

Organization Information

Legal Name

Boys Club of Fallbrook

DBA (if Applicable)

Boys & Girls Clubs of North County

Program Name/Title

Summer Water Safety

Brief Program Description

The Summer Water Safety Program is held during the 10 weeks of summer break and consists of swimming lessons and a water safety program. Lessons are taught by certified lifeguards, with water safety included. Water safety is also provided to youth in our daily open swim program. The open swim program is monitored by certified lifeguards.

Funding Amount Awarded

17225.00

Target Population - Age

	Percent of program participants	Estimated number of participants
Children (infants to 12)	97	500
Young Adults (13-17)	3	16
Adults (18-60)	0	0
Seniors (60+)	0	0
We do not collect this data (indicate with 100%)*	0	0

Target Population not collected - Age

n/a

Target Population - Gender

	Percent of program participants
Female	49
Male	51
Non-binary	0
Unknown*	0

*Target Population - Gender

n/a

Target Population - Income Level

	Percent of program participants
Extremely Low-Income Limits, ceiling of \$32,100	40
Very Low (50%) Income Limits, ceiling of \$53,500	40
Low (80%) Income Limits, ceiling of \$85,600	15
Higher Than Listed Limits	5
We do not collect this data (indicate with 100%)*	0

*Target Population - Income Level

n/a

Actual number of residents that directly benefited (participant/client) from this program during this quarter.

516

Program/Services Description - Social Determinants of Health

Education Access & Quality (Early Childhood Education and Development, Enrollment in Higher Education, High School Graduation, Language and Literacy)

Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

Neighborhood & Built Environment (Access to Foods that Support Healthy Eating Patterns, Crime and Violence, Environmental Conditions, Quality of Housing)

Program Goal & Objectives

To improve the overall health of the youth members of the Boys & Girls Clubs of North County, specifically working to prevent drowning, diabetes, obesity, high cholesterol, high blood pressure, hypertension and increasing social supports. 1. Provide daily swimming lessons and water safety instruction to 150 youth during the swim season. 2. Provide open swim time for approximately 50 youth per day including structured activities and water safety instruction.

Program Outcomes & Measurables

Daily roll sheets and participation counts will be kept. Any child needing an assist or rescue during open swim will be given swim lessons free of charge.

Anticipated Acknowledgment

Social Media Postings

Print Materials to Service Recipients

Website Display

Terms and Conditions

Accepted

Authorized Signature

John Doe

Contact Information

Contact Name

lisa ware

Title

Vice Pres. of Operations

Primary Contact Phone

7607285871

Email Address

lisaw@bgcnorthcounty.org

Writing Instructions:

What language(s) does this program accommodate:

English

Spanish

Acknowledgment of District Support



Swim recognition final.pdf

Impact Story



swim impact 23.pdf

Program Budget



Budget Report.Water Safety.Q1.pdf

2023 Pool Impact Narrative

Antonio, his brother, and their mother are newcomers to our community. They immigrated to Fallbrook from Colombia in the middle of last school year- Antonio's family only spoke Spanish, and Antonio was completely non-verbal. Antonio's new school reached out to our organization for help because he was struggling before, during, and after school, both academically and socially. He was prone to volatile emotional outbursts and had a very hard time connecting with other people.

Antonio started his summer by attending summer school during the morning and recreational swim in the afternoon. He had absolutely no experience in a pool prior to this June, and he taught himself how to walk around in the shallow end and how to put his face into the water.

In July, Antonio started swim lessons. His brother Ale had learned from his peers how to pass the deep end test, and Antonio wanted to catch up to him. Antonio could learn by listening to our Spanish-speaking lifeguards and by watching demonstrations- thus, he caught on quickly and improved rapidly. He excelled at the sport, and his confidence grew exponentially with each lesson. In one month, Antonio went from a level 1 beginner to a level 4 swimmer!

The water is soothing to the senses, and as long as he eats snack, he can successfully swim for 3 hours during recreational swim time each afternoon. His emotional outbursts were half as frequent as before the pool opened, and he started making friends. He has learned to say a few words in Spanish and English (si, no, and splash), and he and the pool staff communicated using a blend of made-up sign language and Spanish.

We are so glad that Antonio became a member of the Boys & Girls Clubs of North County. It has been a joy to watch him flourish in our program, and his growth has been an inspiration to us all.





Lisa Ware

From: Meredith Anderson
Sent: Monday, August 21, 2023 10:28 AM
To: Maureen Sullivan; Allison Barclay; Lisa Ware
Subject:



Fallbrook Regional Health District is with Boys & Girls Clubs of North County.

Top contributor · 2m · 🌐

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The Fallbrook Regional Health District's CEO - Rachel Manson & Board of Directors - Mike Stanicek & Terry Brown visited the Boys & Girls Clubs of North County 🌟🌟 earlier this month. During this visit, they toured the property & learned about all the fantastic services the Boys & Girls Clubs of North County are providing to local surrounding families during the summer 🌞 & new school year 🎒.

During the summer break, Fallbrook Regional Health District sponsored the Boys & Girls Clubs of North County's Summer Water Safety Program. With this partnership, we were able to help the kids have a fun & safe swim program. 🌊

A big thank you to Ashley Barclay & Lisa Ware for the tour and we look forward to continuing this wonderful partnership we have together! 💙

#northcounty #fallbrook #sandiegocounty #community #localgovernment #frhd #HealthDistrict #support #families #boysandgirlsclubofamerica #bgcnorthcounty #grants #funding #summer #familyfun #safety #youth #sandiego



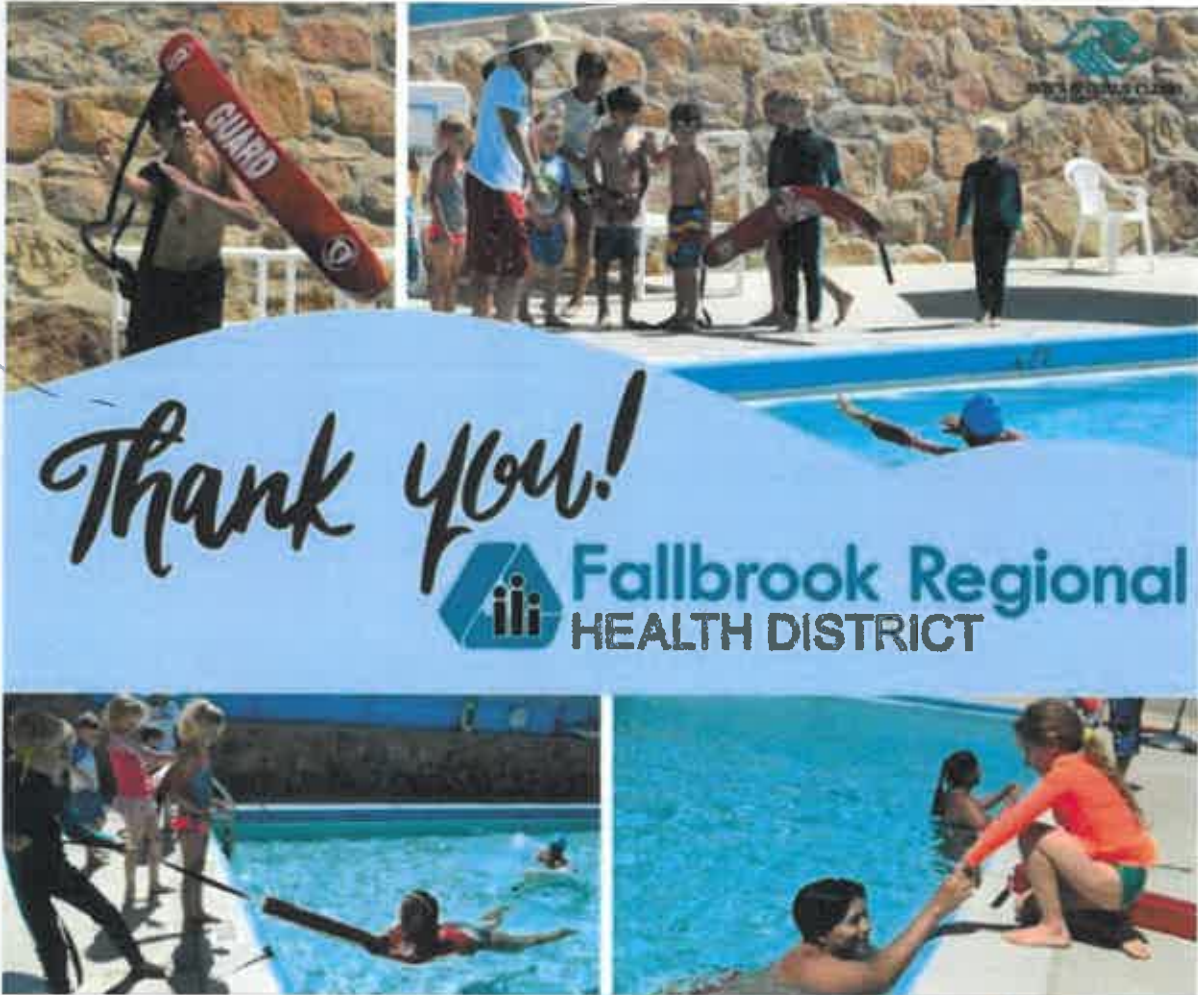


Boys & Girls Clubs of North County

Published by Meredith Anderson · July 13 at 9:30 AM ·



Thank you, [Fallbrook Regional Health District](#), for a wonderful partnership and helping our kids have fun & stay safe this summer!





BGC of North County <allisonb+bgcnorthcounty.org@ccsend.com>
To: Meredith Anderson

☺ Reply Reply All Forward ...

Fri 7/28/2023 11:02 AM

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Boys & Girls Clubs of North County

CLUB

OPENING THE DOOR TO GREAT FUTURES EVERY DAY

Summer 2023



Summer at the Club

It's a busy summer at the Club! Now that June gloom is a memory, Club kids are enjoying the pool for swim lessons, swim team, and afternoon free swim.

Our partnerships with many local organizations are offering much-needed support and enrichment for our Club members. Fallbrook Regional Health District helps sponsor our Water Safety Program, helping educate our Club members on how to safely save someone experiencing distress in the water. Club members also learn how to save themselves from drowning.



Our partnership with Cal State

Agency Name: **Boys & Girls Clubs of North County** PROGRAM NAME: **0**

The main categories align with the budget submitted with your application. Aggregate totals are all that should be reported under each heading.

1)	A	INDIRECT EXPENSES:	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL INDIRECT EXPENSE	\$11,510.00	\$0.00	\$0.00			
	B	PERSONNEL EXPENSES - PROGRAM SPECIFIC	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL PERSONNEL EXPENSE	\$46,761.00	\$17,225.00	\$17,225.00			
	C	DIRECT PROGRAM EXPENSES	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL OTHER EXPENSES	\$1,800.00	\$0.00				
	D	TOTALS	PROGRAM COST	FRHD Funds Awarded	Total Amount Q1	Total Amount Q2	Total Amount Q3	Total Amount Q4
			\$60,071.00	\$17,225.00	\$17,225.00	\$0.00	\$0.00	\$0.00

Total funds expended to date: **\$17,225.00**