



# 2020-2021 COMMUNITY HEALTH CONTRACT (CHC) GRANT IMPACT REPORT

**Organization Name** Hospice of the Valleys

**Person submitting the impact report** Melanie House

**Ages:** List the percentages of your program participants' ages who received services during this reporting time frame.

	Percentage served
Children (infants to 12)	
Young Adults (13-18)	
Adults (18-60)	
Seniors (60+)	100
Unknown	

**Gender:** List the percentages of your program participants' gender identification who received services during this reporting time frame.

	Percentage served
Female	43
Male	57
Non-binary	
Unknown	

**Income:** List the percentages of your program participants' income limit category of those who received services during this reporting timeframe (2019 HUD – AMI Income limits: 4 person family).

	Percentage served
Extremely Low-Income (ceiling of \$32,100)	
Very Low (50% Income (ceiling of \$53,500)	100
Low (80%) Income (ceiling of \$85,600)	
Higher than listed limits	
Unknown	

**How many District residents directly benefited (participant/client) from this program:** 14

**Approximately how many residents received an indirectly benefit (# of those benefiting from the participant receiving the service) from this program:** 14

## **GOALS & OBJECTIVES**

**Goal 1 & Objectives: From your application, please provide your measurable outcomes for each of your stated objectives.**

Our Objective #1 was to conduct both caregiver and bereavement support groups for Fallbrook area residents. Our goal was to conduct 40 weeks of support groups in sessions of 8 weeks on and 2 weeks off, ideally for 10-12 participants each session (helping 60 area residents each year), however, the pandemic has made this goal quite of a challenge. We are unable to hold in person support groups and virtual group have unfortunately not had the response for participants that we had hoped for. As stated in last quarter's report, it took Hospice of the Valleys several weeks to move into the virtual format. However, our first round of support groups began on Oct. 8 at 10:00am as scheduled. Originally we had three scheduled participants but this was reduced to two participants (because of participant illness) and ultimately only one participant completed the full session. To promote the support groups, we reached out to our past families in the Fallbrook area; promoted the groups in our newsletter; spread the word with the work our community liaisons do in the Fallbrook area (marketing to funeral homes, home health agencies, Chamber, and physician offices that serve the Fallbrook community); advertised on Facebook and Instagram with flyers and videos from our bereavement team; as well as mailed out a 1,063 resident direct mail piece to community members.

Moving forward, it was agreed by leadership to hold the next session after the holidays as follows: there will be 5 consecutive virtual sessions for each group. Dates will be Jan. 7, Jan. 14, Jan 21, Jan. 28 and Feb 4. Bereavement at 10 a.m. and Caregiver at 2 p.m. We are fully ready to execute the support groups as soon as we have participants to attend.

**Goal 2 & Objectives: From your application, please provide your measurable outcomes for each of your stated objectives.**

Our Objective #2 was to pay for the direct cost of hospice care to approximately 25 seniors/severely disabled adults. In Quarter 2 of the fiscal year, we served 13 Fallbrook area residents on our service. Those 13 patients were on our service for a total of 542 combined days. In those 542 days, we provided many provisions to keep our patients comfortable as well as ease the burden of care to their caregivers, and take care of medication delivery co-pays. The breakdown for non-Medicare covered provisions is as follows:

Incontinence Pads at \$0.77 per day \* 542 days= \$417.34

Overbed Tables at \$0.86 per day \* 542 days=\$466.12

Full Electric Beds at \$0.90 per day \* 542 day=\$487.80

181 medications (for the 13 patients) at \$5.00 per medication copay= \$905.00

Hospice Hearts at 10 per patient at \$6.00 each for 7 patients (6 of the patients were accounted for in the Hospice Heart calculation in last quarter) = \$420

## **PARTICIPANT SUCCESS STORY**

## Participant Success Story:

"This participant was our only participant this session, and she was grateful for the format as she was the primary caregiver for both her parents at the time of the support group. With her teaching schedule, the pandemic restrictions and caregiver strain, the group was a welcomed disruption to her very demanding schedule. She has recently had both parents admitted to hospice care, so the group gave her some tools for anticipating even more losses in her family.

Even with only one participant, the group was well worth the effort and the compassionate care she received proved to be very timely. "

-Mike Patton, Chaplain & Bereavement Team Member

## ACKNOWLEDGEMENT

**Please describe how the Fallbrook Regional Health District's investment in this program was acknowledged during this reporting timeframe.**

FRHD name and/or logo was included in every time/place we promoted our support groups. In the newsletter, on Social Media flyers and videos, and in the attached flyers that were sent out in direct mail.

**Acknowledgment example: please upload an example of one method in which the District was acknowledged.**



BereavementTallayout copy.pdf



CaregiverTallayout copy.pdf



Fallbrook Video Social Media Results.pdf



FallbrookCaregiverSupportGroup.pdf

## BUDGET

**Please upload a copy of the program budget you submitted with the application, with an additional column demonstrating the current utilization of grant funds.**



2020\_2021\_FRHD Program\_Budget\_Form\_2n...

**Please explain any significant differences in budget or services during this quarter. What if any changes were made to address programming challenges.**

As approved by Rachel Mason, we had the following expenses for our direct mailing that was not included in the original budget:

Postage for 1,063 = \$582.15

One box of labels = \$48.80

Information Cards- 3 on a sheet = \$318.82

1063 HOV Brochures- (total cost for our brochure order was \$488.40 for 5,000 brochures, so I calculated just 20% for the portion used for this mailing) = \$97.68

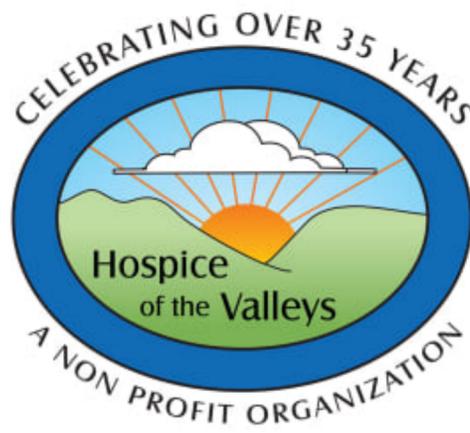
1063 Envelopes = \$106.30

Community Development Coordinator salary for putting the mailing together (mail merge, stuffing, sealing, stamping, labeling, mailing, etc.) = 12 hours at \$24.72 = \$296.64

Additionally, we went over the 2nd quarter budget by \$551.96 but since we were under budget \$1,300.49 last quarter, we are now just \$748.53 under budget for Quarters 1 and 2 combined.

**Please sign your form:**

A handwritten signature in black ink, appearing to read "L. M. ...".



# Hospice of the Valleys Caregiver Support Group



Do you live in the Fallbrook area and are a caregiver for a loved one?  
This group will address the stresses of being a caregiver and offer suggestions for your own self-care in a supportive, sharing environment. This five week group for caregivers will be held virtually on Zoom, and both pre-registration and pre-screening are required prior to joining the group. The group is free and sponsored by the generous donation of Fallbrook Regional Health District.

## FIVE CONSECUTIVE THURSDAYS

- October 8 • 2:00-3:00 p.m.
- October 15 • 2:00-3:00 p.m.
- October 22 • 2:00-3:00 p.m.
- October 29 • 2:00-3:00 p.m.
- November 5 • 2:00-3:00 p.m.

**Fallbrook Regional**  
HEALTH  DISTRICT

Call for more information or to make your reservations:  
Hospice of the Valleys at 951-200-7800