburg Healing Center is such a loving and warm place. It is a wonderful place for my daughter. She is doing so much better now that she is here.”

-Mother of a Client

Family Testimonials from Kingsburg Healing Center



**KHC is making a difference in the lives of
families.**

“I wish this place had been here sooner, it would have been nice to have our son here sooner. Now that he is back in Fresno County we can see him anytime we want and we know it will help him get better.”

-Parents of a Client

“This program has been perfect for my son. He is really doing well, in fact I think this is the best he has ever done. We need more programs like this.”

-Father of a Client

From Kingsburg Healing Center

“I use to live across the street when it was the Kingsburg Hospital. I am excited that the hospital has been remodeled to look amazing, and is being used for a wonderful program. Kingsburg should be grateful you are here in our community.”

-Mrs. Green, Kingsburg Citizen



Thank you!

