



MINUTES
BOARD OF DIRECTORS MEETING

May 10, 2023, 6:00 p.m.

1st Floor Community Room, 138 S. Brandon Rd., Fallbrook

In accordance with California Government Code Section 54953 teleconferencing will be used for this meeting. Board members, staff and members of the public will be able to participate by webinar by using the following link:

A. CALL MEETING TO ORDER / ROLL CALL / ESTABLISH A QUORUM / PLEDGE OF ALLEGIANCE

1.

Vice-Chair Barbara Mroz called the meeting to order at 6:00 p.m. and led the Pledge of Allegiance. In attendance: Directors Barbara Mroz, Jennifer Jeffries, Terry Brown, and Mike Stanicek. CEO Rachel Mason, Accountant Susan Woodward, Legal Counsel Jeffrey Scott, and Property Manager Roy Moosa. Staff members: Executive Assistant Raquel Williams, Administrative Officer Judith Oswald, Community Health & Wellness Center Administrator Theresa Geracitano, Tomedes translator Walter Chair Bill Leach- Absent

B. APPROVAL OF THE AGENDA

Action: It was moved by Director Jeffries seconded by Director Stanicek to approve the agenda as presented.

Motion carried (4-0)

Director Jeffries...Aye

Director Brown....Aye

Director Stanicek....Aye

Director Mroz.....Aye

C. PUBLIC COMMENTS – ANNOUNCEMENT

Public Comment from Tim O’Leary spoke to the Board and wanted to commend the Board for the purchase of the defunct Lutheran Church. 24% of the 50,000 residents of the greater Fallbrook area are over age 65. This data is from SANDAG. School Districts are also seeing a reduction in enrollment. The population is rapidly aging.

D. GRANTEE PRESENTATION – FALLBROOK SENIOR CENTER - BOARD PRESIDENT, NICKIE WILLIAMS & BOARD MEMBER CARMEN CERVANTES.

Fallbrook Senior Center Board President Nickie Williams shared a video presentation with the group about all the activities and programs that they have to offer. FRHD Grant funds the congregate meal program that has been running for 40 years. One of the only programs in the Fallbrook area that makes fresh meals daily for the senior population who come to the center and daily meal deliveries to the homebound as well. Over the last year they served 10,000 meals at the center and delivered 20,000 meals. Seniors under 60 are charged \$10.00 only if they can afford to pay. Carmen Cervantes shared that the senior center has numerous activities like Line Dancing, Spanish classes, Pickle ball, Chair Yoga, Pool tournaments. They invite us all to stop by and check out the Fallbrook Senior Center.

E. CONSENT ITEMS -

- E1. Minutes of April 5, 2023, Finance Meeting
- E2. Minutes of April 8, 2023, Special Grants Board Meeting
- E3. Minutes of April 12, 2023, Board of Directors Meeting
- E4. Minutes of April 19, 2023, Facilities Committee
- E5. Minutes of April 26, 2023, Governmental & Public Engagement Committee

Action: It was moved by Director Brown to approve consent items E1-E5 seconded by Director Jeffries.

Motion carried (4-0)

Director Jeffries...Aye
Director Brown....Aye
Director Stanicek....Aye
Director Mroz.....Aye

- E6. Ratify transfer of \$901,000 from Pacific Western Bank to LAIF account

Action: It was moved by Director Brown to approve the ratification of the \$901,000 transfer from Pacific Western Bank to LAIF seconded by Director Stanicek.

Motion carried (4-0)

Director Jeffries...Aye
Director Brown....Aye
Director Stanicek....Aye
Director Mroz.....Aye

F. REPORTS/POSSIBLE ACTION -

- F1. Finance Committee – Directors Brown and Jeffries

Director Brown gave his report relative to the Finance committee and there are no outstanding issues to report on at this time.

- F2. Facilities Committee – Directors Jeffries and Mroz

Director Jeffries gave her report related to the Community Health and Wellness Center improvements and renovations. The plans are progressing, and the project is moving towards the parking lot and House of Wellness priorities.

- F3. Strategic Planning Committee – Directors Leach and Mroz

- F4. Governmental & Public Engagement – Directors Stanicek and Leach

Director Stanicek shared that the Mission Statement is being revised and he is looking forward to the new Outreach and Communications position being filled.

- F5. Theresa, Administrator, Community Health & Wellness Center shared with the Board

Events continue to increase at the Center, April has a total of 88 events, 71 public and 17 private. May has a total of 104 events. This month we hit a first and ran out of parking spaces.

Addition of the Community Resource Navigator is strengthening our ties with our partners and the community. Katia has begun having resource tabling events at Vallecitos Elementary School and the Food Pantry monthly. The Diabetes Prevention program has launched with great success and has over 20 participants. We have contacted another 30 people who were not ready to commit or did not qualify for the program. In conjunction with the DPP we are establishing ties to the medical community as we build a physicians referral program. Lunch & Learns have been held with 4 offices and referral materials distributed to another 3 offices. We are developing a good workflow for future programs that have a physician referral component. New programming just starting or coming in May includes- Qi Gong, Hope Clinic Men's Support Group, Childrens Art classes through the Fallbrook Art Association, mindfulness mediation class. FRHD funded the supplies to support CSU San Marcos nursing school health screenings at two sites in the community most items had FRHD branding. Program planning for 2023 takes its direction from the goals outlined in the FRHD Strategic Plan for 2022-2023 which we are on track to achieve. There were approximately 963 visitors to the Wellness Center in March. Flyer distribution remains a priority for FRHD to reach all sectors of the community. Social Media engagement is on track and growing. Wellness Wednesdays are the most reacted to posts.

F6. Chief Executive Officer – Rachel Mason

Facility construction updates: initial meeting with Site LogIQ regarding infrastructure upgrades (parking lot, solar, and ADA compliance). This entity will be present at an upcoming Facilities meeting to propose using Federal Inflation Reduction Act funds to subsidize some amount of the redevelopment costs. They can offer guidance on applications for Federal and State funds as part of their design build services.

CHC-Grants: The final distribution for the FY 22.23 grants were dispersed last week. The final impact reports are due in July. The July Board meeting will be our first check distribution for the FY23.24 grantees. There will be a photo opportunity and presentation ceremony with a big check. To be held at the CHWC. Administrative Projects: Lease of space within Brandon location to Mission Resource Conservation District. The Updated Policy Manual is still in progress. The Strategic Planning Workshop is on May 20th – the agenda is being drafted some items are Mission, Vision, Values, Community Health & Wellness Center - Programming Summary, Ongoing grant protocols and procedures. Grant to revenue proportion. Expectations of service provision. Moving regular partnered programming from grants to MOUs Michelle’s Place, Palomar Family Counseling, Foundation for Senior Care.

F7. General Counsel – Jeffrey Scott shared with the Board a memo: U.S. Supreme Court to hear Public Officials Social Media Case. It essentially says that all communications on social media are subject to all local and federal laws.

DISCUSSION/POSSIBLE ACTION ITEMS -

G1. Debrief of Community Forums- Vice Chair Mroz, shared that the set up was excellent and possibly the timeframe was a factor. CEO Mason shared that we had an evening and weekend event and unfortunately the community did not show up for either day. Director Jeffries commented that they are showing up maybe not for the Forums, but they are coming. All the staff were there, and the facility looked great!

G2. Review of Fiscal Year 2023-2024 Budget- CEO Mason, There was one small edit from the recommendations from the Finance Committee regarding the placement of an office expense. The budget also reflects the chart of accounts.

Action: It was moved by Director Brown to approve the FY23.24 Budget seconded by Director Jeffries.

Motion carried (4-0)

Director Jeffries...Aye

Director Brown...Aye

Director Stanicek...Aye

Director Mroz.....Aye

H. BOARD MEMBER COMMENTS & ITEMS FOR SUBSEQUENT MEETINGS –

Director Jeffries shared about the County meeting with Supervisor Desmond and a new bus stop at the Fallbrook Food Pantry. The meeting also focused on the influx of homelessness in Fallbrook, the upcoming teen center, and a 40-unit senior housing facility. Director Jeffries encouraged the Board to attend the County planning meetings. More information is coming soon.

Other Director/Staff discussion item. Item(s) for future board agendas

Announcements of upcoming events:

See the District website event calendar at <https://www.fallbrookhealth.org/community-health-wellness-center>

Facilities Committee - 3rd Wednesday, May 17, 2023, at 2:00 pm.

Strategic Planning Committee - 3rd Wednesday, May 17, 2023, at 5:30 pm.

Strategic Planning Workshop – Saturday, May 20, 2023, 9:30 am to 2:30 pm
Governmental and Public Engagement Committee – 4th Wednesday, May 24, 2023, at 5:30pm
FRHD CLOSED IN OBSERVANCE OF MEMORIAL DAY- May 29, 2023
Finance Committee – 1st Wednesday, June 7, 2023, at 4:30pm
Next Board of Directors Meeting – 2nd Wednesday, June 14, 2023, at 6:00pm

I. ADJOURNMENT-

A handwritten signature in blue ink, reading "Rachel Kilbi", is positioned above a solid horizontal line.

Executive Assistant / Board Clerk