

**2019-2020 COMMUNITY HEALTH CONTRACT**  
**355 CPR/AED Upgrades & Instructor Training**

*Quarter 4 (April-June) Reporting Form*

**Goal 4**

**Continue advertising classes.**

**S.M.A.R.T. Objective 4a**

**Continue to keep the public's interest aware and provide repetitive information to keep the information out in front of people to remember and sign up for classes to prepare and state updates.**

**Projected Cost:**

**Contract Dollars Expended to Date:**

**\$150**

**\$450.00\***

**Progress/Accomplishment of Goals & Objectives**

\*While \$450.00 in Goal 4c was spent specifically to this goal above, additionally \$2,767.90 was spent to complete Goal 1a from first quarter. Therefore, the \$450.00 above does not accurately depict actual expenditures from this quarter.

Please see attached narrative for explanation.

## 4<sup>th</sup> Quarter Fallbrook Regional Health District (FRHD) Goal Report

### **Progress of Goals and Objectives**

Thanks to the Fallbrook Regional Health District (FRHD), North County CERT (NCCERT) has been able to fully stock its inventory with proper working manikins, Automatic Emergency Defibrillator (AED) trainer machines, train two instructors, and advertise for two actual classes held in 2020. Training manikins and AED trainer purchases ended up being split between first and fourth quarters due to funding availability, while advertising for classes necessarily had to wait for trainers to be educated, thus delaying classes and therefore advertising implementation. However, the biggest challenge seemed to be the worldwide governmental response to Covid19, where fully one-third of this grant cycle has been dealing with this phenomenon in the form of delays, shutdowns, and the refraining of in-person meetings and how-to classes to train others for emergencies so they could build skills and practice drills under a supervised eye, which is not always practical or easily done in a virtual environment. That said, it has prompted the NCCERT Board to explore options for virtual training options, which discussions are still ongoing. Overall, NCCERT is pleased to have added expertise, much-needed updated equipment, and classes to its history; again, thanks to FRHD.

### **Contract Dollars Expended to Date**

The amount NCCERT expected to spend, or \$5,800, included NCCERT's ten percent portion. FRHD's grant amount for the year came to \$5,220, which was utilized in full. Goal 1 of providing manikins and AED trainers was budgeted for \$4,300, the bulk of the grant. Purchases were split between the first and fourth quarters due to funding availability. The first purchase was \$1,784.02 and the second purchase was for \$2,767.90, yielding a total of \$4,551.92, or \$251.92 over allotted amount. However, the full amount for this activity was spent. Goal 2 included training for two to three instructors and was budgeted for \$300 per person, or \$900 in total, but ended up costing \$375 per person times two people at \$750, so only two of the potential three instructors were trained, leaving \$150 in that category, not enough for a third person to be trained. The leftover amount was then applied to Goal 3 for advertising for classes. Goal 3's total amount was \$600, and including the remaining \$150 from Goal 2 came to \$750. \$150.85 went to paper flyers with tear-off phone numbers and \$150 was spent for print advertising in the second quarter; and \$450 was spent also for print advertising in the third quarter, but due to Covid19 restrictions, wasn't paid until fourth quarter due to mail interruption, as NCCERT mail is received at the North County Fire Protection District's office on behalf of NCCERT and was not available due to office closure. Advertising monies amounted to \$750.85 in total, or \$.085 over budget. Grand total spent on all items was \$6,052.77, which minus the \$5,800 required by NCCERT leaves NCCERT spending \$252.77 over budget. \$6,052.77 minus \$5,220 donated by FRHD left \$832.77 spent by NCCERT's required ten percent match of \$580.00.

District Recognition  
<http://www.northcountycert.com>  
"Resources"

# North County CERT

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## Training Videos

[CERT In Action Video](#) - CERT educates individuals about disaster preparedness for hazards that may impact their area and trains them in basic disaster response skills, such as fire safety, light search and rescue, team organization, and disaster medical operations. This video provides a brief overview of what a CERT team looks like in action.

[Fire Safety Video](#) - This video elaborates on a CERT member's role in fire safety, something we need to be very familiar with and ready for in Southern California.

[Find more CERT training videos here.](#)

[Online Course: IS-317: Introduction to Community Emergency Response Teams](#)

## Other Resources

[North County Fire Protection District](#)

[FEMA](#) - Federal Emergency Management Agency



[FALLBROOK REGIONAL HEALTH DISTRICT](#)

**Fallbrook Regional**  
HEALTH DISTRICT

[San Diego Gas and Electric](#) To see  
Outages and Wildfire Safety

[San Diego County Office of Emergency Services](#)

[Ready San Diego](#) To sign up for  
Apps, Alerts and see the County Plans.



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