

AGENDA BOARD OF DIRECTORS MEETING

June 14, 2023, 6:00 p.m.

1st Floor Community Room, 138 S. Brandon Rd., Fallbrook

In accordance with California Government Code Section 54953 teleconferencing will be used for this meeting. Board members, staff and members of the public will be able to participate by webinar by using the following link: <u>https://us02web.zoom.us/j/87605337985?pwd=NUpneE5BeFM4dElOY0dFcGROSmZJdz09</u> Meeting ID: 87605337985. Passcode: 966124 Participants will need to download the Zoom app on their mobile device. Members of the public will also be able to participate by telephone using the following dial in information: +1-669-900-6833 Meeting ID: 87605337985. Passcode: 966124

Director Terry Brown will be teleconferencing pursuant to Government Code Section 54953 from Jordan Lake Recreation Area, 280 State Park Road, Suite F-9, 280 State Park Road, Apex, NC 27523

A. CALL MEETING TO ORDER / ROLL CALL / ESTABLISH A QUORUM / PLEDGE OF ALLEGIANCE

B. APPROVAL OF THE AGENDA-

C. PUBLIC COMMENTS - ANNOUNCEMENT

Members of the public may address the Board regarding any item listed on the Agenda at the time the item is being considered. Members of the public may also speak on any item not listed on the Agenda which falls within the subject matter jurisdiction of the District immediately prior to Board Comments & Items for Subsequent Meetings section below. Members of the public attending in-person need to fill-out a "Request to Speak" card and those attending by webinar need to raise their hand at this time and identify the Agenda item they would like to speak on. The Board has a policy limiting any speaker to not more than five minutes.

D. GRANTEE PRESENTATION – FALLBROOK FOOD PANTRY-EXECUTIVE DIRECTOR, SHAE GAWLAK

E. CONSENT ITEMS -

- E1. Minutes of May 3, 2023, Finance Meeting
- E2. Minutes of May 10, 2023, Board of Directors Meeting
- E3. Minutes of May 17, 2023, Facilities Committee
- E4. Minutes of May 17, 2023, Strategic Planning Committee
- E5. Minutes of May 20, 2023, Special Strategic Planning Workshop

F. REPORTS/POSSIBLE ACTION -

- F1. Finance Committee Directors Brown and Jeffries
- F2. Facilities Committee Directors Jeffries and Mroz
- F3. Strategic Planning Committee Directors Leach and Mroz
- F4. Governmental & Public Engagement Directors Stanicek and Leach Community Health & Wellness Center – Theresa Geracitano
- F5. Chief Executive Officer Rachel Mason
- F6. General Counsel Jeffrey Scott

G. DISCUSSION/POSSIBLE ACTION ITEMS -

G1. Recommendations from the Finance Committee

- i. Fund the Five Star Bank account with \$250,000 from LAIF
- ii. Fund Pacific Western Bank with \$500,000 from LAIF
- iii. Discuss amount to fund CA CLASS investment account
- G2. Urgent Care Information
- G3. Mission Vision Values Statement Revision
- G4. Palomar Family Counseling Service Proposal
- G5. LAFCO Ballot Extension San Diego County Consolidated Redevelopment Oversight Board
- G6. Municipal Water District of Orange County, Support for Al Nederhood, CSDA Board of Directors, Southern Network Seat C

H. BOARD MEMBER COMMENTS & ITEMS FOR SUBSEQUENT MEETINGS -

Other Director/Staff discussion item. Item(s) for future board agendas Announcements of upcoming events: See the District website event calendar at <u>https://www.fallbrookhealth.org/community-health-wellness-</u> <u>center</u> Facilities Committee Meeting - 3rd Wednesday, June 21, 2023, at 10:00 am.

Youth Fitness Grants Meeting - 3rd Wednesday, June 21, 2023, at 6:00 pm. Governmental and Public Engagement Committee – 4th Wednesday, June 28, 2023, at 5:30pm Finance Committee – 1st Wednesday, July 5, 2023, at 4:30pm Next Board of Directors Meeting – 2nd Wednesday, July 12, 2023, at 6:00pm

I. ADJOURNMENT-

NOTE: I certify that on Friday, June 9, 2023 I posted a copy of the foregoing agenda near the regular meeting place of the Board of Directors of Fallbrook Regional Health District, said time being at least 72 hours in advance of the meeting. The American with Disabilities Act provides that no qualified individual with a disability shall be excluded from participation in, or denied the benefits of District business. If you need assistance to participate in this meeting, please contact the District office 24 hours prior to the meeting at 760-731-9187.

Ville

Executive Assistant / Board Clerk

PRESENTATION: FALLBROOK FOOD PANTRY EXECUTIVE DIRECTOR, SHAE GAWLAK



MINUTES FINANCE COMMITTEE

Wednesday, May 3, 2023, at 4:30 P.M.

Administrative Office, 1st Floor Community Room, 138 S. Brandon Rd., Fallbrook

In accordance with California Government Code Section 54953 teleconferencing will be used for this meeting. Board members, staff and members of the public will be able to participate in the webinar.

Committee Members Present: Director Terry Brown & Director Jennifer Jeffries Staff: CEO Rachel Mason, Executive Assistant Raquel Williams, Administrative Officer Judith Oswald, Community Health & Wellness Center Administrator Theresa Geracitano Accountant: Susan Woodward

Public Comments – Announcement-NONE

1. Review of Financial Statements for March 2023

- Report 1 Balance Sheet Comparison of March 2023
- Report 2 Income Statement for the Month Ended March 2023 & Fiscal Year to Date
- Report 3 Profit & Loss Actual vs YTD Budget March 2023
- Report 4 Approved Annual Budget July 2022 June 2023
- Report 5 Local Agency Investment Fund (LAIF) Statement March 2023
- Report 6 CalTrust Statement March 2023
- FRHD Compliance Report
- Report 7 Property Tax Revenue July 2022 March 2023
- Report 8 Check Detail Report as of March 2023
- Report 9 VISA Credit Card Statement March 2023
- Report 10 Community Investment Fund Report as of March 2023

4. Discussion Items-

a) New District Bank Account- CEO Mason moved forward with Five Star Bank as an additional holdings bank account. Keeping the balance at \$200,000 to cover the grant funds. Plans to add the bank statements to the Board Portal for the Finance team to access and for added transparency.
Pacific Western will remain the main account. Director Brown asked if wire transfers will be standard for these transactions, CEO Mason answered yes. CEO Mason proposes that the District apply for additional merchant credit cards. Director Brown does not like the idea and wants Five Star Bank to be the holding bank, he suggested going to another bank for an additional merchant credit card.
b) Review of District Investment Option- CEO Mason proposes that the District have a third investment option with California CLASS. The district is resource rich right now and it's a good time to have an additional investment vehicle.

c) Review Draft FY 23.24 Budget – CEO Mason will be amending the Chart of Accounts to align with this budget format. The revenue section was conservative and there is a 2% increase from last year's budget. For transparency all grants will be on separate lines. Director Jeffries inquired about the annual FRHD health fair it is being planned for September 30, 2023. Director Brown asked what are the odds on the parking lot being done by then? CEO Mason informed the committee that there is a new

proposal for the infrastructure project that is going to the Facilities committee. Director Brown is concerned that the parking lot is not safe.

d) Review current AP Policy 2040- Director Brown believes that it is unfair to Board members that they get called to sign checks. The process should be changed to another day that is more convenient for the committee to sign checks. The bookkeeper should be able to draw up the checks on a Tuesday for the treasurer to sign on Wednesday.

5. Board Member Comments and Future Agenda Items-

None

6. Adjournment-

There being no further business the meeting was adjourned at 5:26 pm.

aque Willoi

Raquel Williams Executive Assistant/Board Clerk



MINUTES BOARD OF DIRECTORS MEETING

May 10, 2023, 6:00 p.m.

1st Floor Community Room, 138 S. Brandon Rd., Fallbrook

In accordance with California Government Code Section 54953 teleconferencing will be used for this meeting. Board members, staff and members of the public will be able to participate by webinar by using the following link:

A. CALL MEETING TO ORDER / ROLL CALL / ESTABLISH A QUORUM / PLEDGE OF ALLEGIANCE

1.

Vice-Chair Barbara Mroz called the meeting to order at 6:00 p.m. and led the Pledge of Allegiance. In attendance: Directors Barbara Mroz, Jennifer Jeffries, Terry Brown, and Mike Stanicek. CEO Rachel Mason, Accountant Susan Woodward, Legal Counsel Jeffrey Scott, and Property Manager Roy Moosa. Staff members: Executive Assistant Raquel Williams, Administrative Officer Judith Oswald, Community Health & Wellness Center Administrator Theresa Geracitano, Tomedes translator Walter Chair Bill Leach-Absent

B. APPROVAL OF THE AGENDA

Action: It was moved by Director Jeffries seconded by Director Stanicek to approve the agenda as presented.

Motion carried (4-0)

Director Jeffries...Aye Director Brown....Aye Director Stanicek....Aye Director Mroz.....Aye

C. PUBLIC COMMENTS – ANNOUNCEMENT

Public Comment from Tim O'Leary spoke to the Board and wanted to commend the Board for the purchase of the defunct Lutheran Church. 24% of the 50,000 residents of the greater Fallbrook area are over age 65. This data is from SANDAG. School Districts are also seeing a reduction in enrollment. The population is rapidly aging.

D. GRANTEE PRESENTATION – FALLBROOK SENIOR CENTER - BOARD PRESIDENT, NICKIE WILLIAMS & BOARD MEMBER CARMEN CERVANTES.

Fallbrook Senior Center Board President Nickie Williams shared a video presentation with the group about all the activities and programs that they have to offer. FRHD Grant funds the congregate meal program that has been running for 40 years. One of the only programs in the Fallbrook area that makes fresh meals daily for the senior population who come to the center and daily meal deliveries to the homebound as well. Over the last year they served 10,000 meals at the center and delivered 20,000 meals. Seniors under 60 are charged \$10.00 only if they can afford to pay. Carmen Cervantes shared that the senior center has numerous activities like Line Dancing, Spanish classes, Pickle ball, Chair Yoga, Pool tournaments. They invite us all to stop by and check out the Fallbrook Senior Center.

E. CONSENT ITEMS -

- E1. Minutes of April 5, 2023, Finance Meeting
- E2. Minutes of April 8, 2023, Special Grants Board Meeting
- E3. Minutes of April 12, 2023, Board of Directors Meeting
- E4. Minutes of April 19, 2023, Facilities Committee
- E5. Minutes of April 26, 2023, Governmental & Public Engagement Committee

Action: It was moved by Director Brown to approve consent items E1-E5 seconded by Director Jeffries. Motion carried (4-0)

Director Jeffries...Aye

Director Brown....Aye

Director Stanicek....Aye

Director Mroz.....Aye

E6. Ratify transfer of \$901,000 from Pacific Western Bank to LAIF account

Action: It was moved by Director Brown to approve the ratification of the \$901,000 transfer from Pacific Western Bank to LAIF seconded by Director Stanicek.

Motion carried (4-0)

Director Jeffries...Aye Director Brown....Aye

Director Stanicek....Aye Director Mroz.....Aye

F. REPORTS/POSSIBLE ACTION -

F1. Finance Committee – Directors Brown and Jeffries Director Brown gave his report relative to the Finance committee and there are no outstanding issues to report on at this time.

F2. Facilities Committee – Directors Jeffries and Mroz

Director Jeffries gave her report related to the Community Health and Wellness Center improvements and renovations. The plans are progressing, and the project is moving towards the parking lot and House of Wellness priorities.

F3. Strategic Planning Committee – Directors Leach and Mroz

F4. Governmental & Public Engagement – Directors Stanicek and Leach

Director Stanicek shared that the Mission Statement is being revised and he is looking forward to the new Outreach and Communications position being filled.

F5. Theresa, Administrator, Community Health & Wellness Center shared with the Board Events continue to increase at the Center, April has a total of 88 events, 71 public and 17 private. May has a total of 104 events. This month we hit a first and ran out of parking spaces.

Addition of the Community Resource Navigator is strengthening our ties with our partners and the community. Katia has begun having resource tabling events at Vallecitos Elementary School and the Food Pantry monthly. The Diabetes Prevention program has launched with great success and has over 20 participants. We have contacted another 30 people who were not ready to commit or did not qualify for the program. In conjunction with the DPP we are establishing ties to the medical community as we build a physicians referral program. Lunch & Learns have been held with 4 offices and referral materials distributed to another 3 offices. We are developing a good workflow for future programs that have a physician referral component. New programming just starting or coming in May includes- Qi Gong, Hope Clinic Men's Support Group, Childrens Art classes through the Fallbrook Art Association, mindfulness mediation class. FRHD funded the supplies to support CSU San Marcos nursing school health screenings at two sites in the community most items had FRHD branding. Program planning for 2023 takes its direction from the goals outlined in the FRHD Strategic Plan for 2022-2023 which we are on track to achieve. There were approximately 963 visitors to the Wellness Center in March. Flyer distribution remains a priority for FRHD to reach all sectors of the community. Social Media engagement is on track and growing. Wellness Wednesdays are the most reacted to posts.

F6. Chief Executive Officer – Rachel Mason

Facility construction updates: initial meeting with Site LogIQ regarding infrastructure upgrades (parking lot, solar, and ADA compliance). This entity will be present at an upcoming Facilities meeting to propose using Federal Inflation Reduction Act funds to subsidize some amount of the redevelopment costs. They can offer guidance on applications for Federal and State funds as part of their design build services. CHC-Grants: The final distribution for the FY 22.23 grants were dispersed last week. The final impact reports are due in July. The July Board meeting will be our first check distribution for the FY23.24 grantees. There will be a photo opportunity and presentation ceremony with a big check. To be held at the CHWC. Administrative Projects: Lease of space within Brandon location to Mission Resource Conservation District. The Updated Policy Manual is still in progress. The Strategic Planning Workshop is on May 20th – the agenda is being drafted some items are Mission, Vision, Values, Community Health & Wellness Center - Programming Summary, Ongoing grant protocols and procedures. Grant to revenue proportion. Expectations of service provision. Moving regular partnered programming from grants to MOUs Michelle's Place, Palomar Family Counseling, Foundation for Senior Care.

F7. General Counsel – Jeffrey Scott shared with the Board a memo: U.S. Supreme Court to hear Public Officials Social Media Case. It essentially says that all communications on social media are subject to all local and federal laws.

DISCUSSION/POSSIBLE ACTION ITEMS -

G1. Debrief of Community Forums- Vice Chair Mroz, shared that the set up was excellent and possibly the timeframe was a factor. CEO Mason shared that we had an evening and weekend event and unfortunately the community did not show up for either day. Director Jeffries commented that they are showing up maybe not for the Forums, but they are coming. All the staff were there, and the facility looked great!

G2. Review of Fiscal Year 2023-2024 Budget- CEO Mason, There was one small edit from the recommendations from the Finance Committee regarding the placement of an office expense. The budget also reflects the chart of accounts.

Action: It was moved by Director Brown to approve the FY23.24 Budget seconded by Director Jeffries. Motion carried (4-0)

Director Jeffries...Aye Director Brown....Aye Director Stanicek....Aye Director Mroz.....Aye

H. BOARD MEMBER COMMENTS & ITEMS FOR SUBSEQUENT MEETINGS -

Director Jeffries shared about the County meeting with Supervisor Desmond and a new bus stop at the Fallbrook Food Pantry. The meeting also focused on the influx of homelessness in Fallbrook, the upcoming teen center, and a 40-unit senior housing facility. Director Jeffries encouraged the Board to attend the County planning meetings. More information is coming soon.

Other Director/Staff discussion item. Item(s) for future board agendas Announcements of upcoming events: See the District website event calendar at <u>https://www.fallbrookhealth.org/community-health-wellness-</u> <u>center</u> Facilities Committee - 3rd Wednesday, May 17, 2023, at 2:00 pm. Strategic Planning Committee - 3rd Wednesday, May 17, 2023, at 5:30 pm. Strategic Planning Workshop – Saturday, May 20, 2023, 9:30 am to 2:30 pm Governmental and Public Engagement Committee – 4th Wednesday, May 24, 2023, at 5:30pm FRHD CLOSED IN OBSERVANCE OF MEMORIAL DAY- May 29, 2023 Finance Committee – 1st Wednesday, June 7, 2023, at 4:30pm Next Board of Directors Meeting – 2nd Wednesday, June 14, 2023, at 6:00pm

I. ADJOURNMENT-

aque Wilki

Executive Assistant / Board Clerk



MINUTES FACILITIES COMMITTEE

Wednesday, May 17, 2023, at 2:00 P.M. Administrative Office, 1st Floor Community Room, 138 S. Brandon Rd., Fallbrook

In accordance with California Government Code Section 54953 teleconferencing will be used for this meeting. Board members, staff and members of the public will be able to participate in the webinar.

1. CALL MEETING TO ORDER/ROLL CALL

Committee Members: Chair Jennifer Jeffries & Member Barbara Mroz CEO Rachel Mason, Community Health & Wellness Center Administrator Theresa Geracitano, Executive Assistant Raquel Williams, Administrative Officer Judith Oswald Property Manager: Roy Moosa

2. PUBLIC COMMENTS - ANNOUNCEMENT None

DISCUSSION ITEMS

Relative to the Community Health & Wellness Center Education Building: CEO Rachel Mason reported the following:

The cosmetic projects that were in the works are completed. Ed. Bldg. exterior lights have been completed. Exterior painting and gutters are in a bid process. One quote from a local vendor is \$18,850.00. Mr. Roy Moosa inquired about the gutters and if it's best to have them put on before they paint. CEO Mason assured the Committee that she's been informed they will have to remove them to paint the building anyway. Gutters with covers have been recommended.

Mr. Moosa inquired about the drinking fountains. CEO Mason is looking into Hydration Stations for the Wellness Center. Paint samples are forthcoming, and the project should be completed by mid-June.

Relative to plans for the House of Wellness:

The ADA compliance component of the entire project is being considered. CEO Mason stated that the architectural services and other construction services may be funded through SitelogiQ. The kitchen has been updated with a new refrigerator and the dishwasher is coming soon. While not a commercial kitchen, the updates will serve the hospitality needs for users of the House of Wellness. Exterior Paint and gutters are pending bid. Shade structure will be included in the bid.

Parking Lot Renovation:

CEO Mason shared with the committee a pre-proposal to begin preparation of Parking Lot solar project. SitelogiQ power point presentation and proposal are attached to the minutes.

In anticipation of the renovation, CEO Mason has contacted a Solar Carport Company to discuss infrastructure that needs to be considered during the parking lot renovation for future solar installation. FirstNet/AT&T Public Safety Communications Tower proposal- CEO, Mason shared with the committee

that this is a special project, and more information will be brought to the full Board at the workshop. Discussion ensued.

4. BOARD MEMBER COMMENTS AND FUTURE AGENDA ITEMS-None

5. ADJOURNMENT-

There being no further business to discuss the meeting was adjourned at 2:50 pm

aque Wilking

Executive Assistant/Board Clerk



MINUTES

STRATEGIC PLANNING COMMITTEE

Wednesday, May 17, 2023, at 5:30 P.M.

Administrative Office, 1st Floor Community Room, 138 S. Brandon Rd., Fallbrook

In accordance with California Government Code Section 54953 teleconferencing will be used for this meeting. Board members, staff and members of the public will be able to participate by webinar by using the following link:

1. CALL MEETING TO ORDER/ROLL CALL

Committee Members: Member Barbara Mroz Staff: CEO Rachel Mason, Executive Assistant Raquel Williams, Community Health & Wellness Center Administrator Theresa Geracitano, Administrative Officer Judith Oswald Gary & Mary West PACE Strategic Development Director, Ofra Paz Absent- Bill Leach

2. PUBLIC COMMENTS – ANNOUNCEMENT

DISCUSSION ITEMS-

CEO Rachel Mason shared with the Committee to consider a draft proposal from Palomar Family Counseling Service (PFCS) to partner with the Fallbrook Regional Health District to provide comprehensive mental health services to meet the needs of children, youth, and adults in the district by establishing new and ongoing operations at the Community Health & Wellness Center.

Director Mroz believes this is an outstanding proposal and would like to send this to the Board. CEO Mason conveyed it would be on the agenda for the workshop.

Consider draft proposal for Senior Care Medical Service Clinic with Gary & Mary West PACE at Community Health and Wellness Center. Ofra Paz, Strategic Development Director at West PACE shared with the committee that this program is available to all over 60+ whether they are a PACE client or not. It was initially proposed that the satellite clinic would be open for a few hours a day. After internal feedback the new proposal is for 5 days a week and 8 hours a day, with a walk-in component, to be a meaningful presence in the community. These services will be provided at the Wellness Center in exchange for no rent for the clinic space.

Director Mroz expressed her delight and is excited for this partnership to come to fruition. She recommends that this is brought to the full Board. CEO Mason and Ofra will be setting a meeting for more planning, Director Mroz would like to have a site visit of the PACE program. Mr. O'Leary spoke about the needs of the senior community, and he would like for the District to be a leader in the community to be better advocates for the elderly folks of the District.

BOARD MEMBER COMMENTS AND FUTURE AGENDA ITEMS-

None

ADJOURNMENT-

There being no further business the meeting was adjourned at 6:22 pm.

aque Willi

Board Secretary/Clerk



MINUTES <u>BOARD OF DIRECTORS</u> <u>STRATEGIC PLANNING WORKSHOP</u>

Saturday, May 20, 2023, at 9:30 A.M. - 2:30 P.M. Administrative Office, 1st Floor Community Room, 138 S. Brandon Rd., Fallbrook

In accordance with California Government Code Section 54953 teleconferencing will be used for this meeting. Board members, staff and members of the public will be able to participate in the webinar.

1. CALL MEETING TO ORDER / ROLL CALL / ESTABLISH A QUORUM / PLEDGE OF ALLEGIANCE

Chair Bill Leach called the meeting to order at 9:30 am and led the Pledge of Allegiance. In attendance: Directors Bill Leach, Barbara Mroz, Jennifer Jeffries, Terry Brown, and Mike Stanicek. CEO Rachel Mason, Legal Counsel Jeffrey Scott, Staff members: Executive Assistant Raquel Williams, Administrative Officer Judith Oswald, Community Health & Wellness Center Administrator Theresa Geracitano, Programs Coordinator Bianca Heyming.

2. PUBLIC COMMENTS – ANNOUNCEMENT

Mr. Tim O'Leary shared with the Board the Grief Recovery Program at the Community Health & Wellness Center. He thanks the Board for the vital programs that are most beneficial to the community. Roger Shaver, Board President from the Foundation for Senior Care shared with the Board about the detrimental impact of the fourth-year hiatus of the non-profits of Fallbrook.

Patty Sargent, Executive Director of Foundation for Senior Care – Statement attached.

Allison Barclay, CEO Boys & Girls Club of North County echoed Patty and Roger and the impacts to local non-profits. Lisa Turner, Palomar Family Counseling Services.

3. DISCUSSION ITEMS-

a) Community Health Contract Grants process and policy per CEO Rachel Mason the policy is updated annually as we move towards the 2024-2025 grant cycle it's a good time to set the priorities of funding. Director Jeffries agrees with the range of proportionality and favors some sort of parenthesis that guides Finance, Facilities, and new programming.

Director Stanicek and Director Mroz agree with Director Jeffries and favor revisiting the policy. Chair Leach likes the revenue proportion range of high thirty's to low forty's and would like to send it back to the Finance committee.

CEO Mason started the discussion on the Service areas conversation that was brought up by a board member. A reminder that in the policy at least 80% of participants must be district residents. Chair Leach suggests potentially direct staff to form new partnerships. Director Jeffries shared census data that shows that Fallbrook is not a retiree community. There are more 18–50-year-old community members than retirees.

Current policy and future priorities Chair Leach is not a fan of the three-year rule and not in favor of telling grantees how to write their grants. Directors would like to revisit the policy.

CEO Mason spoke on the Memorandum of Understanding (MOU) for the ongoing services style program.

There are a few grantees that would fit in the MOU grant process. Discussion ensued.

v) North County Fire Protection District grants, CEO Mason gave a brief history of the MOU with NCFPD that ends in 2024. Chair Leach is not a fan of this agreement and does not like the idea of sharing an employee with another district. Chair Leach believes that this policy needs to have a more strategic discussion to see how we can help each other instead of the health district throwing money at them. Discussion ensued. Chair Leach directed CEO Mason to plan for the Districts to meet.

b) Community Health and Wellness Center services and programs- CEO Mason shared that the current strategic plan is guiding the programming at the CH&WC. Now is the time to come up with a new three-to-five-year plan. Setting priorities is important to the strategic plan as it assists in the development of new programs. Programs Coordinator Bianca Heyming shared with the Board a program matrix that will be attached to the minutes. Expectations of future programming Narcan Training , Healthy Living Fair, Alzheimer's/Dementia Support. CEO Mason shared about the two potential MOU's Gary & Mary West PACE program and Palomar Family Counseling Services. Lisa Turner, CEO, Palomar Family Counseling Services shared with the Board details of the proposal. Draft proposal attached to minutes Discussion ensued.

c) Redevelopment of the Community Health and Wellness Center Director Jeffries shared with the Board that the Facilities Committee recommendations for the parking lot project will be best to hold off on it due to the solar component. CEO Mason gave more information to the Board on the communication tower that has been proposed for the CH&WC. There are many options for the tower design. More information is coming soon. i) Building A – Sanctuary/Fellowship Hall Director Jeffries addressed the Board about an integrated parking lot, solar and ADA renovation. Director Jeffries asked for the Boards input on Building A renovation and would like to gain clarification as to where the rest of the Board is moving forward. Chair Leach would like to take small bites and get estimates for restrooms and kitchen.

d) Mission, Vision, and Values Chair Leach gave a brief presentation about the Strategic Planning Committee wanting to revise the Mission-Vision, and Values statement Director Stanicek shared his power point presentation. Director Mroz recommends getting the Boards input.

BOARD MEMBER COMMENTS AND FUTURE AGENDA ITEMS-

None

ADJOURNMENT-

There being no further business the meeting was adjourned at 2:11 pm

Laque Willi

Board Secretary/Clerk

Fallbrook Regional Health District **REPORT 1 - BALANCE SHEET COMPARISON**

Comparison of April 2023 to March 2023

	Apr 30, 23	Mar 31, 23	\$ Change
ASSETS			
Current Assets			
Checking/Savings 102.3 · Cash in Bank - Pacific Western	1,143,946.41	454,151.84	689,794.57
102.6 · Cash in Bank - LAIF	2,462,257.60	2,451,069.82	11,187.78
102.9 · Cash in Bank - CalTRUST	5,678,326.21	5,657,851.97	20,474.24
102.10 · Petty Cash	418.84	418.84	0.00
Total Checking/Savings	9,284,949.06	8,563,492.47	721,456.59
Other Current Assets			
104 · Prepaid Insurance	5,099.53	7,649.25	-2,549.72
107 · Tax Apportionment Receivable 110 · Reimbursement Rec'ble - CIF	141,580.75 -335.57	692,696.24 -335.57	-551,115.49 0.00
Total Other Current Assets	146,344.71	700,009.92	-553,665.21
Total Current Assets	9,431,293.77	9,263,502.39	167,791.38
Fixed Assets			
121 · Equipment	79,034.49	79,034.49	0.00
121.2 · Equipment Depreciation 122.0 · Assets	-54,377.50	-53,607.25	-770.25
122.0212 - Constr in Progress	93,772.00	93,772.00	0.00
122.01 · S. Brandon Road	161,578.00	161,578.00	0.00
122.011 · S. Brandon Road Improvements	225,031.39	223,424.76	1,606.63
122.012 · S. Brandon Road Land 122.02 · E. Mission Road	129,662.00 1,441,539.86	129,662.00 1,441,539.86	0.00 0.00
122.02 · E. Mission Road Improvements	452,591.05	436,113.81	16.477.24
122.022 · E. Mission Road Land	360,629.00	360,629.00	0.00
122.04 · Accum Depr - All Buildings	-236,982.00	-232,608.50	-4,373.50
Total 122.0 · Assets	2,627,821.30	2,614,110.93	13,710.37
Total Fixed Assets	2,652,478.29	2,639,538.17	12,940.12
Other Assets			
130 · Note Receivable - East Alvarado	362,058.69	463,991.99	-101,933.30
Total Other Assets	362,058.69	463,991.99	-101,933.30
TOTAL ASSETS	12,445,830.75	12,367,032.55	78,798.20
LIABILITIES & EQUITY Liabilities			
Current Liabilities			
Accounts Payable 140 · Accounts Payable	26,046.70	19,904.72	6,141.98
Total Accounts Payable	26,046.70	19,904.72	6,141.98
Other Current Liabilities			
203 - Accrued Payroll	19,050.94	20,389.60	-1,338.66
204 · Accrued Vacation & Sick Leave	39,020.29	39,020.29	0.00
211 · Payroll Taxes Payable 213 · Simple Plan Payable	6,970.29 3,110.28	7,546.69 3,103.88	-576.40 6.40
220 · Refundable Deposit Payable	200.00	0.00	200.00
Total Other Current Liabilities	68,351.80	70,060.46	-1,708.66
Total Current Liabilities	94,398.50	89,965.18	4,433.32
Total Liabilities	94,398.50	89,965.18	4,433.32
Equity			
302.2 · Community Investment Funds	8,792,578.12	8,792,578.12	0.00
300 · Unrestricted Operations Fund	2,465,936.08	2,465,936.08	0.00
Net Income	1,092,918.05	1,018,553.17	74,364.88
Total Equity	12,351,432.25	12,277,067.37	74,364.88

Fallbrook Regional Health District **REPORT 1 - BALANCE SHEET COMPARISON** Comparison of April 2023 to March 2023

	Apr 30, 23	Mar 31, 23	\$ Change
TOTAL LIABILITIES & EQUITY	12,445,830.75	12,367,032.55	78,798.20

Fallbrook Regional Health District REPORT 2 - INCOME STATEMENT For the Month Ended April 2023 & Fiscal Year to Date

Apr 23 Jul '22 - Ap... **Ordinary Income/Expense** Income 400 · District Income 402 · Property Tax Revenue 141,580.75 2,293,770.71 403 · Interest / Dividends 16,972.90 126,120.48 Total 400 · District Income 158,553.65 2,419,891.19 460 · Lease Income 570.00 · Wellness Center Income 537.50 1,274.50 Total 460 · Lease Income 537.50 1,274.50 **Total Income** 159,091.15 2,421,165.69 Expense 500 · Administrative Expenses 500.01 · Communications 967.91 6,989.70 500.02 · IT Services 600.00 4,643.76 500.03 · Refreshments 212.39 827.22 500.04 · Office Expenses 554.24 14,744.71 500.05 · Utilities 1,049.41 11,149.92 500.06 · Independent Contract Services 1,938.75 13,987.50 500.07 · Maintenance Services & Repairs 3,308.61 43,129.04 500.08 · Vehicle Expenses 913.28 0.00 500.10 · Salaries 29,047.14 327,128.05 2,400.29 500.12 · Payroll Taxes 31,076.56 500.14 · W/C Insurance -131.17 1,829.30 500.15 · Employee Health & Welfare 2,525.62 30,782.92 500.16 · Board Stipends 2,205.00 18,648.00 500.17 · Education & Conferences 1,521.42 23,526.54 500.18 · Dues & Subscriptions 2,862.44 26,297.91 500.19 · Insurance - General 1,712.87 17,128.70 500.20 · Independent Accounting Services 1,500.00 15,000.00 500.21 · Annual Independent Audit 0.00 22,068.96 2,632.68 500.22 · Medical Records Store & Service 26,333.96 50.00 15,905.00 500.23 · General Counsel 500.29 · Dist Promotions & Publications 3,528.34 16,921.05 500.30 · Simple IRA Expense 718.45 7.031.52 500.33 · Copier Lease 796.28 7.943.71 500.36 · Accrued Vacation & Sick Leave 0.00 5,728.76 500.40 · Office Equipment 0.00 2,857.71 500.50 · General Election 0.00 17,000.00 Total 500 · Administrative Expenses 60,000.67 709,593.78 570 · Comm. Health & Wellness Center 570.32 · Vehicle Expenses 13.17 640.58 570.01 · Communications 545.34 4,673.53 570.03 · Refreshments 24.24 42.58 570.04 · Office Expenses 525.52 13,252.35 570.05 · Utilities 1,546.01 13,776.09 570.07 · Maintenance Services & Repairs 5,630.29 52,747.48 570.10 · Salaries 18,179.20 143,275.95 10,890.29 570.12 · Payroll Taxes 1,300.51 570.15 · Employee Health & Welfare 4,588.25 31,913.99 570.18 · Dues & Subscriptions 15.00 5,447.00 570.19 · Insurance - General 606.52 6,065.20 570.29 · Dist Promotions & Publications 230.64 5,145.39 570.30 · Simple IRA Expense 302.66 2,726.60 570.33 · Copier Lease 796 27 2,535.59 570.40 · Office Equipment 0.00 5,323.77 Total 570 · Comm. Health & Wellness Center 34,303.62 298,456.39

Fallbrook Regional Health District **REPORT 2 - INCOME STATEMENT**

For the Month Ended April 2023 & Fiscal Year to Date

	Apr 23	Jul '22 - Ap
600 · Community Health Contracts 600.02 · Boys & Girls Clubs of North Cty 600.04 · D'Vine Path 600.05 · Fallbrook Food Pantry 600.07 · Fallbrook Senior Citizens Serv 600.10 · Foundation for Senior Care 600.11 · Hospice of the Valleys 600.12 · Michelle's Place Cancer Res Ctr 600.14 · Palomar Family Counseling Svc 600.51 · NC Fire JPA (EMSO) 600.52 · NC Fire JPA (Public Comms)	$\begin{array}{c} 0.00\\$	45,468.00 35,361.00 112,800.00 30,509.34 91,503.63 13,383.33 35,554.50 45,000.00 60,207.48 27,638.93
Total 600 · Community Health Contracts	0.00	497,426.21
800 · District Direct Care Services 800.01 · Health Services and Clinics 800 · District Direct Care Services - Other Total 800 · District Direct Care Services	0.00 534.05 534.05	3,758.66 534.05 4,292.71
Total Expense	94,838.34	1,509,769.09
Net Ordinary Income	64,252.81	911,396.60
Other Income/Expense Other Income Credit Card-Cash Rewards/Rebate 406 · Unearned Gain/Loss - CalTRUST 810 · Interest Income - Alvarado Str.	0.00 14,689.12 566.70	322.82 -2,096.03 18,071.06
Total Other Income	15,255.82	16,297.85
Other Expense 825 · Depreciation 500.27 · Depreciation - Brandon Rd. 570.27 · Depreciation - Mission Rd.	1,408.45 3,735.30	14,084.50 37,353.00
Total 825 · Depreciation	5,143.75	51,437.50
835 · FRHD Foundation 580 · FRHD Foundation Support 580.17 · Education & Conferences	0.00	176.71
Total 580 · FRHD Foundation Support	0.00	176.71
Total 835 · FRHD Foundation	0.00	176.71
900 · Community Investment Fund Reimb	0.00	-216,837.81
Total Other Expense	5,143.75	-165,223.60
Net Other Income	10,112.07	181,521.45
Net Income	74,364.88	1,092,918.05

Fallbrook Regional Health District REPORT 3 - PROFIT & LOSS ACTUAL vs. YTD BUDGET

July through April 2023

	Jul '22 - Apr	Budget	\$ Over Budget	% of Budget
Ordinary Income/Expense				
Income				
400 · District Income				
402 · Property Tax Revenue	2,293,770.71	2,011,910.10	281,860.61	114.0%
403 · Interest / Dividends	126,120.48	23,179.82	102,940.66	544.1%
Total 400 · District Income	2,419,891.19	2,035,089.92	384,801.27	118.9%
460 · Lease Income				
570.00 · Wellness Center Income	1,274.50	1,000.00	274.50	127.5%
Total 460 · Lease Income	1,274.50	1,000.00	274.50	127.5%
Total Income	2,421,165.69	2,036,089.92	385,075.77	118.9%
Expense				
500 · Administrative Expenses				
500.01 · Communications	6,989.70	8,130.00	(1,140.30)	86.0%
500.02 · IT Services	4,643.76	2,850.00	1,793.76	162.9%
500.03 · Refreshments	827.22	550.00	277.22	150.4%
500.04 · Office Expenses	14,744.71	9,500.00	5,244.71	155.2%
500.05 · Utilities	11,149.92	12,105.57	(955.65)	92.1%
500.06 · Independent Contract Services	13,987.50	14,170.00	(182.50)	98.7%
500.07 · Maintenance Services & Repairs	43,129.04	14,200.00	28,929.04	303.7%
500.08 · Vehicle Expenses	913.28	405.00	508.28	225.5%
500.10 · Salaries	327,128.05	276,208.40	50,919.65	118.4%
500.12 · Payroll Taxes	31,076.56	22,096.70	8,979.86	140.6%
500.14 · W/C Insurance	1,829.30	2,100.00	(270.70)	87.1%
500.15 · Employee Health & Welfare	30,782.92	36,702.20	(5,919.28)	83.9%
500.16 · Board Stipends	18,648.00	16,800.00	1,848.00	111.0%
500.17 · Education & Conferences	23,526.54	10,800.00	12,726.54	217.8%
500.18 · Dues & Subscriptions	26,297.91	27,745.00	(1,447.09)	94.8%
500.19 · Insurance - General	17,128.70	22,380.80	(5,252.10)	76.5%
500.20 · Independent Accounting Services	15,000.00	15,200.00	(200.00)	98.7%
500.21 · Annual Independent Audit	22,068.96	15,500.00	6,568.96	142.4%
500.22 · Medical Records Store & Service	26,333.96	22,180.10	4,153.86	118.7%
500.23 · General Counsel	15,905.00	29,394.21	(13,489.21)	54.1%
500.29 · Dist Promotions & Publications	16,921.05	11,250.00	5,671.05	150.4%
500.30 · Simple IRA Expense	7,031.52	8,286.30	(1,254.78)	84.9%
500.33 · Copier Lease	7,943.71	8,463.40	(519.69)	93.9%
500.36 · Accrued Vacation & Sick Leave	5,728.76	0.00	5,728.76	100.0%
500.40 · Office Equipment	2,857.71	5,700.00	(2,842.29)	50.1%
500.50 · General Election	17,000.00	0.00	17,000.00	100.0%
Total 500 · Administrative Expenses	709,593.78	592,717.68	116,876.10	119.7%

Fallbrook Regional Health District REPORT 3 - PROFIT & LOSS ACTUAL vs. YTD BUDGET

July through April 2023

	Jul '22 - Apr	Budget	\$ Over Budget	% of Budget
570 · Comm. Health & Wellness Center				
570.32 · Vehicle Expenses	640.58	0.00	640.58	100.0%
570.01 · Communications	4,673.53	2,200.00	2,473.53	212.4%
570.02 · IT Services	0.00	1,100.00	(1,100.00)	0.0%
570.03 · Refreshments	42.58	0.00	42.58	100.0%
570.04 · Office Expenses	13,252.35	5,000.00	8,252.35	265.0%
570.05 · Utilities	13,776.09	13,119.27	656.82	105.0%
570.06 · Independent Contract Services	0.00	1,155.00	(1,155.00)	0.0%
570.07 Maintenance Services & Repairs	52,747.48	20,350.00	32,397.48	259.2%
570.10 · Salaries	143,275.95	129,280.86	13,995.09	110.8%
570.12 · Payroll Taxes	10,890.29	10,342.50	547.79	105.3%
570.15 · Employee Health & Welfare	31,913.99	28,819.92	3,094.07	110.7%
570.18 · Dues & Subscriptions	5,447.00	0.00	5,447.00	100.0%
570.19 · Insurance - General	6,065.20	7,500.00	(1,434.80)	80.9%
570.23 · General Counsel	0.00	20,000.00	(20,000.00)	0.0%
570.29 · Dist Promotions & Publications	5,145.39	18,016.70	(12,871.31)	28.6%
570.30 · Simple IRA Expense	2,726.60	3,888.20	(1,161.60)	70.1%
570.33 · Copier Lease	2,535.59	8,463.40	(5,927.81)	30.0%
570.40 · Office Equipment	5,323.77	6,000.00	(676.23)	88.7%
Total 570 · Comm. Health & Wellness Center	298,456.39	275,235.85	23,220.54	108.4%
600 · Community Health Contracts				
600.02 · Boys & Girls Clubs of North Cty	45,468.00	25,156.00	20,312.00	180.7%
600.04 · D'Vine Path	35,361.00	11,787.00	23,574.00	300.0%
600.05 · Fallbrook Food Pantry	112,800.00	37,600.00	75,200.00	300.0%
600.07 · Fallbrook Senior Citizens Serv	30,509.34	10,169.78	20,339.56	300.0%
600.10 · Foundation for Senior Care	91,503.63	30,501.21	61,002.42	300.0%
600.11 · Hospice of the Valleys	13,383.33	4,461.11	8,922.22	300.0%
600.12 · Michelle's Place Cancer Res Ctr	35,554.50	11,851.50	23,703.00	300.0%
600.14 · Palomar Family Counseling Svc	45,000.00	15,000.00	30,000.00	300.0%
600.50 · NC Fire JPA (Ambulance)	0.00	105,000.00	(105,000.00)	0.0%
600.51 · NC Fire JPA (EMSO)	60,207.48	60,000.00	207.48	100.3%
600.52 · NC Fire JPA (Public Comms)	27,638.93	22,500.00	5,138.93	122.8%
Total 600 · Community Health Contracts	497,426.21	334,026.60	163,399.61	148.9%
800 · District Direct Care Services 800.01 · Health Services and Clinics 800 · District Direct Care Services - Other	3,758.66 534.05	174,166.70	(170,408.04)	2.2%
Total 800 · District Direct Care Services	4,292.71	174,166.70	(169,873.99)	2.5%
Fotal Expense	1,509,769.09	1,376,146.83	133,622.26	109.7%
t Ordinary Income	911,396.60	659,943.09	251,453.51	138.1%

Fallbrook Regional Health District REPORT 3 - PROFIT & LOSS ACTUAL vs. YTD BUDGET

July through April 2023

	Jul '22 - Apr	Budget	\$ Over Budget	% of Budget
Other Income/Expense				
Other Income				
Credit Card-Cash Rewards/Rebate	322.82			
406 · Unearned Gain/Loss - CalTRUST	(2,096.03)	0.00	(2,096.03)	100.0%
810 · Interest Income - Alvarado Str.	18,071.06	0.00	18,071.06	100.0%
Total Other Income	16,297.85	0.00	16,297.85	100.0%
Other Expense				
825 · Depreciation				
500.27 · Depreciation - Brandon Rd.	14,084.50	0.00	14,084.50	100.0%
570.27 · Depreciation - Mission Rd.	37,353.00	0.00	37,353.00	100.0%
Total 825 · Depreciation	51,437.50	0.00	51,437.50	100.0%
835 · FRHD Foundation				
580 · FRHD Foundation Support 580.17 · Education & Conferences	176 71	0.00	176 71	100.00/
580.17 · Education & Conferences	176.71	0.00	176.71	100.0%
Total 580 · FRHD Foundation Support	176.71	0.00	176.71	100.0%
Total 835 · FRHD Foundation	176.71	0.00	176.71	100.0%
900 · Community Investment Fund Reimb	(216,837.81)	0.00	(216,837.81)	100.0%
Total Other Expense	(165,223.60)	0.00	(165,223.60)	100.0%
Net Other Income	181,521.45	0.00	181,521.45	100.0%
et Income	1,092,918.05	659,943.09	432,974.96	165.6%

Fallbrook Regional Health District REPORT 4 - APPROVED ANNUAL BUDGET

July 2022 through June 2023

													TOTAL
	Jul 22	Aug 22	Sep 22	Oct 22	Nov 22	Dec 22	Jan 23	Feb 23	Mar 23	Apr 23	May 23	Jun 23	Jul '22 - Jun 23
Ordinary Income/Expense Income													
400 · District Income 402 · Property Tax Revenue 403 · Interest / Dividends	25,753.04 1,611.97	24,975.91 751.65	35,041.36 1,464.55	115,749.67 2,789.91	638,174.56 1,822.64	322,447.93 2,041.04	81,478.01 3,510.81	62,990.89 2,410.08	435,413.06 2,792.81	269,885.67 3,984.36	29,301.03 1,681.01	18,016.39 1,872.49	2,059,227.52 26,733.32
Total 400 · District Income	27,365.01	25,727.56	36,505.91	118,539.58	639,997.20	324,488.97	84,988.82	65,400.97	438,205.87	273,870.03	30,982.04	19,888.88	2,085,960.84
460 · Lease Income 460.03 · Lease Income 570.00 · Wellness Center Income 571.00 · Program Fees	0.00 100.00 0.00	0.00 100.00 0.00	0.00 100.00 0.00	0.00 100.00 0.00	0.00 100.00 0.00	0.00 100.00 0.00	0.00 100.00	0.00 100.00	0.00 100.00	0.00 100.00	0.00 100.00	0.00 100.00	0.00 1,200.00 0.00
Total 460 · Lease Income	100.00	100.00	100.00	100.00	100.00	100.00	100.00	100.00	100.00	100.00	100.00	100.00	1,200.00
Total Income	27,465.01	25,827.56	36,605.91	118,639.58	640,097.20	324,588.97	85,088.82	65,500.97	438,305.87	273,970.03	31,082.04	19,988.88	2,087,160.84
Expense 600.99 · Returned Grant Money	0.00	0.00	0.00	0.00	0.00	0.00							0.00
500 · Administrative Expenses 500.01 · Communications	813.00 285.00	813.00	813.00 285.00	813.00 285.00	813.00	813.00	813.00 285.00	813.00 285.00	813.00 285.00	813.00 285.00	813.00 285.00	813.00 285.00	9,756.00
500.02 · IT Services 500.03 · Refreshments 500.04 · Office Expenses	40.00 950.00	285.00 40.00 950.00	40.00 950.00	40.00 950.00	285.00 40.00 950.00	285.00 190.00 950.00	40.00 950.00	40.00 950.00	40.00 950.00	40.00 950.00	40.00 950.00	40.00 950.00	3,420.00 630.00 11.400.00
500.05 · Utilities 500.06 · Independent Contract Services	1,435.60	1,568.40	1,442.30	1,217.91	1,105.39	872.90 1,417.00	1,009.62	1,054.57	1,213.33 1,417.00	1,185.55	1,137.69	1,099.62	14,342.88 17,004.00
500.07 · Maintenance Services & Repairs 500.08 · Vehicle Expenses	1,420.00 20.00	1,420.00 225.00	1,420.00 20.00	1,420.00 20.00	1,420.00 20.00	1,420.00 20.00	1,420.00 20.00	1,420.00 20.00	1,420.00 20.00	1,420.00 20.00	1,420.00 20.00	1,420.00 20.00	17,040.00 445.00
500.10 · Salaries 500.12 · Payroll Taxes	27,620.84 2,209.67	27,620.84 2,209.67	27,620.84 2,209.67	27,620.84 2,209.67	27,620.84 2,209.67	27,620.84 2,209.67	27,620.84 2,209.67	27,620.84 2,209.67	27,620.84 2,209.67	27,620.84 2,209.67	27,620.84 2,209.67	27,620.84 2,209.67	331,450.08 26,516.04
500.14 · W/C Insurance 500.15 · Employee Health & Welfare	210.00 3,626.70 1.575.00	210.00 3,626.70 1.575.00	210.00 3,626.70	210.00 3,626.70	210.00 3,626.70	210.00 3,626.70	210.00 3,735.50	210.00 3,735.50 1,575.00	210.00 3,735.50	210.00 3,735.50 2,100.00	210.00 3,735.50 1,575.00	210.00 3,735.50	2,520.00 44,173.20 19,950.00
500.16 · Board Stipends 500.17 · Education & Conferences 500.18 · Dues & Subscriptions	1,000.00	3,800.00 2,100.00	1,575.00 0.00 675.00	1,575.00 0.00 8,700.00	1,575.00 0.00 850.00	1,575.00 0.00 850.00	2,100.00 0.00 720.00	3,500.00 2,100.00	1,575.00 0.00 750.00	2,500.00 2,500.00 750.00	2,500.00	1,575.00 0.00 850.00	13,300.00 29,795.00
500.19 · Insurance - General 500.20 · Independent Accounting Services	2,238.08	2,238.08 1,400.00	2,238.08 1,400.00	2,238.08 1,400.00	2,238.08 1,400.00	2,238.08 2,600.00	2,238.08 1,400.00	2,238.08 1,400.00	2,238.08 1,400.00	2,238.08 1,400.00	2,238.08	2,238.08 1,400.00	26,856.96 18,000.00
500.21 Annual Independent Audit 500.22 Medical Records Store & Service	0.00 2,218.01	5,000.00 2,218.01	1,000.00 2,218.01	3,500.00 2,218.01	2,500.00 2,218.01	2,500.00 2,218.01	1,000.00 2,218.01	0.00 2,218.01	0.00 2,218.01	0.00 2,218.01	0.00 2,218.01	0.00 2,218.01	15,500.00 26,616.12
500.23 · General Counsel 500.29 · Dist Promotions & Publications 500.30 · Simple IPA Exponse	4,611.25 625.00 828.63	3,333.75 625.00 828.63	2,178.75 625.00 828.63	717.50 3,125.00 828.63	3,123.75 625.00 828.63	1,951.25 3,125.00 828.63	2,581.25 625.00 828.63	4,730.25 625.00 828.63	3,091.38 625.00 828.63	3,075.08 625.00 828.63	3,120.77 625.00 828.63	3,854.57 625.00 828.63	36,369.55 12,500.00 9,943.56
500.30 · Simple IRA Expense 500.33 · Copier Lease 500.36 · Accrued Vacation & Sick Leave	828.63 846.34 0.00	828.63 846.34 0.00	828.63 846.34 0.00	828.63 846.34 0.00	828.63 846.34 0.00	828.63 846.34 0.00	828.63 846.34 0.00	828.63 846.34 0.00	828.63 846.34 0.00	828.63 846.34 0.00	828.63 846.34 0.00	828.63 846.34 0.00	9,943.56 10,156.08 0.00
500.40 · Office Equipment 500.50 · General Election	3,100.00 0.00	500.00 0.00	0.00	0.00	0.00	2,100.00 0.00	0.00	0.00 0.00	0.00 0.00	0.00	0.00 0.00	0.00 0.00	5,700.00 0.00
Total 500 · Administrative Expenses	68,740.12	64,850.42	53,639.32	64,978.68	55,922.41	60,467.42	54,287.94	59,836.89	53,506.78	56,487.70	56,410.53	54,256.26	703,384.47
570 · Comm. Health & Wellness Center 570.32 · Vehicle Expenses	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
570.01 · Communications 570.02 · IT Services	220.00 110.00	220.00 110.00	220.00 110.00	220.00 110.00	220.00 110.00	220.00 110.00	220.00 110.00	220.00 110.00	220.00 110.00	220.00 110.00	220.00 110.00	220.00 110.00	2,640.00 1,320.00
570.03 · Refreshments 570.04 · Office Expenses 570.05 · Utilities	0.00 500.00 1,690.34	0.00 500.00 1,252.36	0.00 500.00 1,160.47	0.00 500.00 1,167.64	0.00 500.00 1,538.17	0.00 500.00 1,436.91	500.00 1,284.01	500.00 1,199.91	500.00 1,207.97	500.00 1,181.49	500.00 1,209.57	500.00 1,246.96	0.00 6,000.00 15,575.80
570.06 - Independent Contract Services 570.07 - Maintenance Services & Repairs	115.50	115.50	115.50	115.50	115.50	115.50	115.50	115.50	115.50	115.50	115.50 2,035.00	115.50	1,386.00
570.10 · Salaries 570.12 · Payroll Taxes	12,677.20 1,014.18	12,677.20 1,014.18	12,677.20 1,014.18	12,989.70 1,039.18	12,989.70 1,039.18	12,989.70 1,039.18	12,989.70 1,039.18	12,989.70 1,039.18	13,150.38 1,052.03	13,150.38 1,052.03	13,150.38 1,052.03	13,150.38 1,052.03	155,581.62 12,446.56
570.14 · W/C Insurance 570.15 · Employee Health & Welfare	0.00 2,847.82	0.00 2,847.82	0.00 2,847.82	0.00 2,847.82	0.00 2,847.82	0.00 2,847.82	0.00 2,933.25	0.00 2,933.25	0.00 2,933.25	0.00 2,933.25	0.00 2,933.25	0.00 2,933.25	0.00 34,686.42
570.18 · Dues & Subscriptions 570.19 · Insurance - General 570.23 · General Counsel	0.00 750.00 2,000.00	0.00 750.00 2,000.00	0.00 750.00 2.000.00	0.00 750.00 2,000.00	0.00 750.00 2,000.00	0.00 750.00 2,000.00	0.00 750.00 2,000.00	0.00 750.00 2,000.00	0.00 750.00 2,000.00	0.00 750.00 2,000.00	0.00 750.00 2,000.00	0.00 750.00 2,000.00	0.00 9,000.00 24,000.00
570.29 · Dist Promotions & Publications 570.30 · Simple IRA Expense	2,666.67 388.82	1,016.67 388.82	1,016.67 388.82	3,666.67 388.82	1,266.67 388.82	1,016.67 388.82	1,416.67 388.82	3,516.67 388.82	1,266.67 388.82	1,166.67 388.82	1,266.67 388.82	766.67 388.82	20,050.04 4,665.84
570.33 · Copier Lease 570.40 · Office Equipment	846.34 3,000.00	846.34 0.00	846.34 0.00	846.34 1,000.00	846.34 0.00	846.34 1,000.00	846.34 0.00	846.34 1,000.00	846.34 0.00	846.34 0.00	846.34 0.00	846.34 0.00	10,156.08 6,000.00
Total 570 · Comm. Health & Wellness Center	30,861.87	25,773.89	25,682.00	29,676.67	26,647.20	27,295.94	26,628.47	29,644.37	26,575.96	26,449.48	26,577.56	26,114.95	327,928.36
600 · Community Health Contracts 600.01 · Be Well Therapy 600.02 · Boys & Girls Clubs of North Cty	0.00 25,156.00	0.00 0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00 25,156.00
600.03 · Champions for Health 600.04 · D'Vine Path	23, 130.00 0.00 11,787.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00 11,787.00
600.05 · Fallbrook Food Pantry 600.06 · Fallbrook Land Conservancy	37,600.00 0.00	0.00	0.00	0.00	0.00	0.00 0.00	0.00 0.00	0.00 0.00	0.00 0.00	0.00	0.00 0.00	0.00	37,600.00 0.00
600.07 · Fallbrook Senior Citizens Serv 600.08 · Fallbrook Smiles Project	10,169.78 0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	10,169.78 0.00
600.09 · Fallbrook Union High School 600.10 · Foundation for Senior Care 600.11 · Hospice of the Valleys	0.00 30,501.21 4.461.11	0.00 0.00 0.00	0.00 0.00 0.00	0.00 0.00 0.00	0.00 0.00 0.00	0.00 0.00 0.00	0.00 0.00 0.00	0.00 0.00 0.00	0.00 0.00 0.00	0.00 0.00 0.00	0.00 0.00 0.00	0.00 0.00 0.00	0.00 30,501.21 4.461.11
600.12 · Michelle's Place Cancer Res Ctr 600.13 · Neighborhood Healthcare	11,851.50	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	11,851.50
600.14 · Palomar Family Counseling Svc 600.15 · REINS	15,000.00 0.00	0.00 0.00	0.00 0.00	0.00 0.00	0.00 0.00	0.00 0.00	0.00 0.00	0.00 0.00	0.00 0.00	0.00 0.00	0.00 0.00	0.00	15,000.00 0.00
600.16 · SSNAAPE 600.17 · Trauma Intervention Prog of SD 600.50 · NC Fire JPA (Ambulance)	0.00 0.00 105,000.00	0.00 0.00 0.00	0.00 0.00 0.00	0.00 0.00 0.00	0.00 0.00 0.00	0.00 0.00 0.00	0.00 0.00 0.00	0.00 0.00 0.00	0.00 0.00 0.00	0.00 0.00 0.00	0.00 0.00 0.00	0.00 0.00 0.00	0.00 0.00 105 000 00
600.51 · NC Fire JPA (EMSO) 600.52 · NC Fire JPA (Public Comms)	0.00	20,000.00 7,500.00	0.00	0.00	0.00	20,000.00 7,500.00	0.00	0.00	20,000.00 7.500.00	0.00	0.00	20,000.00	80,000.00
Total 600 · Community Health Contracts	251,526.60	27,500.00	0.00	0.00	0.00	27,500.00	0.00	0.00	27,500.00	0.00	0.00	27,500.00	361,526.60
800 · District Direct Care Services 800.01 · Health Services and Clinics	16,916.67	16,916.67	21,916.67	16,916.67	16,916.67	16,916.67	16,916.67	16,916.67	16,916.67	16,916.67	16,916.67	16,916.67	208,000.04
800.02 · Urgent Care 800.03 · Women of Wellness	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Total 800 · District Direct Care Services Total Expense	16,916.67	16,916.67	21,916.67	16,916.67	16,916.67	16,916.67	16,916.67	16,916.67	16,916.67	16,916.67	16,916.67	16,916.67	208,000.04
Net Ordinary Income	-340,580.25	-109,213.42	-64,632.08	7,067.56	99,486.28	132,180.03 192,408.94	97,833.08	-40,896.96	124,499.41 313,806.46	99,853.85	-68,822.72	-104,799.00	486,321.37
Other Income/Expense Other Income													
Other Income 406 - Unearned Gain/Loss - CaITRUST 810 - Interest Income - Alvarado Str.	0.00 0.00	0.00	0.00	0.00	0.00	0.00 0.00	0.00 0.00	0.00	0.00	0.00	0.00	0.00	0.00
820.01 · Gain on Sale of Assets 820.01 · Gain on Sale of Assets - Other	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Total 820 · Gain on Sale of Assets	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Total Other Income Other Expense	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Other Expense 825 · Depreciation 500.27 · Depreciation - Brandon Rd.	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
570.27 · Depreciation - Mission Rd.	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Total 825 · Depreciation 830 · Community Investment Funds Used	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
830 · Community investment Funds Used 830.01 · Consultants 830.02 · Facility Improvements	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Total 830 · Community Investment Funds Used	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00

Fallbrook Regional Health District REPORT 4 - APPROVED ANNUAL BUDGET

July 2022 through June 2023

													TOTAL
	Jul 22	Aug 22	Sep 22	Oct 22	Nov 22	Dec 22	Jan 23	Feb 23	Mar 23	Apr 23	May 23	Jun 23	Jul '22 - Jun 2
835 · FRHD Foundation													
580 · FRHD Foundation Support													
580.01 · Communications	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.02 · I.T. Services	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.03 · Refreshments	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.04 · Office Expenses	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.05 · Utilities	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.07 · Maintenance Services & Repairs	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.10 · Salaries	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.12 · Pavroll Taxes	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.14 · W/C Insurance	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.17 · Education & Conferences	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.18 · Dues & Subscriptions	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.19 · Insurance - General	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.20 · Independent Accounting Services	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.21 · Annual Independent Audit	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.23 · General Counsel	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.33 · Copier Lease	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.40 · Office Equipment	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580 · FRHD Foundation Support - Other	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Total 580 · FRHD Foundation Support	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Total 835 · FRHD Foundation	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.0
900 · Community Investment Fund Reimb	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.0
otal Other Expense	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.0
Other Income	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.0
come	-340,580.25	-109,213.42	-64,632.08	7,067.56	540,610.92	192,408.94	-12,744.26	-40,896.96	313,806.46	174,116.18	-68,822.72	-104,799.00	486,321.3

California State Treasurer **Fiona Ma, CPA**



Local Agency Investment Fund P.O. Box 942809 Sacramento, CA 94209-0001 (916) 653-3001 May 10, 2023

LAIF Home PMIA Average Monthly Yields

FALLBROOK REGIONAL HEALTH DISTRICT

DISTRICT ADMINISTRATOR 138 SOUTH BRANDON ROAD FALLBROOK, CA 92028

Tran Type Definitions

Account Number:

April 2023 Statement

Effective Date	Transaction Date	Tran Type	Confirm Number	We Confi Num	b rm ber Authorized Caller	Amount
4/14/2023	4/13/2023	QRD	1726483	N/A	SYSTEM	11,187.78
<u>Account S</u>	<u>bummary</u>					
Total Depo	osit:		11	,187.78	Beginning Balance:	2,451,069.82
Total With	drawal:			0.00	Ending Balance:	2,462,257.60



CalTRUST PO Box 2709 Granite Bay, CA 95746 www.caltrust.org Email: admin@caltrust.org Phone: 833-CALTRUST (225-8787)

04/01/2023 through 04/30/2023

SUMMARY OF INVESTMENTS

Fund	Account Number	Total Shares Owned	Net Asset Value per Share on Apr 30 (\$)	Value on Apr 30 (\$)	Average Cost Amount (\$)	Cumulative Change in Value (\$)
FALLBROOK REGIONAL HEALTH DISTRICT CalTRUST Medium Term Fund		580.012.892	9.79	5.678.326.21	5,815,491,33	(137,165.12)
	Portfolios Tot	al value as of 04/3		5,678,326.21	0,010,101.00	(137,103.12)

DETAIL OF TRANSACTION ACTIVITY

Activity Description	Activity Date	Amount (\$)	Amount in Shares	Balance in Shares	Price per Share (\$)	Balance (\$)	Average Cost Amt (\$) Ga	Realized ain/(Loss) (\$)
CalTRUST Medium Term Fund		FALL	BROOK REGIONA	L HEALTH DIST			count Number:	
Beginning Balance	04/01/2023			578,512.471	9.78	5,657,851.97		
Accrual Income Div Reinvestment Change in Value	04/28/2023	14,689.12	1,500.421	580,012.892	9.79	5,678,326.21 5,785.12	0.00	0.00
Closing Balance as of	Apr 30			580,012.892	9.79	5,678,326.21		



Our mission is to assist residents of Fallbrook, Bonsall, Rainbow and De Luz, to lead healthy lives, supporting a greater life span and independence. El Fallbrook Regional Health District ayuda a los residentes a llevar una vida saludable, apoyando una mayor esperanza de vida e independencia.

LOCAL AGENCY INVESTMENT FUND (LAIF)

Through the Pooled Money Investment Account (PMIA), the State Treasurer invests taxpayers' money to manage the State's cash flow and strengthen the financial security of local governmental entities. PMIA policy sets as primary investment objectives safety, liquidity and yield. Total assets under LAIF Management at month-end were \$26.9 billion.

As of April 30, 2023, the PMIA's holdings included US Treasury Bills and Notes (66.66% of portfolio), Federal Agency Debentures and Discount Notes (20.56% of portfolio), CDs and Commercial Paper (9.53% of portfolio).

As of April 30, 2023, the District's balance was \$2,462,25.60. This represents 30.25% of the District's investment portfolio. The Performance Rate for the month of April, 2023 was 2.87%.

In April, 2023, the District reported \$11,187.78 in quarterly earnings.

CalTRUST

The CalTRUST Board works closely with the investment manager, BlackRock, to ensure that public dollars are managed securely and efficiently and are in full compliance with California Law. The primary objective is to safeguard the preservation of principal.

The District is invested in the CalTRUST Medium Term Fund which held, in part, the following sectors at April 30, 2023: Corporate Bonds (27.63% of portfolio), US Government and Agencies (57.09% of portfolio) and CDs (1.09% of portfolio). Total assets under CalTRUST Management at month-end were over \$3.1 billion.

As of April 30, the District's closing Net Asset Value was \$5,678,326.21. This represents 69.75% of the District's investment portfolio.

In April, 2023, the District earned \$14,689.12 in dividend income and reported an unrealized gain of \$5,785.12. The One Year Yield on the Medium-Term Fund was 2.15%

The investments of the District are in compliance with the District's 2022-2023 Investment Policy. The balances in the District's investment accounts give the District the ability to meet its expenditure requirements for the next eighteen (18) months.

Fallbrook Regional Health District REPORT 7 - PROPERTY TAX REVENUE April 2023

Туре	Date	Name	Amount	Balance	
400 · District Income					
402 · Property Tax	Revenue				
General Journal	07/31/2022		33,039.59	33,039.59	
General Journal	08/31/2022		19,112.02	52,151.61	
General Journal	09/30/2022		38,254.42	90,406.03	
General Journal	10/31/2022		101,462.22	191,868.25	
General Journal	11/30/2022		748,316.37	940,184.62	
General Journal	12/31/2022		372,825.47	1,313,010.09	
General Journal	01/01/2023		54.00	1,313,064.09	
General Journal	01/31/2023		86,736.33	1,399,800.42	
General Journal	02/28/2023		59,693.30	1,459,493.72	
General Journal	03/31/2023		692,696.24	2,152,189.96	
General Journal	04/30/2023		141,580.75	2,293,770.71	
Total 402 · Property	Tax Revenue		2,293,770.71	2,293,770.71	
Total 400 · District Inco	me		2,293,770.71	2,293,770.71	
TAL			2,293,770.71	2,293,770.71	

Fallbrook Regional Health District **REPORT 8 - CHECK DETAIL REPORT**

April 2023

Date	Num	Name	Memo	Amount
102.3 · Cash	in Bank	- Pacific Western		
04/05/2023	298		03/31/2023 Payroll/Tax Disbursement	-27,936.29
04/06/2023	13375	Active Power Solutions	CHWC - CIF	-3,850.00
04/06/2023	13356	Amazon Capital Servi		-883.6
04/06/2023	13357	Bianca Heyming	WC - mileage reimbursement	-70.74
04/06/2023	13358	Brand Assasins	WC Dist & promos	-206.0
04/06/2023	13359	Culligan of San Diego		-93.5
04/06/2023	13360	Fallbrook Chamber of	WC - advertising	-20.00
04/06/2023	13361	Fallbrook Rooter & Dr	CIF - Edu CHWC	-449.90
04/06/2023	13362	Iron Mountain	Admin - records storage	-2,582.2
04/06/2023	13363	Juana Diaz	Office Cleaning	-470.0
04/06/2023	13364	Knight Security & Fire	Admin - Security monitoring	-44.0
04/06/2023	13365	LDC Always Green La		-1,350.00
04/06/2023	13366	Patty Taylor	WC - mileage reimbursement	-21.2
04/06/2023	13367	Spectrum - Mission	8448 20 899 0060354	-365.9
04/06/2023	13368	Spectrum Business-Br	8448 20 899 0060321	-382.9
04/06/2023	13369	Springston Design LLC	IT maintenance	-600.00
04/06/2023	13370	Taylor Design	WC - CIF	-1,615.00
04/06/2023	13371	Woodward, Susan	CPA Services	-1,500.00
04/06/2023	13372	Katia Elizondo Marquez	Mileage reimbursement	-71.98
04/06/2023	13373 13374	Active Power Solutions	CHWC - Edu	-2,100.00
04/06/2023	13374	UMPQUA Bank	Denesit	-4,080.8
04/06/2023 04/06/2023	267		Deposit Record Simple IRA payment	3,199.0
04/00/2023	13376	24 Hour Elevator Inc.	Elevator Maintenance	-4,125.0 -238.1
04/13/2023	13377	3 Day Blinds, LLC	WC - CIF Window Coverings	-2,065.1
04/13/2023	13378	Amazon Capital Servi	WC - Ch Window Coverings	-554.8
04/13/2023	13379	Culligan of Escondido	AdminWater service	-60.2
04/13/2023	13380	Fallbrook Rooter & Dr	Admin - Maintenance	-452.5
04/13/2023	13381	Fallbrook Waste & Re	WC - Utilities	-283.38
04/13/2023	13382	Fallbrook Waste & Re	Admin - Utilities	-89.00
04/13/2023	13383	First Impulse	Admin - Communications	-385.0
04/13/2023	13384	Jim's Sign Shop	WC - Signs	-299.5
04/13/2023	13385	Juana Diaz	Office Cleaning	-440.00
04/13/2023	13386	Key, Darren	WC - CHWC - CIF	-95.00
04/13/2023	13387	Konica Minolta	Admin - Copier Lease	-1,592.5
04/13/2023	13388	North County Window	Balance for Windows - WC	-10,394.1
04/13/2023	13389	Patty Taylor	WC - Office Supplies	-10.4
04/13/2023	13390	SDRMA	Employee Benefits	-879.1
04/14/2023	268		Record Monthly Quickbooks payment	-100.00
04/14/2023	269		Record ADP processing fees	-130.70
04/14/2023	270		To record annual payment for Quickbooks online	-2,060.00
04/19/2023	272		Apportionment received	692,696.24
04/20/2023	286		Record Payroll Disbursement	-23,027.5
04/20/2023	13391	Amazon Capital Servi	District Direct Care Services Supplied	-49.5
04/20/2023	13392	CalPERS	ID 1559595490	-7,557.7
04/20/2023	13393	Juana Diaz	Office Cleaning	-470.0
04/20/2023	13394	Key, Darren	WC - Maintenance	-50.0
04/20/2023	13395	Low Voltage		-989.2
04/20/2023	13396	Springston Design LLC	WC - IT Svcs CHWC CIF	-640.0
04/20/2023	13397	Tracy Rosalee - Reim		-68.7
04/26/2023	13398	Amazon Capital Servi	Admin - Office Expense	-46.4
04/26/2023	13399	Jim's Sign Shop	50% payment for Parking Sign	-70.0
04/26/2023	13400	Juana Diaz	Office Cleaning	-440.0
04/26/2023	13401	T-Mobile	WC - Telephone	-29.4
04/26/2023			Deposit	400.0
04/28/2023	271		Record ADP processing fees	-112.7
04/28/2023	273		Record payment for Alvarado street	100,000.0
Total 102.3 ·	Cash in E	ank - Pacific Western		689,794.5
TOTAL				689,794.5



BL ACCT 00002840-20000001 FALLBROOK REG HEALTH DIST Account Number: ####-####-####-7117 Page 1 of 4

VISA

Account Summary		
Billing Cycle		04/30/2023
Days In Billing Cycle		30
Previous Balance		\$4,080.88
Purchases	+	\$3,674.66
Cash	+	\$0.00
Balance Transfers	+	\$0.00
Special	+	\$0.00
Credits	-	\$314.51-
Payments	-	\$4,080.88-
Other Charges	+	\$0.00
Finance Charges	+	\$0.00
NEW BALANCE		\$3,360.15
Credit Summary		
Credit Summary Total Credit Line		\$6,000.00
-		\$6,000.00 \$2,639.85
Total Credit Line		
Total Credit Line Available Credit Line		\$2,639,85
Total Credit Line Available Credit Line Available Cash		\$2,639.85 \$0.00

Account Inquiries



Call us at: (866) 777-9013 Lost or Stolen Card: (866) 839-3485



Go to www.umpquabank.com

Write us at PO BOX 35142 - LB1181, SEATTLE, WA 98124-5142

Payment Summary							
NEW BALANCE	\$3,360.15						
MINIMUM PAYMENT	\$3,360.15						
PAYMENT DUE DATE	05/25/2023						

NOTE: Grace period to avoid a finance charge on purchases, pay entire new balance by payment due date. Finance charge accrues on cash advances until paid and will be billed on your next statement.

Corporate	e Activity							
	TOTAL CORPORATE ACTIVITY							
Trans Date	Post Date		Refere	nce Number	Transaction	Amount		
04/17	04/17	000	0000LB	X2304175826002	PAYMENT - THANK YO	U	\$4,080.88-	
Cardhold	er Accour	nt Summ	nary					
LINDA BANNERMAN #### #### #### 7133				Payments & Other Credits	Purchases & Other Charges	Cash Advances	Total Activity	
				\$0.00	\$2,145.11	\$0.00	\$2,145.11	
Cardhold	er Accour	nt Detail						
TransDate P	ost Date Pla	an Name	Re	ference Number	Descr	iption	Amount	
04/03	04/04 P	PLN01	244921	53093869122954694	ADOBE *ACROPRO SU	JBS 408-536-6000 CA	\$119.95	
04/07	04/09 P	PLN01	244450	03098400246649364	SAMS CLUB #4822 MU	RIETTA CA	\$72.66	
04/11	04/12 P	PLN01	246921	63101101538111389	WWW COSTCO COM 8	300-955-2292 WA	\$87.23	
04/22	04/23 P	PLN01	246921	63112100206858484	WWW COSTCO COM 8	300-955-2292 WA	\$92.62	
PLEASE DETACH	COUPON AND R	ETURN PAYM	1ENT USIN	G THE ENCLOSED ENVELO	PE - ALLOW UP TO 7 DAYS FOR I	RECEIPT	_ *	
UMPQUA I	BANK					Acco	unt Number	
PO BOX 3	5142 - LB118 WA 98124-51	-		E UMPQU	ARANK	#### #1	### #### 7117	
SEATTLE	VVA 90124-31	42				Check box	ox to indicate	
							name/address change	
							ess change this coupon	
			To	tal Minimum		on back of		
Closing Dat	te New I	Balance		otal Minimum Payment Due	ayment Due Date	on back of	this coupon	
Closing Da 04/30/23		Balance 360.15	Р	ayment Due \$3,360.15	Payment Due Date 05/25/23	on back of	this coupon	
04/30/23 BL ACCT FALLBRO 138 SOUT		360.15 000001 ALTH DIST I ROAD	P	ayment Due	05/25/23 Маке снес	on back of AMOUNT OF P/ S X PAYABLE TO:	this coupon	
04/30/23 BL ACCT FALLBRO 138 SOUT	\$3,3 00002840-200 OK REG HEA TH BRANDON	360.15 000001 ALTH DIST I ROAD	P	ayment Due	05/25/23	on back of AMOUNT OF P/ S CK PAYABLE TO: Jullylylylylylylylylylylylylylylyl ANK COMMERCIAL CARE	this coupon	
04/30/23 BL ACCT FALLBRO 138 SOUT	\$3,3 00002840-200 OK REG HEA TH BRANDON	360.15 000001 ALTH DIST I ROAD	P	ayment Due	05/25/23 Make chec IIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIII	on back of AMOUNT OF P/ S CK PAYABLE TO: Jullylylylylylylylylylylylylylylyl ANK COMMERCIAL CARE	this coupon	

Cardho	Cardholder Account Detail Continued									
Trans Date	Post Date	Plan Name	Reference Number	Description	Amount					
04/24	04/25	PPLN01	24399003114503520032920	BESTBUYCOM806757449038 888BESTBUY MN	\$1,412.72					
04/24	04/25	PPLN01	24399003114503525079827	BESTBUYCOM806757449038 888BESTBUY MN	\$116.35					
04/24	04/25	PPLN01	24399003114503528050023	BESTBUYCOM806757449038 888BESTBUY MN	\$77.56					
04/27	04/27	PPLN01	24692163117103658379798	WWW COSTCO COM 800-955-2292 WA	\$64.09					
04/26	04/27	PPLN01	24492153116870774606387	ADOBE *ACROBAT STD 408-536-6000 CA	\$6.93					
04/27	04/28	PPLN01	24906413117172626905043	EIG*CONSTANTCONTACT.COM 855-2295506 MA	\$95.00					

Cardholder Account Summary										
#### #### 2600 Credits				Purchases & Other Charges	Cash Advances	Total Activity				
				\$314.51-	\$545.81	\$0.00	\$231.30			
Cardho	der Acco	ount Detai	il							
Trans Date	Post Date	Plan Name	Re	eference Number	Descr	iption	Amount			
03/31	04/02		749430	013091010177395859	CREDIT VOUCHER	•	\$314.51-			
					HOMEDEPOT.COM 800)-430-3376 GA				
04/07	04/09	PPLN01	249430	003098750010229968	HYATT EVERLINE RES	ORT 5304127034 CA	\$286.26			
04/14	04/16	PPLN01	24492′	153104870894475923	ZAZZLE INC 888-892-99	953 C A	\$24.00			
04/17	04/19	PPLN01	24692′	163108106875328648	MARRIOTT NEW ORL I LA	F&B NEW ORLEANS	\$21.78			
04/26	04/28	PPLN01	249430	013117010188335873	THE HOME DEPOT #10	28 TEMECULA CA	\$111.82			
04/29	04/30	PPLN01	24431(053119700473222462	BACKGROUNDCHECK TX	S.COM} 866-300-8524	\$101.95			

Cardholder Account Summary									
THERESA GERACITANO #### #### #### 9073				Payments & Other Credits \$0.00	Purchases & Other Charges \$983.74	Cash Advances \$0.00	Total Activity \$983.74		
Cardho	der Acco	ount Detai	il		·				
Trans Date	Post Date	Plan Name	R	eference Number	Descr	iption	Amount		
04/02	04/04	PPLN01	24943	013093010182648774	THE HOME DEPOT #10	18 OCEANSIDE CA	\$644.34		
04/03	04/05	PPLN01	24943	013094010183327682	HOMEDEPOT.COM 800)-430-3376 GA	\$34.46		
04/05	04/06	PPLN01	24137	463096001587719153	CVS/PHARMACY #0911	0 FALLBROOK CA	\$31.07		
04/06	04/07	PPLN01	24692	163096107295883091	AMZN Mktp US*HS3G02	2X61 Amzn.com/bill WA	\$60.33		
04/07	04/09	PPLN01	24204	293097000251224647	FACEBK UNXGWMKSF	2 650-5434800 CA	\$35.00		
04/07	04/11	PPLN01	24164	073100069471189038	FEDEX OFFICE 800000	836 800-4633339 TX	\$19.43		
04/11	04/12	PPLN01	24164	073101069958563415	FEDEX OFFIC17000017	012 TEMECULA CA	\$15.20		
04/11	04/12	PPLN01	24164	073101069959533359	FEDEX OFFIC17000017	012 TEMECULA CA	\$7.61		
04/11	04/13	PPLN01	24164	073102069923448717	FEDEX OFFICE 800000	836 800-4633339 TX	\$67.53		
04/13	04/14	PPLN01	24011	343103000049786038	CALENDLY HTTPSCAL	ENDLY GA	\$15.00		
04/20	04/21	PPLN01	24445	003111000925544358	DOLLAR TREE FALLBE	ROOK CA	\$3.77		
04/24	04/25	PPLN01	24204	293114344264538141	FACEBK CK83WPFSF2	2 650-5434800 CA	\$50.00		

Finance Charge Summary / Plan Level Information										
Plan	Plan	FCM ¹	Average	Periodic	Corresponding	Finance	Effective APR	Effective	Ending	
Name	Description		Daily Balance	Rate *	APR	Charges	Fees **	APR	Balance	
Purchas	Purchases									
PPLN01	PURCHASE	Е	\$0.00	0.06024%(D)	21.9900%	\$0.00	\$0.00	0.0000%	\$3,360.15	
001										
Cash										
CPLN01	CASH	А	\$0.00	0.06572%(D)	23.9900%	\$0.00	\$0.00	0.0000%	\$0.00	
001										
	Rate (M)=Monthly (D)=Da							illing Cycle		
** includes	s cash advance and foreig	n currei	ncy fees				APR = Ar	nnual Perce	ntage Rate	
¹ FCM = Fi	¹ FCM = Finance Charge Method									
(V) = Variable Rate If you have a variable rate account the periodic rate and Annual Percentage Rate (APR) may vary.										

Fallbrook Regional Health District Uses of Community Investment Funds

Investment Fund Beginning Balan	ce as of 04/01	/2023		\$ 8,474,030.3
	Date	Name	Memo	Amount
122.021 · E. Mission Road Improvements	i			
	04/03/2023	Fallbrook Rooter & Drain Service	CIF - Edu CHWC	449
	04/03/2023	Jim's Sign Shop	WC - Signs	299
	04/11/2023	3 Day Blinds, LLC	WC - CIF Window Coverings	2,065
	04/13/2023	North County Window and Door	Balance for Windows - WC	10,394
	04/14/2023	Springston Design LLC	WC - IT Svcs CHWC CIF	640
	04/20/2023	3 Day Blinds, LLC	CHWC - EDU Bldg CIF	1,984
	04/30/2023	UMPQUA Bank	April Statement	644
				16,477
570.07 · Maintenance Services & Repairs	5			
	04/05/2023	Low Voltage	WC - Fire Protection	157
	04/06/2023	Key, Darren	WC - CHWC - CIF	95
	04/11/2023	Low Voltage	WC - fire protection	137
	04/20/2023	Taylor Design	WC - CIF	475
	04/24/2023	Jim's Sign Shop	50% payment for Parking Sign	70
	04/30/2023	LDC Always Green Landscape	WC - Landscaping	3,325
				4,26

Total Community Funds used 4th Quarter FY 2022-2023 -

\$ 8,453,292.79



Our mission is to assist residents of Fallbrook, Bonsall, Rainbow and De Luz, to lead healthy lives, supporting a greater life span and independence. ...community health & wellness center El Fallbrook Regional Health District ayuda a los residentes a llevar una vida saludable, apoyando una mayor esperanza de vida e independencia.

Wellness Center Administrator Report- June 2023 *Data from May*

Community Health & Wellness Center:

- June events total 93- private 27 and public 66.
- Narcan 101 Workshop is scheduled for June 28.
- The Diabetes Prevention Program is off to a very strong start with 7 sessions completed and attendance strong at 19. We are collecting all necessary data to collaborate with Skinny Gene Project, A Division of the J. Moss Foundation on a study of the impact of a DPP program administered through a community-based organization.
- Community Resource Navigation program has served over 30 clients in its first 4 months.
- New programming includes CPR & Pool safety training in partnership with North County Fire, Hope Clinic Men's Night Out program for new fathers, continuation of the Setting Boundaries support group with Palomar Family Counseling, MOU is in the works to provide diabetes self-management classes through Scripps Whitter Diabetes Center, Food Panty's Nutrition to Grow on Program is coming back for a second year.
- Extended hours have been made available on Tuesday evenings until 7:30, programming is being planned for these evenings, including appointments for resource navigation services and support groups.

Wellness Center Events	JAN	FEB	MAR	APRIL	MAY
Mental Health First Aid	13		9	19	13
ССНЖ	14		21	21	13
Wellness Wednesday- Health Screening, workshop,					
resources	28	8	9	7	17
Cultivate Health Workshops	10	2	14	9	2
DPP / Lifestyle Change Program				17	63
Partner Health & Wellness activities	107	138	223	298	234
Support Groups	53	73	55	63	92
Michelle's Place office hours	32	43	74	32	51
Yoga	232	233	302	257	269
Foundation for Senior Care- Fix It Fridays/Computer Classes	24	61	20	10	10
Blood Drive with San Diego Blood Bank	24		24		19
COVID-19 PCR Testing	29	17			
Club/ Organizational meetings	181	203	205	179	136
Youth Activity					9
Tours	7	3	7	3	11
Total Wellness Center Visits (approximate)	754	781	963	915	939
Rental Events Visits- Private or class	105	0	0	8	5
	-	ı	ı	1	1
Number of Events	JAN	FEB	MAR	APR	MAY
Private events	9	14	19	17	19
Public Events	63	76	61	71	87
Total Events	72	90	80	88	106
Events held by Grantees	6	27	16	11	16
Private Health Event/Rental	0	1	1	1	0



Our mission is to assist residents of Fallbrook, Bonsall, Rainbow and De Luz, to lead healthy lives, supporting a greater life span and independence.

saludable, apoyando una mayor esperanza de vida e independencia.

Flyer Distribution:

- Printed flyers were distributed at the following:
 - 4 grocery stores (including 3 Hispanic markets)
 - Chamber of Commerce, library, and community center
 - 1 pharmacy
 - 4 physician offices
 - 2 physical therapists
 - 3 grantees FFSC, Senior Center, Food Pantry

Digital flyers were provided directly to Fallbrook High School District, Fallbrook Elementary School District, Vallecitos School District, Bonsall School District, Bonsall Chamber, Fallbrook Forum, Fallbrook Chamber for community calendar, community housing works, head start program, WIC and 3 grantees- this is in addition to receiving the constant contact email.

- Digital flyers are in Fallbrook Features, the monthly newsletter of the Fallbrook Chamber.
- Event dates are provided to the Village News for the calendar monthly.

Marketing:

Press (Village News) December:

- Opinion March 2 : "Re: 'Wellness Center completion put on hold."
- Opinion March 9: "Re: Re: 'Wellness Center completion put on hold." •
- Article March 17: "Wildfire Preparedness Symposium slated for March 25."

Email Marketing & Constant Contact Overview:

EMAIL MARKETING 2023	JAN	FEB	MAR	APR	MAY
Total Contacts	3883	3943	4013	4034	4067
New Contacts Added	105	72	108	69	77
Net New Contacts		41	77	33	60
Number of emails sent	6,071	8077	12,636	17,864	4626
Number of emails opened	2,873	3806	5581	8,659	2148
Open rate	52%	52%	48%	53%	51%
Open rate over industry average	16%	17%	13%	19%	17%
# of Clicks	208	230	203	263	150
Click rate	4%	3%	4%	3%	7%
Click rate over industry average	1%	0	-3%	-2%	2%

Social Media:

Facebook reach is 12,294 for May.

We are making a concerted effort to reach out to the Spanish speaking community by constructing our post in only Spanish when the event is for Spanish speakers and only translating media that can support Spanish speaking services. We are also posting on the Spanish Facebook groups.

When we collaborate on events such as the CERT simulation, we tend to see higher engagement and reach. This can be done with a feature on Instagram called a collaborator post. This post shows up in both accounts' feeds so the followers of both accounts can be exposed to each other's organization. If we can continue this practice with every event we collaborate on we can potentially capture a wider audience.

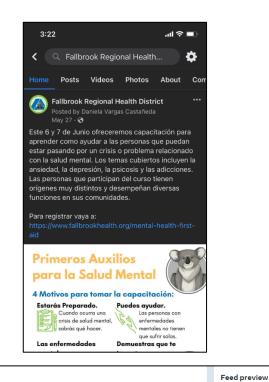


Our mission is to assist residents of Fallbrook, Bonsall, Rainbow and De Luz, to lead healthy lives, supporting a greater life span and independence.

saludable, apoyando una mayor esperanza de vida e independencia.

Social Media Metrics	Jan	Feb	March	Apr	Мау
Total number of posts (Instagram & Facebook)	42	47	55	57	41
Instagram Followers	505	514	527	532	543
Facebook Likes	919	928	935	947	1061
		-			
Post Reach Instagram	11.30%	44.40%	-5%	3.40%	8.60%
Post Reach Facebook	156.40%	56.65	26.80%	- 29.10%	111.90%
Audience Growth Instagram	2.17%	1.75%	2.66%	2.40%	30%
Audience Growth Facebook	1.20%	0.97%	1.18%	1.16%	21.40%
		-	-		
Engagement rate Instagram	51.70%	17.70%	11.50%	1.60%	3%
Engagement rate Facebook	500%	-45%	26%	28%	22.20%
Website Views	34,269	39,906	44,014	32,133	51,579





Some typical performance data may not be available yet

Typical reach data is currently only available for organic Facebook posts published on or after October 1, 2022. Check back soon to compare typical reach for your Instagram content and Facebook stories on Meta Business Suite.

					Instagram
How is my post performing?					northcountyfire Fallbrook Regional Health District
Instagram post reach 0					Fallbrook Regional Health District
921					
Higher than typical					The second second
Typically 63-104					and the second
				- 11	THE WELL BONN
What's affecting my post reach? ①					The MAN
The more interactions your post receives, the higher in Feed it may appear.					
Organic interactions					He have
Instagram post comments	Instagram post shares 🚯	Instagram post likes 🚯	Instagram post saves		
0	4	93			northcountyfire We wanted to take a moment to
Typical	Higher than typical	Higher than typical			monocomplie we wanted to take a moment to paratulate all 13 members of the CERT acade
Typically 0	Typically 0-1	Typically 5-14			



Our mission is to assist residents of Fallbrook, Bonsall, Rainbow and De Luz, to lead healthy lives, supporting a greater life span and independence.

El Fallbrook Regional Health District ayuda a los residentes a llevar una vida saludable, apoyando una mayor esperanza de vida e independencia.

CHIEF EXECUTIVE OFFICER'S REPORT - JUNE

Community Health & Wellness Center:

- Facility construction updates
 - Initial meeting with Site LogIQ regarding infrastructure upgrades (parking lot, solar, and battery back-up). This entity will present their Letter of Agreement at the upcoming Facilities meeting to propose using Federal Inflation Reduction Act funds and other governmental funding programs to help subsidize some amount of the parking lot, solar and other redevelopment costs. They offer guidance on applications for Federal and State funds as part of their design build services.
 - CHWC-Updates
 - Education building and the shade structure are in process of being painted.
 - Parking lot will be re-striped within the next month.
- Awaiting more information from the Communications tower provider.

CHC-Grants:

• The July Board meeting will be our first check distribution for the FY23.24 grantees. This will be a photo opportunity and presentation ceremony. This meeting will be held at the CHWC, Bldg. A to accommodate space for all attendees.

Administrative Projects:

- We are an ACHD Certified Health District! Once again, we have earned our certification, demonstrating that we embrace good governance; by creating a core set of accountability and transparency standards. One of only 17 ACHD Certified in California - (76 Healthcare/Hospital Districts)
- Jasmine Thomas is our new Outreach & Communications Coordinator. Jasmine started with us on June 5th.
- Updated Policy Manual still in progress
- Mission, Vision, Values
- Ongoing grant protocols and procedures process will move to committees for expanded conversation:
 - Grant to revenue proportion Finance Committee
 - Expectations of service provision Strategic Planning
 - Moving regular partnered programming from grants to MOUs Strategic Planning
 - Michelle's Place, Palomar Family Counseling, Foundation for Senior Care
- Meeting with St. Paul's PACE and Palomar Health Medical Group regarding potential expansion of clinical services in the area.
- Getting details regarding services and rotation schedule from Gary & Mary West PACE. Will bring these back to Strategic Planning committee once we have a more detailed proposal.



Our mission is to assist residents of Fallbrook, Bonsall, Rainbow and De Luz, to lead healthy lives, supporting a greater life span and independence.

El Fallbrook Regional Health District ayuda a los residentes a llevar una vida saludable, apoyando una mayor esperanza de vida e independencia.

Board Education/Conferences: I will register all so we receive group discount, but each attendee should make their own hotel arrangements.

- August 23-31: CSDA Annual Meeting Monterey. Registration is due by Aug. 5
 This is highly recommended for our newer Board members, but is a great refresher as well.
- September 13-15: ACHD Annual meeting Tahoe. Registration is due by Aug. 15
 - This is really ideal for understanding the scope of Health Districts across the State and for emerging services within the health arena.

URGENT CARE

Our district area has a gap in clinical care that may be met through a walk-in urgent care clinic offering services for non-life-threatening conditions. We would be best served with a clinic that offers extended hours (*i.e.*, 7:00am to 9:00 pm), lab tests, and x-rays. Reached out to the Business Development teams for five national urgent care providers.

American Family Care:

American Family Care (AFC) offers a franchise model of urgent care clinics. Spoke with Giann Hoosier, Inside Sales & Consultant Liaison.

- Fallbrook is in an optimal range for AFC, although they would need to evaluate the payor mix and detailed demographics of the area.
- They provide their proprietary EHR system for medical records and billing. They provide an "opening consultant" to guarantee compliance with State Licensing and require that we have a Medical Doctor (M.D. or D.O.) as either partner or staff (does not require that they be full time) but must be Medical Director to oversee N.P.'s or P.A.'s however we choose to staff the clinic.
- Requires a \$1.5M initial investment, with an initial \$60K franchise fee followed by a 7% royalty fee of the monthly gross revenue and \$3K for the software licensing per month. Must also possess \$550K liquid assets.
- They are looking for a densely populated area with an anchor store in tier 1 or tier 2 retail to house a 2800 4200 sq ft building.

Carbon Health:

Technology Enabled healthcare provider that offers urgent care, virtual care, and other healthcare services. Carbon Health has entered partnerships with different healthcare entities to extend services to underserved communities, locally they have a partnership with UC San Diego Health. Spoke with John Frager, VP - Partnerships & Value Based Care

- They have Urgent care centers in Temecula, Escondido, San Marcos, Oceanside and Carlsbad and Oceanside. They have developed a strong footprint in North County and have an interest in our area.
- Looking for a single story 3500 to 4000 sq ft building near anchor retail site near a high traffic corridor.
- They have analyzed the area and Fallbrook is on their radar but not for 3-5 years until there is the population to sustain the viability of an urgent care. They do not anticipate ever coming into downtown Fallbrook, as they have studies that indicate traffic will not be sufficient.
- They inquired about any financial incentives the district may be able to provide to allow them to look at a closer timeframe than the 3-5 years and absorb losses. Suggested financial incentives that would diminish with profitability.

UrgentMED

Urgent MED has urgent care clinics which prioritize convenience and efficiency, with a goal of seeing patients within 5-15 minutes of their arrival. They also have an in-house pharmacy with no wait times. Communicated with Felix Murphy, Director of Business Development & Marketing.

- They did not express an interest in servicing the Fallbrook/Bonsall area due to the lack of density of population.
- Estimates that within the next five years there may be population growth to sustain a clinic, but at this time they do not have an interest.

Rural Health Clinics

Reached out to the top Rural Health urgent clinic provider who indicated our area is not designated as rural. Contacted Rural Health Solutions, and they asked me to pull a report on eligibility for Rural designation, which indicated we are not in a county or census tract that has been designated as rural.

Results:

Our District Area does not have the patient volume to sustain profitability for an urgent care clinic. The consensus is that in a 3-to-5-year span of time the population density is projected to increase enough to allow for a successful venture. The only successful location for an urgent care clinic would be in the Bonsall area, on Hwy 76. None of the organizations expressed interest in downtown Fallbrook as there are no anchor-sites with the volume of Daily Average Traffic they are seeking.

Fallbrook Regional HEALTH DISTRICT

Mission | Vision | Values

Mission: The Fallbrook Regional Health District assists residents to lead healthy lives, supporting a greater life span and independence.

Vision: Fallbrook Regional Health District will offer and support services and programs that measurably improve physical and mental health, social engagement and increased life span and independence.

Values: The Fallbrook Regional Health District values dedication, efficiency, integrity, objectivity, prudence, respect, and transparency for all members of our community. Our efforts support our commitment to being an inclusive entity as we continually seek to strengthen our institution as a place for personal and social development.

A Tax Supported Public Agency Serving Fallbrook, Bonsall, Rainbow and De Luz.

Revised by Fallbrook Regional Health District Board of Directors on September 9, 2020



<u>Proposal</u>

Mental health affects every aspect of our lives: how we feel about ourselves and the world; solve problems, cope with stress, and overcome challenges; build relationships and connect with others; and perform in school, at work, and throughout life. Mental health encompasses our emotional, psychological, and social wellbeing, and is an essential component of overall health. Mental health is foundationally tied to physical health and quality of life.

Access to mental health care is critical for all Californians; the National Institute for Mental Illness tells us that more than half of those with a mental health condition did not receive treatment in the last year. Given Fallbrook's geographic location, size, and limited public transit, access to mental health services is limited. Even those with adequate insurance coverage may find themselves challenged to travel to Temecula, Oceanside, or Escondido for services if their preference is face-to-face. Waitlists are common for those with and without resources.

Palomar Family Counseling Service (PFCS) will partner with the Fallbrook Regional Health District to provide comprehensive mental health services to meet the needs of children, youth, and adults in the district by establishing new and ongoing operations at the Community Wellness Center.

Goal of this pilot project are:

- 1. To improve the mental health of our community.
- 2. Expand access to affordable, professional services across the continuum of prevention, treatment, and recovery.
- 3. Reduce or eliminate the stigmatization of seeking mental health services.

To achieve these goals in partnership with FRHD:

- 1. **PFCS Licensed Therapists, Associate Therapists, and Graduate Interns** will offer individual, family, and group counseling services and Wellness Workshops at the Community Wellness Center at fixed times during the week. We will schedule these times in association with Wellness Center staff.
- 2. FRHD Community Wellness Staff will promote the availability of these services throughout the district and provide dedicated space that provides privacy and confidentiality for district residents.
- 3. FRHD will fund Therapist time in FY 23-24, based on the following schedule of hours:

Quarter 1:	6 hours per week x	\$45 / hour x 13 weeks	= \$ 3,510
Quarter 2:	12 hours per week x	\$45 / hour x 13 weeks	= \$ 7,020
Quarter 3:	18 hours per week x	\$45 / hour x 13 weeks	= \$10,530
Quarter 4:	24 hours per week x	\$45 / hour x 13 weeks	= <u>\$14,040</u>
Total:			\$35,100

Sample Schedule

Quarter	Monday	Tuesday	Wednesday	Thursday	Friday
1		1 p.m. – 7 p.m (1 therapist)			
2		1 p.m. – 7 p.m. (2 therapists)			
3		1 p.m. – 7 p.m. (2 therapists)	9 a.m. – 12 p.m. (2 therapists)		
4		1 p.m. – 7 p.m. (2 therapists)	9 a.m. – 12 p.m. & 1 p.m. – 4 p.m. (2 therapists)		



May 3, 2023

то:	Independent Special Districts
FROM:	Tamaron Luckett, Commission Clerk
SUBJECT:	Extension for San Diego County Consolidated Redevelopment Oversight Board Ballot deadline July 3, 2023

This notice serves as a 60-day automatic extension under statue – for the San Diego County Consolidated Redevelopment Oversight Board. The San Diego Local Agency Formation Commission (LAFCO) did not receive a quorum of 29 ballots for the deadline of May 1, 2023. San Diego LAFCO encourages ALL independent special districts to submit a ballot ahead of the extended deadline to help ensure special district have an elected representative serving on the RDA Oversight Board.

Ballots must be returned to San Diego LAFCO no later than Monday, July 3, State law specifies on the presiding officer, or their alternates as 2023. designated by the governing board must take action on the ballot. Accordingly, if time constraints prevent the item getting placed on an agenda for full board discussion and action, the presiding officer or alternate should complete and return the ballot to LAFCO in order to make the election deadline. A ballot received without a signature will not be counted. Attached is the ballot form and election materials can also be found on our website at www.sdlafco.org. The ballots can be emailed to tamaron.luckett@sdcounty.ca.gov include "District Name" and "RDA Oversight Board Ballot".

Should you have any questions, please contact me at (619) 321-3380. Thank you.

Attachment: Ballot form

Administration: Keene Simonds, Executive Officer 2550 Fifth Avenue, Suite 725 San Diego, California 92103 T 619.321.3380 E lafco@sdcounty.ca.gov www.sdlafco.org

County of San Diego

County of San Diego City of Escondido John McCann, Alt. Nora Vargas, Alt. City of Chula Vista County of San Diego

Kristi Becker City of Solana Beach

Vice Chair Stephen Whitburn Jo MacKenzie City of San Diego

Vista Irrigation

Marni von Wilpert, Alt, City of San Diego

Barry Willis Alpine Fire Protection David A. Drake, Alt. Rincon del Diablo

Andy Vanderlaan General Public

Harry Mathis, Alt. General Public

ATTACHMENT A

SAN DIEGO COUNTY CONSOLIDATED REDEVELOPMENT OVERSIGHT BOARD ELECTION BALLOT and VOTE CERTIFICATION

VOTE FOR ONLY ONE NOMINEE

Tim Robles (Lakeside Fire Protection District)	[]
Patrick Sanchez (Vista Irrigation District)]

I hereby certify that I cast the votes of the ______(Name of District)

for the Consolidated Redevelopment Oversight Board Election as:

- [] the presiding officer, or
- [] the duly-appointed alternate board member.

(Signature)

(Print name)

(Title)

(Date)

Return Ballot and Vote Certification Form to: San Diego LAFCO Tamaron Luckett 2550 Fifth Avenue, Suite 725 San Diego, CA 92103 (619) 321-3380 (office) Email: tamaron.luckett@sdcounty.ca.gov Deadline: Monday, July 3, 2023



Street Address: 18700 Ward Street Fountain Valley, California 92708

Mailing Address: P.O. Box 20895 Fountain Valley, CA 92728-0895

> (714) 963-3058 Fax: (714) 964-9389 www.mwdoc.com

Megan Yoo Schneider, P.E. President

Bob McVicker, P.E., D.WRE Vice President

> Randall Crane, Ph.D. Director

> > Larry D. Dick Director

Al Nederhood Director

Karl W. Seckel, P.E. Director

Jeffery M. Thomas Director

Harvey De La Torre Interim General Manager

MEMBER AGENCIES

City of Brea City of Buena Park East Orange County Water District El Toro Water District Emerald Bay Service District City of Fountain Valley City of Garden Grove Golden State Water Co. City of Huntington Beach Irvine Ranch Water District Laguna Beach County Water District City of La Habra City of La Palma Mesa Water District Moulton Niguel Water District City of Newport Beach City of Orange Orange County Water District City of San Clemente Santa Margarita Water District City of Seal Beach Serrano Water District South Coast Water District Trabuco Canyon Water District City of Tustin City of Westminster Yorba Linda Water District May 26, 2023

Ms. Raquel Williams Board Clerk Fallbrook Regional Health District 138 S Brandon Rd Fallbrook, CA 92028-2205

Re: Support for Director Al Nederhood, CSDA Board of Directors, Southern Network Seat C

Dear Ms. Williams,

On behalf of the Municipal Water District of Orange County (MWDOC), it is my pleasure to share our unanimous support for Director Al Nederhood for the CSDA Board of Directors, Southern Network Seat C. MWDOC is a wholesale water supplier serving 3.2 million residents through 27 retail water agencies, making Director Nederhood uniquely qualified.

Director Nederhood brings seven years of Special District board experience as well as decades as a senior manager in the private sector to his candidacy. He willingly listens to constituents and fellow board members, and then works hard to create effective solutions. He actively engages with our local CSDA chapter, as well as CSDA and ACWA events.

Attached you will find a candidate's statement highlighting some of Director Nederhood's accomplishments. You will notice he has demonstrated his innovative thinking on behalf of special districts of all sizes which would make him an asset to the CSDA Board of Directors, bringing a fresh perspective to long-term practices.

I encourage you to share this information with your Board of Directors and that you strongly consider supporting Director Al Nederhood for the CSDA Board of Directors, Southern Network Seat C for the 2023 election. Electronic voting begins on June 5 and will continue until July 14. Please do not hesitate to contact me or Director Nederhood personally should you have any questions. His contact information can be found on the attached candidate's statement. Thank you for your consideration.

Sincerely,

Megan Jsch

Megan Yoo Schneider, M.S., P.E. Board President



California Special Districts Association Districts Stronger Together

2023 CSDA BOARD CANDIDATE INFORMATION SHEET The following information MUST accompany your nomination form and Resolution/minute order:

Name: Albert M. Nederhood

District/Company: <u>Municipal Water District of Orange County (MWDOC)</u>

Title: Director

Elected/Appointed/Staff: ____Elected

Length of Service with District: <u>2 years with MWDOC, 4 years with Yorba Linda Water District as elected Board</u> Member

1. Do you have current involvement with CSDA (such as committees, events, workshops, conferences, Governance Academy, etc.): <u>I have attended nearly 100% of the public meetings for ISDOC (Independent Special Districts of Orange</u> <u>County) over the last 6 years</u>. I spent 2 years working with Jim Fisler and Saundra Jacobs (both past ISDOC Presidents) to <u>successfully revise the Special District dues structure created in 2000 to more accurately and fairly reflect revenue and</u> <u>dues payable to LAFCO</u>.

2. Have you ever been associated with any other state-wide associations (CSAC, ACWA, League, etc.): <u>Over the last 6</u> years I have attended most of the conferences held by the Urban Water Institute, ACWA, the Colorado River Water Users, as well as many Metropolitan Water District Board meetings.

3. List local government involvement (such as LAFCo, Association of Governments, etc.): <u>For the 2 years that it took to</u> <u>initiate, revise and successfully change the LAFCO dues required of Special Districts in Orange County, I attended virtually</u> <u>all of the monthly OC-LAFCO meetings</u>.

4. List civic organization involvement: <u>I was elected twice and served on the Yorba Linda Water District Board, a Special</u> District.

**Candidate Statement – Although it is not required, each candidate is requested to submit a candidate statement of no more than 300 words in length. Any statements received in the CSDA office after the nomination deadlines will not be included with the ballot. Page 133 of 173 2023 BOARD OF DIRECTORS NOMINATION FORM

Al Nederhood Candidate Statement:

I was introduced to CSDA in 2016 as a newly elected Director to the Yorba Linda Water District. I attended the CSDA training for new directors which opened my eyes to the responsibilities and value of Special Districts. I made friends at that training that continue on today including former YLWD Director Brooke Jones and current Director John Sears of East Orange County Water District.

Before getting involved in water issues later in life, I began my professional career as a high school teacher. I moved on to the business world including Xerox and 7-Eleven Stores as a Merchandise Manager. I was the college president for a variety of vocational colleges and ended my career as the President of a non-profit in Santa Ana.

After my 2016 election I attended ISDOC and LAFCO meetings. I became aware of the dues structure created by ISDOC in 2000. This structure, in place for 20 years, no longer represented the realities of revenue and dues. Many smaller revenue Special Districts had disproportionately large dues. By working with Director Jim Fisler from Mesa Water and Director Saundra Jacobs of Santa Margarita Water District, we revised the 20-year-old structure into a more equitable dues arrangement that saved smaller districts tens of thousands of dollars each year.



Professional & Personal <u>History</u>

6 Years as Elected Official for Special Districts, Yorba Linda Water District (YLWD) & Municipal Water District of Orange County (MWDOC)

LAFCO dues revision through Independent Special Districts of Orange County. First revision after 20 years saving small districts thousands of dollars annually.

Heli-Hydrant sponsor, supporter creating nations first system (helicopter enabled fire suppression in wild-fire zones)

President of a Non-Profit

30 years of Senior Management Leadership positions with nationally known firms

President of an Educational Institution with \$100 million in revenue, 500 staff and 5000 students.

BA, Long Beach State MA, Central Michigan University

Retired, Married for 50+ years, 4 kids and 12 grandkids

Al Nederhood MWDOC Board Elect to CSDA Board Southern Network Seat C

Why should you vote for Al Nederhood?

Here's a sample of my history of measurable change created by active questioning and positive decision making based on the facts.

Seven years ago, I identified, initiated, and transformed an outdated LAFCO dues system on behalf of special districts in Orange County. The dues structure was developed in 2002 by ISDOC to fulfill their legal responsibility, but over time, it resulted in small districts subsidizing the large districts.

After two years of working with my fellow Special Districts, the new dues structure was unanimously approved and implemented. This effort created a balanced and proportionate LAFCO dues structure for Special Districts throughout the county, saving smaller districts with smaller operating budgets thousands of dollars each year.

As a Board Member for Yorba Linda Water District we investigated and implemented the nation's first Helihydrant to modernize fighting wild fires. YLWD now has two heli-hydrants with a third in development with Metropolitan Water District.

I would appreciate your Board voting for me, Al Nederhood.

If you want to contact me: Al Nederhood MWDOC, Director Division One <u>anederhood@mwdoc.com</u> C. 714-261-3964

RESOLUTION NO. 2135

RESOLUTION OF THE BOARD OF DIRECTORS OF THE MUNICIPAL WATER DISTRICT OF ORANGE COUNTY NOMINATION OF AL NEDERHOOD TO THE CSDA BOARD OF DIRECTORS SOUTHERN NETWORK, SEAT C

WHEREAS, the California Special Districts Association (CSDA) is holding an election for its Board of Directors for the Southern Network, Seat C for the 2024-26 term; and

WHEREAS, the Municipal Water District of Orange County (MWDOC) is a voting member of CSDA and a voting member for the Southern Network, Seat C; and

WHEREAS, Director Al Nederhood has expressed interest in serving on the CSDA Board of Directors;

WHEREAS, Director Nederhood and MWDOC are aware of the commitment, expectations, and expenses associated with this position; and

WHEREAS, the Board of Directors of the Municipal Water District of Orange County believes that Al Nederhood would be an effective member of the CSDA Board.

NOW, THEREFORE, BE IT RESOLVED, that the Board of Directors of the Municipal Water District of Orange County does hereby nominate Director Al Nederhood to represent the Southern Network, Seat C, on the CSDA Board of Directors; and

BE IT FURTHER RESOLVED that the District Secretary is hereby directed to transmit a Resolution to CSDA, forthwith.

PASSED AND ADOPTED by the following roll call vote of the Board of Directors for the Municipal Water District of Orange County on this 15th day of March 2023.

AYES:Directors Nederhood, Dick, McVicker, Seckel, Thomas & Yoo SchneiderNOES:NoneABSTAIN:NoneABSENT:Director Crane

ATTEST:

Martitle Arb

Maribeth Goldsby, District Secretary Municipal Water District of Orange County