

2019-2020 COMMUNITY HEALTH CONTRACT
342 Life I Can Program

Quarter

Reporting Form

Goal 3

Students will learn proper skills to help overcome barriers to promote a healthy and more balanced lifestyle.

S.M.A.R.T. Objective 3c

Students will learn to put away electronics, unless specifically instructed, in order to promote social interaction; this will be enforced by DVP support staff.

Projected Cost:

Contract Dollars Expended to Date:

\$2000.00

\$5,700

Progress/Accomplishment of Goals & Objectives

As of March, 2020 Students are only 4 weeks into their program and every morning we request they relinquish their cell phone devices to promote socialization. In the just these few short weeks we saw positive progress; the students came with anti-social attitudes (being on their phone most of the time) to being more socially engaged and open to peer conversation while making eye contact.

Challenges that we have faced is the "withdrawals" some students have had when taking their devices away. We have found that if we stick to our program rules, eventually the upset students eventually relax and realize they can function better without their devices.

CHC Quarter 3 Impact Narrative

The funds we received from CHC this quarter has helped us provide professional sensitivity training to our facilitators, mentors and expert guest speakers who give quality social health workshops reinforcing healthy lifestyle habits for our underserved population.

In today's young society, especially in our high functioning adults with disabilities, the use of a cell phone device is equivalent to a pacifier. With their devices keeping them busy they rarely have to make eye contact. If they are to successfully survive in our society, it is imperative for them to learn to relinquish their devices and start making social connections personally- eye to eye. This is extremely hard to do for most adults with disabilities. But we have found with persistence and support they are able to go through 4 hours of class without their phones and actually enjoy personal interactions.

When Dale, one of our students, arrived to the program, he was convinced that he always needed his headphones, cell phone, and book to relieve anxiety. He always looked preoccupied and stressed.

Per our 'no device' program policy, every morning, Dale had to put his devices in the black box. It was a long, hard struggle for him to relinquish his devices and book. But after a couple of months of persistence and gentle support, he walked in and excitedly pointed out to everyone that he no longer needed to bring his devices. With all the weeks of practice, he had learned internal coping strategies to help decrease his anxieties. He seemed happier and more confident that he could hold a conversation while making eye contact. Without his devices, Dale was finally forced to face everyday social situations. And with practice, it became more natural for him.

Thank you for helping us break social barriers down for our adults with disabilities giving them opportunities to live a fulfilling life!

*Dale is not his actual name.



D'Vine Path

LEARNING. GROWING. EMPOWERING



Life Skills

- *Build positive peer relationships
- *Promote self advocacy
- *Discover social strengths
- *Develop communication and social skills through collaboration
- *Mentoring
- *Monthly socials
- *Quarterly Dances



Life Skills & Vocational Program

Proudly sponsored by



Vocational Skills

- *Learn soft business skills
- *State approved curriculum
- *Hands-on vineyard training
- *Cultivating gardens/succulents
- *Hands-on hospitality training
 - *Catering local events
- *Culinary training in local restaurants
- *Monthly art workshops

Agriculture, Hospitality and Art

A program providing life skills & vocational training in agriculture, hospitality and art for people with mild/moderate disabilities ages 18 and over.

Wednesdays & Fridays 8 am - 12 noon
at Batali Ranch, 353 Morro Hills Road, Fallbrook, CA.
Weekly Thursday Social Club available.

For a tour call 949-233-6515 or visit www.dvinepath.org

MARCH MADNESS DANCE PARTY!



Join us for a night of free fun, friends and dance!

WEAR GREEN!

**There will be loud music, party lights, and light appetizers
For all ages**

**When:
March 14, 2020**

**Time:
7 pm - 9 pm**

**Where:
VFW
1175 Old Stage Road
Fallbrook, CA 92028**

Sponsored by:

**Fallbrook Regional
HEALTH  DISTRICT**


D'Vine Path
LEARNING GROWING EMPOWERING


CARE-RITE
VOCATIONAL SERVICES



D'Vine Path Program

March 17 at 4:17 PM · 🌐

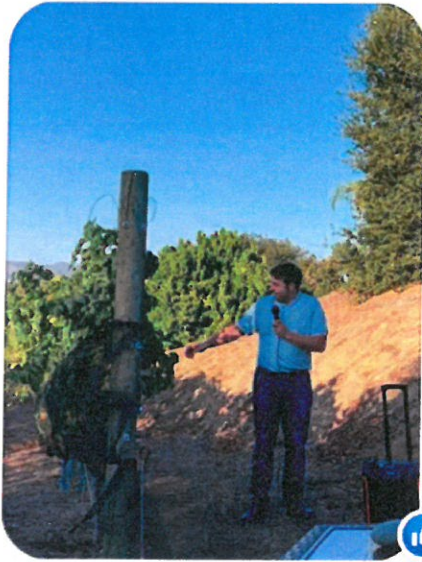


Thank you for all the support 🌱





Jennifer Geracitano Vampola Thank you Fallbrook Regional Health District, D'Vine Path is changing lives, my son has found his calling, he is so excited to get up and seize the day, and now my daughter has started the program. We are grateful for your support.



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