

2019-2020 COMMUNITY HEALTH CONTRACT

340 Triple Play

Quarter 3 (January-March) Reporting Form

Goal 3	
To improve the overall health of the youth members of the Boys & Girls Clubs of North County, specifically working to prevent type 2 diabetes, obesity, hypertension and improve behavioral health.	
S.M.A.R.T. Objective 3a	
Provide daily Triple Play activities to approximately 480 youth each day at each Boys & Girls Club site January-March 2020, which will improve their nutrition, physical fitness, stress management skills and interpersonal relationships, thereby preventing diabetes and obesity, hypertension and improving behavioral health.	
Projected Cost:	Contract Dollars Expended to Date:
\$4,500	4567.45
S.M.A.R.T. Objective 3b	
Provide 60 minutes of vigorous physical activity each day to approximately 480 youth participating in the Triple Play program.	
Projected Cost:	Contract Dollars Expended to Date:
\$4,500	4567.45
S.M.A.R.T. Objective 3c	
Provide two family nights per site during the grant year, for a total of 16 family nights, which will include activities and information on promoting healthy lifestyles at home.	
Projected Cost:	Contract Dollars Expended to Date:
\$4,500	4567.45

Progress/Accomplishment of Goals & Objectives

Objective 3a.

Triple Play activities were implemented every day at all of the Boys & Girls Clubs of North County sites. Triple Play activities include sports, large group games, Art Club, STEM activities, prevention programs, nutrition programs, and social emotional learning programs. This quarter some sites also got to start their gardening clubs, leadership clubs and cooking clubs.

Objective 3b.

All sites provided at least 60 minutes of physical activity every day reaching an average of 603 children each day.

Objective 3c.

The Boys & Girls Clubs of North County has 3 family nights per site in the 1st half of the year and 3 family nights in the 2nd half of the year. Our family nights for the second half of the year are in April and May. Due to the COVID-19 quarantine we are not going to be able to have our Open House/Art Show or our family BBQ both were scheduled in April. The Annual Awards Celebration will hopefully be able to occur in May.

FEBRUARY NEWSLETTER 2020

Boys & Girls Clubs/Community Housing Works After School Enrichment Program



Turnagain Arms Apartments
920 E Mission Rd, Fallbrook, CA 92028

Site Lead: Mr. Michael
Phone Number: (760) 420-1009

Email: michaell@bgcnorthcounty.org

Program Hours of Operation: Monday-Friday

After School Program Hours:
Monday, Tuesday, Thursday, Friday School dismissal
-6:00PM

Wednesday (School Early Release) School dismissal
-6:00PM

Staff:
Mr. Michael
Ms. Sarai

Boys & Girls Club of North County Contact Info:

Address: 445 E. Ivy St. Fallbrook, CA 92028

BGC Office Phone: (760) 728-5871

Hours of Operation Monday- Friday
9:00 AM - 5:30PM

February Events:

Feb. 17 – 21 President’s Day Break – NO SCHOOL
BIG CLUB open February 17-21 12PM-6PM Free

Students will be transported from Turnagain to the Big Club
on Monday 17th, Wednesday 19th, and Thursday 20th

Rule of the Month:

This month’s rule is” “Keep your hands and
feet to yourself.” We want all youth to feel
safe and be safe.

OUR MISSION

To enable all young people, especially those who
need us most, to reach their full potential as
productive, caring, responsible citizens.

Gardening Club



Last month we began our amazing Gardening Club.
Students are learning how to garden and learning how
to take care of plants. Some of the plants we grew are
beans, cilantro, oregano, and chili peppers. We are also
learning about where food comes from and the
importance of eating healthy.

BOLETÍN DE FEBRERO DE 2020

Boys & Girls Clubs/Community Housing Works
Programa de enriquecimiento después de la escuela



Turnagain Arms Apartments
920 E Mission Rd, Fallbrook, CA 92028

Líder del sitio: Sr. Michael
Teléfono: (760) 420-1009

Correo electrónico: michaell@bgcnorthcounty.org

Horario de operación: lunes-viernes
Programa Después de la Escuela 2:50-6:00PM
miércoles (Salida Temprana Escolar) 1:50-6:00PM

Equipo de Empleados:
Sr. Michael
Sra. Sarai

Información de contacto del Boys & Girls Club of North County:

Dirección: 445 E. Ivy St. Fallbrook, CA 92028

Teléfono de oficina BGC: (760) 728-5871

Horario de operación: lunes-viernes
9:00 AM - 5:30PM

Eventos en febrero:

17 – 21 de febrero del día del presidente – NO ESCUELA
BIG CLUB abierto del 17 al 21 de febrero 12PM-6PM Gratis

Los estudiantes serán transportados de Turnagain al Big Club el lunes 17. Miércoles 19 y jueves 20

Regla del mes:

La regla de este mes es "Mantén tus manos y pies para ti mismo". Queremos que todos los jóvenes se sientan seguros y estén seguros.

NUESTRA MISIÓN

Permitir que todos los jóvenes, especialmente los que más nos necesitan, alcancen todo su potencial como ciudadanos productivos, solidarios y responsables.

Club de jardinería



El mes pasado comenzamos nuestro increíble club de jardinería. Los estudiantes están aprendiendo a jardinería y aprendiendo a cuidar de las plantas. Algunas de las plantas que cultivamos son frijoles, cilantro, orégano y chiles. También estamos aprendiendo sobre de dónde provienen los alimentos y la importancia de comer sano.

February Calendar 2020 Community Housing Works After School Program

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>2:50-3:00 Check-In/Greetings 3:00-3:30 Soccer 3:30-4:00 Supper 4:00-5:00 Power Hour/ i-Ready 5:00-5:30 Kitchball Basketball 5:30-6:00 Board Games</p>	<p>4</p> <p>2:50-3:00 Check-In/Greetings 3:00-3:30 Line Tag/Poison Ball 3:30-4:00 Supper 4:00-5:00 Power Hour/ i-Ready 5:00-5:30 Sharks and Minnows 5:30-6:00 Board Games</p>	<p>5</p> <p>1:50-2:00 Check-In/Greetings 2:00-3:00 Red Light Green Light/ Kitchball 3:00-3:30 Supper 3:30-4:30 Power Hour/ i-Ready 4:30-5:30 Kid's Choice Art Club/ Cooking Club 5:30-6:00 Board Games</p>	<p>6</p> <p>2:50-3:00 Check-In/Greetings 3:00-3:30 Four Corners 3:30-4:00 Supper 4:00-5:00 Power Hour/ i-Ready 5:00-5:30 Basketball 5:30-6:00 Board Games</p>	<p>7</p> <p>2:50-3:00 Check-In/Greetings 3:00-3:30 Spinal 3:30-4:00 Supper 4:00-4:30 Power Hour / i-Ready 4:30-5:00 Power Hour Party 5:00-5:30 Kid's Choice Outside/ Gardening Club 5:30-6:00 Board Games</p>
<p>10</p> <p>2:50-3:00 Check-In/Greetings 3:00-3:30 Soccer 3:30-4:00 Supper 4:00-5:00 Power Hour/ i-Ready 5:00-5:30 Basketball 5:30-6:00 Board Games</p>	<p>11</p> <p>2:50-3:00 Check-In/Greetings 3:00-3:30 Sharks and Minnows 3:30-4:00 Supper 4:00-5:00 Power Hour/ i-Ready 5:00-5:30 Poison Ball/ Circle Time 5:30-6:00 Board Games</p>	<p>12</p> <p>1:50-2:00 Check-In/Greetings 2:00-3:00 Shark Tag/ Red Light Green Light 3:00-3:30 Supper 3:30-4:30 Power Hour/ i-Ready 4:30-5:30 Kid's Choice Art Club/ Cooking Club 5:30-6:00 Board Games</p>	<p>13</p> <p>2:50-3:00 Check-In/Greetings 3:00-3:30 Spud 3:30-4:00 Supper 4:00-5:00 Power Hour/ i-Ready 5:00-5:30 Basketball 5:30-6:00 Board Games</p>	<p>14</p> <p>2:50-3:00 Check-In/Greetings 3:00-3:30 Basketball 3:30-4:00 Supper 4:00-4:30 Power Hour / i-Ready 4:30-5:30 Valentine's Day Party 5:30-6:00 Board Games</p>
<p>17</p> <p>Feb. 17 – 21 President's Day Break – NO SCHOOL</p> <p>Van from Turnagain to the Big Club Big Club Open 12PM-6PM Free</p>	<p>18</p> <p>Feb. 17 – 21 President's Day Break – NO SCHOOL</p> <p>Big Club Open 12PM-6PM Free</p>	<p>19</p> <p>Feb. 17 – 21 President's Day Break – NO SCHOOL</p> <p>Van from Turnagain to the Big Club Big Club Open 12PM-6PM Free</p>	<p>20</p> <p>Feb. 17 – 21 President's Day Break – NO SCHOOL</p> <p>Van from Turnagain to the Big Club Big Club Open 12PM-6PM Free</p>	<p>21</p> <p>Feb. 17 – 21 President's Day Break – NO SCHOOL</p> <p>Big Club Open 12PM-6PM Free</p>
<p>24</p> <p>2:50-3:00 Check-In/Greetings 3:00-3:30 Soccer 3:30-4:00 Supper 4:00-5:00 Power Hour/ i-Ready 5:00-5:30 Kitchball Basketball 5:30-6:00 Board Games</p>	<p>25</p> <p>2:50-3:00 Check-In/Greetings 3:00-3:30 Sharks and Minnows 3:30-4:00 Supper 4:00-5:00 Power Hour/ i-Ready 5:00-5:30 Four Corners 5:30-6:00 Board Games</p>	<p>26</p> <p>1:50-2:00 Check-In/Greetings 2:00-3:00 Spinal Kitchball 3:00-3:30 Supper 3:30-4:30 Power Hour/ i-Ready 4:30-5:30 Kid's Choice Art Club/ Cooking Club 5:30-6:00 Board Games</p>	<p>27</p> <p>2:50-3:00 Check-In/Greetings 3:00-3:30 Basketball 3:30-4:00 Supper 4:00-5:00 Power Hour/ i-Ready 5:00-5:30 Soccer 5:30-6:00 Board Games</p>	<p>28</p> <p>2:50-3:00 Check-In/Greetings 3:00-3:30 Basketball 3:30-4:00 Supper 4:00-4:30 Power Hour / i-Ready 4:30-5:30 Power Hour Party 5:30-6:00 Board Games</p>

Lisa Ware

From: Emily Kenner
Sent: Thursday, February 20, 2020 2:17 PM
To: Lisa Ware
Subject: Success Story

Hi Lisa- just wanted to send something positive your way.

Lilly Byers is our Games Room Member of the Month for February. During her Member of the Month interview, Mr. David asked her how has the Boys & Girls Club helped her. She said that the Club has helped her learn how to swim.

Yesterday, Lilly was helping in my office and said, "I can't wait for the pool to be open". I asked her why and she replied, "I'm looking forward to the summer because I love to swim. It's good for stress. When I'm feeling sad, I like to swim. When I feel stressed, I like to swim. It just makes me feel good". Lilly told me that she really wants to be on Swim Team again. I told her that the pool will open in June, maybe sooner if we can find more lifeguards. Lilly wants the pool to be open so much, she encouraged her older sister to become a lifeguard so we can get the pool open as soon as the weather permits.

Great futures really do start here.

Emily Kenner

Director of Program Services
Boys & Girls Clubs of North County
760-650-5176



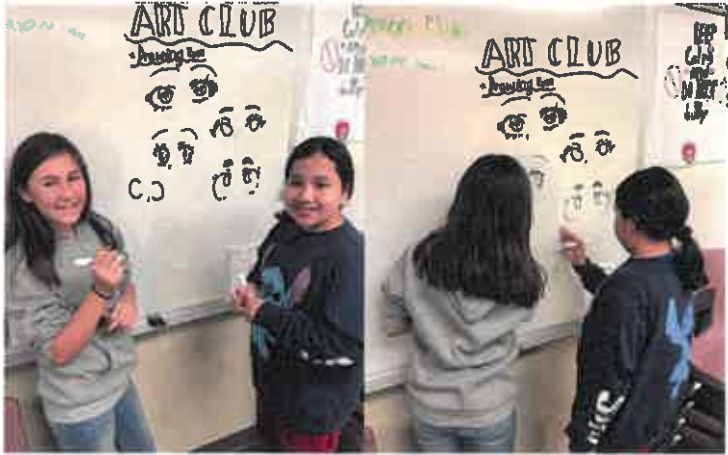


Image or more sitting



bgcnorthcounty • Following



bgcnorthcounty art club! some sixth grade artists mentor younger members about different drawing styles!



thanks for the support from #fallbrookhealthcaredistrict #greatfutures #artclub #mentorship #leadership #artists #youthart #begreat #thepositiveplaceforkids #greatfuturesstarthere #bgcnorthcounty #youngartists #practicemakesperfect #youthleaders



Liked by haynerznaynerz and 17 others

1 DAY AGO

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Boys & Girls Clubs of North County
17 hrs ·

This week might not feel like it but summer is right around the corner. Our swim lessons not only teach children how to swim but they also learn valuable safety practices. Stay tuned this April for more details. We are extremely fortunate to be able to offer all of this because of the [Fallbrook Regional Health District](#) and we thank you! **Hiring lifeguards now!**



15-35 hours a week
Monday - Friday
May - August
endless fun in the sun



You, Emily Kenner and 5 others

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Most Relevant

Write a comment...

Ella Wright Virginia Esquivel Wallace saw this and thought some of the FHS swim girls may want to look into it.

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Boys & Girls Clubs of North County updated their profile picture.

Yesterday at 9:17 AM ·

5.0 5 out of 5 · Based on the opinion of 7 people

About Us

The mission of the Boys & Girls Clubs of North County is to inspire and enable all young people, esp...

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- 349 people like this
- 368 people follow this
- Emily Kenner and 9 other friends like this or have checked in
- 231 check-ins

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GROUP CONVERSATIONS

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Nikolas, Hannah