



2020-2021 COMMUNITY HEALTH CONTRACT (CHC) Q3 GRANT IMPACT REPORT

Organization Name: Fallbrook Healthcare Foundation dba Foundation for Senior Care

Program Title: 398 Adult Day Care

Person submitting the report: Patty Sargent Executive Director

Ages: List the percentage and total number served of your program participants' ages who received services during this reporting time frame:

	Percentage served	Total Number Served
Children (infants to 12)		
Young Adults (13-17)		
Adults (18-60)	24	9
Seniors (60+)	76	29
Unknown		

Gender: List the percentage and total number served of your program participants' gender identification who received services during this reporting time frame:

	Percentage served	Total Number Served
Female	55	21
Male	45	17
Non-binary		
Unknown		

Income: List the percentage and total number served of your program participants' income limit category of those who received services during this reporting timeframe:

	Percentage Served	Total Number Served
Extremely Low-Income (ceiling of \$32,100)		
Very Low (50% Income (ceiling of \$53,500)	6	2
Low (80%) Income (ceiling of \$85,600)	37	14

	Percentage Served	Total Number Served
Higher than listed limits	26	10
Unknown	31	12

How many District residents directly benefited (participant/client) from this program in this reporting quarter? 38

GOALS & OBJECTIVES

Please provide the Goal 1 statement from your application. Discuss the actions within each objective and provide your outcome data accordingly.

Goal #1: To create socialization and enrichment opportunities for clients through participation in day care programs, events, and a range of activities that address the specific physical and mental needs of our clients. Additionally, provide scholarship opportunities for low-income district residents who could not otherwise afford the program.

During Q3, from January through March, we served 16 clients in our Adult Day Program, providing a total of 328 days of service, which provided 22 family caregivers with respite care while their loved one was in the Adult Day Program. In January, "The Club" was closed for 8 business days due to an outbreak of COVID-19 amongst the staff. Of the 328 client days, one low-income senior received 27 scholarship/respite days, provided through the FRHD grant. As clients ebb and flow for various reasons, we seek to be able to offer scholarships to other new clients in the FRHD service area. These third quarter numbers represent approximately 15% of our annual goals. It's been another unusually difficult quarter, as we rebound from another bad wave of COVID and rebuild client volume after several clients' deaths or out-of-town moves last quarter.

Please provide the Goal 2 statement from your application. Discuss the actions within each objective and provide your outcome data accordingly.

Goal #2: Using results of latest Club surveys, identify and provide at least 4 educational and/or supportive services during the FRHD grant period that will help familial caregivers in a manner that aims to address their expressed emotional, social, or physical health needs.

During this past quarter, three of our Adult Day Program clients' family members were assisted by our Senior Care Advocates to address various needs. Help was provided in finding senior/memory care facilities or caregiving resources, as well as intervention in the health and welfare of clients. We are currently working to identify a resource to lead a Caregiver Support Group for our clients' caregivers and others in the community. We also plan to offer classes on Tips for Transferring, What to Expect with Cognitive Decline, and possibly a simple Easy Meal Prep class. Several of male Caregivers have expressed that they do not cook and don't know how to prepare simple healthy meals. We are in process of pulling these groups and classes together.

PARTICIPANT SUCCESS STORY

Participant Success Story:

Susan began attending The Club in February 2022. At first, she was apprehensive about attending because it was an unfamiliar place with new people. That is, until she saw Caregiver Rita's face. Rita and Susan go way back! They worked together for years in the school system. Their connection brought a sense of calm and belonging to Susan which aided in her transition. At The Club Susan can be herself and engage in activities that are of importance to her and represent her interests. These activities include yoga, Tai Chi, basketball, crafts, and being outdoors. Susan is also able to be with peers, form new meaningful relationships, and try new things. She loves that she feels productive and

finds value in the program. And her husband is so grateful that she's comfortable and socially engaged while at our program.

Participant Success Story:





ACKNOWLEDGEMENT

Please describe how the Fallbrook Regional Health District's Community Health Contract - Grant investment toward this program was acknowledged during this reporting timeframe.

The FRHD logo was affixed to the sides of our Care Vans.

We included the FRHD logo and official sponsor designation in all emails from every staff member.

Our organization and specific Care Van program brochure featured the FRHD logo and official sponsor language.

The FRHD logo and sponsorship support status appears on our website.

We promoted District events on a monthly basis via Social Media

We thanked and acknowledged FRHD for their support in social media

Please upload one example of how the District's support for this program was publicly acknowledged.

BUDGET

Please upload a copy of the program budget you submitted with the application. Fill in the Q3 column demonstrating the current utilization of grant funds.



Please explain any significant differences in budget or services during this quarter. What if any changes were made to address programming challenges.

During January 2022, our Day Care Administer left us to pursue another opportunity. Therefore the Executive Director had to run the Day Program for 6 weeks until we found our new Administrator. For this reason, a portion of the E.D.'s wages and benefits were put into the Day Care Administrator's role. Also our physical assets (facility) costs were higher this quarter as we finished off the improvements in our Day Care facility, by installing a washer & dryer.

Please sign your form:

A handwritten signature in black ink that reads 'P. Baugant'.