

# Impact Report

**Organization:** Hospice of the Valleys SC (#14258607)  
**Request:** Fallbrook Community Support Program (#59950641)  
**Impact Report Type:** Fallbrook Regional Health District Impact Report  
**Disposition:** Completed  
**Completed by:** Organization on 10/09/2020 by Melanie House  
**Required?:** Yes  
**Available Date:** 10/01/2020  
**Due Date:** 10/14/2020

**Comments:**  
**Revision Comments:**  
**GrantSeeker Editor:** Melanie House  
**Project Title:** Fallbrook Community Support Program  
**Project Start Date:** 07/01/2020  
**Project End Date:**

**This is an ongoing program that began on:** 07/01/2020

**Person Submitting the impact report?:** Melanie House  
951-200-7800  
(work cell: 951-972-2189)  
mhouse@hovsc.org

**Ages Served:** Seniors (60+): 100%

**Gender:** Female: 67%  
Male: 33%

**Select the income limit category of your target population:** Very Low (50%) Income Limits, ceiling of \$53,500

**How many residents directly benefited (participant/client) from this program:** 9

**Approximately how many residents received an indirect benefit:** 18

**The following category was identified as the best descriptive of the program's primary goal and objectives:** Treatment: Direct provision of care in medical, dental, vision, or behavioral health.

**You defined the measure of success of the program's interventions or services during the application process.:**

**Define goal #1 for this program :** Provide necessary bereavement and caregiver support groups (mental health services) for the residents of Fallbrook, Bonsall, and Rainbow

**Number of Objectives for this program:** 1

**Objective 1:** So far, in this first quarter, we have had a challenge in getting the support groups up and running, in the current climate/pandemic. Originally our objective was to conduct 40 weeks of in person support groups (20 weeks of bereavement support and 20 weeks of caregiver support) with 10-12 people in each group. With the pandemic, we have had to move to holding all of our groups virtually (Zoom). Holding virtual groups rather than in-person has been a bit of a staff and group participant learning curve, as well as having to tweak some of our compliance procedures, such as paperwork, handouts, and release forms. In addition, we have needed to adjust the timing on when our groups would start and length of each session (to fit better with the new online format and the staff planning/training).

**Objective 2:**

**Objective 3:**

**Objective 4:**

**Measuring Success for Goal #1:** We are happy to report that the first groups have been installed to begin on Thursday, October 8th and going for a total of 5 Thursdays/weeks. Bereavement group will begin at 10am and Caregiver group will begin at 2pm. Getting this up and running has been different in the past with release forms getting signed and teaching our participants how to log on to Zoom meetings, etc. Further, getting participants comfortable and interested with a virtual format has reflected in the number of people that we have interested in these first sessions. Once the groups complete these first sessions (October 8th- November 5th) we will have survey data from the start and completion from each participant. We look forward to sharing that with you in the next quarter's impact report.

**Define goal #2 for this program if applicable.:** Provide compassionate hospice care, free of charge to terminally ill patients in the Fallbrook area.

**Number of Objectives for Goal #2 of this program:**

1

**Objective 1 for Goal #2:** So far, in Quarter #1 of FY 2020-2021, we have served and paid for the direct hospice care to 9 terminally ill senior citizen residents of Fallbrook.

**Objective 2 for Goal #2:**

**Objective 3 for Goal #2:**

**Objective 4 for Goal #2:**

**Measuring Success for Goal #2:** We are able to measure success with our non-medicare covered expenses seen below:

\*We cared for had 9 Fallbrook area residents on our service in this first quarter.

\*These 9 patients had a combined total of 267 days on our service.

\*267 \* \$0.90 for full electric beds= \$240.30

\*267 \* \$0.77 for incontinence supplies= \$205.59

\*267 \* \$0.86 for overbed tables= \$229.62

\*These 9 patients had a combined total of 124 medications during the first quarter @ \$5/medication delivery= \$620

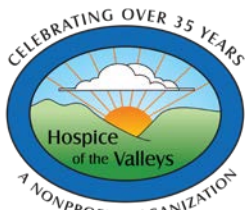
\*9 patients \* 10 hospice hearts each (average) @ \$6 each= \$540

\*Total supplies and medication delivery = \$1,835.51

**Participant Success Story:**

**Please list how the Fallbrook Regional Health District's investment in this program was acknowledged during this reporting time frame. :** Impact Statement- Investment FRHD 1st Quarter.pdf

**Actual Program Budget File:** 2020\_2021\_FRHD Program\_Budget\_Form\_1st Quarter HOV.xlsx



Hospice of the Valleys

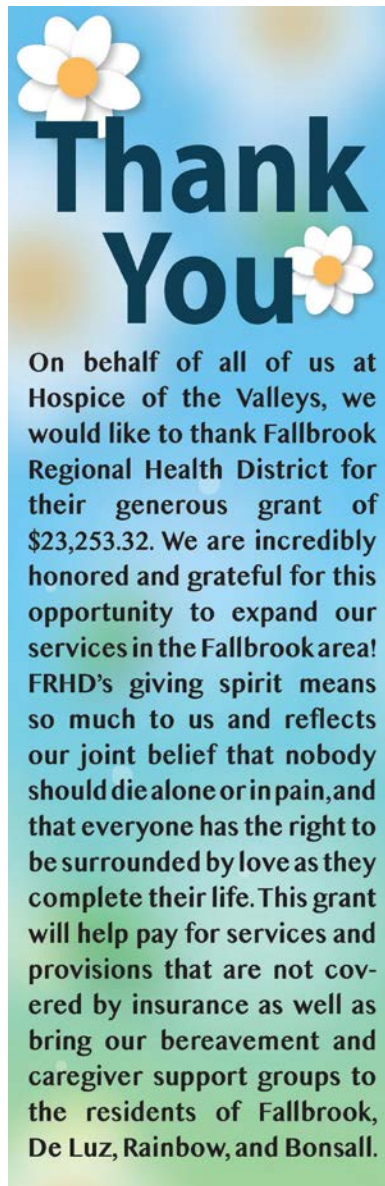
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Fallbrook Regional Health District  
2020-2021 1<sup>st</sup> Quarter Impact Report

Acknowledgements:

- Email newsletter- distribution 1,138 contacts
- Print newsletter- Distributed to numerous facilities in our service area



[www.HospiceoftheValleys.org](http://www.HospiceoftheValleys.org)



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## Hospice of the Valleys

- Flyer for Caregiver Support Group- distributed to numerous facilities in the Fallbrook area

CELEBRATING OVER 35 YEARS  
Hospice  
of the Valleys  
A NON-PROFIT ORGANIZATION

# Caregiver Support Group

LOVE brother sibling  
care HOME love family  
FATHER grandparent son  
parent neighbor partner care HOME  
child  
mother  
support  
FRIEND family friend  
care  
spouse sister  
caregiver  
Love

Do you live in the Fallbrook area and are a caregiver for a loved one?  
This group will address the stresses of being a caregiver and offer suggestions for your own self-care in a supportive, sharing environment. This five week group for caregivers will be held virtually on Zoom, and both pre-registration and pre-screening are required prior to joining the group. Please call Hospice of the Valleys at 951-200-7800 to reserve your place; someone will return your call with more information. The group is free and sponsored by the generous donation of Fallbrook Regional Health District.

**FIVE CONSECUTIVE THURSDAYS**  
October 8 • 2:00-3:00 p.m.  
October 15 • 2:00-3:00 p.m.  
October 22 • 2:00-3:00 p.m.  
October 29 • 2:00-3:00 p.m.  
November 5 • 2:00-3:00 p.m.

**Fallbrook Regional**  
HEALTH  DISTRICT

Call for more information or to make your reservations:  
Hospice of the Valleys at 951-200-7800

- Currently working on Press Release for release once the support groups have started