



2021-2022 COMMUNITY HEALTH CONTRACT (CHC) Q2 GRANT IMPACT REPORT

Organization Name Fallbrook Food Pantry

Program Name Alleviating Hunger in Greater Fallbrook

Person submitting the impact report Shae Gawlak Executive Director

Ages: List the percentages of your program participants' ages who received services during this reporting time frame.

	Percentage served	Total Number Served
Children (infants to 12)	22	476
Young Adults (13-18)	18	390
Adults (18-60)	37	802
Seniors (60+)	23	498
Unknown		

Gender: List the percentages of your program participants' gender identification who received services during this reporting time frame.

	Percentage served	Total Number Served
Female	80	1733
Male	20	433
Non-binary		
Unknown		

Income: List the percentages of your program participants' income limit category of those who received services during this reporting timeframe (2019 HUD – AMI Incomelimits:4person family).

	Percentage Served	Total Number Served
Extremely Low-Income (ceiling of \$32,100)	100	2166
Very Low (50%0 Income (ceiling of \$53,500)		
Low (80%) Income (ceiling of \$85,600)		

	Percentage Served	Total Number Served
Higher than listed limits		
Unknown		

How many District residents directly benefited (participant/client) from this program: 2166

GOALS & OBJECTIVES

Goal 1 & Objectives: From your application, please provide your measurable outcomes for each of your stated objectives.

GOAL: Provide a minimum of 2 days of nutritious food to clients in need, weekly, providing 8-10 pounds of food per family member.

OBJECTIVE: We will provide a weekly menu of supplemental nutritious food to everyone who qualifies for assistance.

MEASUREMENT: Each person per household will receive a minimum of 8-10 pounds of food each week. This is quantified by the weekly menu, which is weighed before weekly distribution begins.

OUTCOMES: We were successful in providing 2,166 individuals with an average of 15-20 pounds of food each week—which offered every family an additional meal each day of the week.

Goal 2 & Objectives: From your application, please provide your measurable outcomes for each of your stated objectives.

n/a

PARTICIPANT SUCCESS STORY

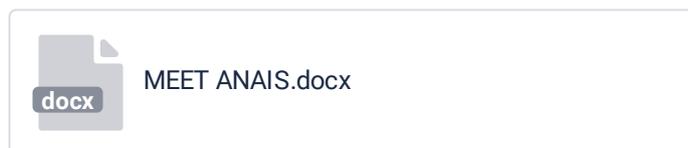
Participant Success Story:

MEET ANAIS:

Anais is a 23-year-old single mom living with two other families here in Fallbrook. Anais works on the weekends and needs help with her son, Miguel, so together, these three families help support each other in their ability to provide a home for their children to grow up in. Anais started visiting the pantry just before the COVID pandemic changed so many people's lives, overnight, last March. She was still pregnant with her son and was not getting enough nutrition during her pregnancy. It was suggested that she come to the pantry to get food. She has been a regular weekly shopper and we are so grateful we are able to support her nutrition needs as well as her son's.

The support from of the Fallbrook Regional Health District makes it possible for us to provide the kind of nutrition our community needs...especially for pregnant mothers-to-be and their children.

Participant Success Story:



ACKNOWLEDGEMENT

Please describe how the Fallbrook Regional Health District's investment in this program was

acknowledged during this reporting timeframe.

FFP recognized FRHD in a couple of ways this quarter.

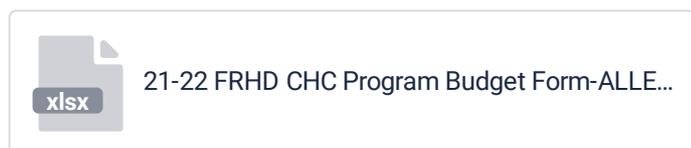
1. Social Media posts
2. 30th Birthday Celebration event (event program, signs within the pantry & video presentation)

Acknowledgment example: please upload an example of one method in which the District was acknowledged.



BUDGET

Please upload a copy of the program budget you submitted with the application, with an additional column demonstrating the current utilization of grant funds.



Please explain any significant differences in budget or services during this quarter. What if any

changes were made to address programming challenges.

We didn't experience any significant changes or differences in our budget or daily operation this

Please sign your form:

A handwritten signature in black ink, appearing to read "David Mawlak". The signature is written in a cursive style with a large initial "D".