

NOTE LOCATION!



Thursday, June 6, 2019

COMMUNITY ROOM

1636 E. MISSION RD.

6:00 p.m. – Social & Refreshments

6:30 p.m.—7:30 p.m. Presentation/Door Prizes

Sponsored by



Featured Presentation:

***“Brain Health; Identifying Risks and Discovering
Solutions to Cognitive Decline”***

Our speaker completed certification with Academy of Brain Health Performance, Harvard, and she completed Dr. Daniel Amens’ Brain Health Certification course, with the desire to bring hope and solutions to those with a family history or concern about cognitive decline due to the aging brain. She also provided presentations on the prevention of Alzheimer’s Disease.

Presenter:

***Jeanene Henson, B.S. , Cal Poly Pomona
Owner of California Bodies in Fallbrook***

Free Event including Refreshments • Door Prizes

Please plan to attend, bring a friend and

please bring a non-perishable food donation for the Food Pantry

Questions? Contact Pam Knox at pknox@fallbrookhealth.org