#### **Organization Information**

#### **Legal Name**

Fallbrook Healthcare Foundation, Inc.

#### **DBA** (if Applicable)

Foundation for Senior Care

### **Program Name/Title**

Senior Care Advocacy

### **Brief Program Description**

Our Senior Care Advocacy program ensures that seniors and disabled adults have access to local resources and national entitlements to manage their healthcare, safely maximize their independence, and enjoy an enriched quality of life. We seek to remove obstacles, educate, connect to needed resources, and provide hands-on guidance and support.

### Is this a new (pilot, recently developed) or established program?

**Established Program** 

#### **Program Information - Type**

Ongoing

#### **Requested Amount**

47000

#### **Organization's Mission Statement**

The Foundation for Senior Care's mission is to provide programs and resources to Greater Fallbrook area seniors and disabled adults, enabling them to enhance their well-being and give them a more meaningful life. Since 2000, we have served seniors and disabled adults in the community through the provision of transportation, an adult day care program, technology education, and through hands-on help and referrals for healthcare needs, food resources, housing, state and national entitlements, legal and financial assistance, abuse and neglect interventions, and so much more.

#### **Organization's Vision Statement**

Our vision is to be the go-to resource for seniors and the adults with disabilities in the communities we serve, acting as a trusted partner for seniors and disabled adults, promoting health through advocacy and education, providing help and reliable referrals, and overcoming obstacles, so that seniors and the disabled have what they need to age safely age in place with access to healthcare, a safe environment, food and housing security, and social outlets. Our vision, and all of our programs, are very much in alignment with the Fallbrook Regional Health District's vision to offer and support services and programs that measurably improve physical and mental health, social engagement with an increased life span and independence.

#### **Agency Capability**

Our 501(c)3 agency was established in 1979. Our Senior Care Advocacy program was launched in February 2005 with the mission and vision to help seniors find the best resources for their healthcare needs and assist them to remain independent and living in their own homes as long as possible. Since its inception, our Advocates have accumulated a database of over 1,400 local, county, state, and federal referral sources, with many individual contacts that are not available to the public. In the past three

years, Advocates have referred critical resources to local seniors nearly 4,000 times, helping an average of 1,030 Fallbrook area seniors and disabled adults annually in the past four years. One of our greatest accomplishments was our agency's/advocates' response to the COVID-19 pandemic. In early 2020 when the state ordered the Stay-at-Home mandate, and news was emphasizing the risk to the elderly and those with underlying conditions, our phones were ringing off the hook. Cries for help to find vaccinations and testing sites were a daily occurrence. Before other vaccines were available in our region, Advocates engaged Champions for Health to bring vaccinations into five senior housing apartment communities and mobile home parks – directly where seniors lived. Nearly 500 seniors utilized these early vaccination offerings, bringing peace of mind to many worried seniors. In the past two years, exasperated by the pandemic, our Advocates have handled an increasing volume of seniors with housing or mental health challenges. Approximately 25% of the seniors we helped in the past year required some form of help with housing, many of them at risk of homelessness due to rising rent and expenses. And although we only started tracking mental health issues as discreet data in June 2022, already our data shows our Advocates connected 87 seniors with mental health resources.

#### **Agency Collaborations**

Fallbrook Food Pantry - assess/coordinate enrollment in food home delivery program

Fallbrook Senior Center – refer clients with nutrition needs, help each other with durable medical equipment demands, promote each other's programs

Gary and Mary West PACE – help potential PACE clients apply for Medi-Cal; enroll in PACE (this service has slowed down...so has the funding); will soon provide Adult Day Care for PACE clients, and possibly transportation

SDG&E – energy partner, helping connect seniors with energy discount programs and medical baseline programs

Veteran's Administration – host monthly Veteran's Service Representative days at our location, and provide follow-up support for local veterans

North County Fire – handle referrals from NCF for any senior or disabled resident who appears in need of support

Adult Protective Services (APS) – collaborate with APS on Fallbrook area cases of abuse, self-neglect, or fraud

Office of Homeless Solutions – secure Section 8 Emergency Housing or emergency motel vouchers; worked with them to get qualified low-income seniors on their list for shallow rent subsidies

YANA/Sheriff - refer clients to ensure that they are checked in on

Aging and Independent Services – partner to distribute and manage nutrition program booklets for Farmer's Market goods; engage in community meetings

Aetna and HealthNet Medi-Cal Managed Care Plans – Community Support Partners with these plans to provide Hospital and/or Assisted Living transition support, homeless/at-risk housing support, and respite services (although since our contracts a year ago, we have received zero referrals/funding)

Age Well San Diego – active participants in four out of five Age Well 2.0 Planning groups, helping develop the Age Well Roadmap for the next 3 years

San Diego Community Housing Corporation – have an MOU with this future (2025) Fallbrook senior housing developer to provide Advocacy, senior education, and transportation services if/when they open their housing community.

#### **Target Population - Age**

	Percent of program participants	Estimated number of participants
Children (infants to 12)		
Young Adults (13-17)		
Adults (18-60)	6	60
Seniors (60+)	94	940
We do not collect this data (indicate with 100%)*		

#### Gender

	Percent of program participants				
Female	60				
Male	40				
Non-binary					
Unknown*					

#### Income Level

	Percent of program participants				
Extremely Low-Income Limits, ceiling of \$32,100	40				
Very Low (50%) Income Limits, ceiling of \$53,500	35				
Low (80%) Income Limits, ceiling of \$85,600	20				
Higher Than Listed Limits	5				
We do not collect this data (indicate with 100%)*					

#### \*Target Population - Income Level

Seniors in the community contact our Advocates for a variety of reasons. If their request is something simple that does not require knowledge of income, we do not ask for it. We do, however, capture income for clients we are assisting with state and national entitlements such as Medi-Cal, Social Security, or VA benefits, those who are seeking help with housing or financial assistance programs of various sorts. Therefore, the numbers provided are estimates based on the income data that we have captured. We are working to improve our income data collection.

Projected number of residents that will directly benefit (participant/client) from this program. 1000

## **Social Determinants of Health (SDOH)**

#### **Program/Services Description - Social Determinants of Health**

Economic Stability (Employment, Food Insecurity, Housing Instability, Poverty)

Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

Neighborhood & Built Environment (Access to Foods that Support Healthy Eating Patterns, Crime and Violence, Environmental Conditions, Quality of Housing)

#### Statement of Need/Problem

https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/phs/CHS/Mortality/Life Expectancy in San Diego County 2010-2019.pdf

https://www.johnahartford.org/ar2009/ComplexCareNeedsofOlderAdults.html

With the average life expectancy of a San Diego County resident now at 82.7 years, and the projected population of those 65+ growing to 20% of the total US population by 2030, the need for senior services is critical. Sadly, according to JL Wolff's abstractPrevalence, expenditures, and complications of multiple chronic conditions in the elderly, "over 80% of adults 65 and older have at least one chronic health condition, such as heart disease, diabetes, cancer, or arthritis, and one-half have two or more chronic conditions."

Most people lack the awareness and understanding of the multiple medical, psychological, social, and financial needs of an elderly loved one. There are many programs and resources available, especially for low-income seniors, but unless trained, knowledgeable resources are available to guide and assist, these resources may be underutilized and many of the seniors' needs may remain unmet. Our Senior Care Advocacy program fills that gap, not only for seniors but for all adults with disabilities. Our Advocates are experts at connecting needs with the resources to help fill those needs, providing hands-on help whenever needed.

According to the 2021 5-Year American Community Survey, there are nearly 14,000 residents aged 60+, with 10,200 of them over 65 in the FRHD area. Of local seniors 65+, more than 2,800 recorded at least one disability, but that number is very likely higher in reality. In the 92028 zip code, nearly 1,700 of those 65+ live alone. In Fallbrook alone, about 9.5% (>1,300) of those 60 years and older live below 100% of the poverty level.

Our 2022 Advocacy program statistics show that 25% of our Advocate clients were 85-years-old or over, with 15 of them over 100 years old! While we helped more than 200 seniors with housing concerns, at least 15 of our clients were homeless.

Whether healthy and active, or hungry and homeless, our mission is to provide seniors with the help they need. Advocates have backgrounds in social work and take the time to assess the person for physical and mental wellbeing, food insecurities, health conditions, mobility, home/environmental safety, financial stability, housing stability, and social/family support. Our community has some great resources available to those who need them, but district residents (especially seniors) need to know that they exist, how to obtain them, and where to get help when they can't connect to resources on their own. Often times, we see the very evident need during a home visit, but often the senior is not willing to admit that they're hungry, depressed, or haven't seen their doctor for years. We are the connection to help ensure their wellbeing, so they can live safely and independently in their homes for as long as possible. In the past two years, mental health issues and the risk of homelessness have become increasingly prevalent. The lack of affordable housing and its consequences has replaced caregiving as the number one challenge we help seniors with.

#### Statement of Need/Problem - Others

While there are other organizations in Fallbrook providing food for the hungry, therapeutic programs for the disabled, social programs, community education and counseling support, no one else connects seniors and the disabled to the full range of resources available to them, nor do they dig into underlying social determinants of health to identify factors that may be contributing to poor health outcomes. Our Advocates are the network that educates and connects individuals with many of the other community offerings, depending on their assessed needs. We work closely with so many of these agencies. After gaining years of experience, the new Community Wellness Navigator at the Wellness Center may provide a similar service for the non-senior population, and we hope to work closely and collaboratively with that new resource in the future to create synergies and offer comprehensive services in our community for all.

#### **Program/Services Description - Program Entry**

Seniors and adults with disabilities hear about our program through family or neighbors, internet searches, advertising or social media posts, or through other agencies in town. We regularly speak at community group gatherings and events to inform the community about our services. There is no "enrollment" in our Advocacy program. For those who need a simple service or answer, a phone call may be all that's needed. For those that need more help, we often start with a home visit to assess their environment and health needs, then go from there. And for those for whom we are acting as case managers for complex situations, we conduct an assessment, set goals, work with them, sometimes daily, and track progress and outcomes. Once a situation is stabilized, we typically have volunteer "Care Buddies" make weekly calls to check in on them. All of these actions are tracked and reported through our custom software. There is no cost for any of the Advocate services. Grant funding from FRHD and general fundraising activities keep this program running.

Over the past year, more referrals came from the Fire Department or our Care Van program than any other agency. However, doctors' offices, the FRHD, and family members (local and out-of-town) were the next biggest referral sources.

#### **Program/Services Description - Program Activities**

As social workers, our Advocates provide a variety of interventions. They provide counseling, education to clients and families about health and various types of care providers, help with financial planning documents and services, and assistance with mental health services. Advocates regularly coordinate multiple care services - they refer physicians, caregivers, home health, hospice, counselors, or other services. They monitor recommended caregivers and agencies to stay informed of their effectiveness. They coordinate many services such as food resources, housing needs, and state and national entitlement supports. When families are not around to assist, they often serve as case managers, working with Adult Protective Services and law enforcement to help stabilize situations when fraud, abuse or neglect are suspected or confirmed. And they advocate for seniors' rights with hospitals, landlords, bill collectors, and others. Our Advocates assess and monitor situations with clients, evaluating their needs for healthcare, mental health, housing, food, and general wellbeing. With the help of volunteers, our Advocates monitor seniors who are at risk or isolated. Our Advocates are experts in helping low-income individuals, enrolling them in MediCal, free food programs, increased benefits with the VA, discount programs for energy, phones, internet, and many other services. They are connected to many county, state and federal resources, so that they know right away what programs a senior will qualify for and how they can get them enrolled.

As much as they act as social workers for most of our clients, our Care Advocates can also coordinate help with simpler matters --that often don't seem so simple when you realize the scarcity of resources. They coordinate one-time tasks like locating a volunteer to help with a number of different activities -- to help a senior pack boxes or move into a new place, fix a leaking faucet, mow down weeds, take care of a pet when that senior is hospitalized, build a wheelchair ramp, or cover the cost of an unexpected bill -- whatever is needed to help a senior to continue to live safely and independently. Our Advocates manage a stock of durable medical equipment (wheelchairs, walkers, shower chairs, commodes, smoke alarms, etc.), loaning it out when needed, and cleaning and inspecting it when it is returned. Without our Senior Care Advocacy Program, there would be a huge gap in the care and wellbeing of seniors and the disabled in our Health District. Seniors would not know where to go to get local help filling out a complex MediCal applications or insurance forms, or how to qualify for low-income or discount programs, or how to find a reliable caregiver that is within their budget, or to negotiate and collaborate with their landlord when their housing is at risk. Our Advocates have phone numbers to

back-office personnel at the county, state, and federal levels, enabling them to handle clients' needs more effectively.

All of these services and are free to seniors – without FRHD's funding for this program, our community will lose an incredible resource.

#### **Program Goal #1**

Ensure that seniors and disabled adults in need of caregiving, resource provision, nutrition, transportation, housing intervention, mental health support, or other related age-in-place services are supported through hands-on assistance, or through referrals to trusted, vetted resources so that they may live independently and safely for as long as possible. When necessary, act as a Case Manager to coordinate care for those with complex health or living conditions, setting goals to stabilize their situation for optimal mental, physical, and social wellbeing.

#### **Program Objectives - Goal #1**

Objective 1: Support 1,000 seniors and/or disabled adults with our Care Advocate services to address needs and overcome obstacles during the FRHD fiscal year.

Objective 2: Visit with at least 300 senior or disabled clients at home or at healthcare facilities, assessing their unmet needs, evaluating health and home safety, and taking action steps to address those needs, during the FRHD fiscal year.

Objective 3: Act as a Case Manager for 70 clients with complex health or living needs, creating a plan of action and regular visits and follow-ups during the FRHD fiscal year, with the intent to stabilize their situation with a positive outcome.

Objective 4: Discuss mental health wellbeing with at least 100 individuals, referring at least 50% to mental health providers, during the FRHD fiscal year.

#### Program Outcomes/Measurables - Goal & Objectives #1

Capture and electronically record all visits for new and existing clients. Record all activities and referrals provided. Produce reports showing the number of new and existing clients.

Capture and electronically record all home or healthcare facility visits provided. Produce reports showing visit types and counts.

Capture and record the number of clients for whom we are acting as Case Managers. For each established goal, record the activities and outcomes.

Capture meta data for all mental health discussions. Track and report on the number mental health provider referrals and/or assistance reestablishing lapsed appointments with existing providers.

### **Anticipated Acknowledgment**

#### **Anticipated Acknowledgment**

Social Media Postings Si

Signage at Service Sites

Print Materials to Service Recipients

Website Display

#### **Anticipated Acknowledgment**

The FRHD logo will be affixed to the sides of our Care Vans

Create your own automated PDFs with Jotform PDF Editor- It's free

**%** Jotform

FRHD logo and sponsor status will appear on our website

FRHD logo and support will be highlighted at our annual fundraiser

mso-ascii-theme-font:minor-latin;mso-fareast-font-family:Calibri;mso-fareast-theme-font: minor-latin;mso-hansi-theme-font:minor-latin;mso-bidi-theme-font:minor-latin; color:red;mso-ansi-language:EN-US;mso-fareast-language:EN-US;mso-bidi-language: AR-SA">We will recognize and promote District events via the following social media platforms: Facebook, Instagram

#### **Terms and Conditions**

Accepted

### **Authorized Signature**

P. Sanget



## **Board of Directors 2023**

Name/Role	Background	Ethnicity	Serving Since
Roger Shaver President	<ul> <li>Pharmacist - U S Navy (Retired)</li> <li>Past Pharmacy Director Menifee Valley         Medical Center</li> <li>Past Pharmacy Director Fallbrook Hospital</li> <li>Life Member Military Officers Association of         America</li> <li>Life Member Veterans of Foreign Wars</li> <li>Life Member and Past Commander Disabled         American Veterans Chapter 95 Oceanside         CA</li> <li>Sea West Federal Credit Union (formerly on         Board of Directors)</li> <li>Menifee Valley Medical Center Foundation         (formerly on Board of Directors)</li> </ul>	White	2009
<b>Dr. Robert Pace</b> Past President	o MD, Orthopedic Surgeon (Retired)	White	2015
<b>Mark Haskell</b> 1st Vice President	<ul> <li>Served as an Officer/ Member of Orange         County Fire Marshal, Metro Cities Fire         Dispatch, Central Net Operations Authority     </li> <li>Member of Christ the King Lutheran Church</li> </ul>	Mixed	2015
Carlos Perez  2nd Vice President	<ul> <li>Owner/Operator, Affordable &amp; Quality</li> <li>Home Care</li> </ul>	Hispanic Non- White	2019
Barbara Creech Secretary	o Operations Director (Retired), State of Ohio	White	2019
<b>Herb Baker</b> Treasurer	<ul> <li>Operations and Controller (Retired)</li> <li>Served on the Board of University of San Diego, College for Men</li> <li>Fallbrook Rotary Club</li> <li>Eucharistic Minister, San Rafael's Catholic Church</li> </ul>	White	2018



Other Board Members						
Name/Role	Background Ethnicity					
Cecilia Brown	o Independent Medicare Broker	White	2020			
Sarah Eckhardt	<ul> <li>Licensed Vocational Nurse</li> <li>Owner/Operator, Angels Among Us, Vista CA</li> </ul>	White	2021			
Gail Jones	<ul> <li>Owner of Alvarado Veterinary Hospital in Fallbrook.</li> <li>Member of Fallbrook Rotary Club</li> <li>Treasurer of St. John's Episcopal Church</li> </ul>	White	2017			
Billie Baker	<ul> <li>Director of Business Development at         Living Waters Hospice</li> <li>Director of Development at several other         health-related organizations</li> <li>Social Worker</li> </ul>	White	2022			
Blayne Chenoweth	<ul> <li>Owner/Director of ACT Business Group, Inc., a tax, bookkeeping, and payroll company</li> <li>Certified Public Accountant since 1997</li> <li>Worked in Controller or Accountant positions since 1993</li> <li>B.A. Degree in Economics, 1988</li> </ul>	White	2023			

# Fallbrook Healthcare Foundation Balance Sheet

As of December 31, 2022

	Dec 31, 22
ASSETS	
Current Assets	
Checking/Savings	
Charles Schwab-Investments7176	510,892.05
Charles Schwab - Cash Flow1791	20,206.83
Pacific Western Bank - 1122483	53,596.27
PayPal	896.99
Square Holding Account	-277.12
Stripe Holding Account	196.80
Total Checking/Savings	585,511.82
Other Current Assets	
Undeposited Funds	2,490.00
Total Other Current Assets	2,490.00
Total Current Assets	588,001.82
Fixed Assets	
Accumulated Depreciation	-452,331.00
Building & Improvements	304,003.16
Furniture and Equipment	9,862.96
Land	200,579.00
Office Equipment	30,730.99
Parking Lot Improvements	20,897.00
Sheds	5,851.04
Solar Installation	45,509.97
Start Up Costs	4,639.00
Vans	234,386.43
Total Fixed Assets	404,128.55
Other Assets	
Prepaid Expenses	19,838.63
Total Other Assets	19,838.63
TOTAL ASSETS	1,011,969.00
LIABILITIES & EQUITY	
Liabilities	
Current Liabilities	
Other Current Liabilities	
Accrued Expenses	5,198.08
Accrued Payroll	20,703.20
Accrued Vacation	5,106.48
Payroll Liabilities	4,719.82
Total Other Current Liabilities	35,727.58
Total Current Liabilities	35,727.58
Total Liabilities	35,727.58
Equity	
Retained Earnings	1,166,672.25
Unrealized Gain (Loss) on Asset	-58,137.10
Net Income	-132,293.73
Total Equity	976,241.42
• •	
TOTAL LIABILITIES & EQUITY	1,011,969.00

### Fallbrook Healthcare Foundation Profit & Loss

January through December 2022

	Jan - Dec 22
Ordinary Income/Expense	
Income Adult Day Care Fees Donations - Unrestricted Grants Monthly Giving Other Income	120,225.00 77,444.42 235,004.85 23,879.78
Computer Classes Other Income - Other	330.75 924.29
Total Other Income	1,255.04
Service Donations Service Fees	44,317.57 4,500.00
Special Events Sponsorships	158,320.31 3,990.00
Total Income	668,936.97
Gross Profit	668,936.97
Expense Accrued Expense Advertising and Promotion Automobile Expenses	5,198.08 8,036.85
Gas and Fuel Insurance Licenses and Fees Mileage Reimbursement Repairs and Maintenance	18,319.25 17,098.80 1,215.00 3,497.96 4,343.97
Total Automobile Expenses	44,474.98
Bank and Credit Card Fees Client Events and Activities Grocery Deliveries	4,887.70
Client Events and Activities - Other	1,548.66
Total Client Events and Activities	-340.70
Client Service Monitors Computer Hardware Computer Software Dues and Subscriptions Event Expenses	317.76 1,033.74 7,891.70 4,754.28
Fall Gala Healthy Living Fair Mayor Campaign 2022	22,223.68 1,833.15 -2,529.28
Total Event Expenses	21,527.55
Insurance Expense Interest Expense Meals and Entertainment Office Expense Outside Services and Consulting	9,556.63 134.83 2,700.71 3,051.71
Consulting - Program Specific Grant Writing Human Resources IT	5,070.50 9,335.00 79.17 950.00
Legal and Accounting Onboarding Outside Services and Consulting - Other	9,923.99 655.00 6,298.75
<b>Total Outside Services and Consulting</b>	32,312.41

### Fallbrook Healthcare Foundation Profit & Loss

January through December 2022

	Jan - Dec 22
Payroll Expenses  Medical Insurance Payroll Taxes Salaries and Wages Workers Compensation	38,209.03 50,049.32 548,178.26 9,800.00
Total Payroll Expenses	646,236.61
Postage and Delivery Printing and Reproduction Reconciliation Discrepancies Repairs and Maintenance Taxes, Licenses, and Permits Telephone Expense Training and Development Utilities	878.71 9,832.20 -1,583.73 8,235.64 -8,696.81 3,338.97 448.00
Electricity and Gas Internet Security Waste Collection Water Utilities - Other	986.65 1,688.98 2,880.00 475.00 5,173.41 -1,927.61
Total Utilities	9,276.43
Total Expense	813,504.25
Net Ordinary Income	-144,567.28
Other Income/Expense Other Income Investment Income & (Expense) Dividend Income Interest Income Investment Fee Expense Long Term Gain (Loss) on Stocks	15,283.14 9.55 -4,544.61 1,525.47
Total Investment Income & (Expense)	12,273.55
Total Other Income	12,273.55
Net Other Income	12,273.55
Net Income	-132,293.73

Return of Organization Exempt From Income Tax

Under section 501(c), 527, or 4947(a)(1) of the Internal Revenue Code (except private foundations)

Do not enter social security numbers on this form as it may be made public.

OMB No. 1545-0047

Department of the Treasury Internal Revenue Service

Open to Public Inspection ► Go to www.irs.gov/Form990 for instructions and the latest information. For the 2021 calendar year, or tax year beginning , 2021, and ending , 20 Check if applicable: D Employer identification number Address change Fallbrook Healthcare Foundation Inc. 95-3389263 PO Box 2155 Name change E Telephone number Fallbrook, CA 92088 Initial return 760-723-7570 Final return/terminated Amended return G Gross receipts \$ 774,897. F Name and address of principal officer: Application pending H(a) Is this a group return for subordinates? Yes X No Same As C Above **H(b)** Are all subordinates included? If "No," attach a list. See instructions Tax-exempt status: X 501(c)(3) 501(c) ( ) (insert no.) 4947(a)(1) or Website: ► https://foundationforseniorcare.org/ H(c) Group exemption number K Form of organization: X Corporation Association L Year of formation: M State of legal domicile: CA Part I Summary Briefly describe the organization's mission or most significant activities: Its purpose is to provide programs and resources enabling seniors to enhance their well-being and give them a more Activities & Governance meaningful life. The geographic areas served include Fallbrook, Bonsall, Rainbow, DeLuz, southwest Temecula and areas of North County San Diego. Check this box ▶ ☐ if the organization discontinued its operations or disposed of more than 25% of its net assets. Number of voting members of the governing body (Part VI, line 1a).... Number of independent voting members of the governing body (Part VI, line 1b)..... Total number of individuals employed in calendar year 2021 (Part V, line 2a)...... 11 17 Total number of volunteers (estimate if necessary)..... 7a Total unrelated business revenue from Part VIII, column (C), line 12 ..... 38 **b** Net unrelated business taxable income from Form 990-T, Part I, line 11..... 0. **Prior Year Current Year** Contributions and grants (Part VIII, line 1h)..... Revenue 1,047,980. 618,623. Program service revenue (Part VIII, line 2g) ..... 87,369. 101,280. Investment income (Part VIII, column (A), lines 3, 4, and 7d)..... 10 8,077. 42,083. Other revenue (Part VIII, column (A), lines 5, 6d, 8c, 9c, 10c, and 11e). 11 41,713. 8,233. Total revenue - add lines 8 through 11 (must equal Part VIII, column (A), line 12)..... 1,185,139. 770,219. Grants and similar amounts paid (Part IX, column (A), lines 1-3)..... Salaries, other compensation, employee benefits (Part IX, column (A), lines 5-10) ..... 627,241. 600,676. 16a Professional fundraising fees (Part IX, column (A), line 11e)..... b Total fundraising expenses (Part IX, column (D), line 25) ▶ Other expenses (Part IX, column (A), lines 11a-11d, 11f-24e)..... 17 378, 187. 208,822. Total expenses. Add lines 13-17 (must equal Part IX, column (A), line 25)...... 1,005,428. 809,498. Revenue less expenses. Subtract line 18 from line 12..... 19 179,711. -39.279.**Beginning of Current Year End of Year** 20 Total assets (Part X, line 16)..... 1,273,021. 1,302,241. 21 60,574. 30,932. Net assets or fund balances. Subtract line 21 from line 20..... 22 1,241,667. 1,242,089. Signature Block Under penalties of perjury, I declare that I have examined this return, including accompanying schedules and statements, and to the best of my knowledge and belief, it is true, correct, and complete. Declaration of preparer (other than officer) is based on all information of which preparer has any knowledge. Signature of officer Sign Here Roger Shaver President NOV 15 2022 Type or print name and title Print/Type preparer's name Preparer's signature Date PTIN Paid Phillip Howerzyl, CPA,CGMA Phillip Howerzyl, CPA,CGMA self-employed P01363785 **Preparer** VanderSpek Howerzyl, CPAs **Use Only** Firm's address 350 West Fifth Ave., Suite 300 Firm's EIN ▶ 95-2770263 Escondido, CA 92025 (760) 741-2659 

Fallbrook Healthcare Foundation, Inc. dba Foundation for Senior Care (A Non-Profit Organization) Financial Statements December 31, 2021

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#### INDEPENDENT AUDITOR'S REPORT

Board of Directors Fallbrook Healthcare Foundation Inc. dba Foundation for Senior Care Fallbrook, California

We have audited the accompanying financial statements of Fallbrook Healthcare Foundation Inc. dba Foundation for Senior Care (a nonprofit organization), which comprise the statement of financial position as of December 31, 2021, and the related statement of activity, functional expense and cash flows for the year then ended and the related notes to the financial statements.

#### Management's Responsibility for the Financial Statements

Management is responsible for the preparation and fair presentation of these financial statements in accordance with accounting principles generally accepted in the United States of America; this includes the design, implementation, and maintenance of internal control relevant to the preparation and fair presentation of financial statements that are free from material misstatement, whether due to fraud or error.

#### **Auditor's Responsibility**

Our responsibility is to express an opinion on these financial statements based on our audits. We conducted our audits in accordance with auditing standards generally accepted in the United States of America. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. Accordingly, we express no such opinion. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of significant accounting estimates made by management, as well

as evaluating the overall presentation of the financial statements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

#### **Opinion**

In our opinion, the financial statements referred to above present fairly, in all material respects, the financial position of Fallbrook Healthcare Foundation, Inc. dba Foundation for Senior Care as of December 31, 2021 and the changes in its net assets and cash flows for the year then ended in accordance with accounting principles generally accepted in the United States of America.

Lander Spell Howerzyl, CPAS Escondido, CA

January 12, 2023

### Statement of Financial Position December 31, 2021

#### Assets

Current Assets	
Cash and cash equivalents	\$ 107,940
Investments	741,332
Prepaid expenses	19,839
Total current assets	869,111
Property and equipment, net	404,066
Total Assets	\$ 1,273,177
Liabilities and Net Assets  Current Liabilities  Accounts Payable and Accrued Expenses Payroll liabilities  Total Current Liabilities	\$ 10,305 23,198 33,503
Net Assets Net Assets, without donor restrictions Net Assets, with donor restrictions Total Net Assets	 1,239,674
Total Liabilities and Net Assets	\$ 1,273,177

Statement of Activities
For the Year Ended December 31, 2021

	hout Donor Restriction	With Donor Restriction		Total Dec. 31, 2021	
Support and revenues					
Donations - public support	\$ 136,833	\$	-	\$	136,833
Fees	101,280				101,280
Fundraising	117,866				117,866
Grants	376,391				376,391
Net investment income	81,785				81,785
Total support and revenues	814,154		-		814,154
Net assets released from restrictions					
Satisfaction of donor restrictions	74,503		(74,503)		
Expenses					
Programs	537,370				537,370
Fundraising	73,689				73,689
General and administrative	205,088				205,088
Total expenses	816,147		-		816,147
Change in net assets	72,510		(74,503)		(1,993)
Net assets, beginning	1,167,164		74,503		1,241,667
Net assets, ending	\$ 1,239,674	\$	-	\$	1,239,674

Statement of Functional Expenses For the Year Ended December 31, 2021

	Program		Fundraising		General Admin		Totals	
Advertising	\$	12,123	\$	1,148	\$	1,468	\$	14,739
Bank charges	Ψ.	1,860	4	1,068	Ψ.	439	Ψ.	3,367
Depreciation & amortization		27,625		1,000		7,500		35,125
Dues & memberships		1,961		273		1,524		3,758
Computer software		641		5,014		2,045		7,700
Events/activities		1,600		,		6,500		8,100
grocery delivery expenses		1,382		58		,		1,440
Insurance		14,423		231		7,313		21,967
Interest expense		952				,		952
Occupancy		29,396		83		3,450		32,929
Office expense & supplies		5,510		627		4,239		10,376
Outside Services		9,517		2,816		1,136		13,469
Professional fees		7,273		31		13,967		21,271
Publicity		7,357				843		8,200
Postage		132		295		619		1,046
Employee expenses		383,069		62,045		152,937		598,051
Telephone		2,433				534		2,967
Travel & transport		30,116				574		30,690
Totals	\$	537,370	\$	73,689	\$	205,088	\$	816,147

Statement of Cash Flows For the Year Ended December 31, 2021

Cash flows from operating activities:	
Change in net assets	\$ (1,993)
Adjustments to reconcile changes in net	
assets to net cash used in operating activates	
Depreciation & amortization	35,125
Unrealized gain on investments	(30,971)
Decrease in prepaid	608
Increase in accounts payable	3,348
Increase in payroll liabilities	1,450
Decrease accrued discount on non interest bearing notes	(952)
Net cash provided by operations	 6,615
Cash flows from investing activities:	
Sale of investments	438,089
Purchase of investments	(380,010)
Net cash used by investing activities	58,079
Cash flows from financing activities:	
Payments on loans	(32,821)
Net cash used for financing activities	(32,821)
Net increase/(decrease) in cash	31,873
Cash balance at beginning of year	76,067
Cash balance at end of year	\$ 107,940
Interest expense	\$ 952

Notes to Financial Statements
December 31, 2021

#### Note 1 - Summary of significant accounting policies

#### **Nature of Activities**

Fallbrook Healthcare Foundation, Inc. is a California tax-exempt corporation. The Fallbrook Healthcare Foundation, Inc. was incorporated August 1979. Its purpose is to provide programs and resources enabling seniors to enhance their well-being and give them a more meaningful life. The geographic areas served include Fallbrook, Bonsall, Rainbow, DeLuz, southwest Temecula and areas of North County San Diego.

#### **Basis of Accounting**

The financial statements of the Foundation have been prepared in accordance with accounting principles generally accepted in the United States of America on an accrual basis of accounting and accordingly reflect all significant receivables, payables and other liabilities.

The Foundation reports information regarding its financial position and activities according to two classes of net assets: without donor restrictions and with donor restrictions.

- Net assets without donor restriction represent net assets that have no use or time restrictions. Without donor restriction amounts represent amounts that are available for various activities including the Foundation's support of community activities and charitable endeavors at the discretion of the Foundation's Board of Directors.
- Net assets with donor restrictions consist of contributed funds subject to specific donorimposed restrictions contingent upon specific performance of a future event or a specific passage of time before the Foundation may spend the funds or recognize the support.

#### **Use of Estimates**

The preparation of financial statements in conformity with generally accepted accounting principles requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements. Estimates also affect the reporting amounts of revenues and expenses during the reporting period. Actual events and results could differ from those assumptions and estimates.

#### **Endowment Fund**

The Foundation's endowment was established by the board of directors in 2012 with a goal to provide support to the foundation's projects into perpetuity. The endowment was originally funded by the board members. During the last several years the board has discussed releasing the endowment funds back into the general fund. During 2021 they have procured the approval of the original donors to release the funds for general use.

Notes to Financial Statements
December 31, 2021

#### Note 1 – Summary of significant accounting policies (cont'd)

#### **Revenue and Support**

Unconditional contributions of cash or other assets and unconditional promises to give are recorded as revenue in the period received and are classified as without donor restrictions or with donor restrictions based on donor stipulations. Unconditional promises to give that are expected to be collected in future years are recognized at fair value based on estimated future cash flows. Conditional contributions are not recognized until they become unconditional; that is when the conditions on which they depend are substantially met. Gifts of assets other than cash are recorded at their estimated fair value.

#### **Cash and Cash Equivalents**

For purposes of the statement of cash flows, the Foundation considers all highly liquid investments available for current use with an initial maturity of three months or less to be cash equivalents.

#### **Property and Equipment**

Acquisitions of property and equipment with a cost in excess of \$2,500 or more are capitalized and depreciated using the straight-line method over the estimated useful lives of the assets ranging from three to thirty years. Property and equipment are stated at cost, or if donated, at the approximate fair market value at the date of donation.

#### **Advertising Costs**

The Foundation expenses the costs of advertising as they are incurred. Advertising expenses incurred during for the year ended December 31, 2021 was \$14,739.

#### **Functional Allocation of Expenses**

The functional expenses are broken out to provide detail between three categories: programs, general administrative, and fundraising expenses. Expenses are classified in these categories in accordance with their necessity to run the programs and missions of the Foundation. Certain categories of expenses are attributable to more than one program or supporting function and are allocated on a reasonable basis that is consistently applied. Salaries and benefits, are expenses, which are allocated based on estimates of time and effort. Office expenses/leases, and utilities are allocated based on square footage of office space used.

Notes to Financial Statements December 31, 2021

#### Note 1 – Summary of significant accounting policies (cont'd)

#### Fair values of Financial Instruments

Fair value is defined as the price that would be received to sell an asset or paid to transfer a liability in an orderly transaction between market participants at the measurement date. The Foundation classifies certain of its assets and liabilities based upon an established fair value hierarchy that prioritizes the input to valuation techniques used to measure fair value. The hierarchy gives the highest priority to unadjusted quoted prices in an active market for the identical asset or liabilities (Level 1 measurements) and the lowest priority to unobservable inputs (Level 3 measurements).

The three levels of the fair value hierarchy are described below:

Level 1- Valuations based on unadjusted quoted market prices for identical assets or liabilities that the foundation has the ability to access at the measurement date;

Level 2- Valuation based on unadjusted quoted market prices for similar assets and liabilities in active markets, unadjusted quoted prices for identical or similar assets or liabilities in markets that are not active, or inputs other than quoted prices that are observable for the asset or liability; and

Level 3- Valuation based on inputs that are unobservable and significant to the overall fair value measurement.

A financial instrument's level within the fair value hierarchy is based on the lowest level of any input that is significant to the fair value measurement. The categorization of assets and liabilities within the hierarchy is based upon the pricing transparency and does not necessarily correspond to the Foundations perceived risk of the asset s and liabilities.

Investments that do not have a readily determinable fair value are measured using the net asset value (NAV) per share (or its equivalent) practical expedient and are not classified in the fair value hierarchy. Financial instruments are considered valued at NAV when the investment (i.e., commingled funds, hedge funds, private equity funds) is valued at NAV based on capital statements provided by entities that calculate fair value using NAV per share or its equivalent.

Valuation process- Management determines the fair value measurement valuation policies and procedures for assets and liabilities. These policies and procedures are reassessed annually to determine if the current valuation techniques are still appropriate. A variety of qualitative factors are used to subjectively determine the most appropriate valuation methodologies. These are consistent with the market, income, and cost approaches. Unobservable inputs used in fair value measurements are evaluated and adjusted on an annual basis or as necessary based on current market conditions and other third-party information, including NAV received from fund managers based on tier valuation processes and procedures. Certain unobservable inputs are

Notes to Financial Statements December 31, 2021

#### Note 1 – Summary of significant accounting policies (cont'd)

assessed through review of contract terms, while others are substantiated utilizing available market data, including but not limited to market comparable, qualified opinions, and discounted rates and mortality tables for deferred gifts.

#### **Income Tax Status**

The Foundation is exempt from Income taxes under the current provisions of the Internal Revenue Code Section 501(c)(3) of the Internal Revenue Code and Section 23701d of the California Revenue and Taxation Code. All tax-exempt entities are subject to review and audit by federal, state and other applicable agencies. Such agencies may review the taxability of unrelated business income or the qualification of the tax-exempt entity under the Internal Revenue Code and applicable state statutes.

The Foundation conforms with Financial Accounting Standards Board Interpretation No.48, *Accounting for Uncertainty in Income Taxes*, which provides accounting and disclosure guidance about uncertain tax positions taken by the Foundation. Management believes that all of the positions taken by the Foundation in its federal and state exempt tax returns are more likely than not to be sustained upon examination. The Foundation's exempt returns are subject to examination by the Internal Revenue Service and the California Franchise Tax Board, generally for three years after they were filed.

#### **Subsequent Events**

Subsequent events are events or transitions that occur after the statement of financial position date but before financial statements are issued. The Foundation recognizes in the financial statement the effects of all subsequent events that provide additional evidence about conditions that existed at the date of the statement of financial position, including the estimates inherent in the process of preparing the financial statements. The foundation's financial statements do not recognize subsequent events that provide evidence about conditions that did not exist at the date of the statement of financial position but arose after the statement of financial position date and before the financial statements are available to be issued.

The Foundation has evaluated subsequent events through January 12, 2023 which is the date the financial statements were available to be issued. Management is not aware of any events that have occurred subsequent to the statement of financial position date that would require adjustment to or disclosure in the financial statements.

Notes to Financial Statements
December 31, 2021

#### **Note 2- Fair value measurement**

The Foundation purchases Level 1 investments which are stated at fair market value and are summarized as follows:

	 Cost		Market Value
Exhange trade funds	\$ 492,294	\$	559,499
Equity funds	101,533		141,225
Bonds	40,851		40,608
Total	\$ 634,678	\$	741,332

### Note 3 – Property and equipment

Property and equipment are summarized by major classification as follows:

Building	\$ 115,293
Building improvements	254,617
Land	200,579
Office equipment/furniture	46,891
Vans	234,378
Start up costs	4,639
	856,397
Accumulated depn/amort	(452,331)
Total	\$ 404,066

Depreciation and amortization expense for the year ended December 31, 2021 was \$35,125.

#### Note 4 – Notes payable

In 2017 the Foundation entered into several notes payable for care vans to better assist the community in transporting individuals in need to their doctor's appointments. The notes payable for care vans are non-interest bearing; however, to reflect the time value of money, the liability recorded in the financial statements reflects future payments discounted at an imputed interest rate of 3% which approximates the Foundation's long-term borrowing rate on vehicles at the origination date. Amortization of the discount is reported in the Statement of Activities as interest expense. At December 30, 2021, the notes were paid off. Interest expense reported on these notes were \$952.

Notes to Financial Statements December 31, 2021

#### Note 5 – Risk of uncertainties

On January 30, 2020 the World Health Organization (WHO) announced a global health emergency stemming from a new strain of coronavirus that was spreading globally (the COVID 19 outbreak). On March 11, 2020 the WHO classified the COVID – 19 out-break as a pandemic, triggering volatility in financial markets and a significant impact on the global economy. The value of the Foundation's investments will fluctuate in response to changing market conditions, and the amount of gain/losses that could be recognized in the subsequent periods, if any, cannot be determined. The full impact of the COVID -19 outbreak along with its continual variant strains continues to evolve as of the date of this report.

#### Note 6 – Concentration of risk

In the current year a significant amount of grants were provided by a few major donors. It is always considered reasonably possible that benefactors, grantors and contributors might be lost in the near term. The Foundation's market is concentrated in the southern California geographical area.

Subsequent to the report date the Foundation was notified that one of the major donors would be decreasing the 2022 grants by approximately 35%. This decrease will lower the total income of the Foundation by 12%. The Foundation has worked and submitted additional grant applications to help make up the difference. At this time the board believes it will not affect the current programs.

The Foundation invests in various types of marketable securities and money market funds. The Foundation has established guidelines relative to diversification and maturities that target certain safety and liquidity risk levels. These guidelines are periodically reviewed and modified to take advantage of trends in yields and interest rates.

The Foundation invests in various investment securities, including U.S. government securities, corporate debt instruments, corporate stocks and various alternative investments. Investment securities, in general, are subject to various risks, such as interest rate, credit and overall market volatility. Due to the level of risk associated with certain investment securities, it is reasonably possible that changes in the values of investment securities will occur in the near term and such changes could materially affect the amounts reported in the financial statements

Notes to Financial Statements
December 31, 2021

#### Note 7 – Net assets

The details of the Foundations net asset categories at December 31, 2021 are as follows:

Without donor restrictions:

General missions & operations \$ 1,239,674

With donor restrictions:

Total net assets \$ 1,239,674

Changes in endowment net assets for the year ended December 31, 2021 were as follows:

Endowment net assets January 1, 2021	\$ 74,503
Donor release from endowment	 (74,503)
Endowment net assets, December 31, 2021	\$ _

#### **Note 8 – SBA Paycheck Protection Program**

During 2020 the Foundation applied for and received \$130,000 under the Paycheck Protection Program created as part of the relief efforts related to COVID-19 and administered by the Small Business Administration. The Foundation used the proceeds for qualifying expenses and the loan and interest was forgiven in March of 2021. The Foundation chose not to follow FASB ASC 470 as the Management concluded that the PPP loan represents in substance a grant. Therefore, the Foundation follows FASB ASC 958-605 and reported the loan as a grant included in support and revenues for the year ended December 31, 2020.

#### Note 9 – Liquidity and availability of financial assets

The Following table reflects the Foundation's financial assets as December 31, 2021 reduced by amounts not available for general expenditures due to contractual or donor- imposed restrictions within one year. Amounts not available include endowments. General expenditures include grant awards, operating and administrative expenses, capital spending and other financial liabilities.

Financial assets	
Cash and cash equivalents	\$122,482
Investments	726,025
Prepaid expenses	20,446
Total financial assets available to meet cash needs for	
general expenditures within one year	\$868.953



#### FRHD CHC GRANT BUDGET FORM

Agency
Name:
Foundation for Senior Care
PROGRAM
NAME:
Senior Care Advocacy

Not all line items will correspond with your program budget. If the item does not fully align either leave it blank or group it in the best category possible. However, be sure your program budget is fully itemized.

Α	INDIRECT EXPENSES:	PROGRAM COST	APPLYING ORGANIZATION	OTHER FUNDERS	REQUESTED FROM FRHD
A1	Administrative Support	33,211.71	29,211.71	4,000.00	
A2	General Insurance (not program specific )	495.08	495.08	-	
А3	Accounting & audit expenses	3,085.50	3,085.50	-	
A4	Consultant/Contractor Fees	454.82	454.82	-	
A5	Physical Assets (Rent, Facility Costs)	805.49	805.49	-	
A6	Utilities	911.38	911.38	-	
A7	IT & Internet	2,368.44	1,368.44	1,000.00	
A8	Marketing & Communications	5,869.05	2,869.05	3,000.00	
A9	Office Supplies	449.31	449.31	-	
A10	Training & Education	15.00	15.00	-	
A11					
	TOTAL INDIRECT EXPENSE	47,665.78	39,665.78	8,000.00	
В	PERSONNEL EXPENSES - PROGRAM	PROGRAM	APPLYING	OTHER FUNDERS	REQUESTED FRO
B1	SPECIFIC Senior Care Advocates (2.6 FTE)	COST 120 504 84	ORGANIZATION		FRHD
B2	Durable Medical Equipment Coord (.05 FTE)	129,504.81	24,704.81	63,800.00	41,000.0
B3	Program Supervisor (.04 FTE)	1,610.32			
	Program Supervisor (.04 PTE)	3,652.54	2,152.54	800.00	700.0
B4	Payrall Evanaga (IA/C tayan)	10 170 16	4 470 46	0.000.00	
B5	Payroll Expenses (WC, taxes)	12,472.16 3,212.88	4,472.16	8,000.00	
		3 212 88 1	1,212.88	2,000.00	
B6	Benefits	0,212.00	-,	,	
B6 B7	Other: specify	•	·	75 200 00	42 100 0
		150,452.71	33,152.71	75,200.00	42,100.0
	Other: specify	•	·	75,200.00 OTHER FUNDERS	42,100.0  REQUESTED FRO
В7	Other: specify  TOTAL PERSONNEL EXPENSE	150,452.71 PROGRAM	33,152.71 APPLYING		REQUESTED FRO
B7	Other: specify  TOTAL PERSONNEL EXPENSE  DIRECT PROGRAM EXPENSES	150,452.71  PROGRAM COST	33,152.71  APPLYING ORGANIZATION	OTHER FUNDERS	REQUESTED FRO FRHD 400.0
<b>C</b> C1	Other: specify  TOTAL PERSONNEL EXPENSE  DIRECT PROGRAM EXPENSES  Equipment	150,452.71 PROGRAM COST 1,786.00	33,152.71  APPLYING ORGANIZATION 586.00	OTHER FUNDERS	REQUESTED FRO FRHD 400.0
C C1 C2	Other: specify  TOTAL PERSONNEL EXPENSE  DIRECT PROGRAM EXPENSES  Equipment  Program/Project Supplies	150,452.71  PROGRAM COST 1,786.00 2,812.00	33,152.71  APPLYING ORGANIZATION 586.00 912.00	OTHER FUNDERS 800.00 1,000.00	REQUESTED FRO FRHD 400.0
C C1 C2 C3	Other: specify  TOTAL PERSONNEL EXPENSE  DIRECT PROGRAM EXPENSES  Equipment  Program/Project Supplies  Printing/Duplicating	150,452.71  PROGRAM COST 1,786.00 2,812.00	33,152.71  APPLYING ORGANIZATION 586.00 912.00	OTHER FUNDERS 800.00 1,000.00	REQUESTED FRO FRHD 400.0 900.0
C C1 C2 C3 C4	Other: specify  TOTAL PERSONNEL EXPENSE  DIRECT PROGRAM EXPENSES  Equipment  Program/Project Supplies  Printing/Duplicating  Travel/Mileage	150,452.71  PROGRAM COST  1,786.00  2,812.00  2,000.00	33,152.71  APPLYING ORGANIZATION 586.00 912.00 500.00	OTHER FUNDERS  800.00  1,000.00  1,000.00	REQUESTED FRO FRHD 400.0 900.0 500.0
C C1 C2 C3 C4 C5	Other: specify  TOTAL PERSONNEL EXPENSE  DIRECT PROGRAM EXPENSES  Equipment  Program/Project Supplies  Printing/Duplicating  Travel/Mileage  Program Specific Insurance	150,452.71  PROGRAM COST 1,786.00 2,812.00 2,000.00 2,615.00	33,152.71  APPLYING ORGANIZATION 586.00 912.00 500.00 915.00	OTHER FUNDERS  800.00  1,000.00  1,000.00  - 1,000.00	REQUESTED FRO FRHD 400.0 900.0 500.0
C C1 C2 C3 C4 C5 C6	Other: specify  TOTAL PERSONNEL EXPENSE  DIRECT PROGRAM EXPENSES  Equipment  Program/Project Supplies  Printing/Duplicating  Travel/Mileage  Program Specific Insurance  Program-Specific Telephone/Software	150,452.71  PROGRAM COST 1,786.00 2,812.00 2,000.00 - 2,615.00 1,549.00	33,152.71  APPLYING ORGANIZATION 586.00 912.00 500.00 - 915.00 549.00	OTHER FUNDERS  800.00  1,000.00  1,000.00  - 1,000.00	REQUESTED FRO FRHD 400.0 900.0 500.0 700.0 400.0
C C1 C2 C3 C4 C5 C6 C7	Other: specify  TOTAL PERSONNEL EXPENSE  DIRECT PROGRAM EXPENSES  Equipment  Program/Project Supplies  Printing/Duplicating  Travel/Mileage  Program Specific Insurance  Program-Specific Telephone/Software  Program-Specific Training	150,452.71  PROGRAM COST 1,786.00 2,812.00 2,000.00 - 2,615.00 1,549.00 50.00	33,152.71  APPLYING ORGANIZATION 586.00 912.00 500.00 - 915.00 549.00 50.00	0THER FUNDERS  800.00 1,000.00 1,000.00 - 1,000.00 600.00	REQUESTED FRO FRHD 400.0 900.0 500.0 700.0 400.0
C C1 C2 C3 C4 C5 C6 C7 C8	Other: specify  TOTAL PERSONNEL EXPENSE  DIRECT PROGRAM EXPENSES  Equipment Program/Project Supplies Printing/Duplicating Travel/Mileage Program Specific Insurance Program-Specific Telephone/Software Program-Specific Training Program Outreach/Promotions	150,452.71  PROGRAM COST  1,786.00  2,812.00  2,000.00  - 2,615.00  1,549.00  50.00  7,220.00	33,152.71  APPLYING ORGANIZATION 586.00 912.00 500.00 915.00 549.00 50.00 2,820.00	0THER FUNDERS  800.00 1,000.00 1,000.00 - 1,000.00 600.00	REQUESTED FRO FRHD 400.0 900.0 500.0 700.0 400.0
C C1 C2 C3 C4 C5 C6 C7 C8 C9	Other: specify  TOTAL PERSONNEL EXPENSE  DIRECT PROGRAM EXPENSES  Equipment Program/Project Supplies Printing/Duplicating Travel/Mileage Program Specific Insurance Program-Specific Telephone/Software Program-Specific Training Program Outreach/Promotions	150,452.71  PROGRAM COST  1,786.00  2,812.00  2,000.00  - 2,615.00  1,549.00  50.00  7,220.00	33,152.71  APPLYING ORGANIZATION 586.00 912.00 500.00 915.00 549.00 50.00 2,820.00	0THER FUNDERS  800.00 1,000.00 1,000.00 - 1,000.00 600.00	REQUESTED FRO FRHD 400.0 900.0 500.0 700.0 400.0
C C1 C2 C3 C4 C5 C6 C7 C8 C9 C10	Other: specify  TOTAL PERSONNEL EXPENSE  DIRECT PROGRAM EXPENSES  Equipment Program/Project Supplies Printing/Duplicating Travel/Mileage Program Specific Insurance Program-Specific Telephone/Software Program-Specific Training Program Outreach/Promotions	150,452.71  PROGRAM COST  1,786.00  2,812.00  2,000.00  - 2,615.00  1,549.00  50.00  7,220.00	33,152.71  APPLYING ORGANIZATION 586.00 912.00 500.00 915.00 549.00 50.00 2,820.00	0THER FUNDERS  800.00 1,000.00 1,000.00 - 1,000.00 600.00	REQUESTED FRO FRHD 400.0 900.0 500.0 700.0 400.0
C1 C2 C3 C4 C5 C6 C7 C8 C9 C10 C11	Other: specify  TOTAL PERSONNEL EXPENSE  DIRECT PROGRAM EXPENSES  Equipment Program/Project Supplies Printing/Duplicating Travel/Mileage Program Specific Insurance Program-Specific Telephone/Software Program-Specific Training Program Outreach/Promotions	150,452.71  PROGRAM COST  1,786.00  2,812.00  2,000.00  - 2,615.00  1,549.00  50.00  7,220.00	33,152.71  APPLYING ORGANIZATION 586.00 912.00 500.00 915.00 549.00 50.00 2,820.00	0THER FUNDERS  800.00 1,000.00 1,000.00 - 1,000.00 600.00	REQUESTED FRO FRHD 400.0 900.0 500.0 700.0 400.0
C C1 C2 C3 C4 C5 C6 C7 C8 C9 C10 C11 C12	Other: specify  TOTAL PERSONNEL EXPENSE  DIRECT PROGRAM EXPENSES  Equipment Program/Project Supplies Printing/Duplicating Travel/Mileage Program Specific Insurance Program-Specific Telephone/Software Program-Specific Training Program Outreach/Promotions	150,452.71  PROGRAM COST  1,786.00  2,812.00  2,000.00  - 2,615.00  1,549.00  50.00  7,220.00	33,152.71  APPLYING ORGANIZATION 586.00 912.00 500.00 915.00 549.00 50.00 2,820.00	0THER FUNDERS  800.00 1,000.00 1,000.00 - 1,000.00 600.00	REQUESTED FRO FRHD 400.0 900.0 500.0 700.0 400.0
C C1 C2 C3 C4 C5 C6 C7 C8 C9 C10 C11 C12 C13	Other: specify  TOTAL PERSONNEL EXPENSE  DIRECT PROGRAM EXPENSES  Equipment Program/Project Supplies Printing/Duplicating Travel/Mileage Program Specific Insurance Program-Specific Telephone/Software Program-Specific Training Program Outreach/Promotions	150,452.71  PROGRAM COST  1,786.00  2,812.00  2,000.00  - 2,615.00  1,549.00  50.00  7,220.00	33,152.71  APPLYING ORGANIZATION 586.00 912.00 500.00 915.00 549.00 50.00 2,820.00	0THER FUNDERS  800.00 1,000.00 1,000.00 - 1,000.00 600.00	REQUESTED FRO FRHD 400.0 900.0 500.0 700.0 400.0
C C1 C2 C3 C4 C5 C6 C7 C8 C9 C10 C11 C12 C13 C14	Other: specify  TOTAL PERSONNEL EXPENSE  DIRECT PROGRAM EXPENSES  Equipment Program/Project Supplies Printing/Duplicating Travel/Mileage Program Specific Insurance Program-Specific Telephone/Software Program-Specific Training Program Outreach/Promotions	150,452.71  PROGRAM COST  1,786.00  2,812.00  2,000.00  - 2,615.00  1,549.00  50.00  7,220.00	33,152.71  APPLYING ORGANIZATION 586.00 912.00 500.00 915.00 549.00 50.00 2,820.00	0THER FUNDERS  800.00 1,000.00 1,000.00 - 1,000.00 600.00	REQUESTED FRO
C C1 C2 C3 C4 C5 C6 C7 C8 C9 C10 C11 C12 C13 C14	Other: specify  TOTAL PERSONNEL EXPENSE  DIRECT PROGRAM EXPENSES  Equipment  Program/Project Supplies  Printing/Duplicating  Travel/Mileage  Program Specific Insurance  Program-Specific Telephone/Software  Program-Specific Training  Program Outreach/Promotions  Volunteer Clearances	150,452.71  PROGRAM COST 1,786.00 2,812.00 2,000.00 - 2,615.00 1,549.00 50.00 7,220.00 168.00	33,152.71  APPLYING ORGANIZATION  586.00  912.00  500.00  -  915.00  549.00  50.00  2,820.00  168.00	0THER FUNDERS  800.00 1,000.00 1,000.00 1,000.00 2,400.00	700.0 400.0 2,000.0
C C1 C2 C3 C4 C5 C6 C7 C8 C9 C10 C11 C12 C13 C14	Other: specify  TOTAL PERSONNEL EXPENSE  DIRECT PROGRAM EXPENSES  Equipment  Program/Project Supplies  Printing/Duplicating  Travel/Mileage  Program Specific Insurance  Program-Specific Telephone/Software  Program-Specific Training  Program Outreach/Promotions  Volunteer Clearances	150,452.71  PROGRAM COST 1,786.00 2,812.00 2,000.00 2,615.00 1,549.00 50.00 7,220.00 168.00	33,152.71  APPLYING ORGANIZATION 586.00 912.00 500.00 915.00 549.00 2,820.00 168.00	0THER FUNDERS  800.00 1,000.00 1,000.00 1,000.00 600.00 2,400.00 6,800.00	REQUESTED FRO FRHD  400.0  900.0  700.0  400.0  2,000.0  4,900.0

#### 2) FUNDING SOURCES

Е	FUNDS FOR PROGRAM			
E1	APPLYING ORGANIZATION	X	79,318.50	
E2	OTHER FUNDERS	Υ	90,000.00	
E3	REQUESTED FROM FRHD	Z	47,000.00	
	TOTAL FUNDING SOURCES		\$ 216,318.50	NOTE: THIS AMOUNT SHOULD BE EQUAL TO YOUR PROJECT COS'

3) % OF AGENCY BUDGET

F	CALCULATE % of Total Agency budget that	\$ 954,200.00	\$ 216,318.50	23%
	this Program represents.	AGENCY BUDGET**	PROGRAM COST	% of AGENCY BUDGET

<sup>\*\*</sup> Agency budget is your agency's entire budget for the year. Fill in the amount.



Agency Name: Foundation for Senior Care

Program Name: Senior Care Advocacy

#### **INSTRUCTIONS:**

List other grant funders that have been approached by your organization for this program in the past year, do not include FRHD. Include Name, Date, Amount Requested, Awarded, Declined or Pending.

Funder Name	Date Submitted	Amount Requested	Status
Legacy Endowment Community Fund	8/22/2022	\$8,000.00	Approved
Jay L Smith Foundation	12/13/2022	\$5,000.00	Pending
J W Couch	2/15/2023	\$25,000.00	Pending
Nordson Foundation	11/15/2022	\$10,000.00	Pending
C. J. Stafford and Dot Stafford Memorial Trust	04/27/22	\$7,000.00	Declined
Charles and Ruth Billingsley Foundation	6/30/2022	\$20,000.00	Declined
Cushman Foundation	10/18/2022	\$20,000.00	Declined
The Parker Foundation	5/3/2022	\$22,000.00	Declined



Agency Name: Foundation for Senior Care

Program Name: Senior Care Advocacy

Total Organization Budget (Current Fiscal Year) \$

Total Project Budget (Current Fiscal Year) \$

Leave cells blank if they are not applicable to your organization - do not mark with NA.

#### **Organization Sources of Revenue**

**Sources of Funding** 

954,200.00

216,318.50

(Total Organization Budget)

(This Project Request)

		Percent	One-time funding?		Percent of	One-time funding?
Source of funds	\$ Amount	of Total	(Yes/No)	 \$ Amount	Total	(Yes/No)
Federal	0					
State	0					
City/County*	100000	10.5%	Yes			
Other Govt.	0					
Proposed FRHD	128000	13.4%	Yes	47000	4.9%	Yes
Fees for Service	155600	16.3%	No	1600	0.2%	Yes
Grants (non-gov't)	176500	18.5%	Yes	90000	9.4%	Yes
General Donations	170000	17.8%	Yes	29000	3.0%	Yes
Other Internal						
Organizational Fundraising	200000	21.0%	Yes	48719	5.1%	Yes
Other (list):						
- Partnership Fees	20000	2.1%	No			
- Insurance Claims	2200	0.2%	Yes			
- Sponsorships (Ads)	1500	0.2%	Yes			
- Computer Classes	400	0.0%	Yes			
Total	\$954,200.00	100%		\$216,319.00	23%	

<sup>\*</sup> City/County

If the organization currently receives funding from any Cities or Counties, please list the jurisdiction and contract amount below.

We do not currently receive city/county funding. We had hoped to get SANDAG funding this year, but just received word that we will not. We are still seeking funding at the County level, but cannot yet identify the source.

You will see from the Funding History that our extensive efforts to obtain grant funding have not proven fruitful in the past year. While we are actively seeking to find future partnerships for services or new programs, this program is at risk. In addition to our FRHD grant funding request, we still have \$90,000 more in budgeted grants or other more sustainable partnerships we have to secure. Please help us as we seek to establish partnerships that will sustain us.



Agency Name: Foundation for Senior Care

Program Name: Senior Care Advocacy

#### INSTRUCTIONS:

- 1. List items from your PROJECT BUDGET FORM (Sections A and B) that you are seeking FRHD support, and that requires explanation.
- 2. Your narrative should explain why this expense is necessary to the project and why or how FRHD funding would make an impact.

#### A. INDIRECT EXPENSES: Please indicate by the Line Number and Item Name

#	Name	Narrative:
Α1	Administrative Support	
A2	General Insurance (not program specific )	
А3	Accounting & audit expenses	
A4	Consultant/Contractor Fees	
A5	Physical Assets (Rent, Facility Costs)	
Α6	Utilities	
Α7	IT & Internet	
A8	Marketing & Communications	
Α9	Office Supplies	
A10	Training & Education	
A11		

#### **B. PERSONNEL EXPENSES -PROGRAM SPECIFIC**

#	Name	Narrative:
В1	Senior Care Advocates (2.6 FTE)	Includes 85% of 4 Care Advocates' labor (with 3% increase in Jan 2024); Our Care Advocates are the "product" or "service" of this program. There is no significant facility usage, equipment maintenance, or products to purchase. The commodity of this program is the information, knowledge, and guidance that our Care Advocates utilize for approximately 1000 clients annually. With backgrounds in social or human services, our Advocates can identify underlying (and often unspoken) issues that are key social determinants of health. Their knowledge of local and state resources cannot be replaced by volunteers or internet services. Our program is at a critical state, after so many denied grant requests. Without further assistance, we will be forced to reduce our Advocate staffing and that will, unfortunately, impact the number of seniors we can help
B2	Durable Medical Equipment Coord (.05 FTE)	Less than 5% of our DME Coordinator (also Receptionist/Float) time; This person handles nearly all durable medical equipment (wheelchairs, walkers, commodes, etc.) requests and donations that come in through our doors. Last year, nearly 100 pieces of of DME were "loaned" out. This resource tracks the equipment, provides in-kind donation receipts, and cleans equipment. Without this resource, our Care Advocates would be doing this work, taking away from more valuable time helping clients
ВЗ	Program Supervisor (.04 FTE)	Includes 4% of direct program supervision - Exec Director meets with Advocates regularly, working to make processes more efficient, address challenging client situations, meeting with potential or active Advocate partners, etc.
B4		
B5	Payroll Expenses (WC, taxes)	Standard payroll taxes and workers comp
В6	Benefits	Benefits expense for the above resources
B7		

#### C. DIRECT PROGRAM EXPENSES

#	Name	Narrative:
C1	Equipment	Includes 5% vehicle expense (fuel, license fees, maintenance and repairs) - vehicle is used by Advocates for home visits and doctor visits
C2	Program/Project Supplies	Includes costs for 1 Life-Line subscription for a low-income senior, program folders and materials for client files, program postage and minimal emergency supplies for clients (\$25 grocery cards, toiletries), when needed; Also includes one new laptop to replace aging device
C3	Printing/Duplicating	28% of printing and duplicating expense - heavy photocopying of client materials
C4	Travel/Mileage	
C5	Program Specific Insurance	5% of auto insurance expense; 17% of volunteer, and liability insurances allocated to this program
C6	Program-Specific Telephone/Software	25% of program-related telephone, internet, and software expenses; The Advocates utilize a custom-built software program exclusively designed for our Advocacy program
C7	Program-Specific Training	
C8	Program Outreach/Promotions	15% of program advertising/promotion expense - running newspaper and social media ads for the Advcoacy program all year; portion of promotional event and outreach expense
C9	Volunteer Clearances	
C10		