

2019-2020 COMMUNITY HEALTH CONTRACT
358 District Resident Healthy Volunteer Program
Quarter 2 (October-December) Reporting Form

Goal 2

To provide the residents of the district a healthy volunteer program that “gives back” to the community and improves their overall general health of all who participate.

S.M.A.R.T. Objective 2a

We will record steps and monitor the health vitals of the participating volunteers to demonstrate the value of volunteering at REINS.

Projected Cost:

Contract Dollars Expended to Date:

\$9,716.25

\$19,583.43

Progress/Accomplishment of Goals & Objectives

Progress/Accomplishments:

As you can see from the attached information, we recorded the data that demonstrates the healthy impact that this program is for our local resident volunteers. We have tracked the number of steps taken during each lesson for each volunteer.

We are proud to report that our volunteers took over 370,000 steps while assisting in lessons at REINS for the second quarter!

Impact Narrative: **Lydia Choiane** (pictured on right) (Fallbrook Resident) began volunteering in 2018. To date she has volunteered over 250 hours. Given that Lydia is home schooled, REINS has become instrumental in her social and emotional well-being. Lydia has become friends with Hannah Yoder, another longtime volunteer. They volunteer together Monday afternoons and have become better friends through this shared experience. Lydia's favorite part of volunteering at REINS is meeting all the hardworking and kind people that work and volunteer here as well. This is just one example how our Volunteer program nurtures and enhances the emotional and physical needs of members of our community. Volunteering creates stronger bonds between friends, family, and coworkers. People build closer relationships, better connections, and more powerful attachments to people when they work together.



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 Accrual Basis

REINS
Account QuickReport
As of December 31, 2019

Fallbrook Regional Healthcare
 2019-2020 Healthy Volunteer

10/11/2019	BBSI	Helathy Volunteer Program - Personnel Salary	-1,750.00
10/11/2019	BBSI	Healthy Volunteer Program - Personnel Payroll Taxes & Benefits	-500.00
10/21/2019	Ultra Graphix	Healthy Volunteer Program - Protective Clothing	-295.00
10/25/2019	BBSI	2019-2020 Healthy Volunteer - Personnel Salary	-1,750.00
10/25/2019	BBSI	2019-2020 Healthy Volunteer - Personnel Payroll Taxes & Benefits	-500.00
11/08/2019	BBSI	2019-2020 Healthy Volunteer - Personnel Salary	-1,750.00
11/08/2019	BBSI	2019-2020 Healthy Volunteer - Payroll Taxes & Benefits	-500.00
11/22/2019	BBSI	2019-2020 Healthy Volunteer - Personnel Salary	-1,750.00
11/22/2019	BBSI	2019-2020 Healthy Volunteer - Personnel Payroll Taxes	-500.00
12/23/2019	.Fallbrook Regional Health District	Grant - Prgm	9,716.25
		Total 2019-2020 Healthy Volunteer	421.25

9,295.00

Healthy Volunteer Program Q2 Report 2019

FirstName	LastName	Age	City	Zip Code	Average Steps
Albert	Banuelos	24	Fallbrook	92028	7425
Cindy	Beebe	65	Fallbrook	92028	7300
Sallie	Brennan	59	Fallbrook	92028	7100
Ela	Cabunoc	13	Fallbrook	92028	8400
Nancy	Chamberlain	71	Fallbrook	92028	8650
Lydia	Chione	16	Fallbrook	92028	8510
Victoria	Collins	18	Fallbrook	92028	6700
Brenna	Cowan	18	Fallbrook	92028	8600
Jodi	Crissman	59	Fallbrook	92028	6980
Dominick	Diaz	16	Fallbrook	92028	7000
Kaylie	Diaz	13	Fallbrook	92028	6800
Valeria	Estrella	23	Fallbrook	92028	8550
Jody	Fast	63	Fallbrook	92028	8250
Amelia	Faircloth	20	Falbrook	92028	8650
Susana	Garcia Leon	23	Fallbrook	92028	7350
Caryn	Gildea	60	Fallbrook	92028	8450
Madi	Golden	16	Fallbrook	92028	6720
Allison	Gregory	33	Fallbrook	92028	7680
Cindy	Hamilton	47	Fallbrook	92028	7400
Mike	Hogan	69	Fallbrook	92028	8075
Lindsey	Jones	15	Fallbrook	92028	6450
McKenna	Jones	17	Fallbrook	92028	6520
Ella	Jopes	13	Fallbrook	92028	7500
Mason	Jopes	15	Fallbrook	92028	6750
Gary	Kraus	45	Fallbrook	92028	7960
Jocelyn	Loa	16	Fallbrook	92028	6780
Emma	Lopez	14	Fallbrook	92028	7500
Tina	Louden	53	Fallbrook	92028	7640
Jere	McFarland	77	Fallbrook	92028	6875
Faith	Mescall	14	Fallbrook	92028	8300
Erin	Murray	17	Fallbrook	92028	8475
Erica	Nash	15	Fallbrook	92028	7200
Kim	Nash	57	Fallbrook	92028	7325
Gwen	Neidner	13	Fallbrook	92028	6975
Pamela	Penton	64	Fallbrook	92028	8750
Sydnee	Silva	15	Fallbrook	92028	7425
Maliyah	Silvius	15	Fallbrook	92028	7685
Allison	Solander	22	Fallbrook	92028	8950
Marnie	Solis	14	Fallbrook	92028	6345
Cora	Torres	19	Fallbrook	92028	7830
Duncan	Torres	22	Fallbrook	92028	7680
Jane	Valentine	64	Fallbrook	92028	6275
Christian	Velasco	17	Fallbrook	92028	7165
Nico	Velasco	13	Fallbrook	92028	7089
William	Birchall	17	Bonsall	92003	6705
Dawn	Kreitzer	31	Bonsall	92003	7260
Matthew	Kreitzer	36	Bonsall	92003	7380
Carissa	Perrault	30	Bonsall	92003	8625
Adria	Mashburn	35	Bonsall	92003	8860
					370864



THANK YOU TO ALL OF OUR SUPPORTERS!

Donegan Burns Foundation

Las Patronas

Crevier Family Foundation

Legacy Endowment

Elizabeth Wilson Endowment

Creekside Veterinary Service

Fowler Pest Control

Fallbrook Oil Company

BBSI

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Bonsall Rotary

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Birchall Restoration

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County of San Diego Community Enhancement

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Fallbrook Regional Health District

Thrivent Financial



REINS Therapeutic Horsemanship Program
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We'll be at the Fallbrook Regional Health District on a few upcoming Wednesdays this year! Come visit us!

10/24, 11/14, & 12/12
from 10am-12pm

Thank you Fallbrook Regional Health District for your continued support of our program!

To learn more about services available through #FRHD, visit buff.ly/2RXFLRD

#wellness #fallbrookhealth #fallbrookevents



Come visit us
at the
**Fallbrook Regional
Health District!**



1636 E Mission Rd, Fallbrook, CA 92028

Wednesday, October 24th
Wednesday, November 14th
Wednesday, December 12th
10am - 12pm