

Organization Information

Legal Name

Michelle's Place Cancer Resource Center

DBA (if Applicable)

n/a

Program Name/Title

Health Education and Outreach

Brief Program Description

The Health Education and Outreach program empowers the Fallbrook Healthcare District residents with information and resources to make the best choices for their health and provides cancer patients and their families with resources to support them in their fight against cancer.

Funding Amount Awarded

21428

Target Population - Age

	Percent of program participants	Estimated number of participants
Children (infants to 12)		
Young Adults (13-17)		
Adults (18-60)	60	70
Seniors (60+)	40	47
We do not collect this data (indicate with 100%)*		

Target Population not collected - Age

n/a

Target Population - Gender

	Percent of program participants
Female	100
Male	
Non-binary	
Unknown*	

*Target Population - Gender

n/a

Target Population - Income Level

	Percent of program participants
Extremely Low-Income Limits, ceiling of \$32,100	
Very Low (50%) Income Limits, ceiling of \$53,500	50
Low (80%) Income Limits, ceiling of \$85,600	50
Higher Than Listed Limits	
We do not collect this data (indicate with 100%)*	

*Target Population - Income Level

n/a

Actual number of residents that directly benefited (participant/client) from this program during this quarter.

117

Program/Services Description - Social Determinants of Health

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

Program Goal & Objectives

The goal of this program is to reach over 2,000 people in the FRHD with education on health and wellness. The Patient Navigator will attend at least 12 community events and/or speaking engagements within the FRHD. Michelle's Place will provide 20% more resources to the residents of the FRHD than last year. 375 x 20% = 450 free resources through the Community Health and Wellness Center.

Program Outcomes & Measurables

Program outcomes and measurables:

1. Patient Navigator will host at least eight programs at the Fallbrook location - This quarter we hosted three cancer support circle groups. One each month. We also hosted the mind, body and beyond Zumba class.
2. The Patient Navigator will attend at least 12 community events and/or speaking engagements within the FRHD. This quarter Michelle's Place presented at the Fallbrook United Methodist Church, Bonsall Rotary Club and the Fallbrook Women's Club.
3. Michelle's Place will provide 20% more resources to the residents of the FRHD than last year. This quarter, MP provided 110 resources to the residents of the FRHD.

We are on track to meet or exceed our objectives.

Anticipated Acknowledgment

Social Media Postings

Signage at Service Sites

Print Materials to Service Recipients

Website Display

Terms and Conditions

Accepted

Authorized Signature

A handwritten signature in black ink, appearing to read "J. Smith".

Contact Information

Contact Name

Kim Gerrish

Title

Executive Director

Primary Contact Phone

9516995455

Email Address

kim@michellesplace.org

Writing Instructions:

What language(s) does this program accommodate:

English

Spanish

Acknowledgment of District Support



2024 No-Cost Support Services for All Cancers Available NOW!

Michelle's Place offers a variety of comfort, care and support services to our clients. If you or someone you know is fighting any type of cancer, we can help!

Services include:

- Behavioral Health Counseling
- Patient Navigation
- Community Health Worker
- Financial Assistance and Grant Programs
- Transportation Services
- Support Groups for Clients and Caregivers
- Comfort Items, Chemo Kits, Prosthesis, Specialty Items and Bras
- Wigs, Wig Fittings and Wig Customization Services
- Yoga, Tai Chi, Reiki, Healing Touch & Hypnotherapy

We offer 2 Locations to Serve You

Temecula - 9am to 3:30pm - 41669 Winchester Rd. Suite 101 Temecula, CA 92590

Fallbrook - By Appointment - 1636 East Mission Rd. Fallbrook, CA 92028



Please scan the QR code or click [HERE](#) to connect with our Care Team today!



For more information please visit www.MichellesPlace.org

Made possible through



www.fallbrookhealth.org

Impact Story



When I was diagnosed with... .docx

Program Budget



23_24 FRHD CHC Cancer Ca... .xlsx

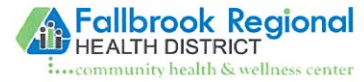
Q2 Michelle's Place Impact Report

"When I was diagnosed with cancer in January 2022, I immediately knew that I needed help from a therapist to navigate the minefield ahead of me. I spoke to my team at UCSD and I couldn't get an appointment to see an actual therapist for at least two months post diagnosis. I was in crisis at the time. I needed help. To complicate matters, I wasn't comfortable sharing my cancer diagnosis with friends and extended family. I wanted to keep it private. Naturally, I turned to Michelle's Place. I attended a group session about intimacy and cancer and heard Shanda Brennan speaking at the event. I instantly knew she would be a great fit for me and my husband. The fact that she had navigated cancer herself, and could really understand what I was going through, meant everything to me. I'm not sure I would've been able to tolerate the psychological chaos that cancer unleashes without her as part of my team. I never did manage to secure an appointment with a therapist through my cancer center. Michelle's Place behavioral services just stepped in and filled that void. It was a priceless gift that I continue to be grateful for every single day, from diagnosis through survivorship. I am forever indebted to the team at Michelle's Place."

October 2024 Events



Made possible through



Events for October 2024

October 10th at 11am: Mind, Body, and Beyond

Zumba with Alessandra at the Fallbrook Regional Health District.

October 11th at 10am: Cancer Support Circle

The Impossible Dream Tea Party with fun hats, food, and crafting.

This will be held off site. Fun hats are encouraged. Space is limited and RSVPs are required. Reference Sign up Genius for more details.

Every Thursday in October Tai Chi is offered to all.

RSVP through [Sign up Genius](#)

Email or call 951.699.5455

No One Should Face Cancer Alone

1636 East Mission Rd. Fallbrook, CA 92028

Fallbrook Regional Health District

Community Health and Wellness Center

Agency Name: **Michelle's Place Cancer Resource Center** PROGRAM NAME: **Health Education & Outreach**

The main categories align with the budget submitted with your application. Aggregate totals are all that should be reported under each heading.

1)	A	INDIRECT EXPENSES:	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL INDIRECT EXPENSE	\$39,600.00	\$2,915.00	\$728.75	\$525.00		
B	PERSONNEL EXPENSES - PROGRAM SPECIFIC	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4	
	TOTAL PERSONNEL EXPENSE	\$71,639.00	\$9,438.00	\$2,359.50	\$2,359.00			
C	DIRECT PROGRAM EXPENSES	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4	
	TOTAL OTHER EXPENSES	\$56,000.00	\$9,075.00	\$2,268.75	\$3,200.00			
D	TOTALS	PROGRAM COST	FRHD Funds Awarded	Total Amount Q1	Total Amount Q2	Total Amount Q3	Total Amount Q4	
		\$167,239.00	\$0.13	\$5,357.00	\$6,084.00	\$0.00	\$0.00	

Total funds expended to date: **\$11,441.00**