



**MINUTES  
STRATEGIC PLANNING COMMITTEE**

**Wednesday, December 15, 2021 at 5:00 P.M.**

In accordance with California Government Code Section 54953 teleconferencing will be used for this meeting. Board members, staff and members of the public were able to participate by webinar and members of the public were also able to participate by telephone.

1. Call to Order/Roll Call

Director Howard Salmon called the meeting to order at 5:03 p.m.

In attendance: Committee Members Jennifer Jeffries and Howard Salmon, CEO Rachel Mason, Executive Assistant Linda Bannerman, Wellness Center Administrator Theresa Geracitano, Administrative Office Judith Oswald

2. Public Comments

None

3. Discussion Items

a. The J. Moss Foundation: Skinny Gene Project – Fallbrook National Diabetes Prevention Program

CEO Rachel Mason presented the General Proposal from Skinny Genes Project for a 5-year Diabetic Prevention Program. Estimate for year 1 is \$150,000 with years 2 through 5 at \$200,000 per each year. CEO Mason presented options of contract or ownership of Diabetic Prevention Program which is a CDC Evidenced Program. Discussion ensued regarding the allocation of property tax revenue and competing priorities to fund Health and Wellness Center programs, community grants and current MOU's with NCFPD. A review of priorities provided by Catalyst consultants indicated high priority community needs: Diabetes, Obesity/Hypertension, and Mental Health

**Recommendation:** The Strategic Planning Committee recommends to the Board that community grant funding prioritize organizations that target the Social Determinants of Health as outlined by the consulting firm Catalyst: Diabetes, Obesity/Hypertension and Mental Health Services.

b. Community Health Contracts—Grant Impact Reports for 1<sup>st</sup> Quarter

- Alleviating Hunger in Greater Fallbrook—Fallbrook Food Pantry
- Adult Day Care—Fallbrook Healthcare Foundation dba Foundation for Senior Care
- Door-Through-Door Program—Foundation for Senior Care
- Senior Care Advocacy Program—Foundation for Senior Care
- Senior Transportation Services—Foundation for Senior Care

- Seniors & Disabled Adults Nutrition Program—Foundation for Senior Care and Fallbrook Food Pantry


CEO Rachel Mason Chair shared informational data on grantees' impact on community, including numbers of community members served by the programs. She confirmed that all current recipients are in compliance with the grant objectives and reporting requirements.

4. Board Member Comments and Future Agenda Items

None

5. Adjournment

There being no further business, the meeting was adjourned at 6:07 p.m.

  
Jennifer Jeffries, Committee Chair

  
Board Secretary/Clerk