



Organization Information

Legal Name

Hospice of the Valleys SC

DBA (if Applicable)

Hospice of the Valleys

Program Name/Title

Fallbrook Community Support

Contact Information

Contact Name

Melanie House

Title

Development Coordinator

Primary Contact Phone

9512007800

Email Address

mhouse@hovsc.org

Organization Mailing Address

25240 Hancock Avenue, Suite 120
Murrieta, CA, 92562

Organization Physical Address

25240 Hancock Avenue, Suite 120
Murrieta, CA, 92562

Total number of residents that benefited (participant/client) from this program this quarter.

16

Target Population - Age

	Percent of program participants	Total Number of Participants
Children (infants to 12)		
Young Adults (13-17)		
Adults (18-60)		
Seniors (60+)	100	16
We do not collect this data (indicate with 100%)*		

Target Population not collected - Age

N/A

Target Population - Gender

	Percent of program participants	Total Number of Participants
Female	63	10
Male	38	6
Non-binary		
Unknown*		

*Target Population - Gender

N/A

Target Population - Income Level

	Percent of program participants	Total Number of Participants
Extremely Low-Income Limits, ceiling of \$32,100		
Very Low (50%) Income Limits, ceiling of \$53,500	100	16
Low (80%) Income Limits, ceiling of \$85,600		
Higher Than Listed Limits		
We do not collect this data (indicate with 100%)*		

*Target Population - Income Level

N/A

Program/Services Description - Social Determinants of Health

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

Program/Services Description - FRHD Community Needs Assessment

Health (Diabetes - prevention, management)

Mental Health (Social Support - Youth or Families)

Health (Age Related Deficits)

Program Objectives

Our first objective to our goal is to pay for the direct cost of hospice care to 25 senior citizens and/or the severely disabled residents of Fallbrook. Direct hospice care includes, but is not limited to, personal visits by physicians, nurses, home health aides, social workers, and spiritual care advisors; the provision of durable medical equipment, medical supplies, and medication deliveries.

Our second objective is to conduct two- six week sessions of caregiver support/education series with 8-10 participants each session (16-20 participants in all). And two- six week sessions of bereavement support groups with 5-8 participants each session (10-16 participants in all).

Program Outcomes/Measurables

1. From October 1, 2022 to December 31, 2022 we served 6 patients for a total of 189 days. We estimate that we can double that patient number of persons served as our services help the patient's family member or caregiver, as well. In those 189 days, our services extended much past what Medicare or insurance reimburses for. For example, we spent \$145.53 on incontinence supplies; \$162.54 on over bed tables; \$170.10 on full electric beds; and \$370 on medication copays (that we never pass on to the patients and their families). Additionally, we estimated 10 Hospice Hearts for each of those 6 patients (60 total hearts).

FRHD Grant Support Acknowledgment

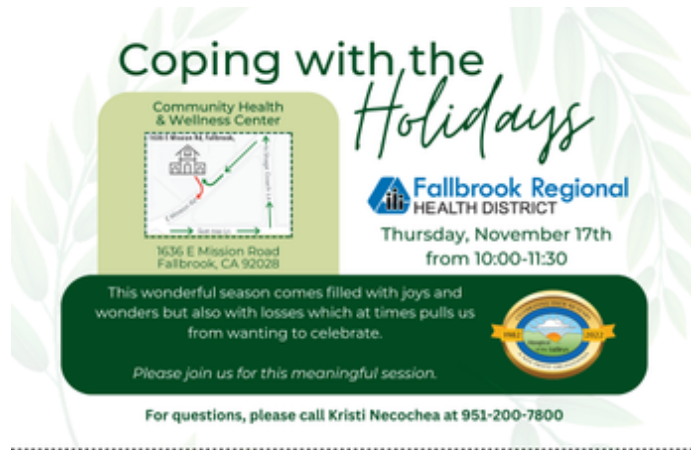
Social Media Postings

Print Materials to Service Recipients

FRHD Grant Support Acknowledgment

In all ads and press releases we published, FRHD's logo and information was included.

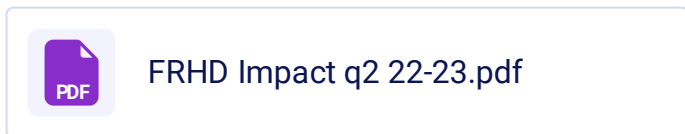
Please provide an example of how the District's grant funding was acknowledged.



Program Budget



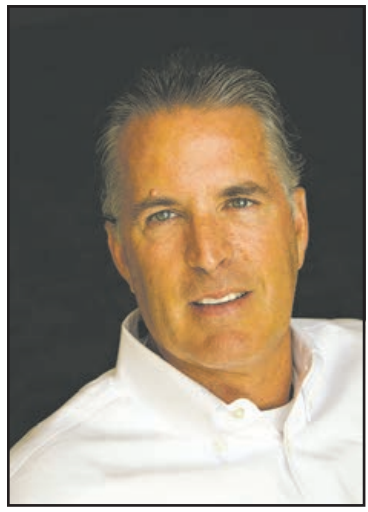
Impact Story



Opportunities & Challenges

Our goal is to get a larger patient census in Fallbrook in the 2023 calendar year. Our challenges remain the same as other health care agencies in that our census has been down since the pandemic as patients/families seek hospice care later than they used to.

Restoring a friendship



Dr. Rick Koole
LifePointe Church

In every church I've been a part of, there are people carrying hurts that they have suffered from someone else in their own

congregation. In many cases, a bitterness developed that has taken the joy out of their life and may have had a negative impact on the whole congregation. This is not something new.

In fact, Matthew 18 not only states the problem, but then addresses how to deal with the situation. It's my opinion that if Matthew 18 is followed on a regular basis, 90% of relational squabbles in churches as well as families and friends would be fixed.

Matthew 18:15 begins by stating the problem: if your brother sins against you. This verse tells us that the person that did the hurting was a close friend, family member, or another member of the church. It's those closest to us that can hurt us the most.

We also see that what they did was serious; it's called a sin,

which may include many things including lies or gossip. And we also see that it was against you personally. Following is the process the Bible gives us to seek resolution.

Step One: Go and show him his fault, just between the two of you (Matthew 18:15). Don't share your grievance with your pastor or to some of your other friends until you have already met and sought restoration with the one who has hurt you.

After pastoring for four decades, I can honestly say that failure to obey this first step is the single greatest source of relational conflict in families, friendships, and churches. I've also learned that in most cases, there was some misunderstanding that a face-to-face meeting could have cleared up allowing the two parties to walk out with a restored friendship.

Matthew 18:15 also states clearly the purpose of meeting when it says, if he listens to you, you have won your brother over. The goal should always be the restoration of fellowship, and in most cases, that is exactly what happens. But what should we do if it is not successful?

Step Two: But if he will not listen, take one or two others along, so that every matter may be established by the testimony of two or three witnesses (Matthew 18:16). This is where others can help. This may include your pastor or another wise individual from your church. They should be unbiased individuals who will listen to both sides of the conflict and attempt to find a resolution.

Step Three: If he refuses to listen to them, tell it to the church (Matthew 18:17). It is a serious

mistake for a church to ignore an individual in their midst who refuses to repent of sinning against another member of the church. Left unaddressed, it can lead to division and bitterness within the body. Church discipline is not a popular subject, however in rare cases it's necessary to show that certain behaviors are unacceptable. The goal must however still be the restoration of the individual.

Step Four: In rare cases, an individual might still refuse reconciliation, in which case the Bible says, "And if he refuses to listen even to the church, treat him as you would a pagan or a tax collector" (verse 17). In other words, although you may still love them, they can no longer be treated like a trusted member of the family. But, as in the other steps, restoration of fellowship should remain the goal of the process.

RACES

from page A-1

of the board and in the middle of a four-year term. "Students that come from base are an important part of our school, and it would be great to have a representative from that area, but we will see."

The high school board meets next on Monday, Aug. 22.

"I don't have much to say on why the members decided not to run again," Jones said. "I have massive respect for the three members who will be completing their term soon. Right out of the gate, their term started with finding a new superintendent after the early retirement of the one they had. This was quickly followed by the long list of challenges from COVID-19, including dealing with the early days of the pandemic that resulted in the closure of all schools in the state. This was probably the most challenging time a school board has faced, and I hope the community will join me in thanking the three for their service over these years."

Another local school board has a seat without anyone running. The Vallecitos School District had

no one taking out papers, even with the deadline extended five days, for the short-term position in Area 1. There are three other incumbents on the ballot and each is unopposed: Martin Kurland in Area 3, Michael Darnley in Area 4, and Melissa Cox in Area 5.

The three incumbents in the Fallbrook Union Elementary School District are each facing challengers. In Area 1, incumbent Caron Lieber, teacher, and Diane Sebalj, grandparent/retired bookkeeper, are on the ballot. In Area 4, incumbent Susan Jackson Liebes is challenged by Krystal Lee, administrative assistant, and Stacey McRae, teacher. In Area 5, appointed incumbent JoAnn Lopez is opposed by Mary McBride, barber/cosmetologist.

Looking at the Bonsall Unified School District, two of the three incumbents up for election are running again. In Area A, incumbent Lou Riddle has not taken out papers and the only person on the ballot is Pascal Lapoirie, parent/engineer. In Area B, incumbent Michael Gaddis has opposition in Richard Bruck, attorney at law. In Area D, incumbent Roger Merchat, engineer, is challenged by Beth

Klopfenstein, emergency room nurse, and Mark Jones, civil servant.

Norma Miyamoto of Fallbrook is seeking re-election to the Palomar College Board of Trustees representing Area 5. She is being challenged by Jacqueline Kaiser, mother/financial consultant.

Incumbent County Supervisor Jim Desmond is being challenged by Tiffany Boyd-Hodgson, scientist/water director.

Also on the Nov. 8 ballot are local special districts including fire, health care, water, community planning, etc.

For the Fallbrook Community Planning Group there are seven seats up for election with 15 qualified candidates. Qualified for the ballot are incumbents Steve Brown, Eileen Delaney, Jeniene Domercq and Mark Mervich. Also qualified are challengers Krystal Lee, Peter Wilson, Lisa Lynn Geffeney, Kelly Hansen, Keri Ann Hoyer, Michele McCaffery, J.J. Neese, Tauna Rodarte, Scott Spencer, Victoria Stover, and Debbie Williams. This race is decided by voters at-large.

The Rainbow Community Planning Group, also elected at-large, has seven candidates seeing

five positions. The qualified list includes incumbents Douglas Gastelum, Martin Kurland and Frederick Rasp, as well as appointed incumbents Lynne Malinowski and Michele Sheehan. Also running are Erin Maturo and Guy Maturo.

All but the planning groups are elected by areas within the respective district, divided by geographic zones. This will be the first election cycle with incumbents who were previously selected at-large but are now selected by the smaller zones or areas.

Each of the three seats on the Fallbrook Regional Health District board will have an incumbent (one appointed) facing a single challenger. In Zone 1, incumbent Jennifer Jeffries is challenged by Sydney Lay. In Zone 3, appointed incumbent William Leach faces Margie Mosavi. In Zone 5, director Howard Salmon is opposed by

Terry Brown.

In the Fallbrook Public Utility District, incumbents Kenneth Endter in Division 2 and Charley Wolk in Division 5 are unopposed.

There are no contested races for three seats on the North County Fire District board: Appointed director Ross Pike in Division 1, Chris Shaw in Division 2, and incumbent Kenneth Munson in Division 2.

In the Rainbow Municipal Water District there are two races: In Division 3, appointed director Miguel Gasca is challenged by Greg Irvine. In Division 4, appointed incumbent Bill Stewart is opposed on the ballot by Patricia Townsend-Smith.

Incumbents William Pankey, Thomas Veysey, and Christian Zaleschuk are each unopposed in Divisions 1, 3, and 4, respectively, of the San Luis Rey Municipal Water District.

the village beat

villagenews.com

Don't miss a beat on what is happening in Fallbrook, Bonsall, Pala, De Luz and Rainbow. Whether it is breaking news, local youth sports, or information on events and activities, you will find it quickly and easily at



BEREAVEMENT SUPPORT GROUP

We invite those who have suffered a loss to join us for this weekly series.

Thursday, September 8th

(thru Thursday, October 13th)

10:00-11:30 a.m.

REGISTRATION IS REQUIRED. Please RSVP by September 5th to Mike Patton at 951-200-7800.

A CAREGIVER SUPPORT SERIES

We invite caregivers of loved ones to this weekly series which will cover important caregiver topics.

Friday, September 9th

(thru Friday, October 14th)

10:00-11:30 a.m.

REGISTRATION IS REQUIRED. RSVP by September 5th.

Please call or email Kristi Necochea at 951-639-7779 or Knecochea@hovsc.org



These groups are free and sponsored by the generous donation of the Fallbrook Regional Health District.



FRHD CHC GRANT BUDGET REPORTING FORM

Agency Name: **Hospice of the Valleys** PROGRAM NAME: **Fallbrook Community Support**

Not all line items will correspond with your program budget. If the item does not fully align either leave it blank or group it in the best category possible. However, be sure your program budget is fully itemized.

1)	A	INDIRECT EXPENSES:	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
	A1	Administrative Support	\$ 57,844.80	\$ 1,186.56	\$ 296.64	\$ 296.64		
	A2	General Insurance (not program specific)	\$ -	\$ -				
	A3	Accounting & audit expenses	\$ -	\$ -				
	A4	Consultant/Contractor Fees	\$ -	\$ -				
	A5	Physical Assets (Rent, Facility Costs)	\$ -	\$ -				
	A6	Utilities	\$ -	\$ -				
	A7	IT & Internet	\$ -	\$ -				
	A8	Marketing & Communications	\$ -	\$ -				
	A9	Office Supplies	\$ -	\$ -				
	A10	Training & Education	\$ -	\$ -				
	A11	Other: specify	\$ -	\$ -				
		TOTAL INDIRECT EXPENSE	\$57,844.80	\$1,186.56	\$296.64	\$296.64	\$0.00	\$0.00
	B	PERSONNEL EXPENSES - PROGRAM SPECIFIC	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
	B1	Development Coordinator	\$ 1,170.00	\$ 1,170.00	\$ 292.50	\$ 292.50		
	B2	Director of Development	\$ 1,762.56	\$ 1,762.56	\$ 440.64	\$ 440.64		
	B3	Executive Medical Director	\$ 691.50	\$ 691.50	\$ 172.88	\$ 172.88		
	B4	Bereavement Caregiver	\$ 2,160.00	\$ 1,296.00	\$ 324.00	\$ 324.00		
	B5	Bereavement Staff	\$ 3,325.00	\$ 216.00	\$ 54.00	\$ 54.00		
	B5	Bereavement Coordinator	\$ 2,150.00	\$ 139.86	\$ 34.97	\$ 34.97		
	B5	Social Worker	\$ 2,550.00	\$ 165.02	\$ 41.26	\$ 41.26		
	B5	Development Coordinator	\$ 2,400.00	\$ 156.00	\$ 39.00	\$ 39.00		
	B5	Director of Development	\$ 3,275.00	\$ 195.84	\$ 48.96	\$ 48.96		
	B5	Volunteer Manager	\$ 1,775.00	\$ 115.20	\$ 28.80	\$ 28.80		
	B7	Other: specify	\$ -	\$ -				
		TOTAL PERSONNEL EXPENSE	\$21,259.06	\$5,907.98	\$1,477.01	\$1,477.01	\$0.00	\$0.00
	C	DIRECT PROGRAM EXPENSES	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
	C1	Supplies/Refreshments	\$ 1,765.00	\$ 1,765.00	\$ 1,310.69	\$ 617.33		
	C2	Travel/Mileage	\$ 547.56	\$ 547.56	\$ 136.89	\$ 136.89		
	C3	Medication	\$ 46,000.00	\$ 2,975.00	\$ 465.00	\$ 370.00		
	C4	Full Electric Beds	\$ 23,000.00	\$ 1,494.90	\$ 244.80	\$ 170.10		
	C5	Incontinence Supplies	\$ 20,000.00	\$ 1,278.97	\$ 209.44	\$ 145.53		
	C6	Overbed Tables	\$ 22,000.00	\$ 1,428.46	\$ 233.92	\$ 162.54		
	C7	Hospice Hearts	\$ 19,500.00	\$ 1,260.00	\$ 360.00	\$ 360.00		
	C8	0	\$ -	\$ -				
	C9	0	\$ -	\$ -				
	C10	0	\$ -	\$ -				
	C11	0	\$ -	\$ -				
	C12	0	\$ -	\$ -				
	C13	0	\$ -	\$ -				
	C14	0	\$ -	\$ -				
	C15	0	\$ -	\$ -				
		TOTAL OTHER EXPENSES	\$132,812.56	\$10,749.89	\$2,960.74	\$1,962.39	\$0.00	\$0.00
			W	Z				
D	TOTALS	PROGRAM COST	FRHD Funds Expended					
		\$211,916.42	\$8,470.43					



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Hospice of the Valleys

Impact Stories

Messages from our Support Group Leaders:

I am so grateful for the opportunity to offer bereavement support in Fallbrook. During the last quarter of 2022 we served four bereaved people, all from Fallbrook, one was a bereaved spouse of an HOV patient. We also served 2 other people from the community when we offered Coping with the Holidays.

The first group (6 week pilot group) received \$10 gift cards to Starbucks, which they expressed appreciation for, and knew that these were provided by the Foundation. We are not offering these in subsequent groups.

The next group will be offered in January (beginning Thursday morning, 1/5/23). The group tried to begin in December, but we realized that any retuning members were more likely to come in January, after the holidays, so we aborted the original plan.

The effectiveness of offering bereavement support was realized on each of the participants, and there were two participants who knew coming in that we would be more generic in the support offered than the specific grief they were experiencing. Both involved the loss of their grown children. The comment from each of these grieving mothers' was that this was a good experience compared to the frustration of trying to find bereavement support in the area.

Another member said will be also be participating again. She hopes to invite others she has met in the community because she "is receiving excellent support from our bereavement group."