

Patty Sargent Executive Director

Fallbrook Healthcare Foundation dba Foundation for Senior Care (#14...

Submission Date Oct 14, 2021 4:57 PM

Organization Name: Fallbrook Healthcare Foundation dba Foundation for Senior Care (#14223795)

Program Title: 400 Senior Care Advocacy Program

Person submitting the report: Patty Sargent Executive Director

Ages: List the percentage and total number served of your program participants' ages who received services during this reporting time frame:

	Percentage served	Total Number Served
Children (infants to 12)		
Young Adults (13-18)		
Adults (18-60)	5	16
Seniors (60+)	95	340
Unknown		

Gender: List the percentage and total number served of your program participants' gender identification who received services during this reporting time frame:

	Percentage served	Total Number Served
Female	62	220
Male	36	127
Non-binary		
Unknown	2	9

Income: List the percentage and total number served of your program participants' income limit category of those who received services during this reporting timeframe:

	Percentage Served	Total Number Served
Extremely Low-Income (ceiling of \$32,100)	15	53
Very Low (50%0 Income (ceiling of \$53,500)	25	89
Low (80%) Income (ceiling of \$85,600)	40	142
Higher than listed limits	5	17
Unknown	15	53

How many District residents directly benefited (participant/client) from this program in this reporting quarter? 354

Please provide the Goal 1 statement from your application. Discuss the actions within each objective and provide your outcome data accordingly.

Goal: To ensure that seniors in need of housing, care giving, resource provision, or other related age-in-place services are supported throughout the greater Fallbrook area.

Objectives:

- Enroll at least 500 new clients in our Care Advocates Program during the FRHD fiscal year
- Provide at least 10,000 services, activities, or referrals to Care Advocate clients during the FRHD fiscal year
- Conduct at least 150 home or healthcare facility visits to clients during the FRHD

fiscal year

We served a total of 354 clients during Q1 through our Care Advocacy Program, making 3,097 contacts with the client, their family, health practitioners, and healthcare, finance, and legal, and protective services (and more) during the quarter (31% of annual goal). Of the clients served this first quarter, 139 of them (or 28% of annual goal) were new clients to the Senior Care Advocacy Program. This quarter showed a considerable increase in the number of home and/or healthcare facility visits – 90 such visits this quarter (or 60% of annual goal), up 36% from the number of visits we were able to conduct last quarter. Our Care Advocates have been very busy, with many complex cases.

Q1 Medical or Social services consultations and/or referrals:

- Dementia – 79
- Cancer – 10
- Heart Disease – 6
- Diabetes - 3
- Hypertension – 9
- Obesity – 1
- Falls – 79
- Food – 15
- Housing Assistance – 17
- Medical Equipment – 240
- Hospital – 1
- Caregiving Services – 28
- Doctors - 7
- Skilled Nursing – 0
- Hospice Care – 1
- Health Services - 30
- IHSS – 4
- APS – 6
- NCFPD Fire – 2
- YANA – 5
- Veteran Services - 12

Legal and Financial Services:

- Medi-Cal – 8
- Financial – 8
- Legal – 10
- Social Security – 3

Other Services:

- Transportation – 20
- Home Repair - 61
- Other – 6

Participant Success Story:

Story 1: Advocates were called by a client who was recently moved from Assisted Living to Memory Care. He was reporting some possible violation of his rights, including the threat to remove his phone from his room. We were able to connect him with an area Ombudsman to address his concerns, and to work as a mediator regarding his needs. We spoke with the Ombudsman in great length about his social/emotional needs being met even though he resides in memory care. For example, it may benefit him to have a volunteer or caregiver assist him outside of memory care to attend meals or activities as his social skills are still very much in-tact, despite memory decline. Ombudsman assured FSC advocate that she would work with the facility on his plan of care to implement some of these ideas.

Story 2: We received an APS referral for a senior who was living at home but unable to meet her daily needs in terms of care of herself and her home. We learned that she had Medi-Cal but needed a caregiver through IHSS. We were able to connect her to a caregiver who was familiar with her needs as she takes care of her neighbor next door. This caregiver had the hours and capacity to address the cleaning needs and communicate what repairs were needed to the apartment manager to make her space safe. We assisted the IHSS caregiver to connect to Public Authority for authorization to work on this case, and the caregiver was willing to work on the case and be paid retro for her services, as Public Authority was processing her application. We assisted the caregiver to connect to handymen and the apartment manager to expedite services to the apartment. The client is now safer, more connected, and able to stay in her apartment with care.

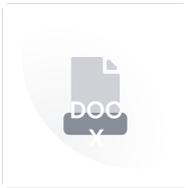
Most often, our Senior Care Advocacy Program receives no donations for their services. Since the majority of the clients we work with are low-income seniors, resources are scarce and they are unable to donate. This Program serves about 10% of the seniors in our area every year, helping nearly every one of them with some form of healthcare or services that address the social determinants of health. The FRHD's funding of this program is critical, and literally impacts the health and well-being of nearly every senior we touch. Thank you for your generous support, Fallbrook Regional Health District!

Please describe how the Fallbrook Regional Health District's Community Health Contract - Grant investment toward this program was acknowledged during this reporting timeframe.

We acknowledged the District in the following ways throughout the quarter:

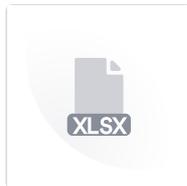
- The FRHD logo was affixed to the sides of our Care Vans.
- We included the FRHD logo and official sponsor designation in all emails from every staff member.
- Our organization and specific Care Van program brochure featured the FRHD logo and official sponsor language.
- The FRHD logo and sponsorship support status appears on our website.
- We promoted District events on a monthly basis via Social Media
- We thanked and acknowledged FRHD for their support in social media

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[FRHD Acknowledgements from the Foundation for Senior Care Q1 2021-2022.docx](#)

Please upload a copy of the program budget you submitted with the application. Fill in the Q1 column demonstrating the current utilization of grant funds.



[Advocacy Program Actuals 2021-2022 Q1.xlsx](#)

Please explain any significant differences in budget or services during this quarter. What if any changes were made to address programming challenges.

Our program was planned and budgeted to have three nearly full-time Senior Care Advocates. Due to funding limitations, we were not able to hire our third Senior Care Advocate until mid-July. Unfortunately, we also had our long-time Advocate, Darlene, decide to leave The Foundation. Therefore, from mid-August through September (and into October) we are back to having only two Advocates. We anticipate hiring another Advocate in November 2021. We are currently supplementing our Advocates workload through the utilization of a college Intern who is making wellness calls and helping Advocates with follow-up activities.

Please sign your form:

A handwritten signature in black ink, appearing to read 'P. [unclear]'.