**Organization Information**

**Legal Name**
Fallbrook Healthcare Foundation, Inc.

**DBA (if Applicable)**
Foundation for Senior Care

**Program Name/Title**
Senior Care Services Program

### Target Population - Age

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Percent of program participants</th>
<th>Total Number of Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>Children (infants to 12)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Young Adults (13-17)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Adults (18-60)</td>
<td>3</td>
<td>13</td>
</tr>
<tr>
<td>Seniors (60+)</td>
<td>92</td>
<td>382</td>
</tr>
<tr>
<td>We do not collect this data (indicate with 100%)*</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Target Population - Gender

<table>
<thead>
<tr>
<th>Gender</th>
<th>Percent of program participants</th>
<th>Total Number of Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
<td>60</td>
<td>248</td>
</tr>
<tr>
<td>Male</td>
<td>36</td>
<td>147</td>
</tr>
<tr>
<td>Non-binary</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Unknown*</td>
<td>4</td>
<td>19</td>
</tr>
</tbody>
</table>

### Target Population - Income Level

<table>
<thead>
<tr>
<th>Income Level</th>
<th>Percent of program participants</th>
<th>Total Number of Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>Extremely Low-Income Limits, ceiling of $32,100</td>
<td>20</td>
<td>83</td>
</tr>
<tr>
<td>Very Low (50%) Income Limits, ceiling of $53,500</td>
<td>20</td>
<td>83</td>
</tr>
<tr>
<td>Low (80%) Income Limits, ceiling of $85,600</td>
<td>20</td>
<td>83</td>
</tr>
</tbody>
</table>
Total number of residents that benefited (participant/client) from this program this quarter.

414

Program/Services Description - Social Determinants of Health

Economic Stability (Employment, Food Insecurity, Housing Instability, Poverty)

Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

Neighborhood & Built Environment (Access to Foods that Support Healthy Eating Patterns, Crime and Violence, Environmental Conditions, Quality of Housing)

Program/Services Description - FRHD Community Needs Assessment

Mental Health (Social Support - Youth or Families) Mental Health (Screenings, Prevention)

Health (Mobility) Health (Age Related Deficits) Health (Healthy Food/Nutrition)

Social (Economic Security, Health Literacy, Family/Child Support, Legal/Advocacy)

Program Objectives

Support 1,000 seniors/disabled adults with our care advocate services, which include acting as a case manager for more complex client situations.

Actively provide interventions, referrals, and/or education services for at least 60% of North County Fire or hospital-referred clients.

Provide 5,000 donation-based, wheelchair accessible rides in town and healthcare-related rides out of town.

Provide 2,000 total days of day care for seniors and disabled persons, including at least 100 scholarship days.

Program Outcomes/Measurables

We helped 352 senior and/or disabled Care Advocate clients this past quarter. We made 70 home visits, supplied 40 individuals with durable medical equipment, and helped over 30 clients with housing related issues.

Of the 34 clients we helped through our Door Through Door program, we were able to provide 69 referrals, initiated or responded to 194 correspondences with clients, family members, hospitals, or other healthcare agencies. On 37 separate occasions, we worked with healthcare facilities or families to try to prevent an unsafe discharge, through education and ensuring resources are available upon
Of the 5,000 wheelchair accessible rides we expect to provide this year, we gave 1230 in-town rides to 91 clients, and 172 out-of-town rides to 40 clients. This quarter, 61 of these rides were for wheelchair transport.

Of the 2,000 total days of Adult Day Care services we expect to provide this year, we provided 391 days of care for 14 seniors and disabled persons during this past quarter. This includes 38 of our projected 100 annual scholarship days. Unfortunately, several of our 4 or 5 day/week clients had changes in their healthcare or home caregivers this quarter, thus significantly lowering our projected days of service.

**FRHD Grant Support Acknowledgment**

- Social Media Postings
- Signage at Service Sites
- Print Materials to Service Recipients
- Website Display

**FRHD Grant Support Acknowledgment**

We acknowledged the District in the following ways throughout the quarter:

The FRHD logo was affixed on our Care Vans.

We included the FRHD logo and official sponsor designation in all emails from every staff member.

Our organization and specific Care Van program brochure featured the FRHD logo and official sponsor language.

The FRHD logo and sponsorship support status appears on our website.

We promoted district events via Social Media.
Contact Information
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